

THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University Re-accredited by NAAC With B+ Grade

Fourth Cycle NAAC Accreditation 2024



Criterion 5 Student Support and Progression

5.1 - Student Support

Metric No. 5.1.2

Following capacity development and skills enhancement activities are organised for improving students' capability: Soft skills, Language and communication skills, Life skills (Yoga, physical fitness, health and hygiene), ICT/computing skills

Report on Soft Skills

Submitted to



National Assessment and Accreditation Council



THE COCHIN COLLEGE

KOCHI - 682 002

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Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Introduction-Life Skill Development Programmes

The Cochin College, renowned for its commitment to holistic education, has successfully organized a diverse array of programs aimed at fostering academic excellence, personal growth, and community engagement. Over the past few years, the college has hosted workshops, seminars, and training sessions that cater to the varied interests and needs of its students.

Key initiatives include life skills workshops, environmental awareness campaigns, and health education programs. For instance, workshops on life skills and emotional wellness have equipped students with essential tools for personal and professional success. Environmental programs, such as water quality analysis and organic farming, have heightened students' awareness of sustainability issues. Additionally, health-focused sessions, including menstrual hygiene management and food safety, have empowered students with critical knowledge for maintaining well-being.

These programs have been enriched by the involvement of experts from various fields, ensuring that students receive practical insights and guidance. The Cochin College's proactive approach in organizing such activities underscores its dedication to nurturing well-rounded individuals who are prepared to contribute meaningfully to society.

This report highlights the college's efforts to create a dynamic and supportive educational environment that encourages lifelong learning and personal development.





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1 PERSONALITY DEVELOPMENT FOR ENHANCING EMPLOYA-BILITY

Ms. Veena Jayakumar, Assistant Professor at Bharath Mata College, Thrikkakara, conducted a personality training seminar for the undergraduate students of the Department of Economics, focused on enhancing employability. The session conducted during 9 and 10 February, 2024, covered key aspects such as personal branding, confidence building, and effective communication. She provided practical tips on presenting oneself professionally and highlighted the role of personality traits in job success. Interactive exercises allowed participants to assess and improve their self-presentation and interpersonal skills. Attendees gained valuable insights into aligning their personal attributes with career goals, equipping them with tools to stand out in the competitive job market. The seminar was well-received, offering actionable strategies for career advancement.









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✓ GET TOOLS TO DEVELOP YOUR SOFT SKILLS.





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	LIST OF STUDEN	
S No	Name of the student	Course
1	AKASH K. V.	ECONOMICS
2	AKSA A. S.	ECONOMICS
3	ALDRIN XAVIER P. L.	ECONOMICS
4	ALEENA AGNUS V. A.	ECONOMICS
5	AMALA N. J.	ECONOMICS
6	AMEER A. S.	ECONOMICS
7	ARATHI K. S.	ECONOMICS
8	ASHWATHI ANANDAN	ECONOMICS
9	BIJESH M. K.	ECONOMICS
10	FARHANA P. F.	ECONOM I CS
11	FARZANA V.R.	ECONOM I CS
12	FATHIMA P.N.	ECONOM I CS
13	HARIKRISHNAN M.S.	ECONOMICS
14	HRIDYA SHANAVAS	ECONOMICS
15	JASEELA M I	ECONOMICS
16	KARTHIKA S.	ECONOMICS
17	LAKSHMI N.A.	ECONOMICS
18	MARYPRIYA D.	ECONOMICS
19	NANDANA JAYACHANDRAN	ECONOMICS
20	NAYANA SANTHOSH	ECONOMICS
21	PRANAV T. P.	ECONOMICS
22	RABIYA C. N.	ECONOMICS
23	RAHANA K.M.	ECONOMICS
24	RAHUL N.S.	ECONOMICS
25	SREELAKSHMI A. B.	ECONOMICS
26	SREELAKSHMI SHIJITH	ECONOMICS
27	SRUTHI N.R.	ECONOMICS
28	SUMAYYA P.S.	ECONOMICS
29	SURYA SANOJ	ECONOMICS
30	SURYA M.S.	ECONOMICS
31	ALFIYA C.Y.	ECONOMICS
32	ANFIYA P.A.	ECONOMICS
33	ANUPAM D.	ECONOMICS
34	FASNA K. S.	ECONOMICS
35	FATHIMA FARHANA K.M.	ECONOMICS
36	JASMINE	ECONOMICS
37	AFTHAB ANSARI PA	ECONOMICS
38	AKHIL EBRAHIM A	ECONOMICS .
39	ASHWIN SHAJI	ECONOMICS
40	EVAS HANEEF	ECONOMICS .
41	FATHIMA NASRIN AS	ECONOMICS





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2 TEAMWORK AND PROBLEM SOLVING

The seminar on soft skills held on 31st January and 1st February 2024, led by Mr. Shine from Santa Monica, provided valuable insights into effective communication, teamwork, and problem-solving. Mr. Shine emphasized the importance of empathy and active listening in professional settings. Participants comprising of undergraduate students, engaged in interactive exercises to practice these skills and discussed real-life scenarios where soft skills are crucial. The session highlighted how mastering these abilities can enhance career prospects and improve workplace dynamics. Attendees left with practical strategies to implement soft skills in their daily interactions, making the seminar both informative and actionable. Overall, it was an enriching experience that underscored the significance of personal development in professional success







