



THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University

Re-accredited by NAAC With B+ Grade



Fourth Cycle
NAAC Accreditation 2024

Criterion 7 Institutional Values and Best Practices

7.1 - Institutional Values and Social Responsibilities

Metric No. 7.1.4

Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and Sensitization of students and employees to the constitutional obligations: values, rights, duties and responsibilities of citizens

Activities Addressing Constitutional Obligations

Submitted to



National Assessment and Accreditation Council



THE COCHIN COLLEGE

KOCHI - 682 002

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Declaration on Principal

This is to declare that the following activities were conducted to create awareness about constitutional obligations among the students and the staff.

Mrudula Menon V.





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Introduction

The Cochin College is deeply committed to celebrating important national days and fostering a strong sense of civic responsibility and awareness among its students and staff. The College regularly organizes a variety of programs aimed at creating legal awareness, promoting human rights, and advocating for gender equality. These initiatives are designed not only to honor the significance of national observances but also to engage the campus community in critical discussions about the rights and responsibilities that are essential to a just and equitable society.

This report highlights the College's efforts in these areas, detailing the numerous events and activities conducted to commemorate national days, educate on legal matters, and promote social justice. Through these programs, The Cochin College aims to empower its students and staff with the knowledge and values needed to contribute meaningfully to society, uphold the principles of the Indian Constitution, and advocate for the rights of all individuals.

The activities outlined in this report reflect the College's ongoing dedication to nurturing informed, responsible citizens who are committed to the ideals of democracy, equality, and justice.





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Sl. No	Title of The Programme	Date	Organizing Department/Cell/Club	Page No.
1	Talk on International Day against Drug Abuse and Illicit Trafficking	27/06/2023	Anti-narcotic club	2
2	A Talk on Human Rights and Human Being - The Rise of Rule of Law	08/08/2023	Department of Commerce	3
3	Voters Enrolment Program	28/11/2023	Electoral Literacy Club	4
4	National Constitution Day - 2023	27/11/2023	NSS Unit	4
5	Freedom Wall Mural Art Project as part of 'Azadi Ka Amrit Mahotsav'	14/08/2022	NSS Unit	5
6	Independence Day Celebration Azadi Ka Amrit Mahotsav	15/08/2022	NSS Unit	8
7	Essay Competition in English and Malayalam as part of "Azadi ka Amrit Mahotsav"	10/08/2022	Literary and Debating Club	12
8	Poetry Writing Competition as part of "Azadi ka Amrit Mahotsav"	20/08/2022	Literary and Debating Club	13
9	Talk on Role of Indian Navy in the 1971 War	08/10/2022	Department of Commerce	15
10	Patriotic Song Writing Competition in Malayalam, English, and Hindi	11/08/2022	Department of Botany	17
11	"Be a Voter" Program to Enroll for Voters ID Card Among Students	10/12/2022	Electoral Literacy Club	17
12	Kargil Vijay Diwas Celebration	26/07/2023	Department of English	18
13	SUCCOUR - Visit to Special School	19/12/2022	Department of Mathematics and IQAC	20
14	One Day Training Programme on 'Human Rights in Contemporary India: Issues and Approaches'	13/02/2023	College Library	21
15	Poster Designing Competition on the Topic "Say No to Drugs"	01/11/2022	Anti-narcotic Club	22
16	Constitutional Day, 'Samvidhan Divas'	25/11/2022	NSS Unit	23





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Sl. No	Title of The Programme	Date	Organizing Department/Cell/Club	Page No.
17	Kargil Vijay Diwas - Essay Writing Competition	26/07/2023	Department of English	24
18	Kargil Mission Day Celebration	25/07/2021	Department of English	25
19	Anti-Drug Day Observation	26/06/2021	Department of Chemistry/Anti-narcotic Club	28
20	Webinar on "Protection of Elderly People - Duty of New Generation"	10/07/2021	Social Justice Department-Govt of Kerala in association with Department of Commerce and English	31
21	Lecture Series on 'Human Rights - Indian Perspective'	10/09/2021	Department of Commerce	31
22	Awareness Class on "Say Yes to Life and No to Drugs"	24/01/2022	NSS Unit	34
23	Short Film 'Nasha'	06/01/2022	Film Club	35
24	Say No to Dowry - Online Poster Making Competition	05/09/2021	College Library	36
25	Gender Equality and Human Rights	12/08/2020	WGC/IQAC	37
26	Maintenance and Welfare of Parents and Senior Citizens Act 2007	18/12/2019	Department of Botany	39
27	Model Parliament	10/10/2019	Electoral Literacy Club	39
28	International Day Against Drugs and Illicit Trafficking	26/06/2019	NSS Unit	40
29	Independence Day Celebration	15/08/2019	NSS Unit	41
30	Gender Sensitization Programme	06/08/2019	Department of Commerce	42





