



THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University

Re-accredited by NAAC With B+ Grade



Fourth Cycle
NAAC Accreditation 2024

Criterion 5 Student Support and Progression

5.3 - Student Participation and Activities

Metric No. 5.3.2

Average number of sports and cultural programs in which students of the Institution participated during last five years

Student Participation in Sports and Cultural Programmes during:
2019-2020

Submitted to



National Assessment and Accreditation Council



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

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Year 5 (2019-2020)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
7/02/2019	The Cochin college Neymer Cup Football Tournament	The Cochin College-Kochi-02	HAKEEM K.A,FIJAS P S,FARAZ ABDUL KHADER K AUwais Muhammed,ADHANAN JASEEM AH, SAHAL PA, AMAL MOHAN, RAJKIRAN K,ABIJITH N S, Javeed K K, Muhammed Riyas, Irfan P, Devanunni K, Juwiad E
12/12/2019-18/12/2019	Sports Week-Inter collegiate football tournament	The Cochin College-Kochi-02	JIBIN ISSAC,ADHANAN JASEEM AH, SAHAL PA, AMAL MOHAN, RAJKIRAN K,ABIJITH N S, KEVIN GEORGE,AADARSH B., AKELESH JAYAKUMAR,FAHADH SIYAD,JOSEPH WDWIN, AVINASH PETER
23/01/2019	CC Cup Football Tournament	The Cochin College-Kochi-02	JOEL EUGINE,JUNAID M N,Joseph Jose, Abraham, Joswin Mathew, MANUSH M S,MOHAMMED YASIR. S,PRAVEEN.M,SAFVAN K Y,VIVEK V S,Amar Muhammed
13/02/2020	Inter department cricket tournament	The Cochin College-Kochi-02	AVANEETH MENON, IRFAN MALIK, MUHAMMED ALTHAF, SHAHABAS K.H, JABIR, JASIM MOHAMMED ARSHID, AIDEN BINOY, HARI KRISHNAN, HANOCH PATRIC, NAVEEN, MUHAMMED SAHIL
18/02/2020	The Cochin College Inter department futsal football tournament	The Cochin College-Kochi-02	Hormese Jose, Muhammed Uwais, Issa Bbay, Santhosh K, Premjith T, Binoy K K, Ismail J, Rasheed P, Muhammed Irfan, Juwaid S, Aboobakar, Imran S





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15/08/2019	Inter Collegiate Flashmob competition	Southern Railway	Rashid Rasheed, Flagin Xavior, Abhirami Shenoy, Konjitha P, SOURAV K. DIMITROV, APARNA SANILKUMAR, NEHA SHAJI, CHRIS LONAPPAN, AASHIL AMBUJAKSHAN, SWETHA S, AKSHAY T S, AKSHAY BIJU, FATHIMA N N, THAZLEENA K A, SANDRA SANTOSH
10/11/2019-11/10/2019	Sports week -Athletics Competition	The Cochin College-Kochi -02	Riswan, Jamal P P, VAISHNAVI, Kevin, Abraham, Midhun, Varun, Shankar, TERRIN JOSEPH, SNEHA M. R, MAZROOR AHAMMED. K., AISWARYA D, AJAL MATHEW, ANEETTA A.P, ARUN SANTOSH, ANJANA K R, MUNAS T H, SREELAKSHMY V S, Geethu Vijyan, Steffy Jose, IBABINDH MOHAMED SHARIF, MEENAKSHI M.R, DILRUPA K S, Pr, NIHARA PRAMOD, ithvi Rajan, Abijith R, Rohini Jayan, ABHIJITH P A, AISHWARYA K M Aloushy P P
25/10/2019	Elocution & Debating Competition	DLD Club, The Cochin College - Kochi	Mr. Mathew Paul, Joseph Amal, Avania Vincent





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20/11/2019-24/11/2019	KALA VIPANCHIKA -College Arts Festival	The Cochin College Union	Konjitha P, SOURAV K. DIMITROV, APARNA SANILKUMAR, NEHA SHAJI, Rashid Rasheed, Flagin Xavior, Abhirami Shenoy, AKSHAY BIJU, FATHIMA N N, THAZLEENA K A, SANDRA SANTOSH, JASIM MOHAMMED ARSHID, AIDEN BINOY, HARI KRISHNAN, HANOCH PATRIC, NAVEEN, MUHAMMED SAHIL, METILDA SANTIYA KV, ABHIRAMI P T, ANASWARA ROYAL, MALAVIKA N SHAJI, MUHSINA N, VAISHAKHY PRADEEP, HANNA MARIA, KRISHNAPRIYA NANDAKUMAR, STANIYA ANN N A, ARUN G RAO, FATHIMA P F, SREELAKSHMI R S, SHAHANA HARIS, SANDRA SUKUMARAN, MARIYA MEHANA KADUTHUSE, ASHISH C PRADEEP, SALVA NOUSHAD, REENAD FAROOK, LIZANA PA, VASANTHI G, THASNA T.T, ALEENA. V. J, NADHIYA K.N
13-01-2020	MEHANDI FEST	The Cochin College Union	HAZLEENA, RAHANA, SHAHANAS, MRIDULA, JYOTHY, KRISHNA, APARNA, ANUPAMA, VRINDA, MANJU, RESHMITHA, ANJALY, MUHAMMED NISSAN





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18/09/2019	Kite Competition	The Cochin College-Kochi -02	Abdul Samad, Safna Muhammed, Imran S, RENJITH KUMAR S, ABIJITH, Hormese, Sahad, Luke Varghese
20/10/2019	PubG Competition	The Cochin College-Kochi -02	Jyousha, Issra Jose, Hiba Peter, Abraham, Joshuva, Rohith P P, Aboobakar, Remya Rose, Steffy, Kshtera P E, Juvail, Devan Uni, Adrash, Uwais Muhammed
26-06-2019	LITERARY COMPETITION-I IDENTIFYING THE AUTHOR-	Cochin College Library and Departments of language	Parvathy A Nair, Vishnujith D V
26-06-2019	LITERARY COMPETITION - Book Review	Cochin College Library and Departments of language	Parvathy A Nair, Namitha, Lakshmi Subhash, Gayatri S
27-06-2019	LITERARY COMPETITION - Reading Competition - Hindi	Cochin College Library and Departments of language	Brinda Shah
27-06-2019	LITERARY COMPETITION - Reading Competition - French	Cochin College Library and Departments of language	Amrutha J
28-06-2019	LITERARY COMPETITION - Reading Competition - Malayalam	Cochin College Library and Departments of language	Eveline Elizebeth, Rahana A A
28-06-2019	LITERARY COMPETITION - Reading Competition - English	Cochin College Library and Departments of language	Athira T, Aneeta Malcom
01-07-2019	LITERARY COMPETITION- Quiz	Cochin College Library and Departments of language	Eveline Elizabeth, Krishna C S, Sunaina N, Lakshmi K K
05-07-2019	Basheer Anusmaranam - Speech Competition	Cochin College Library and Department of Malayalam	Fouziya P N, Sreelakhmi A S