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S.No	Name	Department
1	AALIYA K.S	Bcom Tax
2	AARON JEFNY CABRAL	Bcom Tax
3	ABHINAND VENU	Bcom Tax
4	AMAL ANTONY P K	Bcom Tax
5	AMNA NAZRIN. T. N	Bcom Tax
6	ANN MARIA O.L	Bcom Tax
7	ANN MARY VICTORIA	Bcom Tax
8	APARNA ANILKUMAR	Bcom Tax
9	ASHNA MARY JOS	Bcom Tax
10	AYSHA HIBA P.S	Bcom Tax
11	BLESY BENNY	Bcom Tax
12	BRASIN ABLE A V	Bcom Tax
13	DEVIKA . V . SANOJ	Bcom Tax
14	DEVIKA LAL	Bcom Tax
15	FARIS FAIZAL	Bcom Tax
16	FARZEENA V.S	Bcom Tax
17	FATHIMA FAIRUSE V A	Bcom Tax
18	FATHIMA FIZA . K . M	Bcom Tax
19	GOUTHAMI T M	Bcom Tax
20	HARIPRIYA P.A	Bcom Tax
21	JENSON K S	Bcom Tax
22	LAKSHMI P H	Bcom Tax
23	MARIA JOSHNI K J	Bcom Tax
24	MEGHNA CARMEL K P	Bcom Tax
25	MOHAMED FAHIZ . M. N	Bcom Tax
26	NADIRA SUDHEER	Bcom Tax
27	NANDHANA .G	Bcom Tax
28	NASNEEM BEEGUM . A . N	Bcom Tax
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31	SHABREENA PARVIN M.S	Bcom Tax
32	SHERIN.P.S	Bcom Tax
33	SIMNA SIYAD	Bcom Tax
34	SONA V.J	Bcom Tax
35	SREELAKSHMI A.B	Bcom Tax
36	TEENA RAJU	Bcom Tax
37	THAMANNA NOWRIN	Bcom Tax
38	THASNEEM N.T	Bcom Tax
39	AARON JOHN DCRUZ	Bcom Tax
40	AAYSHA HIBA . M . IQHBAL	Bcom Tax
41	ABDUL ADHINAN V. S	Bcom Tax
42	ADHILA PARVEEN N.S	Bcom Tax
43	ANJU PRASAD . V . P	Bcom Tax
44	ATHULYA A	Bcom Tax
45	BLESSY K SEEJO	Bcom Tax
46	C B THARUN	Bcom Tax
47	ELIZA RIYA ANTONY	Bcom Tax
48	FARZANA FATHIMA.D.N	Bcom Tax
49	FATHIMA A.J	Bcom Tax
50	J.S AMAN FARZAN	Bcom Tax
51	KARTHIKA T.R	Bcom Tax
52	MARTINA SOLAMAN	Bcom Tax
53	MOHAMED RAZEEN	Bcom Tax
54	MOHAMMED ZAMEEL ALTHAF SAIT	Bcom Tax
55	NANDANA A R	Bcom Tax
56	NEHA BASHEER	Bcom Tax
57	NESIA MARIA MATHEW	Bcom Tax
58	RASNY T.S	Bcom Tax
59	RAWAN FAROOK	Bcom Tax







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61	RISANA T.R	Bcom Tax
62	SHEHANA ZUHARA BEGUM	Bcom Tax
63	VINAY E V	Bcom Tax





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3 PASSWORD to Personal and Professional Growth

The "Password 2022-23" programme, organized by the Minorities Department of the Government of Kerala, in selected colleges, aimed to provide students from minority communities with essential skills and guidance for their personal and professional development. The camp was conducted in the college on January 12, 2023. This initiative was designed to enhance students' personality traits and career prospects through targeted sessions and expert guidance. The camp was officially inaugurated by Sri K J Maxi, the esteemed MLA of Kochi. His presence underscored the importance of the programme and highlighted the government's commitment to empowering minority students. Sri K J Maxi's inaugural speech emphasized the value of self-development and the crucial role of career guidance in shaping a successful future for young individuals. Mr. Krishnakumar, a renowned expert in personality development and career guidance, conducted the main session of the camp. His session was meticulously designed to address various aspects of personal and professional growth.





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S No	LIST OF STUDENTS Name of the student	Course
1	AISWARYA AJAYESH	B A English
2	AJITH SHAJI	B A English
3	ANAKHA M	B A English
4	ANIJA M VARGESE	B A English
5	APARNA RAJEESH	B A English
6	ASHMY . A.R	B A English
7	FATHIMATHU SANIYA M S	B A English
8	JOSNA JOSHY	B A English
9	KRISHNENDU S MENON	B A English
10	LIBINDA ALPHONSA K.V	B A English
11	MEENAKSHI. K	B A English
12	MOHAMMED JAZIM A.H	B A English
13	NANDANA T R	B A English
14	NAZMIN ASIF K.A	B A English
15	AADARSH B.	BBA
16	ABDUL LATHEEF P N	BBA
17	ABIJITH N S	BBA
18	ADHANAN JASEEM AH	BBA
19	ADITHYA HARI	BBA
20	AFRIN .N	BBA
21	AHALYAMOL K G	BBA
22	AHAMMED KABEER A	BBA
23	AKELESH JAYAKUMAR	BBA
24	AKHIL P.M	BBA
25	ANAMIN CHRISTOPHER	BBA
26	ANANDHARAJ.K	BBA
27	ANAZ HASHIM	BBA
28	ANGEL MARY SANTHOSH	BBA
29	ARISH UNNI	BBA
30	ASHEEKA T S	BBA
31	ABHIRAMI R.S	BSc Botany
32	ALPHA ANTONY	BSc Botany
33	ARJUN K JANARDHANAN	BSc Botany
34	GIREESH G	BSc Botany
35	JERIN J SAMUEL	BSc Botany
36	KRIPA MARIA JUDE	BSc Botany
37	KRISHNAPRIYA A S	BSc Botany
38	JOSEPH CLYWIN	BCA
39	JOSEPH THOMAS	BCA
40	K.Z MOHAMMED FAJAR	BCA