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Activities of the year 2023-24

1 Talk on International Day against Drug Abuse and Illicit Trafficking

- Organised by: Anti-narcotic Club
- Date: 27/6/2023
- Venue: Seminar Hall

In connection with the International Day Against Drug Abuse and Illicit Trafficking, the Anti-Narcotic Club of The Cochin College organized a talk on 27th June 2023 on the topic of "Drug Abuse." The event featured Sri. V. C. Baiju, Central Inspector of Excise, Kochi, as the chief guest. He delivered an insightful session, discussing the dangers of drug abuse and its impact on individuals and society. The talk aimed to raise awareness among students about the harmful effects of drugs and the importance of staying drug-free. The event was well-received, reinforcing the college's commitment to promoting a healthy, drug-free environment.





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2 A talk on Human Rights and Human Being- The Rise of Rule of Law

- Organised by: Department of Commerce
- Date: 08/8/2023
- Venue: Seminar Hall

On 8th August 2023, a talk was organized on the topic "Human Rights and Human Being - The Rise of Rule of Law" at The Cochin College. The session featured Dr. Gifty Oommen, Associate Professor at Government Law College, Ernakulam, as the resource person. Dr. Oommen provided an in-depth exploration of the evolution of human rights and the rule of law, emphasizing their significance in modern society. The talk was highly informative, offering students and faculty valuable insights into the legal frameworks that protect human rights. The session was well-attended and contributed to a deeper understanding of the importance of upholding human rights in ensuring justice and equality.





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3 Voters Enrolment Program

- Organised by: Electoral Literacy Club
- Date: 28/11/2023
- Venue: Seminar Hall

On 28th November 2023, the Electoral Literacy Club of The Cochin College, in collaboration with the Young India Foundation, organized a Voters Enrolment Program. The program aimed to add students who are 17 years old to the Voters List, ensuring their readiness to participate in the democratic process. Around 70 students successfully enrolled during the event. To facilitate the process, twenty volunteers were specially trained in the online enrolment procedure, ensuring a smooth and efficient operation. The initiative was a significant step in empowering young students to exercise their voting rights and contribute to the nation's democratic fabric.





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4 National Constitution Day- 2023

- Organised by: NSS unit of the College
- Date: 27/11/2023

On November 27, 2023, the NSS unit at The Cochin College commemorated Constitution Day with a meaningful event. The day featured a collective reading of the Preamble to the Indian Constitution, which was followed by a pledge taken by both students and staff. This observance aimed to reinforce the commitment to the principles and values enshrined in the Constitution. The event served as an important reminder of the significance of upholding democratic values and the rule of law. By participating in this ceremony, the college community demonstrated its dedication to fostering civic responsibility and constitutional awareness.





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Activities of the year 2022-23

5 Freedom wall 'mural art project as part of 'Azadi Ka Amrit Mahotsav',

- Date: 14/8/2022

As part of the 'Azadi Ka Amrit Mahotsav,' an initiative by the Government of India to celebrate 75 years of Indian independence, the Directorate of Higher Education of Kerala and the state National Service Scheme (NSS) units jointly organized the 'Freedom Wall' mural art project. This project was a tribute to India's glorious history, people, culture, and accomplishments. A dedicated team of 25 student artists from The Cochin College, led by Sheethal Sebastian, Maneesh M., and Prathyush M.V., participated in this significant endeavor. The team meticulously recreated historical scenes on a 200 sq. feet wall inside the college, bringing to life the freedom fighters and cultural icons who played pivotal roles in India's independence movement. The mural art project, which took approximately 12 hours to complete, was a powerful visual representation of India's rich heritage and struggle for freedom. The effort was widely appreciated, showcasing the students' artistic talents and deep sense of patriotism.