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05-09-2019	Onam Celebrations - UPPERI 2019 - Pookalam Malsaram, Uri Adi and Kasera kali	College Union, Cochin College	Anamika B. Rajesh, Farhana B. Noushad
01-07-2019	Powerpoint presentation competition	Library and department of Malayalam	Ms. Sahadiya A. Y
30-01-2020	Peppersav-V	ED club and department of Commerce	ANN MARIA O. L, DEVIKA V. SANJOJ, ANN MARIA O. L, FARZEENA V. S, BLESY BENNY, ATHULYA A, RASNY T. S, MUHAMMED SUHAIL N N, SWAROOP C. SIJI, VINAYAK R, Sreelakshmi A. Pai, Libin George, Fathimath Safa A. S, PRATHYURAJ P. P, SALMA K. A, ATHIRA A S, RETHIKA SOHINI,,ANANDHU KRISHNA,GAYALI M. S,FARZANA . P . H,MOHAMMED NAZARUDHEEN.A.N,SHIBINA. T. B,ANDRIYA D'COUTHO,DEEPTHISHA S,HUSNIYA BASHEER,NANDHANA SUGESH.P.S,MRUTHU. K.P,ARJUN S,DEEPTHISHA S
23-01-2020 TO 24-01-2020	M G UNIVERSITY NADAKOLSAVAM-KUDIYIRACKAL	M G UNIVERSITY	RAHUL VARGHESE, ADARSH A. NAIR, MUHAMMAD MUSSAMMIL, FIROZ, MODI ASWATHY LEVEN, MOL
05/01/2020	Inter Collegiate Cricket Tournament 2020	M G University, Kottayam	MOHAMMED NAZARUDHEEN.A.N,VISHAL M.P.,SIVAPRASAD S. PAI,AJAY JOLLY PAWATHIL,HUSSAN M S,MUBEENA K M,MOHAMED SAHIL P N,SANJAY SANTOSH





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26/02/2020	FIRST - Weightlifting (W) Championship-(Under 71 kg) First	M G University Kottayam, School of Physical Education & Sports Sciences	REMYA ROSHNI
19/10/2020-20/10/2020	SIXTH - Bodybuilding and Fitness Championship	National Amateur BodyBuilders Association & World Fitness Federation Of India	ANANTHU P. P
26/02/2020	Inter Collegiate (Inter Zone) Best Physique Championship(60 kg) Third	M G University Kottayam, School of Physical Education & Sports Sciences	ANANTHU P. P
23/11/2019-27/11/2019	National Equipped Mens Bench Press Championship (Under-66kg), Sixth	Kerala State Power Lifting Of India	MOHAMMED FAROOQ
02/11/2019-03/11/2019	FIRST - Kerala State Equipped Junior Men Bench press championship(Under-66kg)	Kerala State Power Lifting Of India	MOHAMMED FAROOQ
02/11/2019-03/11/2019	Kerala State Unequipped Junior Men Bench Press Championship, (Under-66kg), Third	Kerala State Power Lifting Of India	MOHAMMED FAROOQ
26/02/2020	SECOND - Inter Collegiate (Inter Zone) Powerlifting (under -66kg)	M G University Kottayam, School of Physical Education & Sports Sciences	MOHAMMED FAROOQ
07/09/2019	15th Kerala State youth boys and girls Weightlifting Championship (Under-81kg), Third	15th Kerala State youth boys and girls Weightlifting Championship	MOHAMMED YASEEN
02/11/2019	SECOND - Unequipped Sub Junior Men Bench Press Championship, (Under-66kg), Second	Kerala State Power Lifting Of India	ATHUL PRADEEP





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26/02/2020	South Zone Inter University Table Tennis (M)Member(participation)	M G University Kottayam, School of Physical Education & Sports Sciences	RAIJU K. J
04/05/2019-05/05/2019	TENTH - Classic Jr. Men Powerlifting Championship Under 74 kg	Kerala State Power Lifting Of India	AIDEN BENOY
27-02-2020 to 02-03-2020	M G University Youth Festival Duffmuttu-First	Mahatma Gandhi University Kottayam	MOHAMMED ANEES T. N
27-02-2020 to 02-03-2020	FIRST - M G University Youth Festival Kolkali	Mahatma Gandhi University Kottayam	BASIM JAMAL, ALBERT LOUIS
27-02-2020 to 02-03-2020	FIRST - M G University Youth Festival Oppana	Mahatma Gandhi University Kottayam	Anamika B. Rajesh, Farhana B. Noushad
27-02-2020 to 02-03-2020	SECOND - M G University Youth Festival Mime	Mahatma Gandhi University Kottayam	MERLIN LAWRENCE, MEENAKSHI K. B, MOHAMMED DILFAR
27-02-2020 to 02-03-2020	SECOND - M G University Youth Festival Skit	Mahatma Gandhi University Kottayam	VISHNUJITH D. V, SABARINATH U. S, HARITHA SANTHOSH, AMISHA T. V
27-02-2020 to 02-03-2020	THIRD - M G University Youth Festival Hindi Short Story Writing	Mahatma Gandhi University Kottayam	FOUZIYA P. N
27-02-2020 to 02-03-2020	THIRD - M G University Youth Festival Hindi Recitation	Mahatma Gandhi University Kottayam	MEHANAZ SHAMSUDEEN
27-02-2020 to 02-03-2020	THIRD - M G University Youth Festival English Recitation	Mahatma Gandhi University Kottayam	MEHANAZ SHAMSUDEEN
27-02-2020 to 02-03-2020	A GRADE M G University Youth Festival eastern Percussion	Mahatma Gandhi University Kottayam	SABARINATH U. S





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27-02-2020 to 02-03-2020	A GRADE M G University Youth Festival Eastern Stringed Instrument Style	Mahatma Gandhi University Kottayam	RADHIKA RANI
27-02-2020 to 02-03-2020	A GRADE M G University Youth Festival Bharatanatyam A-Grade	Mahatma Gandhi University Kottayam	ASWATHY LEVEN





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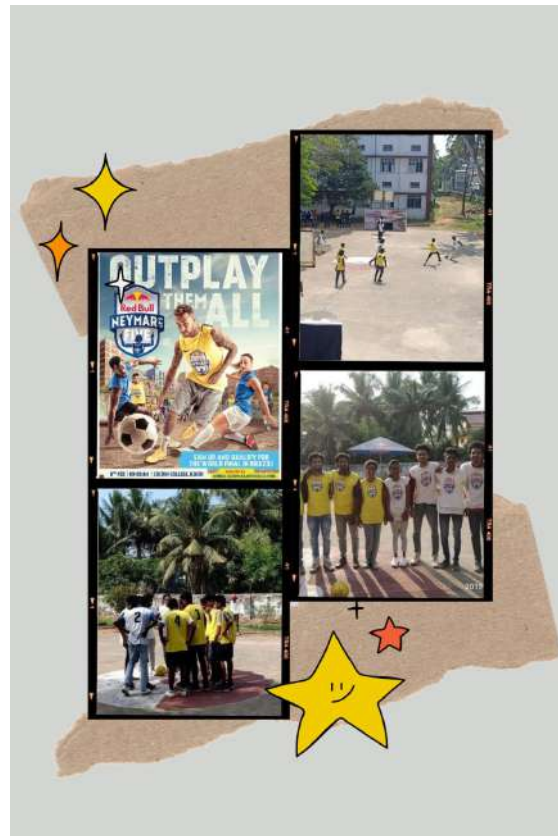
Website: www.thecochincollege.edu.in

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1 The Cochin College Neymar Cup Football Tournament

- Event: Neymar Cup Football Tournament
- Date: 7th February 2019
- Organizer: The Cochin College
- Venue: The Cochin College

On the 7th of February 2019, The Cochin College hosted the Neymar Cup Football Tournament, a part of the global Neymar Jr's Five competition. The tournament attracted enthusiastic participation from students, who competed with great energy and sportsmanship. The event was a highlight for football lovers on campus, offering them a chance to demonstrate their skills in a competitive yet friendly environment. The atmosphere was lively, with students and spectators alike enjoying the matches. The tournament not only provided a platform for showcasing talent but also fostered a sense of unity and excitement among the participants.