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4 Value Added Course on Career Counselling







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List of	students enrolled	2023-24 fo	r Logistics,	Organisatio	onal Devel	opment& chang	ge & Career Counsellin
SI No	Name of the student	Program enrolled in the college	Certifica te Course Code	Certifica te/Value added course enrolled	Year offered	co ordinator	Department offering the course
1	AADARSH B.	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
2	ABDUL LATHEEF P N	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
3	ABIJITH N S	BBA	ADDBBA 2314	ng	2023- 2024	Betna Rodrigues	Business Administration
4	ADHANAN JASEEM AH	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
5	ADITHYA HARI	BBA	ADDBBA 2314	ng	2023- 2024	Betna Rodrigues	Business Administration
6	AFRIN .N	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
7	AHALYAMOL K G	BBA	ADDBBA 2314	ng	2023- 2024	Betna Rodrigues	Business Administration
8	AHAMMED KABEER A	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
9	AKELESH JAYAKUMAR	BBA	ADDBBA 2314	ng	2023- 2024	Betna Rodrigues	Business Administration
10	AKHIL P.M	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
11	ANAMIN CHRISTOPHE R	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
12	ANANDHARAJ .K	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
13	ANGEL MARY SANTHOSH	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration
14	ARISH UNNI	BBA	ADDBBA 2314	Career Counselli ng	2023- 2024	Betna Rodrigues	Business Administration





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5 GET STARTED WITH STARTUPS

Entrepreneurship Development Club, in collaboration with TCC-ICC and IQAC, organized a workshop titled "Get Started with Startups," led by Mr. Krishnakumar M, Lead of Business Incubation at Kerala Startup Mission, Trivandrum. Two sessions were conducted on 19, and 20 March 2022. Mr. Krishnakumar provided valuable insights into the startup ecosystem, focusing on the essentials of launching and scaling a new business. He covered topics such as idea validation, business planning, and securing funding, along with the support services available through incubators. The session included practical advice and interactive discussions, equipping participants with actionable strategies to turn their startup ideas into successful ventures. The workshop was well-received, fostering enthusiasm and providing crucial resources for aspiring entrepreneurs.





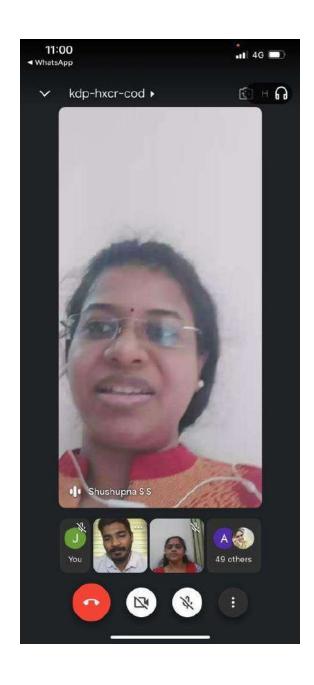


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1	A S IBRAHIM HUSSAIN	Bcom tax
2	ALEENA NEWMAN	Bcom tax
3	AMRUTHA D.D.	Bcom tax
4	ANJALY ROSE VARGHESE	Bcom tax
5	APARNA V MENON	Bcom tax
6	ATHULRAJ K.R.	Bcom tax
7	INDRAJITH K.H.	Bcom tax
8	MAHESH P.	Bcom tax
9	MOHAMMED SAEED	Bcom tax
10	NAFILA A.N.	Bcom tax
11	RAHUL V.R.	Bcom tax
12	SALMA M.S.	Bcom tax
13	SANDEEP A. BALAKRISHNAN	Bcom tax
14	SETHULAKSHMI V.P.	Bcom tax
15	SHARANYA SONY	Bcom tax
16	SHERIN XAVIER	Bcom tax
17	SIDHARTHAN N R	Bcom tax
18	SNEHA K.L.	Bcom tax
19	SONA K.S.	Bcom tax
20	SWATHY KRISHNA C.V.	Bcom tax
21	THANOOJA P.S.	Bcom tax
22	ALAN ANTONY	Bcom tax
23	ANAMIKA BIJU	Bcom tax
24	BEENA P.B.	Bcom tax
25	BISWAS K.B.	Bcom tax
26	DEVAPRIYA S.	Bcom tax
27	DEVIKA P.S.	Bcom tax
28	INDRAJITH V.J.	Bcom tax
29	JESLIN V. JACOB	Bcom tax





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31	KARTHIK M. SUNILKUMAR	Bcom tax





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6 ENRICH YOUR SOFT SKILLS

Mr. Siju Thomas Alenchery, a Certified Mentor from SMR, Malaysia, and Founder and CEO of Wings to Win, led a workshop titled "Enrich Your Soft Skills." on 26/3/2022-27/3/2022 Organized by the Entrepreneurship Development Club in association with the Career Guidance and Placement Cell, the sessions focused on developing essential soft skills for professional growth. Mr. Alenchery provided practical advice on enhancing communication, leadership, and teamwork abilities. Participants engaged in role- playing and interactive activities designed to refine their skills. The workshop emphasized the importance of soft skills in career advancement and equipped attendees with strategies to effectively apply these skills in their professional lives.





