



THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University

Re-accredited by NAAC With B+ Grade



Fourth Cycle
NAAC Accreditation 2024

Criterion 5 Student Support and Progression

5.3 - Student Participation and Activities

Metric No. 5.3.1

Number of awards/medals for outstanding performance in sports/ cultural activities at University / state/ national / international level (award for a team event should be counted as one) during the last five years

List and Links to
E-copies of Certificates/Awards: 2019-2020

Submitted to



National Assessment and Accreditation Council



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochoincollege.edu.in

email: email@thecochoincollege.edu.in

List of Certificate and medal receivers of 2019-20

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
2019-2020	FIRST - Weightlifting (W) Championship (Under 71 kg) First	Individual	University	Sports	REMYA ROSHNI
2019-2020	SIXTH - Bodybuilding and Fitness Championship	Individual	National	Sports	ANANTHU P.P
2019-2020	Inter Collegiate (Inter Zone) Best Physique Championship (60 kg) Third	Individual	University	Sports	ANANTHU P.P
2019-2020	National Equipped Mens Bench Press Championship (Under-66kg), Sixth	Individual	National	Sports	MOHAMMED FAROOQ
2019-2020	FIRST - Equipped Junior Men Bench Press Championship (Under-66kg)	Individual	State	Sports	MOHAMMED FAROOQ
2019-2020	Kerala State Unequipped Junior Men Bench Press Championship (Under-66kg), Third	Individual	State	Sports	MOHAMMED FAROOQ
2019-2020	FIRST - Equipped Junior Men Bench Press Championship (Under-66kg)	Individual	State	Sports	MOHAMMED FAROOQ
2019-2020	SECOND - Inter Collegiate (Inter Zone) Powerlifting (Under-66kg)	Individual	University	Sports	MOHAMMED FAROOQ





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Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
2019-2020	15th Kerala State Youth Boys and Girls Weightlifting Championship (Under-81kg), Third	Individual	State	Sports	MOHAMMED YASEEN
2019-2020	SECOND - Unequipped Sub Junior Men Bench Press Championship (Under-66kg)	Individual	State	Sports	ATHUL PRADEEP
2019-2020	South Zone Inter University Table Tennis (M) Member (Participation)	Team	University	Sports	RAIJU K.J
2019-2020	TENTH - Classic Jr. Men Powerlifting Championship (Under 74 kg)	Individual	State	Sports	AIDEN BENOY
2019-2020	M G University Youth Festival Duffmuttu - First	Team	University	Cultural	MOHAMMED ANEES T.N
2019-2020	FIRST - M G University Youth Festival Kolkali	Team	University	Cultural	BASIM JAMAL, ALBERT LOUIS
2019-2020	FIRST - M G University Youth Festival Oppana	Team	University	Cultural	Anamika B.Rajesh, Farhana B. Noushad
2019-2020	SECOND - M G University Youth Festival Mime	Team	University	Cultural	MERLIN LAWRENCE, MEENAKSHI K.B, MOHAMMED DILFAR
2019-2020	SECOND - M G University Youth Festival Skit	Team	University	Cultural	VISHNUJITH D.V, SABARINATH U.S, HARITHA SANTHOSH, AMISHA T.V





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Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
2019-2020	THIRD - M G University Youth Festival Hindi Short Story Writing	Individual	University	Cultural	FOUZIYA P.N
2019-2020	THIRD - M G University Youth Festival Hindi Recitation	Individual	University	Cultural	MEHANAZ SHAMSUDEEN
2019-2020	THIRD - M G University Youth Festival English Recitation	Individual	University	Cultural	MEHANAZ SHAMSUDEEN
2019-2020	A GRADE M G University Youth Festival Eastern Percussion	Individual	University	Cultural	SABARINATH.U.S
2019-2020	A GRADE M G University Youth Festival Eastern Stringed Instrument Style	Individual	University	Cultural	RADHIKA RANI
2019-2020	A GRADE M G University Youth Festival Bharatanatyam A-Grade	Individual	University	Cultural	ASWATHY LEVEN
2019-2020	M G University Youth Festival One-act Play - FOURTH	Team	University	Cultural	RAHUL VARGHESE, ADARSH A.NAIR, MUHAMMAD MUSSAMMIL, FIROZ, MODI, ASWATHY LEVEN, MOL





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Certificates of the participants



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Mrudula Menon V.
Principal-in-Charge
The Cochin College