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2 Sports Week Celebration 2020

- Event: Sports Week Celebration 2020
- Date: 11th to 14th February 2020
- Organizer: The Cochin College
- Venue: The Cochin College Ground

The Cochin College celebrated Sports Week 2020 from the 11th to the 14th of February, filled with high-energy sports events and competitions. The key highlights of the week included the Inter College CC Cup (Football), Inter Department Futsal Tournament, and the Inter Department Cricket Tournament. Students from various departments actively participated in these events, showcasing their skills and team spirit. The atmosphere was electrifying, with participants and spectators alike contributing to the excitement. The Sports Week served as an excellent opportunity for students to engage in healthy competition, foster camaraderie, and celebrate the spirit of sportsmanship.





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3 Intercollegiate Football Fest 2019-20

- Event: Intercollegiate Football Fest 2019-20
- Date: 11th to 14th February 2020
- Organizer: The Cochin College
- Venue: The Cochin College Ground

The Cochin College hosted the Intercollegiate Football Fest 2019-20, a thrilling competition that brought together teams from various colleges. The event spanned four days, from the 11th to the 14th of February 2020. Teams displayed exceptional skill, teamwork, and sportsmanship, making the tournament a memorable experience for all participants and spectators. The event concluded with a grand finale, where the winners were celebrated with trophies and medals, acknowledging their hard work and dedication. The fest not only promoted football as a sport but also fostered a sense of camaraderie among the students of participating colleges.


THE COCHIN COLLEGE
KOCHI



**INTER COLLEGIATE
FOOTBALL FEST 2020**
11-14 February 2020

At Cochin College Ground





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4 CC Cup Football Tournament

- Event: CC Cup Football Tournament
- Date: 11th to 14th February 2020
- Organizer: The Cochin College
- Venue: The Cochin College Ground

The Cochin College successfully hosted the CC Cup Football Tournament as part of the Sports Week from 11th to 14th February 2020. The event saw enthusiastic participation from various intercollegiate teams, fostering a spirit of competition and sportsmanship. The tournament featured thrilling matches, with students showcasing their football skills, teamwork, and dedication. The event was well-received, contributing to the vibrant sporting culture of the college.





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5 Inter-Department Cricket Tournament

- Event: Inter-Department Cricket Tournament
- Date: 13th February 2020
- Organizer: The Cochin College Cnion
- Venue: The Cochin College Ground

The Cochin College organized an Inter-Department Cricket Tournament on 13th February 2020. The event saw enthusiastic participation from various departments, with students showcasing their cricketing talents on the college grounds. The tournament fostered a spirit of sportsmanship and camaraderie among the participants, making it a memorable event for everyone involved.





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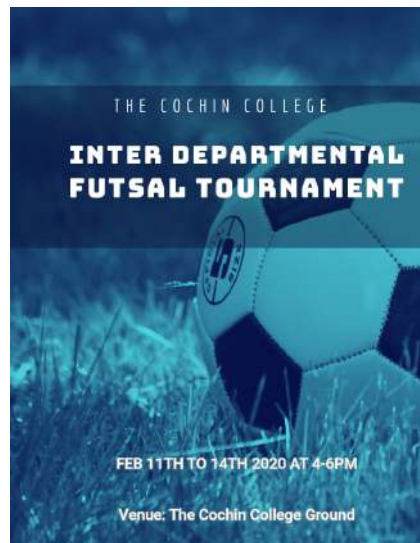
Website: www.thecochincollege.edu.in

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6 Inter departmental Futsal Tournament

- Event: Interdepartmental Futsal Tournament
- Date: 11th to 14th February 2020
- Organizer: The Cochin College
- Venue: The Cochin College Ground

The Interdepartmental Futsal Tournament was held as a part of the Sports Week activities at The Cochin College from 11th to 14th February 2020. The tournament witnessed enthusiastic participation from various departments, with teams competing in high-energy matches. The event provided a platform for students to display their athletic abilities and team spirit in a competitive yet friendly environment. The tournament not only promoted physical fitness but also encouraged camaraderie among students from different departments. The successful completion of the event added to the overall vibrancy and excitement of the college's sports culture.





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7 Swachatha Hi Seva-Inter Collegiate Flashmob Competition

- Event: Inter Collegiate Flashmob Competition
- Date: 15th August 2019
- Organizer: Southern Railway,
- Venue: Southern Railway, Ernakulam Junction Railway Station

On 15th August 2019, students from The Cochin College participated in an Inter-Collegiate Flashmob Competition organized by Southern Railway at Ernakulam Junction. The event was a part of the Independence Day celebrations and aimed to spread awareness about cleanliness under the "Swachh Bharat Abhiyan" campaign. The students of The Cochin College showcased an energetic and creative flashmob performance that captivated the audience and judges alike. Their performance emphasized the importance of maintaining cleanliness in public spaces, particularly in railway stations. The event was well-received by the railway authorities and passengers present at the station, who appreciated the efforts of the students to promote such a vital cause. The Cochin College team was awarded the first prize for their outstanding performance, which was a testament to their hard work, coordination, and dedication. The event not only provided the students with an opportunity to showcase their talent but also contributed to a meaningful social cause, making it a memorable and impactful experience for all participants.





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8 Athletics Competition 2019-2020

- Event: Athletics Competition 2019-2020
- Date: 10th October 2019 - 11th October 2019
- Organizer: The Cochin College
- Venue: The Cochin College, Kochi-02

As part of the Sports Week Celebration for the academic year 2019-2020, The Cochin College organized an Athletics Competition on the 10th and 11th of October 2019. The event featured various athletic events, fostering a spirit of sportsmanship among the students. The competition was held with great enthusiasm, with participants showcasing their athletic skills across different track and field events. The event was a success, contributing to the overall sports culture of the college





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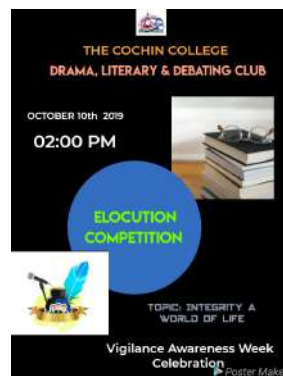
Website: www.thecochincollege.edu.in

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9 Elocution Competition - Vigilance Awareness Week Celebration

- Event: Elocution Competition
- Date: 10th October 2019 - 11th October 2019
- Organizer: DLD Club, The Cochin College
- Venue: The Cochin College, Kochi-02

As part of the Vigilance Awareness Week celebrations, the DLD Club organized an Elocution Competition centered around the theme "Integrity - A Way of Life." The event aimed to foster a sense of moral responsibility and ethical behavior among students. Participants delivered compelling speeches that emphasized the importance of integrity in both personal and professional lives. The competition witnessed enthusiastic participation from students, who showcased their oratory skills and shared insightful perspectives on the topic. The event served as an important platform for promoting awareness about the significance of integrity in building a just and fair society. The DLD Club successfully organized and executed the event, contributing to the overall objectives of the Vigilance Awareness Week by encouraging students to internalize and practice the values of honesty and integrity in their daily lives.