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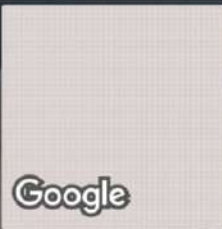
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GPS Map Camera



Kochi, Kerala, India

W7X2+VRW, Cochin College Rd, Koovapadam, Chullickal, Kochi, Kerala 682001, India

Lat 9.949274°

Long 76.252015°

31/08/24 11:08 AM GMT +05:30





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6 Independence Day Celebration Azadi Ka Amrit Mahotsav

Date: 15/8/2022 he Cochin College proudly celebrated the Independence Day on 15th August 2022. The event was conducted under the banner of "Azadi Ka Amrit Mahotsav," a nationwide initiative by the Government of India to



Mendula Menon
 Mrudula Menon V.
 Principal-in-Charge
 The Cochin College



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celebrate and commemorate 75 years of independence and the glorious history of its people, culture, and achievements. The celebration was marked with a series of events that reflected patriotism, unity, and pride in our nation. The day began with the ceremonial flag hoisting at 8:00 AM in the college premises. The Principal of The Cochin College, Dr Biju P Thampi, unfurled the national flag, followed by the singing of the National Anthem. The event was attended by faculty members, students, and staff. Following the flag hoisting, a series of speeches were delivered by the Principal, faculty members, and student representatives. The Principal's address emphasized the importance of freedom and the responsibilities that come with it. The speech also highlighted the significance of the "Azadi Ka Amrit Mahotsav" and urged everyone to contribute towards the nation's growth and development. In a special initiative led by the National Service Scheme (NSS) volunteers of The Cochin College, national flags were distributed in the adopted ward of the college. The volunteers visited the ward, engaging with the community members, and distributing flags as a symbol of unity and patriotism. The NSS volunteers also distributed flags to the college staff members, ensuring that the entire college community participated in the celebration. This outreach initiative by the NSS volunteers was a meaningful gesture, reinforcing the importance of community engagement and spreading the message of patriotism beyond the college campus.



Kochi, Kerala, India

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7 Essay competition in English and Malayalam as part of “Azadi ka Amrit Mahotsav”

- **Organised by:** Literary and debating club
- **Date:** 10/8/2022
- **Venue:** College Library

On 10th August 2022, as part of the “Azadi Ka Amrit Mahotsav” celebrations, the Literary and Debating Club of The Cochin College organized an essay competition in both English and Malayalam. The event aimed to encourage students to express their thoughts on India’s journey to independence and its rich cultural heritage. Participants showcased their writing skills and deep understanding of the nation’s history through well-crafted essays. The competition saw





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enthusiastic participation from students across various departments, making it a successful and meaningful tribute to India's 75 years of independence. The event highlighted the college's commitment to fostering literary talent and patriotic spirit among its students. Result of Essay Writing in English

- **I Prize:** Annapurna VG II MA English
- **II Prize:** Krishnaprasad S Pai II BCom Tax
- **III Prize:** Aparna Rajesh III BA English

Essay Writing Malayalam

- **I Prize:** Shifa AS B. Sc Zoology
- **II Prize:** Josna Joshy III BA English
- **III Prize:** Fayaz VA III B. Sc Physics



Kochi, Kerala, India

CCRA-11, Koovapadam, Chullickal, Kochi, Kerala 682002, India

Lat 9.949097°

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8 Poetry Writing competition as part of "Azadi ka Amrit Mahotsav"

- **Organised by:** Literary and debating club
- **Date:** 20/8/2022
- **Venue:** College Library

On 20th August 2022, the Literary and Debating (LandD) Club of The Cochin College organized an English and Malayalam Poetry Writing competition as part of the "Azadi Ka Amrit Mahotsav" celebrations. The event provided a platform for students to creatively express their thoughts and emotions about India's independence and its cultural heritage through poetry. Participants crafted poignant verses that reflected their deep sense of patriotism and respect for the nation's history. The competition drew enthusiastic participation, showcasing the literary talents of students across the college. The event was a fitting tribute to India's 75 years of independence and celebrated the power of poetry in capturing the spirit of freedom. The winners were:

English poetry writing

- **I Prize:** Annapurna VG II MA English
- **II Prize:** Amanda Lawrence II MA English
- **III Prize:** Akshara PA III BA English

English poetry writing

- **I Prize:** Akshara PA III BA English
- **II Prize:** Maria Felna PJ II MA English
- **III Prize:** Nidhin Babu III B.Com Tax





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Azadi Ka Amrit Mahotsav
The Cochin College, Kochi-2
The Literary and Debating Club

Poetry Writing Competition
10 August 2022

Languages: English and Malayalam

Contact: Dr. Poornima, CC: 8129390900
Amrutha S. Kumar: 9745547918

9 Talk on Role of Indian Navy in 1971 War

- **Organised by:** Department of commerce
- **Date:** 10/8/2022
- **Venue:** Seminar Hall