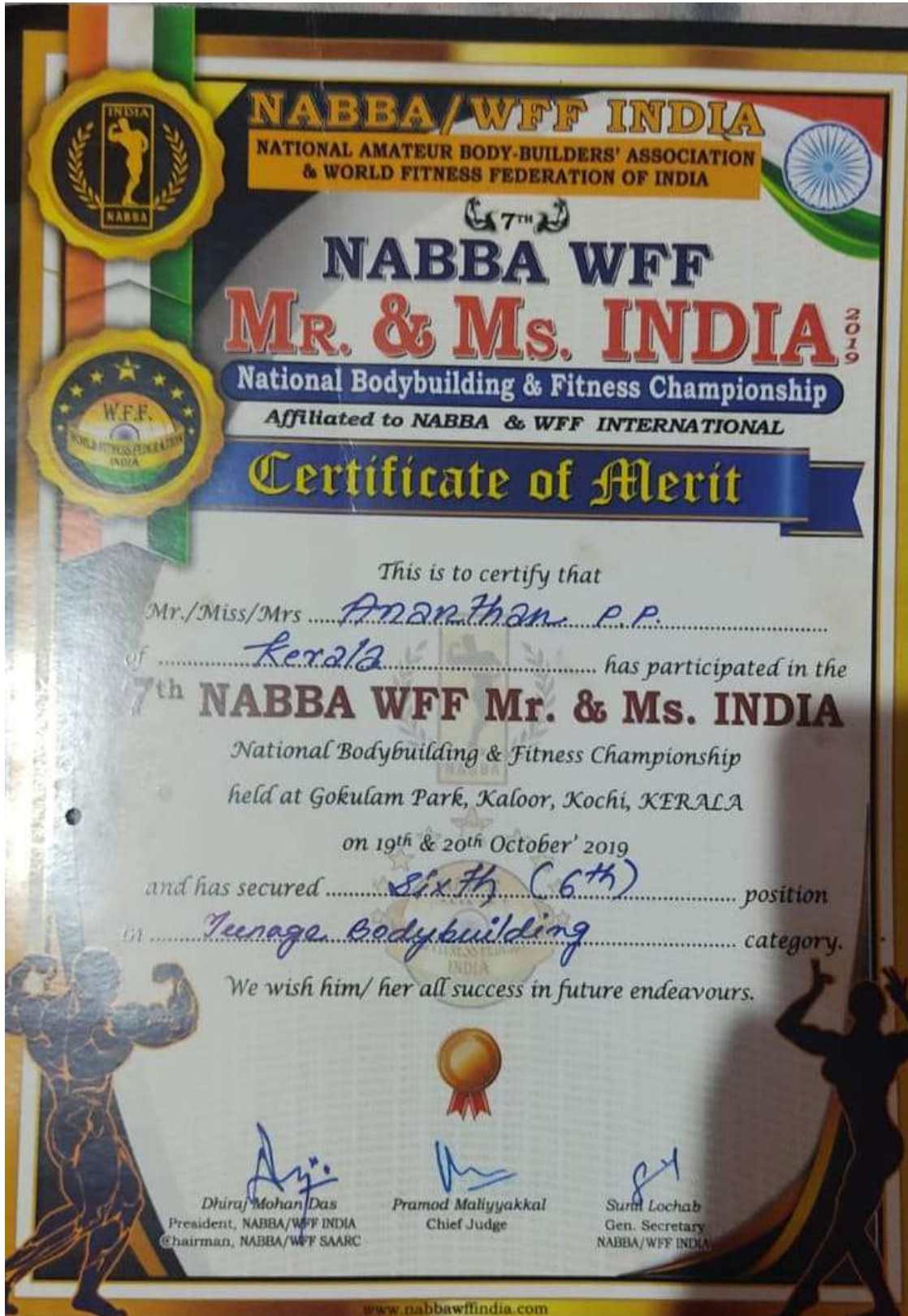
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Mahatma Gandhi University
 Kottayam, Kerala.
**SCHOOL OF PHYSICAL EDUCATION
 & SPORTS SCIENCES**

Book No. **4**
 Sl. No. **8188**

Certificate

This is to certify that Ananthu P.P
 representing The Cochin College, Cochin participated
 in the Inter-Collegiate (Inter-Zone) Best Physique (Men/Women)
 for the year 2019 held at Pavanatma College, Murickassery
 and secured Third place in 60.K.G. Category
 performance.

Place : Kottayam
 Date : **26 FEB 2020**



 Director


 Pro-Vice-Chancellor





Mrudula Menon V.
Mrudula Menon V.
Principal-in-Charge
The Cochin College



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No. 647



KERALA STATE WEIGHTLIFTING ASSOCIATION

(Affiliated to Indian Weightlifting Federation, Recog. by KSSC & KOA)

Certificate of Merit

Awarded to

.....MDHAMMED YASSEEN P.S.....

From

.....ERNAKULAM.....