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10 Art's Week Celebration

- Event: Art's Week Celebration
- Date: 20th to 24th November 2019
- Organizer: The Cochin College Union
- Venue: The Cochin College, Kochi-02

The Cochin College hosted its annual Art's Week Celebration, "Kala Vipanchika 19-20," from 20th to 24th November 2019. The event featured a variety of cultural and artistic competitions, with enthusiastic participation from students across departments. The week-long celebration culminated in an award ceremony, recognizing the best performances. The event successfully fostered creativity and artistic expression within the college community.





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11 Mehndi Fest 2020

- Event: Mehndi Fest
- Date: 13th January 2020
- Organizer: The Cochin College Union

The Cochin College Union organized the Mehndi Fest 2020 on 13th January 2020. The event provided an opportunity for students to showcase their artistic skills in Mehndi design. It was met with enthusiastic participation from students across various departments. The fest celebrated traditional art, creativity, and cultural expression, creating a vibrant atmosphere on campus. The event was a significant success, promoting artistic engagement and cultural appreciation among the student body.





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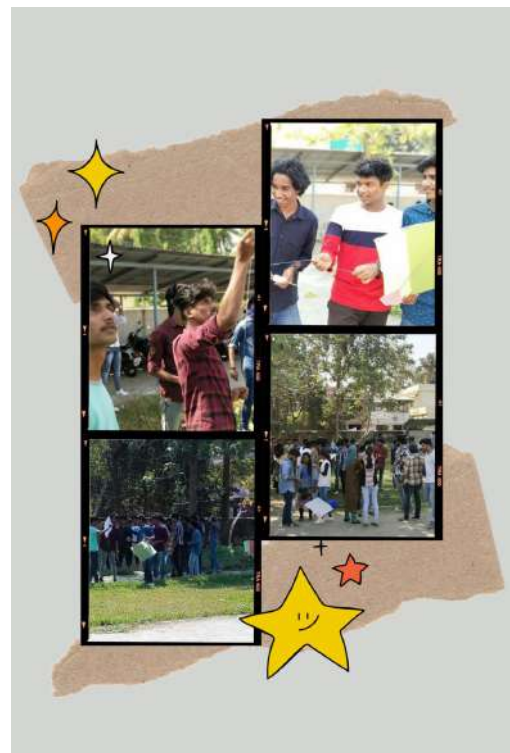
Website: www.thecochincollege.edu.in

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12 Kite Flying Competition

- Event: Mehndi Fest Kite Flying Competition
- Date: 18th September 2019
- Organizer: The Cochin College Union

As part of the Sports Week Celebration, The Cochin College organized a Kite Flying Competition on 18th September 2019. The event was held from 4:00 PM to 5:00 PM on the college grounds. Students from various departments participated enthusiastically, showcasing their creativity in designing and flying kites. The competition added a colorful and joyful element to the sports week, bringing together students in a fun and engaging activity. The event was a success, with participants enjoying the competitive spirit in a relaxed and festive atmosphere.





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13 PUBG Mobile Tournament

- Event: PUBG Mobile Tournament
- Date: 4th April 2020
- Organizer: The Cochin College Union

The Cochin College organized an exciting PUBG Mobile Tournament on 4th April 2020, starting at 10:00 AM. The tournament was exclusively for college students, with free registration allowing wide participation. Students demonstrated their gaming skills in this popular multiplayer battle royale game, competing to be the last team standing. Among the standout performers was K. L. Arjun from the 2nd year B.Com Tax (Main), who led his team to victory. The event was a significant success, drawing considerable attention and excitement among the student community, adding a thrilling digital dimension to the college's extracurricular activities.





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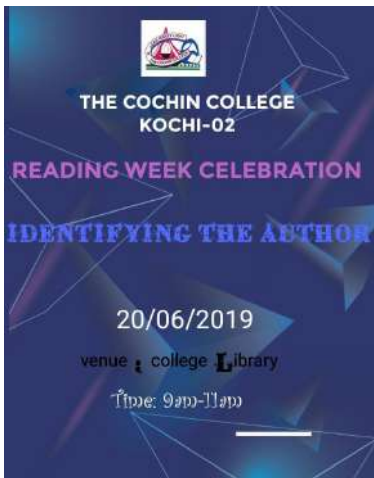
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14 Identifying the Author

- Event: Identifying the Author
- Date: 20th June 2019
- Venue : College Library
- Organizer: The Cochin College Library and Department of Malayalam

As part of the Reading Week Celebration, The Cochin College organized an event titled "Identifying the Author" on 20th June 2019. The event took place in the college library and aimed to engage students in recognizing and appreciating literary works by identifying authors based on provided clues. The program was held from 9 AM to 11 AM, offering an enriching experience to all participants.



1. Competition on Identifying Authors-20/06/2019, 12:15-1:30 pm





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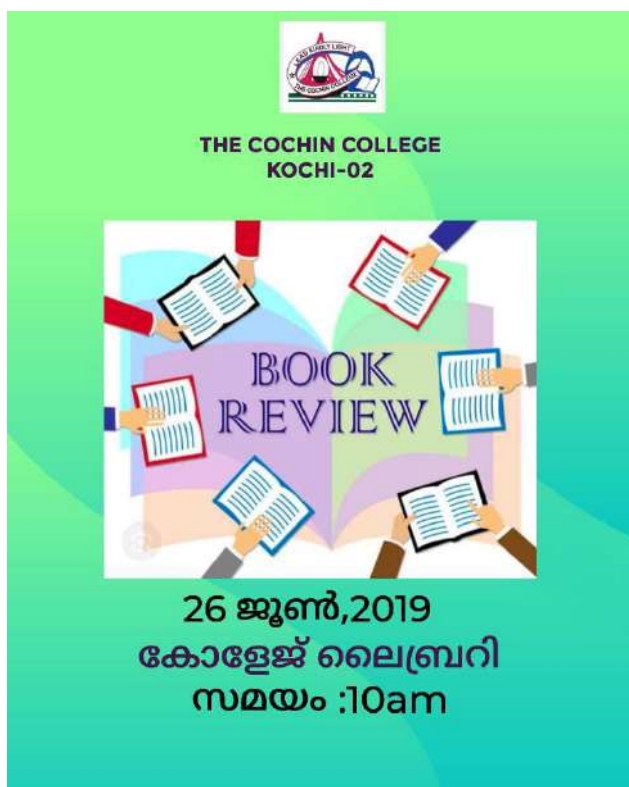
email: email@thecochincollege.edu.in

15 Book Review Competition

- Event: Book Review Competition
- Date and Time : 26th June 2019, 12:15 PM - 1:30 PM
- Venue : College Library
- Organizer: The Cochin College Library and Department of Malayalam

The Cochin College organized a Book Review Competition as part of the Reading Week Celebrations on 26th June 2019. The competition was held in the college library from 12:15 PM to 1:30 PM, where students from various departments participated enthusiastically.

Ms. Parvathi A. Nair, a second-year MSc Zoology student, emerged as the winner, securing the first prize for her outstanding book review. Her insightful analysis and articulate presentation were highly praised, earning her a certificate of achievement.



2. Competition on Book Review-26/06/2019, 12:15-1:30 pm





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16 Reading Week Celebrations 2019

- Event: Reading Competitions
- Date : 19th June 2019 – 25th June 2019
- Venue : College Library
- Organizer: The Cochin College Library and Department of Malayalam

As part of the Reading Week Celebrations, The Cochin College Library and the Language Departments jointly organized reading competitions in Hindi, French, and Malayalam. These events aimed to foster a deeper appreciation of literature among students by encouraging them to engage with texts in different languages.