As part of the 75th Independence Day celebrations under the "Azadi Ka Amrit Mahotsav 2022," the Post Graduate and Research Department of Commerce, in collaboration with the Career Guidance Cell, organized a talk on the "Role of the





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Indian Navy in the 1971 War.” The session featured Commander Anup Padman P., Executive Officer, INS Dronacharya, Lt. Cdr. Jithu S., and Lt. Cdr. Saloni Gandhi as speakers. The discussion highlighted the Indian Navy’s critical role in the 1971 Indo-Pakistan War and the Bangladesh Liberation War. Commander Anup Padman provided insights into the Navy’s contributions, while Lt. Cdr. Jithu S. elaborated on the Navy’s objectives. Lt. Cdr. Saloni Gandhi inspired students by discussing various career opportunities within the Indian Navy, encouraging them to consider joining the force. The event was both informative and motivational, leaving a lasting impact on the attendees.



10 Patriotic song writing competition in Malayalam, English and Hindi

- Organised by: Department of Botany
- Date: 11/8/2022



As part of the "Azadi Ka Amrit Mahotsav" celebrations, the Botany Department of The Cochin College organized



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a patriotic song writing competition in Malayalam, English, and Hindi. The event aimed to inspire students to express their love for the nation through the powerful medium of music and lyrics. Participants from various departments enthusiastically crafted original songs that reflected the spirit of patriotism and India's journey to independence. The competition showcased the students' creativity and deep sense of national pride. The event was well-received and added a musical touch to the 75th Independence Day celebrations at the college.



11 "Be a Voter" program to enroll for Voters ID card among students

- Organised by: Department of commerce
- Date: 10/8/2022
- Venue: Seminar Hall



The Cochin College plays an active role in supporting the democratic process through various socially relevant initia-



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tives. One of the key contributions of the college is its function as a polling booth during elections, providing essential infrastructure for the electoral process. Additionally, the college's Electoral Literacy Club (ELC) engages students and the community in promoting electoral awareness and participation. The Electoral Literacy Club (ELC) of The Cochin College, dedicated to promoting electoral literacy among new voters, in collaboration with the Election Department, Government of Kerala, organized a "Be a Voter" program on 10th December 2022. The initiative aimed to enable all eligible students to enroll for their Voter ID cards. The event was a significant success, with over 200 students enrolling for their Voter IDs on the same day. This program was an essential step in empowering students to participate in the democratic process, ensuring that they are well-prepared to exercise their voting rights in future elections.



12 Kargil Vijay Diwas celebration

- Organised by: Department of English
- Date: 26/7/2022

On 26th July 2022, in observance of Kargil Vijay Diwas, the department paid a heartfelt tribute to the wives of Kargil heroes who undertook the immense responsibility of caring for their families while their husbands bravely fought on the battlefield. The event highlighted the often-overlooked sacrifices made by these resilient women during the war. Students actively participated by creating videos that shared the extraordinary stories of the soldiers' indomitable courage, bravery,





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and sacrifice. Through these videos, they expressed profound gratitude to the soldiers and their families, acknowledging the deep impact of their sacrifices on the nation's freedom. The event served as a poignant reminder of the strength and resilience of both the soldiers and their families.





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Kerala 682001, India

Lat 9.949349°

Long 76.251941°

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GPS Map Camera

13 SUCCOUR - Visit to Special school

- Organised by: Department of Mathematics
- Date: 19/12/2022

On December 19, 2022, the Department of Mathematics and the Internal Quality Assurance Cell (IQAC) of the college organized a visit to Cottelengo Special School. The event, part of the "Gentle Art of Training, Joy of Giving" program, aimed to foster community engagement and support for special education. During the visit, students and faculty interacted with the children, participated in various activities, and provided educational materials and supplies. The program emphasized empathy, skill development, and the joy of contributing to the well-being of others. This initiative highlighted the college's commitment to social responsibility and inclusive education.





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14 One day training Programme on 'Human Rights in Contemporary India: Issues and Approaches'

- Organised by: Library of the College

- Date: 13/2/2023





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On 13th February 2023, a one-day training program on "Human Rights in Contemporary India: Issues and Approaches" was conducted, sponsored by the National Human Rights Commission. The event aimed to address pressing human rights concerns and explore various approaches to safeguarding them in modern India. The program featured Sri. K Byjunath, Honorable Member of the Kerala State Human Rights Commission, as the Chief Guest. His insightful address provided participants with a deeper understanding of human rights challenges and the role of the commission in addressing these issues. The training was well-received, enriching the knowledge of attendees on this critical subject.