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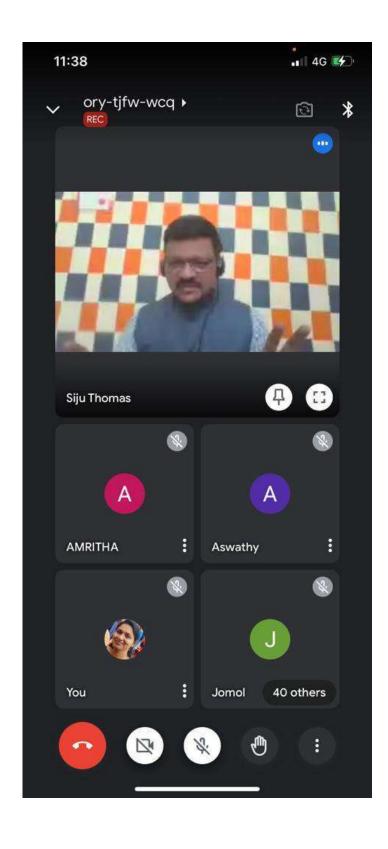
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	LIST OF STUDEN	TS
S No	Name of the student	Course
1	A S IBRAHIM HUSSAIN	B.Com Finance and Taxation
2	ALEENA NEWMAN	B.Com Finance and Taxation
3	AMRUTHA D.D.	B.Com Finance and Taxation
4	ANJALY ROSE VARGHESE	B.Com Finance and Taxation
5	APARNA V MENON	B.Com Finance and Taxation
6	ATHULRAJ K.R.	B.Com Finance and Taxation
7	INDRAJITH K.H.	B.Com Finance and Taxation
8	MAHESH P.	B.Com Finance and Taxation
9	MOHAMMED SAEED	B.Com Finance and Taxation
10	NAFILA A.N.	B.Com Finance and Taxation
11	RAHUL V.R.	B.Com Finance and Taxation
12	SALMA M.S.	B.Com Finance and Taxation
13	SANDEEP A. BALAKRISHNAN	B.Com Finance and Taxation
14	SETHULAKSHMI V.P.	B.Com Finance and Taxation
15	SHARANYA SONY	B.Com Finance and Taxation
16	SHERIN XAVIER	B.Com Finance and Taxation
17	SIDHARTHAN N R	B.Com Finance and Taxation
18	SNEHA K.L.	B.Com Finance and Taxation
19	SONA K.S.	B.Com Finance and Taxation
20	SWATHY KRISHNA C.V.	B.Com Finance and Taxation
21	THANOOJA P.S.	B.Com Finance and Taxation
22	ALAN ANTONY	B.Com Finance and Taxation
23	ANAMIKA BIJU	B.Com Finance and Taxation
24	BEENA P.B.	B.Com Finance and Taxation
25	Amal Dev A.N.	B A English
26	Ann Mariya Biju	B A English
27	Anwin Saju	B A English
28	Aryalakshmi K.M.	B A English
29	Dilsha Navaz	B A English
30	Evelin Elizabeth V.P.	B A English
31	Fidha Fathima M.F	B A English
32	Krishna P.V	B A English
33	Mary Diya A.G.	B A English
34	N. Amrutha	B A English
35	Neha Sureshkumar	B.Com Finance and Taxation
36	Nithin Prasad C.	B.Com Finance and Taxation
37	Rishipriya D.	B.Com Finance and Taxation
38	S. Sumitha Jeslin	B.Com Finance and Taxation
39	Sabira K.H.	B.Com Finance and Taxation
40	Samna Saifudheen	B.Com Finance and Taxation





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7 INSPIRATIONS - 1

On January 5 and 6th, 2022, the Entrepreneurship Development Club, in association with the PG and Research Department of Commerce, hosted an inspirational session titled "Inspirations" led by Ajay K. Mathew, Director of Edattel Ventures LLC. Mr. Mathew shared his entrepreneurial journey, focusing on overcoming challenges and achieving success. He provided valuable insights into innovation, leadership, and strategic thinking. The session featured engaging anecdotes and practical advice on navigating the entrepreneurial landscape. Attendees were inspired by Mr. Mathew's experiences and gained motivation and actionable strategies for pursuing their own business ventures. The event was well-received, fostering enthusiasm and creativity among participants









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3.	Ihsanulhuq M.B		
4.	Regina Joys		
5.	Pavithra K.S		
6.	Anjala C.A.		
7.	Amritha A.S		
8.	Sreelakshmi V S		
9.	Vishnu N.S		
10.	Nidhin Raj T		
11.	Fahmi A		
12.	Ashna Das		
13.	Faeza K.F		
14.	Abitha A		
15.	Durganjali S Kamath		
16.	Navaneeth S Shenoy		
17.	Vishnupreethy R		
18.	Fasmin M.S		
19.	Sreenidhi Anil		
20.	Anjali R Shenoy		
21.	Jnaneshwari R		
22.	A S Ibrahim Hussain		
23.	Sandra Sajan		
24.	Sharanya Sony		
25.	Krishnaprasad S Pai		
26.	Neha Sureshkumar		
28.	Sidharthan N R		
29.	Sruthy M.S		
30.	Andriya Lain TT	COCHIA	
340	Abhishek T B	(((Gay) 9)	
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8 INSPIRATIONS - 2

On January 12, 2022, the Entrepreneurship Development Club, in collaboration with the PG and Research Department of Commerce, organized "Inspirations Session Two" featuring Helen Mary Bob, Founder and Owner of Namasthe Kimchi. In this engaging session, Ms. Bob shared her entrepreneurial journey, detailing the challenges and triumphs of building a successful food business. She discussed innovative approaches to product development and market entry, emphasizing the importance of passion and resilience. Through her experiences, Ms. Bob provided practical advice on starting and sustaining a business. Her inspiring story motivated attendees, offering them valuable insights into entrepreneurship and the food industry.