For Kerala State 15th Youth (Boys & Girls) Weightlifting Championship 2019-20

Held at Rajeev Gandhi Indoor Stadium, Kadavanthara, Emakulam

Category 81 kg Body weight

Place THIRD Snatch 40 kg

DOB Clean & Jerk 65 kg

Date 07.09.2019 Total 105 kg

Mathew Paul
President

Adv. P. V. SREENIJIN
OBSERVER
Kerala State Sports Council

T T James
Gen. Secretary

Date of Birth as per S.S.L.C./Birth Certificate/ TC/





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Mahatma Gandhi University

Kottayam, Kerala.


SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES


Book No. 52
Sl. No. 2527


Certificate

This is to certify that Raiju K. J.
of The Cochin College, Kochi was
a member of Mahatma Gandhi University Table Tennis (M) team which secured
~~First/Second/Third position~~ Represented South Zone Inter-University Table Tennis (M)
Championship for the year 2019... 2020... held at Hindustan University, Chennai

Place : Kottayam
Date : 26 FEB 2020


 Director of Physical Education


 Pro-Vice-Chancellor







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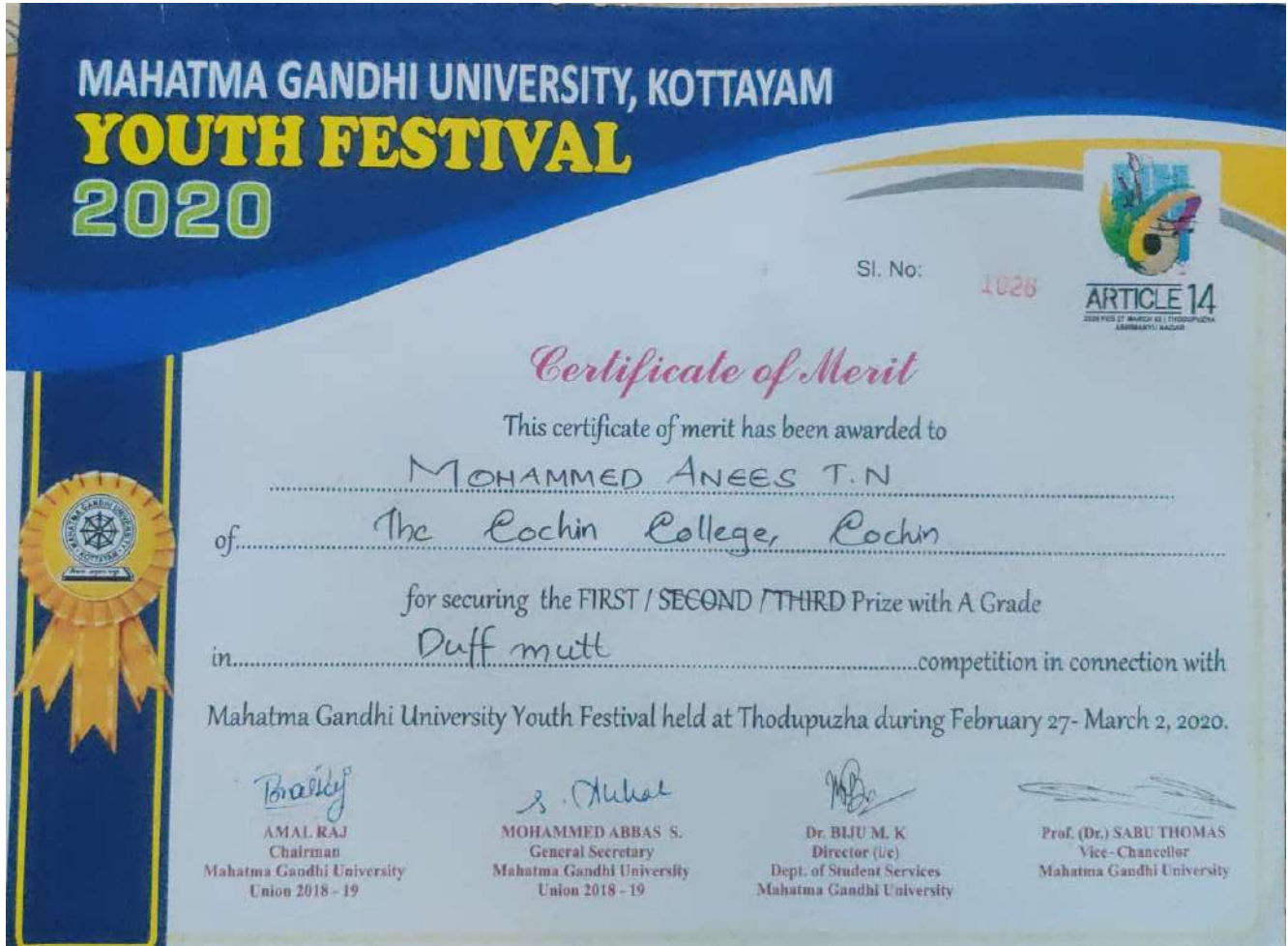
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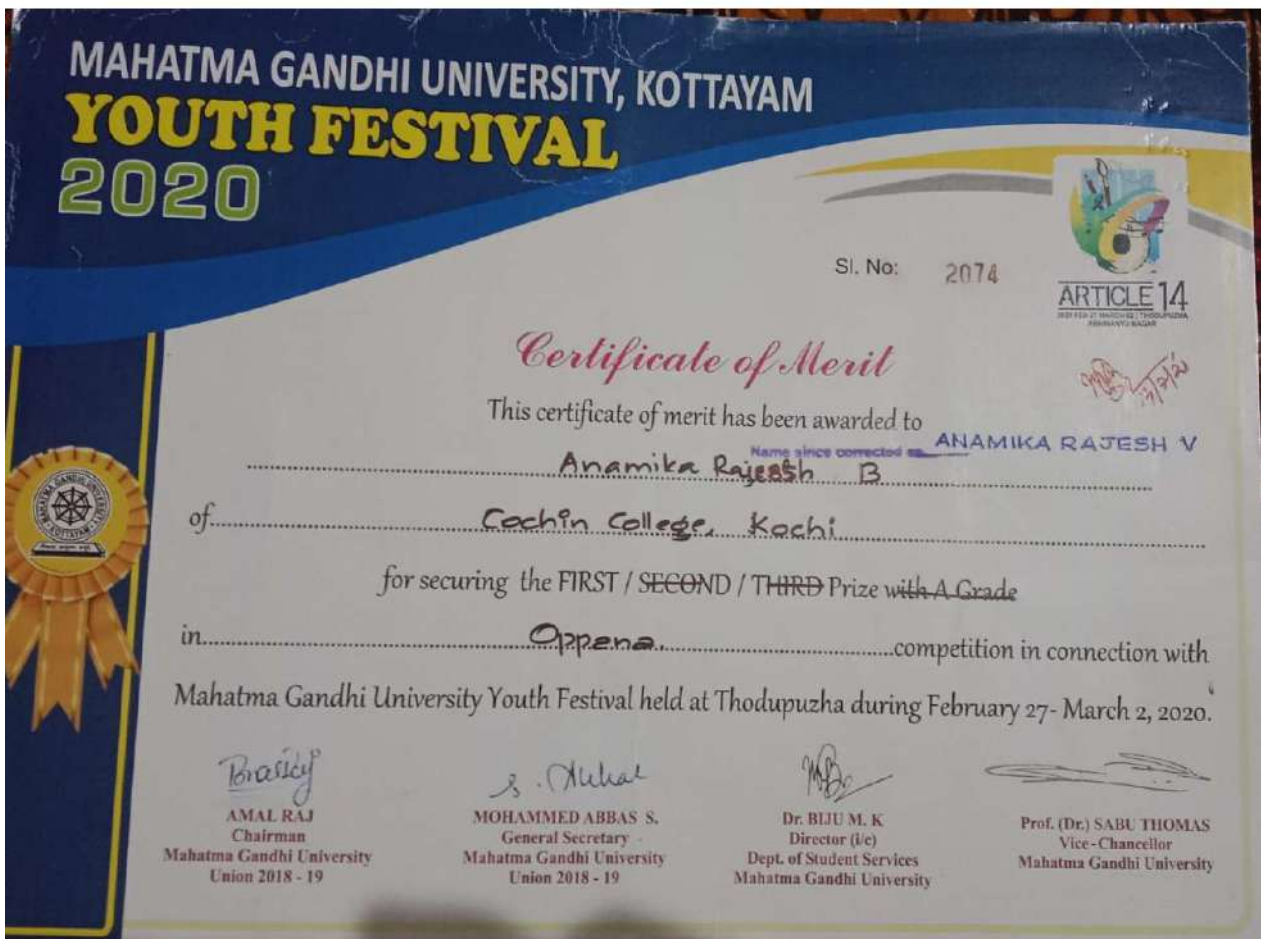
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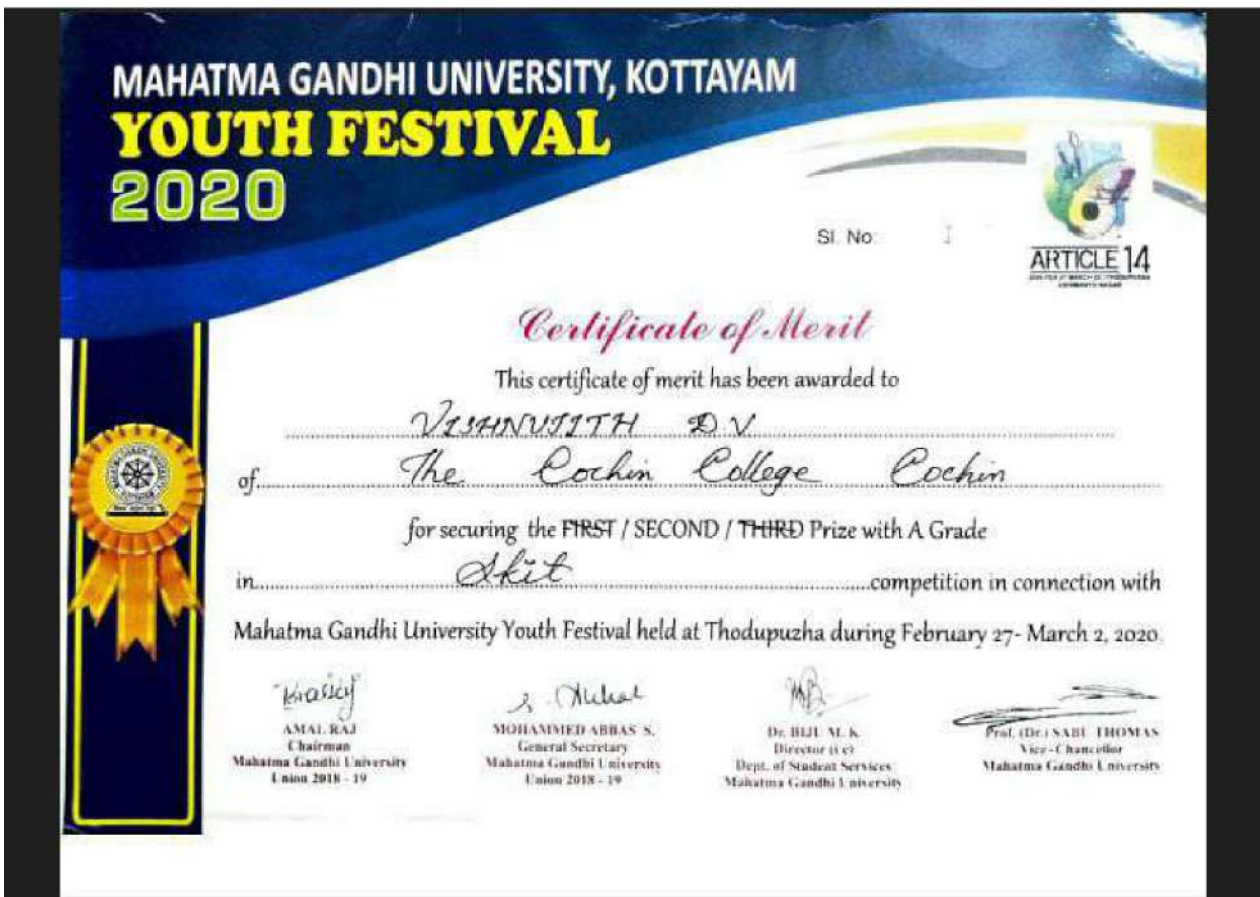
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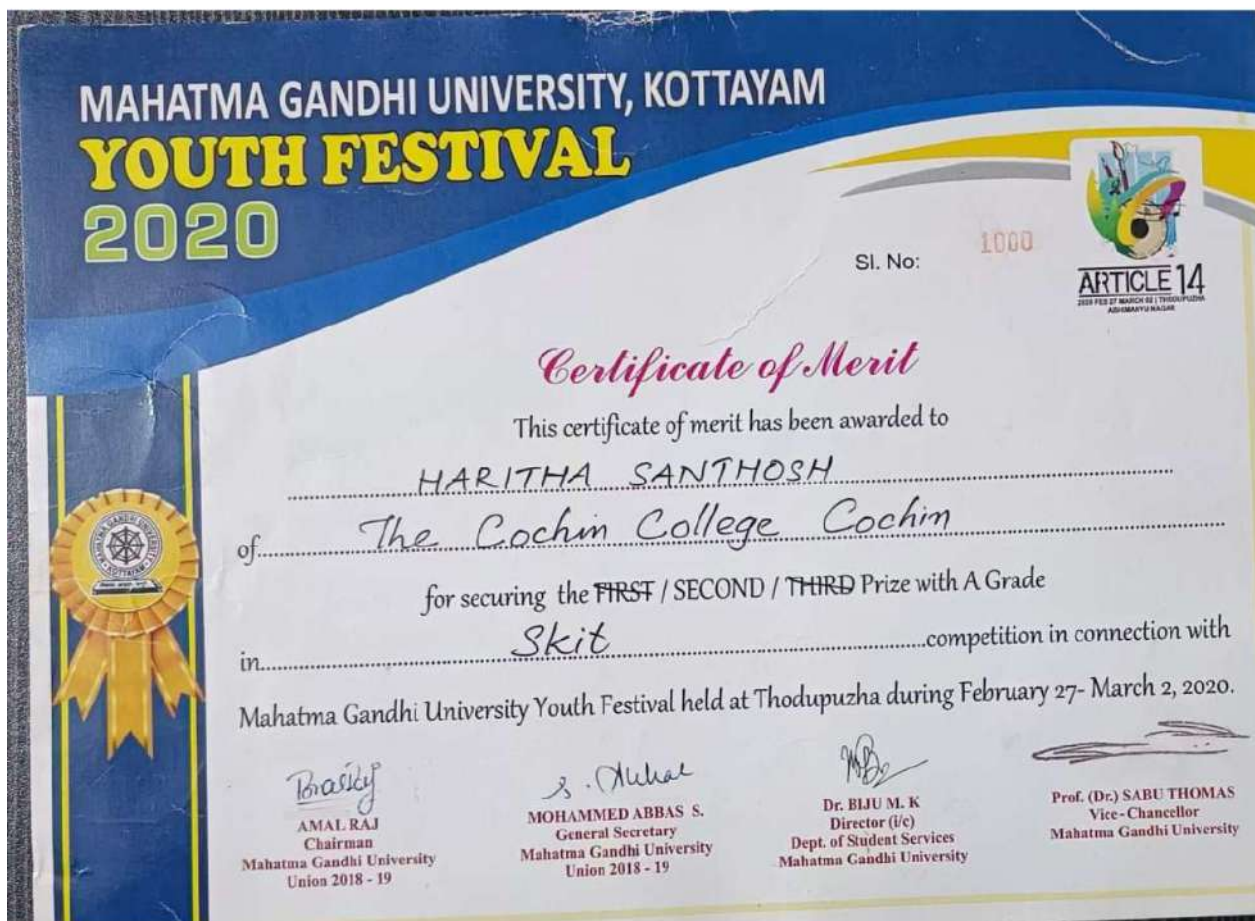
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MAHATMA GANDHI UNIVERSITY, KOTTAYAM
YOUTH FESTIVAL
2020