15 Poster designing competition on the topic "Say No to Drugs"

- Organised by: Anti-narcotic Club
- Date: 1/11/2022
- Venue: Seminar Hall

On 1st November 2022, the Anti narcotic Cell of The Cochin College, in collaboration with the Department of Chemistry, organized a poster designing competition for students on the theme "Say No to Drugs." The competition aimed to raise awareness about the dangers of drug abuse through creative expression. Students participated enthusiastically, designing impactful posters that highlighted the harmful effects of drugs and narcotics. In addition to the competition, a





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human chain was formed on the college campus, involving both students and staff. Participants held placards displaying messages about the adverse effects of drug use, further reinforcing the anti-drug campaign. The event was a powerful demonstration of the college's commitment to promoting a drug-free environment and educating students about the importance of staying away from narcotics.



16 Constitutional Day, 'Samvidhan Divas'

- Organised by: NSS unit of the College
- Date: 25/11/2022
- Venue: Seminar Hall

On 25th November 2022, the NSS unit of The Cochin College observed Constitutional Day with a special oath-taking ceremony. The event aimed to honour the adoption of the Indian Constitution and promote awareness of constitutional





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values and principles among students and faculty. Vice Principal Dr. Sindhu K. led the ceremony and took the oath, reaffirming her commitment to uphold the Constitution and its ideals. The ceremony was attended by NSS Program Officers Renjith S. and Dr. Manju V. Subramaniyan, along with other participants, including students and faculty, who joined in the solemn pledge to support democracy, equality, and justice. This observance served as a reminder of the importance of the Constitution in guiding the nation's governance and fostering a sense of civic responsibility within the college community.





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17 Kargil Vijay Diwas - essay writing competition

- **Organised by:** Department of English
- **Date:** 26/7/2023

On 26th July 2023, the department of English commemorated Kargil Vijay Diwas by organizing an essay writing competition focused on the heroic efforts of the Kargil warriors. Students participated actively, expressing their thoughts on the bravery and sacrifices of the soldiers during the Kargil War. In addition to the essay competition, students also created heartfelt videos sharing messages of gratitude and respect for the Kargil heroes. These initiatives provided students with an opportunity to reflect on the significance of the day and honor the courage of the soldiers who fought to protect the nation. The event was a meaningful tribute to India's brave warriors.



18 Kargil Mission day celebration

- **Organised by:** Department of English
- **Date:** 25/7/2021

On July 25th, 2022, the Department of English at The Cochin College organized an impactful talk on the Kargil Mission, featuring esteemed military officers as guests. The event was graced by Col. Joseph Antony, Commanding





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Officer, Col. Madhusudhanan G, Additional Chief Engineer, and Col. Raj Narayan, Training Officer. Each officer shared their personal experiences and strategic insights from the Kargil War, providing the audience with a profound understanding of the mission's challenges and the bravery displayed by the armed forces. The talk was highly engaging and left a deep impression on students, fostering patriotism and respect for the military.

