



THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University

Re-accredited by NAAC With B+ Grade



Fourth Cycle
NAAC Accreditation 2024

Criterion 1 Curricular Aspects

1.3 - Curriculum Enrichment

Metric No. 1.3.1

Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability in transacting the Curriculum.

Statutory and Supportive Committees and Cells for Gender Equity

Submitted to



National Assessment and Accreditation Council



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

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Statutory and Supportive Committees and Cells for Gender Equity

1 Statutory Committees

The college has established various committees to ensure effective governance and the smooth operation of institutional activities. These committees, such as the Internal Complaints Committee (ICC), Anti-Ragging Committee, and Students' Grievance Redressal Committee, are constituted as per statutory requirements. Each committee comprises members from the faculty, administration, and student body, ensuring a balanced representation and fair decision-making process.

1.1 Grievance Redressal Cell

Purpose: To address and resolve general student grievances related to academic and non-academic matters.

Function: This cell serves as the primary point of contact for students to report grievances, ensuring timely and fair resolution of issues.

Convenor: Dr. Reshimon P R (Vice Principal)

Members:

- Ms. Srividya K S (Vice Principal)
- Dr. Sindhu K.(Associate Professor)
- Ms. Anitha Kumari (Office Superintendent)
- (Student Representative)

1.2. Internal Complaints Committee (Anti-Sexual Harassment Cell)

Purpose: To prevent and address cases of sexual harassment on campus.

Function: The ICC is empowered to take necessary actions, conduct inquiries, and recommend measures for the safety and well-being of the complainant. It also conducts awareness programs to sensitize the campus community about sexual harassment.

Convenor: Ms. Mrudula Menon V. (Principal-in-charge)

Teacher Representatives:

- Ms. Srividya K.S. (Associate Professor, Convenor of Women's Guidance Cell)
- Dr. Suprabha G. Nair (Assistant Professor)
- Dr. Meera Menon (Assistant Professor)
- Ms. Jayasree R. (Assistant Professor)

Local Government Representative: Adv. Priya, Kochi Corporation Councilor

1.2 Anti-Ragging Cell

Purpose: To prevent ragging and provide a safe and welcoming environment for all students, particularly newcomers.

Function: The Anti-Ragging Cell monitors and ensures compliance with anti-ragging policies, conducts orientation sessions for new students, and swiftly handles complaints of ragging through investigations and disciplinary actions.

Convenor: Ms. C.S. Prabha (Assistant Professor)

Members:

- Dr. Suprabha G. Nair (Assistant Professor)
- Mr. Dominic T. Joseph (Assistant Professor)





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- Ms. Janu V. Kumar (Assistant Professor)
- Dr. Kavitha Rajan (Assistant Professor)
- Ms. Nancy (SF)

2 Supportive Cells

2.1 Womens' Guidance Cell

Purpose

The Women's Guidance Cell, named *Maithri*, was established in 1994 as an initiative of the University Women's Association, with the support of dedicated faculty members. The cell's primary mission is to equip and empower women, enhancing their self-esteem and enabling them to make informed and pertinent decisions. Additionally, the cell provides career guidance, health awareness, and community living sessions.

Objectives

- **Social Awareness:** To raise awareness about the issues and challenges faced by women in society.
- **Self-Confidence:** To foster self-confidence and self-reliance among women.
- **Legal Guidance:** To educate women about welfare laws and their legal rights.
- **Equality Advocacy:** To emphasize the importance of spiritual, economic, social, racial, and gender equality.
- **Health and Hygiene:** To highlight the significance of health and hygiene for women.
- **Personality Development:** To adopt a multidisciplinary approach for the holistic development of women.
- **Educational Initiatives:** To organize seminars, workshops, and training sessions focused on women's development.
- **Life Skills:** To impart essential life skills that empower women to navigate various life situations.
- **Social Interaction:** To enhance socializing skills through interactions with society, parents, teachers, and peer groups.

Office Bearers

The leadership structure of the Women's Guidance Cell consists of a Convenor, a representative from the IQAC, and selected members from the faculty.

The Convenor, a senior faculty member, is appointed to guide the activities of the cell. Members are selected from the teaching faculty to support the initiatives and operations of the cell.

The Women's Guidance Cell holds meetings at the beginning of the academic year to develop an action plan. Additional meetings are conducted before the inauguration of yearly activities to finalize the program schedule.

Finances

Budget proposals for the cell's activities are submitted to the Principal, with funds released from the P/D Account at the end of the academic year. Expenditure requests are forwarded to the Principal, and upon completion of the activities, expenditure statements and vouchers are presented for approval. The fund allocation is set at Rs. 5/- per girl student.





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Events and Activities

The Women's Guidance Cell consistently organizes activities to raise awareness about women's issues and to develop new skills among students. The cell conducts seminars and workshops aimed at creating general awareness, enhancing student participation, and providing orientation for their involvement in the cell's initiatives. Training programs are also organized to promote self-employment schemes, encouraging women to become self-reliant. Additionally, the cell focuses on empowering young women to attain emotional, physical, and mental freedom, enabling them to handle life's challenges with confidence. Other activities include career guidance, health awareness classes, and sessions on community living.

The Women's Guidance Cell collaborates with the Minority Cell, Legal Literacy Club, and the NSS unit of the college to conduct various events such as pre-marital counseling sessions, human rights education, and awareness campaigns on the use of menstrual cups.

Members

- Smt. Srividya K.S - Convenor
- Dr. Rekha P.G
- Smt. Neena Simon
- Dr. Manju V. Subramanian
- Smt. Janu V. Kumar
- Smt. Priya M.

2.2 Student Counselling System

Purpose

The purpose of the Students Counselling System at The Cochin College is to provide support and assistance to students in addressing their personal, academic, and emotional concerns. The mission is to create a safe and inclusive environment that promotes the well-being, personal development, and academic success of students.

Objectives

- Enhance the emotional and mental well-being of students.
- Support students in their academic pursuits.
- Promote personal development and self-awareness.
- Provide crisis intervention and response.
- Equip students with effective coping skills and resilience strategies.
- Foster a supportive campus community.
- Continuously evaluate and improve counselling services.





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Activities and Services

- **Individual Counselling:** One-on-one sessions with trained counsellors.
- **Group Therapy:** Facilitated group sessions for shared learning and support.
- **Workshops and Seminars:** Interactive sessions on various topics like stress management, time management, and self-care.
- **Peer Support Programs:** Peer mentoring and support groups led by trained student volunteers.
- **Crisis Intervention:** Immediate support and referral for students in crisis.
- **Career Counselling:** Assistance in making informed academic and career decisions.
- **Collaboration with Campus Partners:** Working with other departments for comprehensive support.
- **Evaluation and Assessment:** Regular feedback collection and data analysis to improve services.

Membership

Open to all students, with group counselling provided to all first-year students.

Rights and Responsibilities

- **Rights:** Confidentiality, non-discrimination, informed consent, respect, and autonomy.
- **Responsibilities:** Providing accurate information, attending appointments, participating actively, respecting boundaries, and providing feedback.

Office Bearers

- Dr. Manju V. Subramanian - Convenor
- Smt. Janu V. Kumar - In charge of arranging group counselling sessions
- Dr. Sathyanarayanan - In charge of documentation
- Dr. Meera Menon - In charge of SF students counselling