Sl. No: 0995

ARTICLE 14
200 FEB 27 MARCH 02 | THODUPUZHA
 ASHEEMANYU NAGAR


Certificate of Merit

This certificate of merit has been awarded to
FOUZYA P.N
 of **Cochin College, Cochin.**

for securing the ~~FIRST~~ / ~~SECOND~~ / THIRD Prize with A Grade
 in **Short Story writing Hindi**competition in connection with
 Mahatma Gandhi University Youth Festival held at Thodupuzha during February 27- March 2, 2020.

 AMAL RAJ Chairman Mahatma Gandhi University Union 2018 - 19	 MOHAMMED ABBAS S. General Secretary Mahatma Gandhi University Union 2018 - 19	 Dr. BIJU M. K. Director (i/c) Dept. of Student Services Mahatma Gandhi University	 Prof. (Dr.) SABU THOMAS Vice-Chancellor Mahatma Gandhi University
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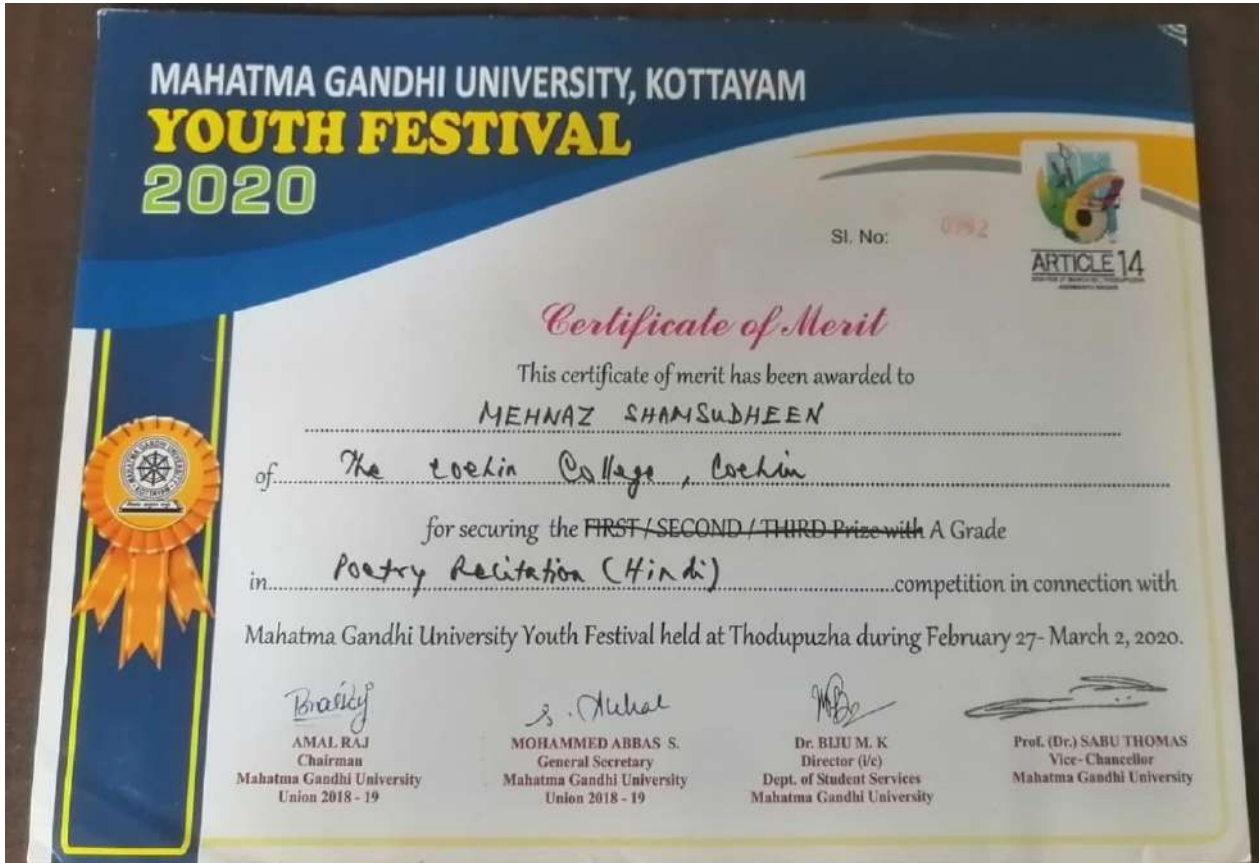
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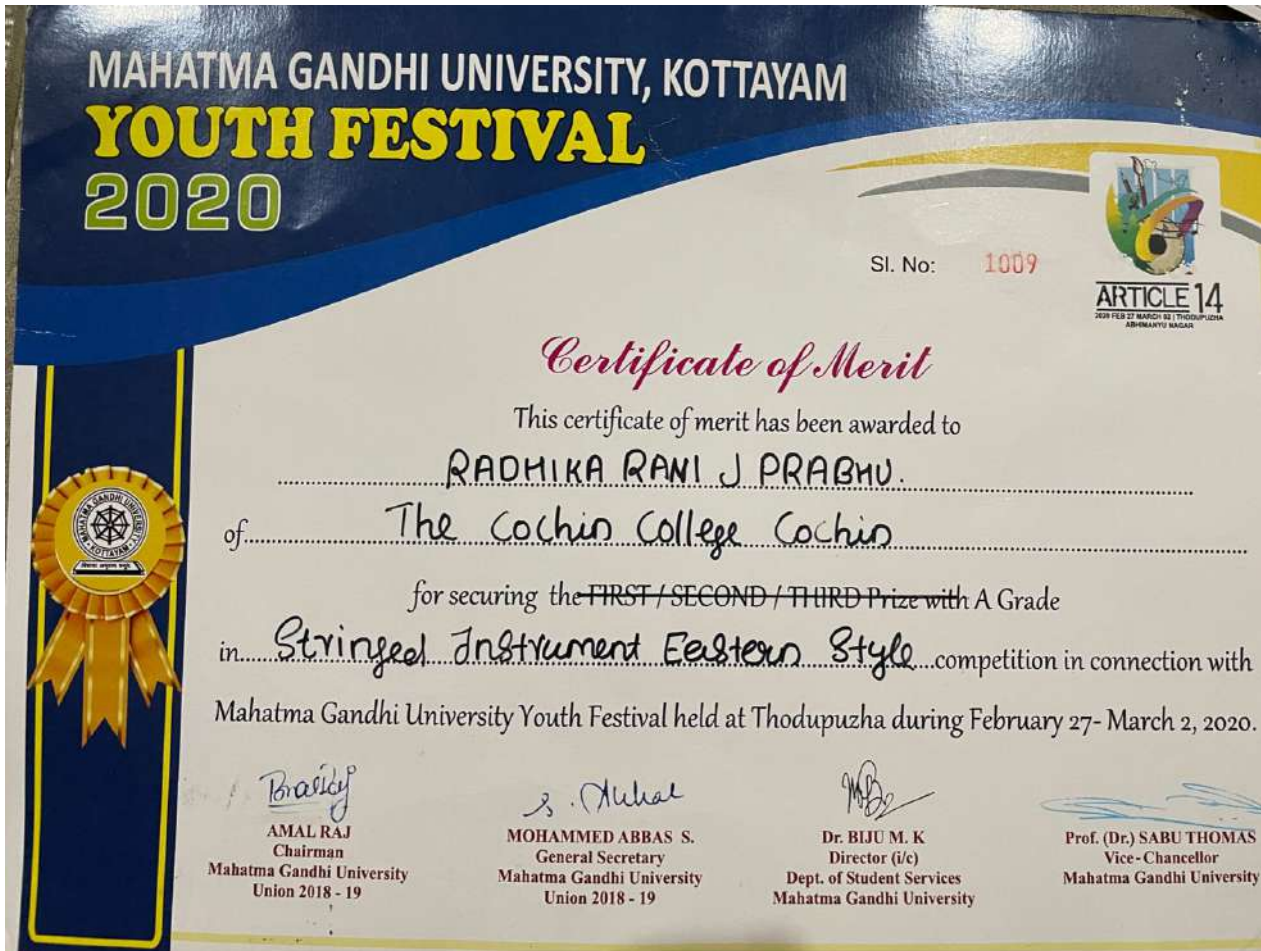
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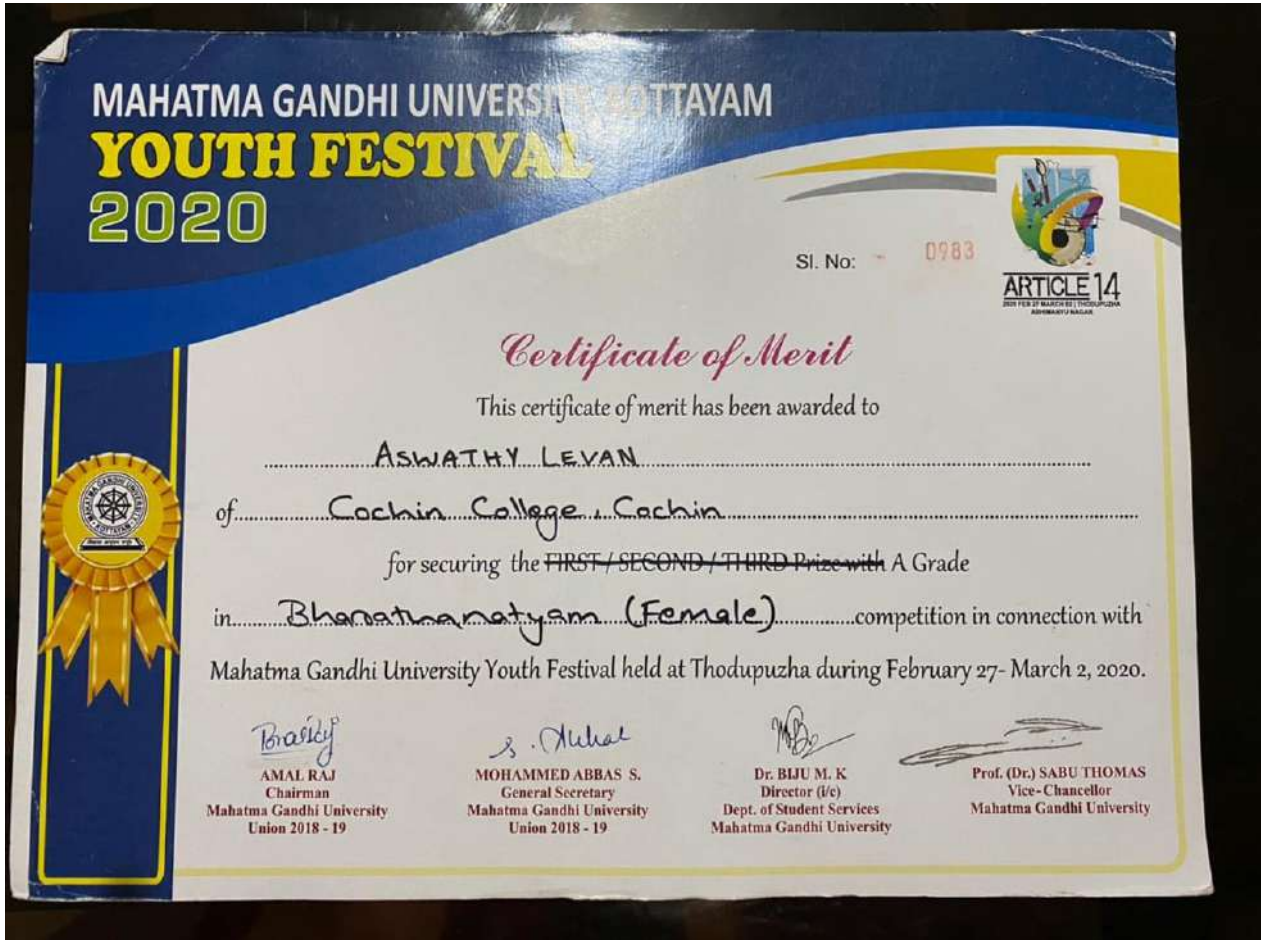
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