Department of English

Observing
Kargil Vijay Diwas
&
Remembering the Martyrs



Talk on
Kargil Mission
by

<p>Col. Joseph Antony Commanding Officer 7 Kerala Battalion</p>	<p>Col. Madhusudhanan G. Additional Chief Engineer Kolkata Zone</p>	<p>Col. Raj Narayan Training Officer Amravati, Maharashtra</p>
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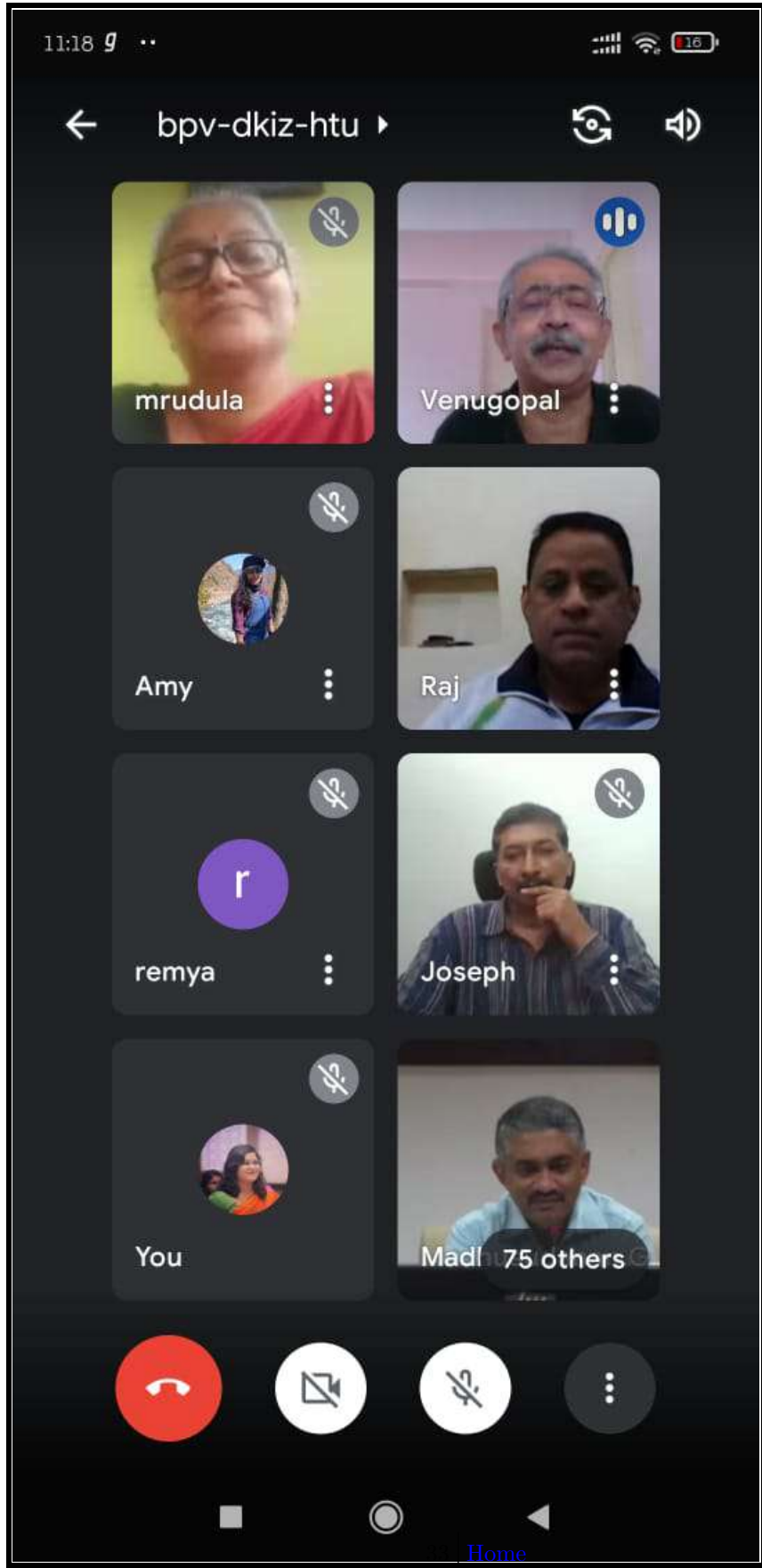
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Mrudula Menon V.
Principal-in-Charge
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19 Anti-drug day observation

- **Organised by:** Anti-narcotic club and Department of Chemistry
- **Date:** 26/6/2021

On 26th June 2021, the Department of Chemistry in collaboration with the Anti-Narcotic Club, observed Anti-Narcotic Day, aligning with the International Day against Drug Abuse and Illicit Trafficking. A webinar on the topic “Share Facts on Drugs, Save Lives” was organized to raise awareness among students. The session was led by Mr. Bibin Bose, Civil Excise Officer, Ernakulam, who provided valuable insights into the dangers of drug abuse and the importance of accurate information in combating this issue. The webinar was highly informative, emphasizing the need for vigilance and education in the fight against drug-related problems.





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International Day against Drug Abuse and Illicit Trafficking


THE ANTI-NARCOTIC CLUB, The Cochin College

Organizes a Webinar on


"Share facts on drugs, Save lives"


Resource person

Mr. Bibin Bose
 Civil Excise officer
 Ernakulam



Date & Time 26th June 2021, 10.30 AM

 <https://meet.google.com/gfw-jhxx-daa>



20 Webinar on "Protection of elderly people- duty of new generation"

- **Organised by:** Organised by: Social Justice Department-Govt of Kerala in association with Department of Commerce and English
- **Date:** 10/7/2021

On July 10, 2021, the Social Justice Department of the Government of Kerala, in collaboration with the Departments of Commerce and English, hosted a webinar titled "Protection of Elderly People: Duty of the New Generation." The





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event was inaugurated by Dr. Harris Rasheed, IAS, Sub Collector of Fort Kochi. Adv. M.R. Rajendran, Senior Advocate from Ernakulam, served as the chief guest. The webinar focused on raising awareness about the responsibilities of younger generations in safeguarding the rights and well-being of elderly individuals. It provided valuable insights into legal protections and social responsibilities, fostering a sense of duty towards the elderly in society.