Winners: Hindi Reading Competition: 1st Prize: Brinda Shah (2nd Year BBA) Malayalam Reading Competition: 1st Prize: Evelin Elizabeth V.P (1st Year B.A. English) 2nd Prize: Rahana A.A (2nd Year B.Sc Chemistry)

The competitions were well-received by the students, with a significant number of participants demonstrating their proficiency in these languages. The winners were awarded certificates in recognition of their outstanding performance.





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Competition - Various Literary Competitions — Reading week celebration
19 June – 25 June 2019

The Cochin College Library and the Language Departments jointly conducted various literary competitions.

READING WEEK CELEBRATION
(19th JUNE - 25th JUNE 2019)

The Cochin College Library and the Language departments are jointly organising literary competitions and commemoration of Mahatma Jinnah Mahatma Muhammad Bhashani as part of the Reading Week Celebrations.

1) 20 th June 2019 (Wednesday)	A) Identifying the Authors B) Book Review Time: 12:30pm - 1:30pm	4) Power Point Presentation Section of students of July 2019 Semester Guidelines: 1. The Topics should be based on the concept of Reading. 2) 20 th June 2019 (Friday)	Reading Competition Malayalam & English. Time: 12:30pm - 1:30pm
2) 27 th June 2019 (Thursday)	Reading Competition Hindi & English Time: 12:30pm - 1:30pm	3) 28 th June 2019 (Friday)	Reading Competition Malayalam & English. Time: 12:30pm - 1:30pm

*Invited readers may register their names in the College Library.

VENUE: COLLEGE LIBRARY

Commemoration of P. Krishnaiah: 19th June 2019 (Monday)
Commemoration of Mahatma Muhammad Bhashani: 25th June 2019 (Friday)

Talk on NIZAM-AND-OTHER VIBRAL PERSONS by Dr. Shrinani Azeez, Faculty Coordinator, Department of English, Government Medical College, Kozhikode on 22nd June 2019. (Venue: Seminar Hall)-9

4. Competition on Reading-Malayalam & English-20/06/2019, 12:30-1:30 pm



Results

English
1st Prize- Anshika, T. (B.B. & Eng)
2nd Prize- Anshika, Anshika (B.B. & Eng)



Malayalam

1st Prize- Anshika, Anshika (B.B. & Eng)
2nd Prize- Anshika, Anshika (B.B. & Eng)



NUMBER OF PARTICIPANTS

Malayalam Reading - 11
English Reading - 11

NUMBER OF PARTICIPANTS



Mendula Menon
Mrudula Menon V.
Principal-in-Charge
The Cochin College



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17 K, P.Kesavadev Quiz Competition

- Event: K.P. Kesavadev Quiz Competition
- Date and Time :1st July 2019, 12:15 PM
- Venue : College Library
- Organizer:The Cochin College Library and Department of Malayalam

As part of the commemoration of P. Kesavadev, The Cochin College conducted a quiz competition on 1st July 2019 at the Library Hall. The event was held at 12:15 PM and saw the participation of 11 students from different departments. The competition was intense, with participants demonstrating their knowledge and quick thinking. Evelin Elizabeth V.P and Krishna C.S secured the first prize, while Sunaina N and Lakshmi K.K took the second prize. The event was a fitting tribute to the renowned writer P. Kesavadev, inspiring students to engage with his literary works.



Results

P.Kesavadev Quiz Competition

Ist Prize- Evelin Elizabeth V.P (B.A. Eng)

IInd Prize- Krishna C.S (B.Sc. Chem)

IIIrd Prize- Sunaina N (B.A. Eng)

Lakshmi K.K (B.Sc. Chem)

NUMBER OF PARTICIPANTS

P.Kesavadev Quiz Competition - 11





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18 Speech Competition Commemorating Vaikom Muhammad Basheer

- Event: Speech Competition Commemorating Vaikom Muhammad Basheer
- Date and Time :5th July 2019, 11:30 AM
- Venue : College Library
- Organizer:The Cochin College Library and Department of Malayalam

As part of the commemoration of Vaikom Muhammad Basheer, The Cochin College organized a speech competition on 5th July 2019 at the College Library. The event began at 11:30 AM and saw participation from 5 students across different departments. The competition aimed to honor the literary contributions of Basheer, with participants delivering speeches that highlighted his impact on Malayalam literature. Fouziya P.N secured the first prize for her eloquent speech, while Sreelakshmi A.S won the second prize. The event was a meaningful tribute to the legendary writer and successfully engaged students in reflecting on his literary legacy.



Results

Speech Competition (Commemorating Basheer)

1st Prize- Fouziya P.N (B B.A Eng)
 2nd Prize- Sreelakshmi A.S (B.B.C.A)

NUMBER OF PARTICIPANTS

Speech Competition - 5



Mrudula Menon V.
Mrudula Menon V.
Principal-in-Charge
The Cochin College



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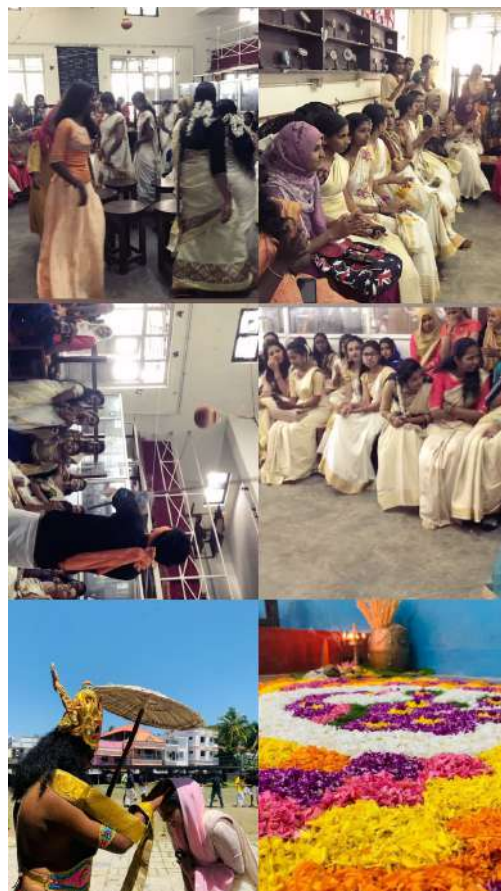
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19 UPPERI-Onam Celebration 2019

- Event: Pookkalam Competition, KaSera kali, Uriyadi
- Date : 1st September 2019
- Organizer: The Cochin College ,Kochi

The Cochin College, Kochi, celebrated Onam on 1st September 2019 with great enthusiasm and traditional fervor. The festivities included a Pookkalam competition where students showcased their creativity in making intricate floral designs. The event also featured various cultural activities that highlighted the rich cultural heritage of Kerala. The Onam celebration provided an opportunity for students and staff to come together and enjoy the spirit of the festival, reinforcing the bonds of unity and tradition within the college community.





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20 Reading Week Celebration 2019

- Event: PowerPoint Presentation Competition
- Date: 1st July 2019
- Organizer: The Cochin College Library and Department of Malayalam
- Venue: College Library

As part of the Reading Week Celebration 2019, The Cochin College organized a PowerPoint Presentation Competition on 1st July 2019. The event aimed to encourage students to demonstrate their technical skills and creativity in presenting ideas related to the theme of reading.

Sahadiya A.Y, a first-year B.Com CA student, won the first prize for her outstanding presentation. Her work was recognized for its clarity, design, and adherence to the competition guidelines. The event provided an excellent platform for students to enhance their presentation skills and engage with the broader academic community.