IN ASSOCIATION WITH PG AND RESEARCH DEPARTMENT OF COMMERCE

INSPIRATIONS

Online Interactions with Entrepreneurs
Session Two

Ms. HELEN MARY BOB
Founder Owner, Namasthe Kimchi

10.00 am 12/01/2022 Google Meet





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	LIST OF	MEMBERS	
1.	Arsha Ajay		
2.	Hisana Thasneem K.H		
3.	Ihsanulhuq M.B		
4.	Regina Joys		
5.	Pavithra K.S		
6.	Anjala C A		
7.	Amritha A.S		
8.	Sreelakshmi V S		
9.	Vishnu N.S		
10.	Nidhin Raj T		
11.	Fahmi A		
12.	Ashna Das		
13.	Faeza K.F		
14.	Abitha A		
15.	Durganjali S Kamath		
16.	Navaneeth S Shenoy		
17.	Vishnupreethy R		
18.	Fasmin M.S		
19.	Sreenidhi Anil		
20.	Anjali R Shenoy		
21.	Jnaneshwari R		
22.	A S Ibrahim Hussain		
23.	Sandra Sajan		
24.	Sharanya Sony		
25.	Krishnaprasad S Pai		
26.	Neha Sureshkumar		
27.	Sidharthan N R		
28,	Sruthy M.S		
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9 INSPIRATIONS - 3

On February 8 and 9th 2022, the Entrepreneurship Development Club, in association with the PG and Research Department of Commerce, hosted "Inspirations Session Two" featuring Dr. Aswti Mannaly, Consultant Orthodontist and Founder of Aswtis_Sugarflakes. Dr. Mannaly shared her unique entrepreneurial journey, blending her expertise in orthodontics with her passion for confectionery. She discussed the challenges of transitioning from a medical career to launching a business, highlighting the importance of adaptability and creativity. Dr. Mannaly provided valuable insights into balancing professional and entrepreneurial pursuits and offered practical advice for aspiring entrepreneurs. The session was inspirational, encouraging attendees to explore innovative career paths and pursue their passions.







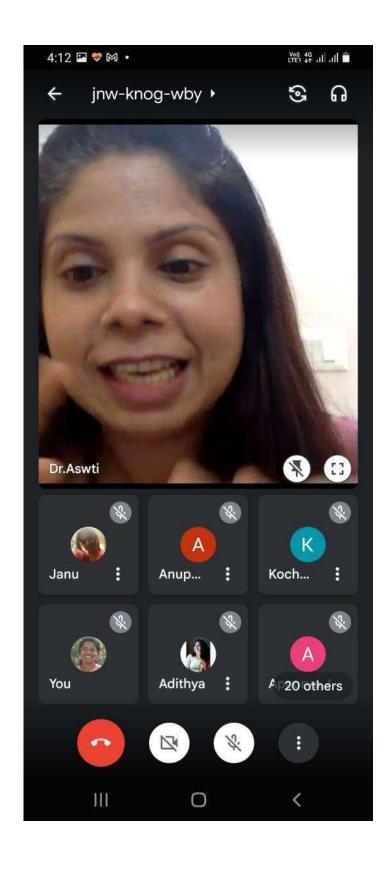
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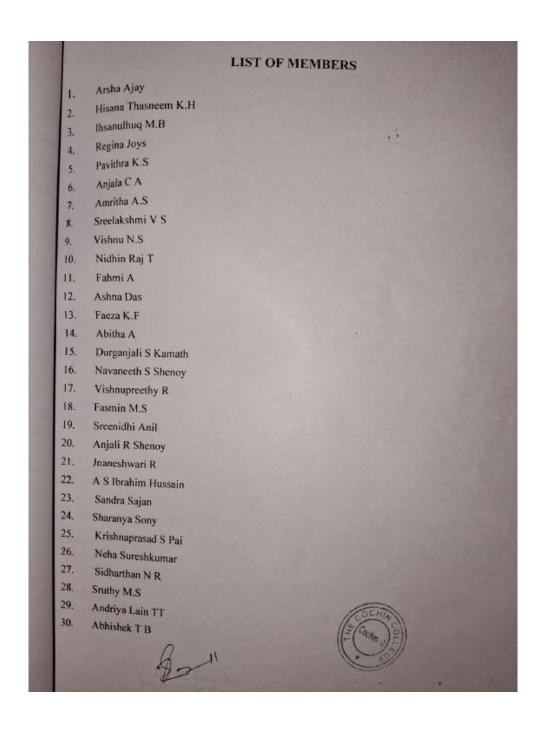
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10 INSPIRATIONS-4

During February 14-15 th 2022, the Entrepreneurship Development Club organized "Inspirations Session Four" featuring Dr. Chandni Ravi, Deputy Director of Ernakulam Medical Centre. Dr. Ravi shared her remarkable journey in the medical field, offering insights into leadership and innovation in healthcare management. She discussed her experiences in navigating challenges and driving improvements within the medical center. Her talk emphasized the significance of vision, resilience, and effective management in achieving success. Dr. Ravi's session provided practical advice and inspiration for aspiring entrepreneurs and professionals, highlighting the impact of leadership in transforming industries. The event was well-received, leaving attendees motivated and informed.