മെയിന്റനൻസ് ട്രൈബ്യൂണൽ ഫോർട്ടുകൊച്ചി സാമൂഹ്യനീതി വകുപ്പ് എറണാകുളം

SOCIAL JUSTICE DEPARTMENT
care, protection & empowerment

വയോജന സംരക്ഷണം യുവതലമുറയുടെ കടമ

കൈകാര്യം ചെയ്യാൻ കഴിയുന്നവർക്ക് കൈകാര്യം ചെയ്യാൻ കഴിയുന്നവർക്ക്

LIVE WEBINAR 10th 2021 ജൂലായ് 10.30 am

Goog 8:28 AM



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21 Lecture series on 'Human Rights -Indian Perspective'

- Organised by: Department of English
- Date: 26/7/2023

Organised by: Department of Commerce Date: 10/9/2021 The Commerce Department at The Cochin College organized a webinar on the topic "Human Rights in Indian Perspective." onThe session was conducted by Dr. Seema P.S., Associate Professor and former Director of the School of Legal Studies at Cochin University of Science and Technology. Dr. Seema provided a comprehensive overview of human rights within the Indian context, discussing key legal frameworks, historical developments, and contemporary challenges. Her expertise and engaging presentation offered students valuable insights into the importance of human rights in shaping a just and equitable society. The talk was well-received, fostering critical thinking and awareness among participants.





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PG and Research Department of Commerce
The Cochin College, Kochi

Organizes
TALKATHON-LECTURE SERIES

Human Rights - Indian Perspective

11.00am- 12.30pm

For Final Year Degree Students

Resource Person: Dr. Seema P.S.

(Associate Professor & Former Director, School of Legal Studies, CUSAT)

Venue: GOOGLE MEET

Date: September 10, 2021





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22 Awareness class on Say yes to life and no to drugs

- Organised by: NSS Unit
- Date: 24/01/2022

On 24th January 2022, the NSS unit of The Cochin College organized an online Awareness Class titled "Say Yes to Life and No to Drugs," in coordination with the Vimukthi campaign. Inaugurated by Dr. M. Geetha, the session adhered to COVID-19 restrictions and was held via Google Meet. The event featured Sri. Sarath S, a Civil Excise Officer from Mattancherry, as the distinguished speaker. He provided valuable insights into the dangers of drug abuse, emphasizing the importance of a healthy, drug-free life. Coordinated by NSS Program Officers Dr. Manju V. Subramaniam and Mr. Dominic T. Joseph, the program aimed to empower students to make positive life choices and foster resilience against substance abuse.





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23 Short film 'Nasha'

- Organised by: Film Club
- Date: 6/1/2022

As part of the Vimukthi Mission by the State Anti-Drugs Cell of the Excise Department, a short film titled Nasha was written and directed by Antony Neval Remalo, a student of III BA English at The Cochin College. The film, aimed at





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raising awareness about the dangers of drug abuse, was a significant initiative by the college's Film Club. To support the production, an acting camp was organized on the 5th and 6th of January 2022 at the college. The camp provided students with hands-on experience in acting and film making, fostering creativity and engagement. The initiative highlighted the college's commitment to social issues through student-led projects.



24 Say No to Dowry- Online poster making Competition

- Organised by: College Library

- Date: 5/9/2021





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On 5th September 2021, The Cochin College Library organized an online poster-making competition titled "Say No to Dowry." The event aimed to raise awareness about the social evil of dowry and encourage students to express their opposition through creative artwork. Participants from various departments submitted impactful posters that highlighted the importance of eradicating this harmful practice from society. The competition provided a platform for students to showcase their artistic skills while promoting a critical social message. The event was well-received, with enthusiastic participation, and it underscored the college's commitment to addressing important societal issues.