Competition - Various Literary Competitions ----- Reading week celebration 19 June - 25 June 2019

The Cochin College Library and the Language Departments jointly conducted various literary competitions.

READING WEEK CELEBRATION
(19th JUNE - 25th JUNE 2019)

The Cochin College library and the Language departments are jointly organising literary competitions, talk and commemoration of P.Kesavadev and Vailom Muhammed Basheer as part of the 'Reading Week Celebrations'.

1) 26 th June 2019 (Wednesday) : A) Identifying the Authors B) Book Review Time - 12:15pm - 1:30pm	4) Power Point Presentation. Last date of Submission : 1 st July 2019 (Monday)
2) 27 th June 2019 (Thursday) - Reading Competition Hindi & French Time - 12:30pm - 1:30pm	Guidelines: 1. The Theme should be based on the concept of Reading. 2. Limit the number of slides between 12-15. 3. Slides should be arranged in a logical order.
3) 28 th June 2019 (Friday) : Reading Competition Malayalam & English. Time - 12:30pm - 1:30pm	

*Interested candidates may register their names in the College Library.

VENUE: COLLEGE LIBRARY

Commemoration of P. Kesavadev - 1st July 2019 (Monday)
Commemoration of Vailom Muhammed Basheer - 2nd July 2019 (Friday)

Talk on 'NIPAH AND OTHER VIRAL DISEASES' by Dr. Shrima Aseer, Tutor, Community Health Centre, Govt. Medical College, Njeri, Malappuram on 22nd July 2019. (Venue: Seminar Hall)





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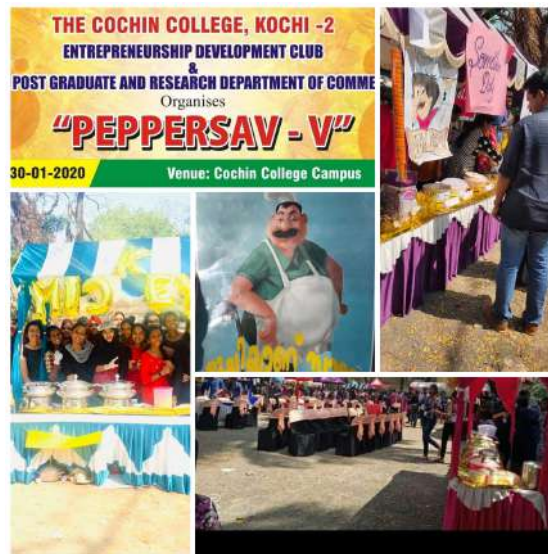
Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

21 "Peppersav - V" Food Fest

- Event: "Peppersav - V"
- Date: 30th January 2020
- Organizer: ED club and department of Commerce

On 30th January 2020, The Cochin College's Entrepreneurship Development Club and the Post Graduate and Research Department of Commerce organized the fifth edition of "Peppersav" on the college campus. The event aimed to encourage entrepreneurial skills among students by providing them with a platform to showcase their culinary talents and business acumen. "Peppersav - V" featured a variety of food stalls set up by students, each offering unique and diverse dishes. The event was marked by creativity and enthusiasm, with participants not only focusing on the quality of food but also on the presentation and marketing of their stalls. The college campus was vibrant with activity as students and visitors enjoyed the culinary delights on offer. The event successfully fostered an entrepreneurial spirit among the students, allowing them to experience the challenges and rewards of running a small-scale business. "Peppersav - V" was a well-attended and much-appreciated event, adding to the series' growing legacy at The Cochin College.





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22 M.G. University Drama Fest- KUDIYIRACKAL

- Event: M.G. University Drama Fest
- Date: 23rd January 2020 to 24th January 2020
- Organizer: M.G. University, Kottayam
- Venue: The Cochin College

The Cochin College had the honor of hosting the M.G. University Drama Fest, a prestigious event that brought together talented performers from various colleges. The fest was marked by intense competition and showcased the rich cultural heritage and dramatic skills of the participants. The team from The Cochin College delivered a captivating performance that resonated with both the audience and the judges, ultimately securing 4th place in the competition. Their performance, characterized by powerful acting, vibrant costumes, and engaging storytelling, was a highlight of the event. The fest provided a platform for students to express their creativity and passion for drama, and the success of The Cochin College team added to the institution's proud tradition in the arts.





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23 Inter-Collegiate (Inter-Zone) Weightlifting Competition

- Event :Inter-Collegiate (Inter-Zone) Weightlifting Competition
- Date:25 Feb 2020
- Venue:Pavanatma College, Murickassery
- Participant: Remya Roshini', representing The Cochin College
- Achievement:1st Place in 71 KG Category

Remya Roshini, representing The Cochin College, participated in the Inter-Collegiate (Inter-Zone) Weightlifting Competition for the year 2019-2020, held at Pavanatma College, Murickassery. Competing in the 71 KG category, Remya demonstrated exceptional strength and skill, securing the 1st place in the competition. This achievement highlights her dedication and excellence in the sport of weightlifting, bringing pride to The Cochin College.





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24 7th NABBA WFF Mr. and Ms. India National Bodybuilding and Fitness Championship

- Event :7th NABBA WFF Mr. and Ms. India National Bodybuilding and Fitness Championship
- Date:19th and 20th October 2019
- Venue:Gokulam Park, Kaloor, Kochi, Kerala
- Participant:Ananthu P.P., representing Kerala
- Achievement: 6th Place in Teenage Bodybuilding Category

Ananthan P.P., representing Kerala, participated in the 7th NABBA WFF Mr. and Ms. India National Bodybuilding and Fitness Championship held at Gokulam Park, Kaloor, Kochi, Kerala, on 19th and 20th October 2019. Competing in the Teenage Bodybuilding category, Ananthan secured 6th place, showcasing commendable dedication and physical prowess in a highly competitive event. This achievement highlights his commitment to the sport of bodybuilding and his potential for future success in national competitions.





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25 Inter-Collegiate (Inter-Zone) Best Physique Competition

- Event :Inter-Collegiate (Inter-Zone) Best Physique Competition
- Date:26 feb.2020
- Venue:Pavanatma College, Murickassery
- Participant:Ananthu P.P., representing The Cochin College
- Achievement: 3rd Place in 60 KG Category

Ananthu P.P., representing The Cochin College, participated in the Inter-Collegiate (Inter-Zone) Best Physique Competition for the year 2019, held at Pavanatma College, Murickassery. Competing in the 60 KG category, Ananthu secured the 3rd place, showcasing his dedication and excellence in maintaining an outstanding physique. His achievement adds to the proud legacy of The Cochin College in the field of physical education and sports.