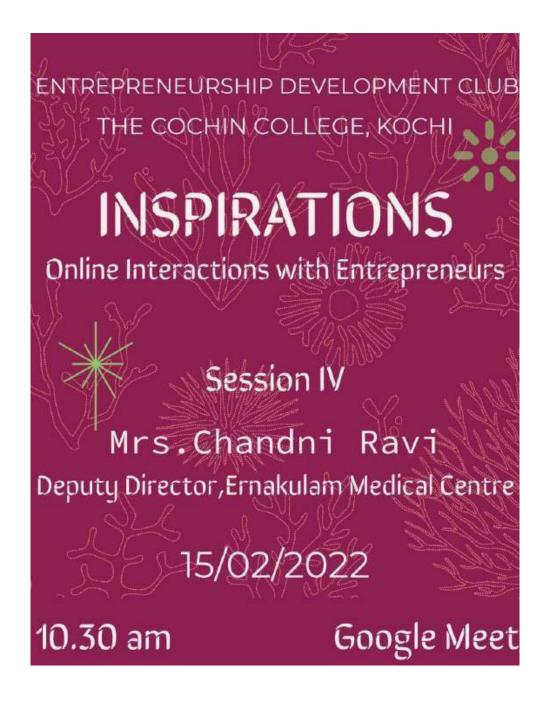
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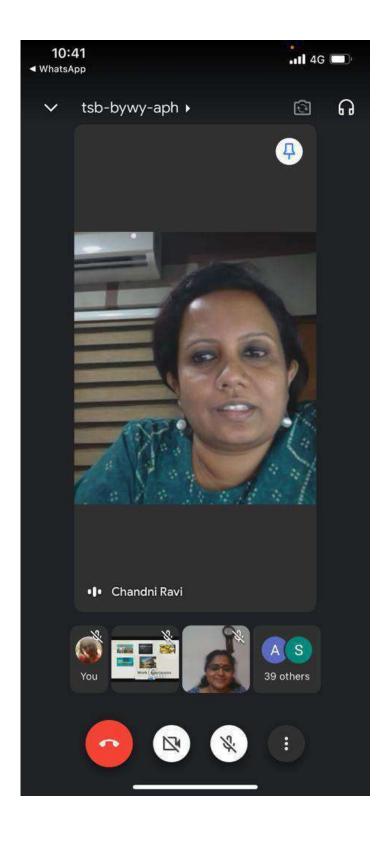


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21.	Jnaneshwari R		
22.	A S Ibrahim Hussain		
23.	Sandra Sajan		
24.	Sharanya Sony		
25.	Krishnaprasad S Pai		
26.	Neha Sureshkumar		
27.	Sidharthan N R		
28,	Sruthy M.S	THE PARTY NAMED IN	
29, 30.	Andriya Lain TT	COCHIA	
30.	Abhishek T B	(E/Gx) [3]	
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11 INSPIRATIONS - 4

On February 17, and 18th 2022, the Entrepreneurship Development Club hosted "Inspirations Session Five" featuring Sri P.R. Ganesh, Social Entrepreneur and Chief Consultant at Green Minds. In this impactful session, Mr. Ganesh shared his journey as a social entrepreneur, focusing on his efforts in environmental sustainability and community development. He discussed innovative approaches to tackling social and ecological challenges, emphasizing the role of social entrepreneurship in creating meaningful change. Mr. Ganesh provided practical insights into building and managing social enterprises, inspiring attendees with his passion for sustainability and social impact. The session was highly engaging, offering valuable lessons on integrating entrepreneurship with social responsibility





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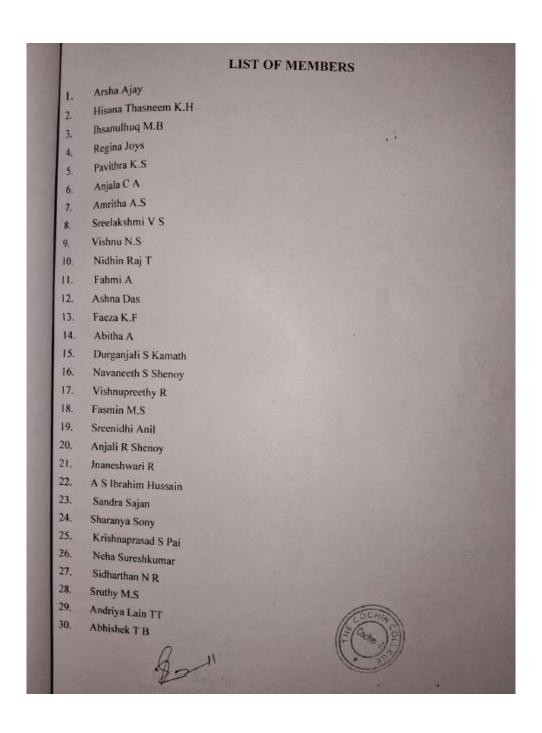
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12 IMPORTANCE OF SOFT SKILLS AND PROFESSIONAL SKILLS

Tthe Department of Computer Applications and IQAC, in association with TCC-ICC, organized a seminar titled "Importance of Soft Skills and Professional Skills in Day-to-Day Life," presented by Hashmi Harris, Presentation Officer, and Blesson Shelbon. Two sessions were conducted on February 5 and 6, 2022, The session highlighted the crucial role of soft skills-such as communication, teamwork, and problem-solving-in personal and professional settings. Mr. Harris and Mr. Shelbon provided practical examples and strategies for developing these skills to enhance everyday interactions and career prospects. They emphasized how professional skills complement technical expertise and contribute to overall success. The seminar was informative and engaging, offering attendees valuable insights into integrating soft skills into their daily routines and professional lives.





