



THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University

Re-accredited by NAAC With B+ Grade



Fourth Cycle
NAAC Accreditation 2024

Criterion 3 Research, Innovations and Extension

3.2 - Innovation Ecosystem

Metric No. 3.2.1

Institution has created an ecosystem for innovations, Indian Knowledge System (IKS), including awareness about IPR, establishment of IPR cell, Incubation centre and other initiatives for the creation and transfer of knowledge/technology and the outcomes of the same are evident

Indian Knowledge System (IKS)

Submitted to



National Assessment and Accreditation Council



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

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Declaration on Principal

This is to declare that The Cochin college has integrated Indian Knowledge System in its curricular and co-curricular activities.

Mrudula Menon V.





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Integration of Indian Knowledge System

1 Introduction

The Cochin College, a premier institution of higher education, has always been at the forefront of integrating the rich cultural heritage of India into its academic framework. Recognizing the importance of the Indian Knowledge System (IKS), the college has undertaken several initiatives that not only preserve but also promote traditional Indian knowledge, languages, and cultural practices. These efforts are deeply rooted in the belief that education should encompass the diverse and ancient wisdom of India, providing students with a holistic learning experience that connects them to their cultural roots.

2 Language and Cultural Integration

2.1 Promotion of Indian Languages

At The Cochin College, the integration of the Indian Knowledge System begins with a strong emphasis on promoting Indian languages, culture, and traditional practices. While English remains the primary medium of instruction, the college offers courses in Hindi and Malayalam, ensuring that students have the opportunity to learn and communicate in their native languages. The use of vernacular languages is actively encouraged in classroom teaching, allowing students to remain connected to their linguistic heritage while pursuing higher education. This bilingual approach not only enhances the learning experience but also ensures that students maintain a deep connection with their cultural identities.

2.2 Literary and Cultural Promotion

The Cochin College's library plays a pivotal role in promoting regional literature and culture through its collaboration with the Malayalam Vedi. This partnership has led to the organization of various literary events aimed at celebrating and promoting local literature. These events provide a platform for students to engage with regional literary works, fostering a deeper appreciation and understanding of India's vast literary heritage. By encouraging students to participate in these events, the college nurtures a culture of literary appreciation that goes beyond the classroom, enriching the overall academic environment.





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3 Competitions and Cultural Engagement

3.1 Traditional Art and Literary Competitions

The college actively conducts various competitions focused on vernacular language topics and traditional art forms. These competitions serve as a vital link between students and their cultural heritage, allowing them to explore and express their creativity within the framework of Indian traditions. Furthermore, students from The Cochin College participate in university youth festival competitions, particularly excelling in traditional art forms. Their participation has not only enhanced their appreciation of these art forms but has also earned them accolades and prizes, bringing honor to the institution.

4 Yoga and Kalaripayattu Training

The Cochin College places a strong emphasis on preserving and promoting traditional Indian health practices. Among these, yoga and Kalaripayattu, Kerala's traditional martial art, hold a special place. Students at the college regularly practice yoga and Kalaripayattu, which are integral to the college's efforts to ensure that students gain practical skills rooted in Indian traditions. The college has organized training sessions for these disciplines, and students have participated in Kalaripayattu demonstrations, showcasing their skills and dedication to preserving these ancient practices. These activities not only contribute to the physical well-being of students but also instill discipline, focus, and a deep respect for India's martial traditions.

5 Botanical Garden and Traditional Knowledge

The integration of traditional Indian knowledge is further exemplified by the college's botanical garden, which features a unique collection of Ayurvedic plants and a Nakshathravanam—an area dedicated to trees representing the zodiac signs. This initiative offers students hands-on learning experiences that connect them to India's ancient botanical knowledge and astrology. The botanical garden serves as a living laboratory where students can study the medicinal properties of plants, learn about traditional healing practices, and understand the significance of astrology in Indian culture. This practical exposure to ancient wisdom is an invaluable addition to the students' educational journey.





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6 Peppersav Food Festival

One of the most celebrated events at The Cochin College is the annual food festival, Peppersav, which is an embodiment of India's diverse culinary traditions. This festival is more than just a showcase of food; it is an attempt to bring together the various cuisines from across the country, reflecting India's rich and varied culinary heritage. Students, faculty, and visitors have the opportunity to experience and enjoy a wide array of traditional dishes, each representing different regions of India. Peppersav not only highlights the diversity of Indian cuisine but also promotes cultural exchange and understanding among the college community. The festival has become a signature event at the college, eagerly anticipated each year.

7 Cultural Art Forms and Traditional Practices

The Cochin College places a strong emphasis on preserving and promoting traditional Indian art forms. Students are encouraged to participate in cultural competitions and events that showcase traditional arts such as dance, music, and painting. The college also organizes demonstration classes in various traditional arts, providing students with the opportunity to learn directly from experts in these fields. Additionally, the college offers training in yoga and Kalaripayattu, Kerala's traditional martial art. These practices are integral to the college's efforts to ensure that students gain practical skills rooted in Indian traditions, promoting physical, mental, and spiritual well-being.

8 Celebration of Local Cultural Festivals

The vibrant cultural life at The Cochin College is further enriched by the celebration of local festivals on campus. These festivals offer students the chance to immerse themselves in the cultural practices of the region, fostering a sense of community and cultural pride. Students celebrate festivals such as Onam, Christmas, Eid, Holi and Kerala day. Through these celebrations, students not only participate in traditional rituals but also gain a deeper understanding of the cultural diversity that defines India. This experiential learning is an essential aspect of the college's educational philosophy, which seeks to create well-rounded individuals who are both academically proficient and culturally aware.

9 Preservation of Historical Knowledge

A unique feature of The Cochin College is its collection of historical palm leaf inscriptions, known as "Thaliyola," housed in the college library. These inscriptions are a significant link to India's rich cultural and literary heritage, serving as a





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testament to the ancient methods of recording knowledge. The preservation of these texts is a critical part of the college's efforts to promote and safeguard traditional Indian knowledge systems. Students and scholars at The Cochin College have the rare opportunity to engage with these historical documents, gaining insights into the wisdom of the past. This engagement not only enhances their educational experience but also instills a deep respect for the historical continuity of knowledge in India.

10 Conclusion

The Cochin College's commitment to integrating the Indian Knowledge System into its educational framework is evident in its diverse initiatives that promote language, culture, traditional practices, and historical preservation. By weaving these elements into the academic fabric, the college ensures that its students receive a comprehensive education that is deeply rooted in India's cultural and intellectual heritage. These efforts not only enrich the students' learning experiences but also contribute to the preservation and promotion of India's rich and diverse knowledge systems. The Cochin College stands as a beacon of tradition and modernity, where ancient wisdom meets contemporary education, preparing students to contribute meaningfully to society while staying connected to their cultural roots.