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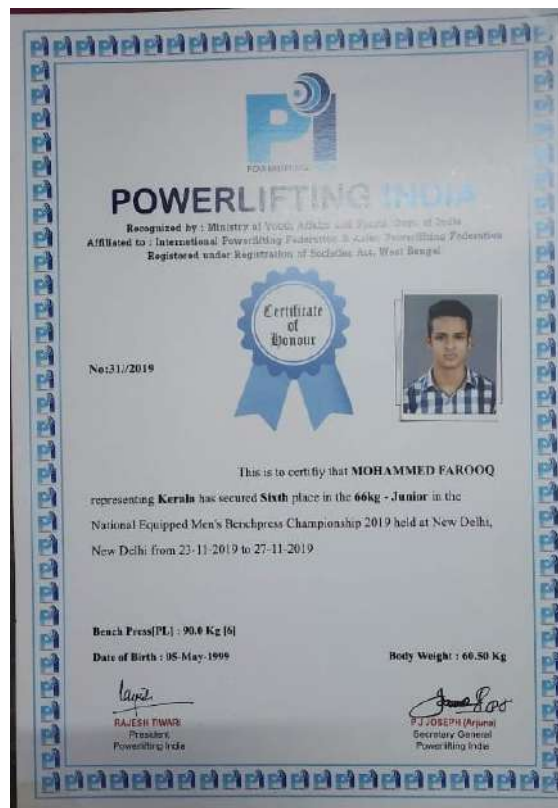
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26 National Equipped Men's Benchpress Championship 2019

- Event : National Equipped Men's Benchpress Championship 2019
- Date: 23rd November 2019 to 27th November 2019
- Venue: New Delhi
- Participant: Mohammed Farooq, representing Kerala
- Achievement: 6th Place in 66kg - Junior Category

Mohammed Farooq, representing Kerala, participated in the National Equipped Men's Benchpress Championship 2019 held in New Delhi from 23rd to 27th November 2019. Competing in the 66kg - Junior category, Mohammed secured 6th place with a bench press performance of 90.0 kg. His achievement in this highly competitive national event highlights his dedication and strength in the sport of powerlifting.





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27 Kerala State Equipped Junior Men Benchpress Championship 2019

- Event : Kerala State Equipped Junior Men Benchpress Championship 2019
- Date: 2nd November 2019 to 3rd November 2019
- Venue: Community Hall, Mananthavady, Wayanad
- Participant: Mohammed Farooq, representing Ernakulam
- Achievement: 1st Place in 66kg Weight Class

Mohammed Farooq of Ernakulam secured 1st place in the 66kg weight class at the Kerala State Equipped Junior Men Benchpress Championship 2019, held at Community Hall, Mananthavady, Wayanad, from 2nd to 3rd November 2019. With a bench press performance of 85 kg, Mohammed demonstrated exceptional strength and technique, earning him the top position in his category. This victory underscores his dedication and skill in the sport of powerlifting.





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28 Kerala State Unequipped Junior Men Benchpress Championship 2019

- Event : Kerala State Unequipped Junior Men Benchpress Championship 2019
- Date: 2nd November 2019 to 3rd November 2019
- Venue: Community Hall, Mananthavady, Wayanad
- Participant: Mohammed Farooq, representing Ernakulam
- Achievement: 3rd Place in 66kg Weight Class

Mohammed Farooq of Ernakulam secured 3rd place in the 66kg weight class at the Kerala State Unequipped Junior Men Benchpress Championship 2019, held at Community Hall, Mananthavady, Wayanad, from 2nd to 3rd November 2019. With a bench press performance of 80 kg, Mohammed demonstrated commendable strength and determination, earning him a place on the podium in this competitive event.





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29 Inter-Collegiate (Inter-Zone) Powerlifting Competition

- Event : Inter-Collegiate (Inter-Zone) Powerlifting Competition
- Date: 26 Feb. 2019
- Venue: M.A. College, Kothamangalam
- Participant: Mohammed Farooq, representing The Cochin College
- Achievement: 2nd Place in 66 KG Category

Mohammed Farooq K.I., representing The Cochin College, participated in the Inter-Collegiate (Inter-Zone) Powerlifting Competition for the year 2019-2020, held at M.A. College, Kothamangalam. Competing in the 66 KG category, Mohammed secured 2nd place, demonstrating his strength and determination in a highly competitive field. His outstanding performance brings pride to The Cochin College and highlights his dedication to the sport of powerlifting.





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30 Kerala State 15th Youth (Boys and Girls) Weightlifting Championship 2019-20

- Event : Kerala State 15th Youth (Boys and Girls) Weightlifting Championship 2019-20
- Date: 7th September 2019
- Venue: Rajeev Gandhi Indoor Stadium, Kadavanthara, Ernakulam
- Participant: Mohammed Yaseen, representing The Cochin College
- Achievement: 3rd Place in 81.5 KG Category

Mohammed Yaseen P.S. from Ernakulam participated in the Kerala State 15th Youth (Boys and Girls) Weightlifting Championship 2019-20, held at Rajeev Gandhi Indoor Stadium, Kadavanthara, Ernakulam, on 7th September 2019. Competing in the 81.5 KG category, Mohammed secured 3rd place with a snatch of 40.5 kg and a clean and jerk of 65 kg, achieving a total of 105.5 kg. This commendable performance highlights his strength and determination in the sport of weightlifting.

No. 647



KERALA STATE WEIGHTLIFTING ASSOCIATION
(Affiliated to Indian Weightlifting Federation, Recog. by KSSC & KOA)

Certificate of Merit



Awarded to
MOHAMMED YASEEN P.S.

From
ERNAKULAM



For Kerala State 15th Youth (Boys & Girls) Weightlifting Championship 2019-20
Held at Rajeev Gandhi Indoor Stadium, Kadavanthara, Ernakulam

Category <u>81.5g</u>	Body weight <u> </u>
Place <u>3RD</u>	Snatch <u>40.5g</u>
DOB <u> </u>	Clean & Jerk <u>65g</u>
Date <u>07-09-2019</u>	Total <u>105.5g</u>

 Mathew Paul
President
  Asha P. V. SREENJINI
OBSERVER
Kerala State Sports Council
  T T James
Gen. Secretary

Date of Birth as per S.S.L.C./Birth Certificate/TC:





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31 Kerala State Unequipped Sub Junior Men Benchpress Championship 2019

- Event : Kerala State Unequipped Sub Junior Men Benchpress Championship 2019
- Date: 2nd November 2019 to 3rd November 2019
- Venue: Community Hall, Mananthavady, Wayanad
- Participant: Athul Pradeep C, representing Ernakulam
- Achievement: 2nd Place in 66 KG Weight Class

Athul Pradeep C. from Ernakulam secured 2nd place in the 66 KG weight class at the Kerala State Unequipped Sub Junior Men Benchpress Championship 2019, held at Community Hall, Mananthavady, Wayanad, from 2nd to 3rd November 2019. With a bench press performance of 55 kg, Athul demonstrated impressive strength and skill, earning him a commendable position in this competitive event.





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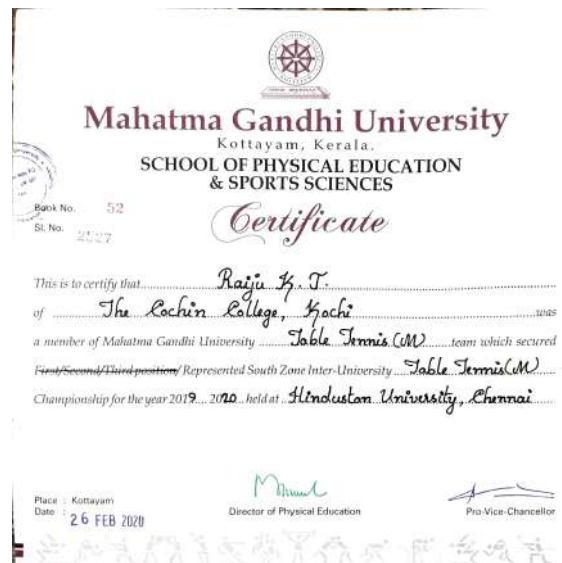
Website: www.thecochincollege.edu.in

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32 South Zone Inter-University Table Tennis (Men) Championship

- Event :South Zone Inter-University Table Tennis (Men) Championship
- Date:26 Feb 2020
- Venue: Hindustan University, Chennai
- Participant:Raiju K.T
- Achievement: Mahatma Gandhi University

Raiju K.T. of The Cochin College, Kochi, was a member of the Mahatma Gandhi University Table Tennis (Men) team that represented the university in the South Zone Inter-University Table Tennis Championship for the year 2019-2020. The championship was held at Hindustan University, Chennai. Raiju's participation in this prestigious event highlights his skill and dedication to the sport, contributing to the strong representation of Mahatma Gandhi University at the inter-university level.