Online Poster Making Competition

Topic
"No to Dowry"

Open for all students

Organised by College Library

Submit your entries on or before
5th september 2021

ns pics/Kargil Vijay Divas1.jpg





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Activities of the year 2020-21

25 Gender equality and human rights

- Organised by: IQAC
- Date: 12/8/2020

On 12th August 2020, the Women Guidance Cell and IQAC of The Cochin College organized an insightful webinar on Gender Equality and Human Rights. The session was led by Dr. Aneesh V Pillai, a respected faculty member from the School of Legal Studies, Cochin University of Science and Technology, Kerala. Dr. Pillai provided an in-depth exploration of gender equality issues and human rights, highlighting their significance in both legal and societal contexts. The webinar was well-received, engaging participants in meaningful discussions and enhancing their understanding of these critical topics.





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Organized by
WOMEN'S GUIDANCE CELL & IQAC

You're Invited!

**A WEBINAR ON
GENDER
EQUALITY &
HUMAN
RIGHTS**

12 AUGUST 2020 | 3-4PM
RESOURCE PERSON: Dr Anesh V Pillai
Faculty of Law
School of Legal Studies
Cochin University of Science and
Technology, Kerala

Registration Link:
<https://forms.gle/ScKwbbi9FR14a8UB6>

E- Certificates will be issued for participants.

ORGANIZING COMMITTEE: online platform

Sri. Thomas J. Vayalat (Manager)
Smt. Mrudula Menon V. (Principal in Charge)
Smt. Srividya K.S. (Convenor, WGC & Head of the Dept. of Hindi)
Dr. Geetha M. (IQAC- Co ordinator & Head of the Dept. of Commerce)
Smt. Rekha P.G. (Programme Co-ordinator)





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Activities of the year 2019-20

26 Maintenance and welfare of parents and senior citizens act 2007

Department of Botany **Organised by:** 18/12/2019 **Date:**

On December 18, 2019, the Botany Department of The Cochin College, in collaboration with the Kerala Government Social Justice Department and Maintenance Tribunal, Fortkochi, organized an awareness program on the 'Maintenance and Welfare of Parents and Senior Citizens Act 2007.' The event, held in the college seminar hall, was inaugurated by Sri. Snehil Kumar Singh, IAS, Sub Collector, Fortkochi, with Sri. K.V.S Bose, District Committee Member of the Senior Citizen Welfare Association, as the chief guest. The awareness session was led by Psychiatrist Smt. Snovi Manjooran and Corporate Trainer Smt. Asha Ashraf, who emphasized the importance of the Act and the responsibility to care for the elderly with respect and affection.



27 Model Parliament

- **Organised by:** Electoral Literacy club

Date: 10/10/2019





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The Electoral Literacy Club of The Cochin College, in collaboration with the Institute of Parliamentary Affairs, Thiruvananthapuram, organized a Model Parliament on 10th October 2019. The event, held in the Seminar Hall, provided students with a platform to engage in parliamentary procedures and debates, fostering a deeper understanding of democratic processes. The Model Parliament was well-received, with active participation from students, enhancing their knowledge of legislative functions and the importance of civic responsibility.



28 International day against drugs and illicit trafficking

- Organised by: NSS unit
- Date: 26/6/2019

On 26th June 2019, The Cochin College observed the International Day for Drug Abuse and Illicit Trafficking by organizing an awareness class in connection with World Anti-Drug Day. The session was conducted by Mr. T P Prabash Lal and Advocate Sunil CA, who provided valuable insights into the dangers of drug abuse and the importance of combating illicit trafficking. The class aimed to educate students on the adverse effects of drug use and to promote a drug-free environment within the community. The event was well-received, with active participation from the students, highlighting the college's commitment to raising awareness about critical social issues.





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29 Independence day celebration

- Organised by: NSS Unit
- Date: 15/8/2019

The Cochin College celebrated Independence Day on 15th August 2019 with great patriotism and enthusiasm. The celebrations began with the flag hoisting ceremony, where students and faculty members gathered to honour the nation's independence. The college campus was adorned with the tricolour, and the atmosphere was filled with patriotic fervour. The event included singing of the national anthem, cultural performances, and speeches reflecting on the significance of the day. The participation of students and faculty in these activities highlighted their love for the country and their commitment to upholding its values. The day was marked by a sense of unity and pride, making it a memorable occasion for everyone present.





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30 Gender sensitization programme

- Organised by: Department of Commerce
- Date: 06/8/2019

A programme on the lines of Gender Sensitization Programme for all final year students of entire college was conducted by the Department in collaboration with Josh Talks and VIVEL ITC. on 6th August 2019. The major area of thrust was gender equality. Verdicts on cases of Gender Bias at national and international level were discussed. The session was very expertly handled by Ms Anvit Kaur from Josh talks, New Delhi.





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