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	LIST OF STUDENTS						
S No	Name of the student	Course					
1	A.R. SHIJIN JOS	B.Com Finance and Taxation					
2	AAKASH. C. SUNIL	B.Com Finance and Taxation					
3	ABIN JACOB	B.Com Finance and Taxation					
4	ADARSH.S	B.Com Finance and Taxation					
5	ALTHAF FAIZAL.K	B.Com Finance and Taxation					
6	ALTHAF. P. A	B.Com Finance and Taxation					
7	ANUPAMA.M. S	B.Com Finance and Taxation					
8	APARNA SIJIMON	B.Com Finance and Taxation					
9	ASBIN. K. A	B.Com Finance and Taxation					
10	ASHWIN SURESH	B.Com Finance and Taxation					
11	ELEZABATH ALEENA	B.Com Finance and Taxation					
12	FATHIMA NASARIN. P. A	B.Com Finance and Taxation					
13	GOPIKA.G	B.Com Finance and Taxation					
14	MARIYAM NAVAS	B.Com Finance and Taxation					
15	MARY SNEHA V. S	B.Com Finance and Taxation					
16	MUHAMMED NOUFAL. T. N	B.Com Finance and Taxation					
17	NIKINA. P. JOSEPH	B.Com Finance and Taxation					
18	NIVEDHA P. R	B.Com Finance and Taxation					
19	SAM ANTONY. V. J	B.Com Finance and Taxation					
20	SAMEENA. T. S	B.Com Finance and Taxation					
21	SHILU THOMAS	B.Com Finance and Taxation					
22	SNEHA WILLIAM	B.Com Finance and Taxation					
23	SUHANA.M.M	B.Com Finance and Taxation					
24	SUVIL SUDARSH	B.Com Finance and Taxation					
25	RAWAN FAROOK	B.Com Finance and Taxation					
26	PAURNAMI R	B.Com Finance and Taxation					
27	SREELAKSHMI A.B	B.Com Finance and Taxation					
28	ABHINAND VENU	B.Com Finance and Taxation					
29	VINAY E V	B.Com Finance and Taxation					
30	AALIYA K.S	B.Com Finance and Taxation					
31	AMNA NAZRIN. T. N	B.Com Finance and Taxation					
32	ANN MARIA O.L	B.Com Finance and Taxation					
33	ANN MARY VICTORIA	B.Com Finance and Taxation					
34	APARNA ANILKUMAR	B.Com Finance and Taxation					
35	BLESSY K SEEJO	B.Com Finance and Taxation					
36	FARIS FAIZAL	B.Com Finance and Taxation					
37	MARIA JOSHNI K J	B.Com Finance and Taxation					
38	NEHA BASHEER	B.Com Finance and Taxation					
39	NESIA MARIA MATHEW	B.Com Finance and Taxation					
40	AAYSHA HIBA . M . IQHBAL	B.Com Finance and Taxation					
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13 HABIT THEORY-EFFECTIVE LEARNING STRATEGIES

On November 9, and 10th 2021, the college hosted a session on the Science of Learning, facilitated by Habit Theory and HR trainers. This interdisciplinary field combines insights from cognitive psychology, neuroscience, and educational theory to enhance educational practices.

The session focused on several key areas such as: Cognitive Processes: Understanding how attention and memory affect learning, and techniques to improve focus and retention. Neural Mechanisms: Discussion on neuroplasticity and how the brain's adaptability impacts learning. Effective Learning Strategies: Emphasis on active learning and spaced repetition to promote engagement and long-term retention. Developmental Stages and Personalized Learning: Exploration of how learning approaches should evolve with age and how to tailor education to individual needs.

The session highlighted the importance of applying research-based strategies to improve educational practices. Participants gained practical insights into aligning teaching methods with cognitive and neural processes, leading to more effective and personalized learning experiences. The discussion also addressed the need for ongoing professional development and equitable access to ensure all learners benefit from advancements in learning science.







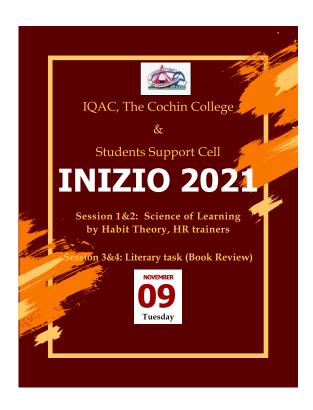
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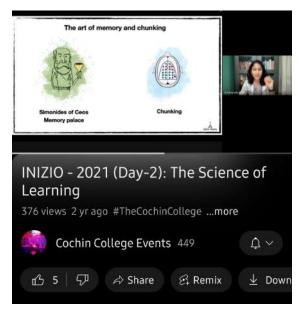
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14 WEBINAR ON CORPORATE READINESS

An Interdisciplinary National Webinar on Corporate Readiness was organised by the department in collaboration with the Department of English and IQAC, The Cochin College on 25 th May 2020. The webinar which witnessed pan India participation by students was handled by Dr.Itishri Sarangi and focussed on improving the soft skills of students and highlighted the role of gestures, self-presentation and patience while facing an interview. Dr.Itishri Sarangi is Associate Professor in English, KIIT University, School of Humanities and Social Sciences, Bhubaneshwar, Orissa.