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33 Sub Junior Men Kerala State Powerlifting Championship 2019

- Event :Sub Junior Men Kerala State Powerlifting Championship 2019
- Date:4th May 2019 to 5th May 2019
- Venue: V K Krishna Menon Indoor Stadium, Kozhikode
- Participant:Aiden Benoy
- Achievement: 10th Place in 74 KG Weight Class

Aiden Benoy of Ernakulam secured 10th place in the 74 KG weight class at the Sub Junior Men Kerala State Powerlifting Championship 2019, held at V K Krishna Menon Indoor Stadium, Kozhikode, from 4th to 5th May 2019. Aiden's performance included a squat of 80 kg, a bench press of 45 kg, and a deadlift of 125 kg, totaling 250 kg. This achievement highlights his dedication and strength in the sport of powerlifting.





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34 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020-Duff Muttu
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- Achievement: First Prize with an A Grade

The Cochin College Duffmutt team secured the First Prize with an A Grade in the Duff Mutt competition at the Mahatma Gandhi University Youth Festival 2020. The event took place in Thodupuzha from February 27th to March 2nd, 2020. Their outstanding performance in this cultural event highlights his talent and dedication, contributing to the college's proud tradition of excellence in the arts.





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35 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020-Kolkali
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- Achievement: First Prize with an A Grade

The Cochin College Kolkali team, secured the First Prize with an A Grade in the Kolkali competition at the Mahatma Gandhi University Youth Festival 2020. The event took place in Thodupuzha from February 27th to March 2nd, 2020. Team's outstanding performance in this traditional art form underscores his dedication and skill, adding to the college's strong legacy in cultural events.





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36 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020-Oppana
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- Achievement: First Prize with an A Grade

The Cochin College' Oppana team, secured the First Prize with an A Grade in the Oppana competition at the Mahatma Gandhi University Youth Festival 2020. The event, held at Thodupuzha from February 27th to March 2nd, 2020, showcased their excellent performance in this traditional dance form, contributing to the college's reputation in cultural arts.





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37 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020-Mime
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- Achievement: Second Prize with an A Grade

The Cochin College' Mime team , secured the Second Prize with an A Grade in the Mime competition at the Mahatma Gandhi University Youth Festival 2020. His outstanding performance in this expressive and silent art form was a highlight of the festival, bringing pride and recognition to the college.





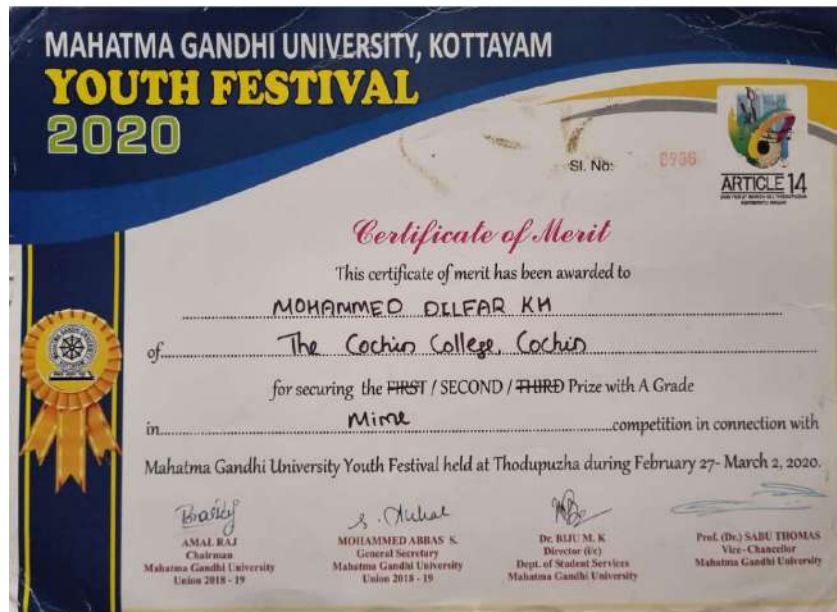
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38 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020-Skit
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- Achievement: Second Prize with an A Grade

The Cochin College' Mime team , secured the Second Prize with an A Grade in the Skit competition at the Mahatma Gandhi University Youth Festival 2020. His exceptional performance, along with his team, brought significant recognition to the college, showcasing their creativity and teamwork.





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39 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020-Short Story Writing (Hindi)
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- : Fousiya P.N
- Achievement: Secured Third Prize with A Grade

Fouziya P. N. from The Cochin College, Kochi, secured the Third Prize with an A Grade in the Short Story Writing (Hindi) competition at the Mahatma Gandhi University Youth Festival 2020. This accomplishment highlights her literary talent and adds to the college's proud achievements in cultural events.





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40 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020- Poetry Recitation (Hindi)
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- : Mehnaz Shamsudheen
- Achievement: Secured an A Grade

Mehnaz Shamsudheen, representing The Cochin College, Kochi, secured the Third Prize with an A Grade in the Poetry Recitation (Hindi) competition at the Mahatma Gandhi University Youth Festival 2020. This achievement reflects the literary excellence and cultural involvement of the students of The Cochin College.





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41 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020- Poetry Recitation (English)
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- : Mehnaz Shamsudheen
- Achievement: Secured Third Prize with A Grade

Mehnaz Shamsudheen, representing The Cochin College, Kochi, secured the Third Prize with an A Grade in the Poetry Recitation (English) competition at the Mahatma Gandhi University Youth Festival 2020. This achievement is a testament to the literary talent and cultural engagement fostered at The Cochin College.





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42 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020- Percussion Instrument (Eastern Style)
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- : Sabarinath U.S
- Achievement: Secured Third Prize with A Grade

Sabarinath U.S., representing The Cochin College, Kochi, secured the Third Prize with an A Grade in the Percussion Instrument (Eastern Style) competition at the Mahatma Gandhi University Youth Festival 2020. This accomplishment highlights the musical talent and cultural participation nurtured at The Cochin College.





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43 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020- Percussion Instrument (Eastern Style)
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- : Radhika Rani J Prabhu
- Achievement: Secured an A Grade

Radhika Rani J Prabhu, representing The Cochin College, Kochi, achieved Third Prize with an A Grade in the Stringed Instrument (Eastern Style) competition at the Mahatma Gandhi University Youth Festival 2020. This accomplishment underscores the musical proficiency and dedication of students at The Cochin College.





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44 M.G. University Youth Festival 2020- ARTICLE 14

- Event :M.G. University Youth Festival 2020- Bharatanatyam (Female)
- Date:February 27, 2020 - March 2, 2020
- Venue: Thodupuzha
- :Aswathy Levan
- Achievement: Secured an A Grade

Aswathy Levan, representing The Cochin College, Kochi, secured Third Prize with an A Grade in the Bharatanatyam (Female) competition at the Mahatma Gandhi University Youth Festival 2020. This award highlights the talent and dedication of students at The Cochin College in the classical dance form of Bharatanatyam.