Mahatma (San	dhi University, Koti	tavam	

INTERNAL ASSESSMENT REPORT

The Cochin College, Kochi-2

Centre Code: GOO5		Programme Title: ZOOLO	GY (MODEL I)	CBCS				Semester: FIRST
Department: ZOOLOGY			For	m-B				Batch period: 2023-2026
			Complementary Courses		Common Courses			Core
	Register No.	er No. Student Name	Botany - BO1CMT01	Chemistry- CH1CMT01	English 1	English 2	Second	ZOOLOGY ZY1CRT01
SI. No.			Theory	Theory	EN1CCT01	EN1CCT02	Language	Theory
1	230021034137	ABINASH V VINOD	7	4	10	11	4	4
2	230021034138	ALEETTA T. J	15	15	20	20	18	15
3	230021034139	ANAGHA MOHAN K	12	15	20	20	20	15
4	230021034140	ANSILA A .A	7	6	11	12	12	3
5	230021034141	APARNA ROBIN PP	7	2	11	6	7	3
6	230021034142	ATHIRA C. A	10	9	12	12	11	9
7	230021034143	AVANTHIKA SUNIL	15	15	20	20	20	15
8	230021034144	CHAITHRA RAVI	6.7	8	13	8	6	7
9	230021034145	FARHANA O. A	13	11	13	14	17	14
10	230021034146	JIFNA JOSY	15	15	20	18	18	15
11	230021034147	MOHAMED SAHIL P N	7	4	11	5	6	3.3
12	230021034148	MUBEENA A	12	7	12	16	12	12.5
13	230021034149	NIHALA P. A	15	15	20	20	20	15
14	230021034150	SIVARUDRA M. R	15	15	20	16	20	15
15	230021034151	SWATHY SHUI	5	4	10	6	4	7
16	230021034152	ADHIL SALIM	11	10	15	15	12	8.5
17	230021034153	ALANTEENA A.G	15	15	20	20	20	15
18	230021034155	CELINE NEENU RAPHAEL	8.9	9	14	14	9	8.5
19	230021034156	DEVIKA LENIN V	9.3	6	14	13	12	8
20	230021034157	GAYATHRI N. V	15	9	20	20	20	15
21	230021034158	KRISHNANANDA A. K	7.6	8	11	12	7	6.5
22	230021034159	MALAVIKA M. A.	7.4	5	12	13	9	5.2
23	230021034160	MEENAKSHI V. S	13.5	13	15	17	14	13.5
24	230021034161	MISRIYA RARHATH A. N	8	5	12	12	7	1.35

Teacher-in-charge (Name & Sign)

Head of the Department (Name & Sign)

Principal (Name, Sign & College Seal)





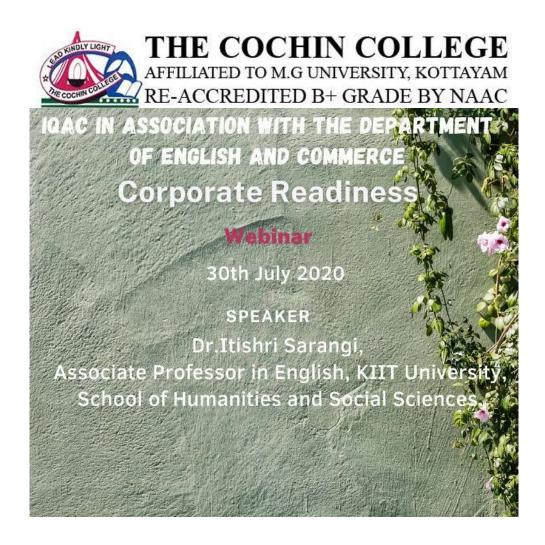
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4	ANAGHA ASOK	B.Com Finance and Taxation			
5	ANILA K A	B.Com Finance and Taxation			
6	ANTONY NESIL REMELO	B.Com Finance and Taxation			
7	APARNA T S	B.Com Finance and Taxation			
8	ARJUN G	B.Com Finance and Taxation			
9	ARJUN SHIVAN	B.Com Finance and Taxation			
10	ARYA HARI	B.Com Finance and Taxation			
11	ASWATHY R	B.Com Finance and Taxation			
12	ATHIRA M	B.Com Finance and Taxation			
13	DEVIKA A S	B.Com Finance and Taxation			
14	DINU KRISHNA	B.Com Finance and Taxation			
15	DRASHTI P MOTTA	B.Com Finance and Taxation			
16	GOURI SREENIVASA PRABHU	B.Com Finance and Taxation			
17	GURUDAS S PAI	B.Com Finance and Taxation			
18	HAJATH NIHALUDHEEN K M	B.Com Finance and Taxation			
19	HIMA K K	B.Com Finance and Taxation			
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21	K U ARJUN	B.Com Finance and Taxation			
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23	MARY STEPHANI T A	B.Com Finance and Taxation			
24	MEENU N S	B.Com Finance and Taxation			
25	MEGHA MURALI	B.Com Finance and Taxation			
26	MUHAMED SHIHAS SHAHEER M S	B.Com Finance and Taxation			
27	NOUFIYA K N	B.Com Finance and Taxation			
28	P B MUHAMMED AFREED	B.Com Finance and Taxation			
29	P D AMALDETH	B.Com Finance and Taxation			
30	RADHIKA RANI J PRABHU	B.Com Finance and Taxation			
31	RAHUL E R	B.Com Finance and Taxation			
32	RISWANA K KABEER	B.Com Finance and Taxation			
33	RITHIK S	B.Com Finance and Taxation			
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35	SANIKA SUMARAJ	B.Com Finance and Taxation			
36	SHALINI K SHAJI	B.Com Finance and Taxation			
37	SHIBIN THOTTEKATT JOSEPH	B.Com Finance and Taxation			
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41	SUNITHA D KAMATH	B.Com Finance and Taxation			

