

THE COCHIN COLLEGE Koovapadam, Kochi-2 Affiliated To Mahatma Gandhi University Re-accredited by NAAC With B+ Grade

Fourth Cycle NAAC Accreditation 2024



Criterion 5 Student Support and Progression

5.3 - Student Participation and Activities

Metric No. 5.3.1

Number of awards/medals for outstanding performance in sports/ cultural activities at University / state/ national / international level (award for a team event should be counted as one) during the last five years

Supporting documents for Awards/Medals received during: 2019-2020

Submitted to



National Assessment and Accreditation Council



KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

List of Certificate and medal receivers of 2019-20

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
2019- 2020	FIRST - Weightlifting (W) Championship (Under 71 kg) First	Individual	University	Sports	REMYA ROSHNI
2019- 2020	SIXTH - Bodybuilding and Fitness Championship	Individual	National	Sports	ANANTHU P.P
2019- 2020	Inter Collegiate (Inter Zone) Best Physique Championship (60 kg) Third	Individual	University	Sports	ANANTHU P.P
2019- 2020	National Equipped Mens Bench Press Championship (Under-66kg), Sixth	Individual	National	Sports	MOHAMMED FAROOQ
2019- 2020	FIRST - Equipped Junior Men Bench Press Championship (Under-66kg)	Individual	State	Sports	MOHAMMED FAROOQ
2019- 2020	Kerala State Unequipped Junior Men Bench Press Championship (Under-66kg), Third	Individual	State	Sports	MOHAMMED FAROOQ
2019- 2020	FIRST - Equipped Junior Men Bench Press Championship (Under-66kg)	Individual	State	Sports	MOHAMMED FAROOQ
2019- 2020	SECOND - Inter Collegiate (Inter Zone) Powerlifting (Under-66kg)	Individual	University	Sports	MOHAMMED FAROOQ



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Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
2019- 2020	15th Kerala State Youth Boys and Girls Weightlifting Championship (Under-81kg), Third	Individual	State	Sports	MOHAMMED YASEEN
2019- 2020	SECOND - Unequipped Sub Junior Men Bench Press Championship (Under-66kg)	Individual	State	Sports	ATHUL PRADEEP
2019- 2020	South Zone Inter University Table Tennis (M) Member (Participation)	Team	University	Sports	RAIJU K.J
2019- 2020	TENTH - Classic Jr. Men Powerlifting Championship (Under 74 kg)	Individual	State	Sports	AIDEN BENOY
2019- 2020	M G University Youth Festival Duffmuttu - First	Team	University	Cultural	MOHAMMED ANEES T.N
2019- 2020	FIRST - M G University Youth Festival Kolkali	Team	University	Cultural	BASIM JAMAL, ALBERT LOUIS
2019- 2020	FIRST - M G University Youth Festival Oppana	Team	University	Cultural	Anamika B.Rajesh, Farhana B. Noushad
2019- 2020	SECOND - M G University Youth Festival Mime	Team	University	Cultural	MERLIN LAWRENCE, MEENAKSHI K.B, MOHAMMED DILFAR
2019- 2020	SECOND - M G University Youth Festival Skit	Team	University	Cultural	VISHNUJITH D.V, SABARINATH U.S, HARITHA SANTHOSH, AMISHA T.V

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Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
2019- 2020	THIRD - M G University Youth Festival Hindi Short Story Writing	Individual	University	Cultural	FOUZIYA P.N
2019- 2020	THIRD - M G University Youth Festival Hindi Recitation	Individual	University	Cultural	MEHANAZ SHAMSUDEEN
2019- 2020	THIRD - M G University Youth Festival English Recitation	Individual	University	Cultural	MEHANAZ SHAMSUDEEN
2019- 2020	A GRADE M G University Youth Festival Eastern Percussion	Individual	University	Cultural	SABARINATH.U.S
2019- 2020	A GRADE M G University Youth Festival Eastern Stringed Instrument Style	Individual	University	Cultural	RADHIKA RANI
2019- 2020	A GRADE M G University Youth Festival Bharatanatyam A-Grade	Individual	University	Cultural	ASWATHY LEVEN
2019- 2020	M G University Youth Festival One-act Play - FOURTH	Team	University	Cultural	RAHUL VARGHESE, ADARSH A.NAIR, MUHAMMAD MUSSAMMIL, FIROZ, MODI, ASWATHY LEVEN, MOL



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Certificates of the participants





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Mahatma Gandhi University Kottayam, Kerala. SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES
Book No. 4 SI. No. 8188
This is to certify that Ananthu P.P. representing The Cochin College, Cochin participated
in the Inter-Collegiate (Inter-Zone)Best. Physique
for the year 2019 held at Pavanatma College, Murickassery
and secured
performance
Place : Kottayam Date : 2.6 Front Director Pro-Vice-Chancellor
Date 2 6 FEB 2020



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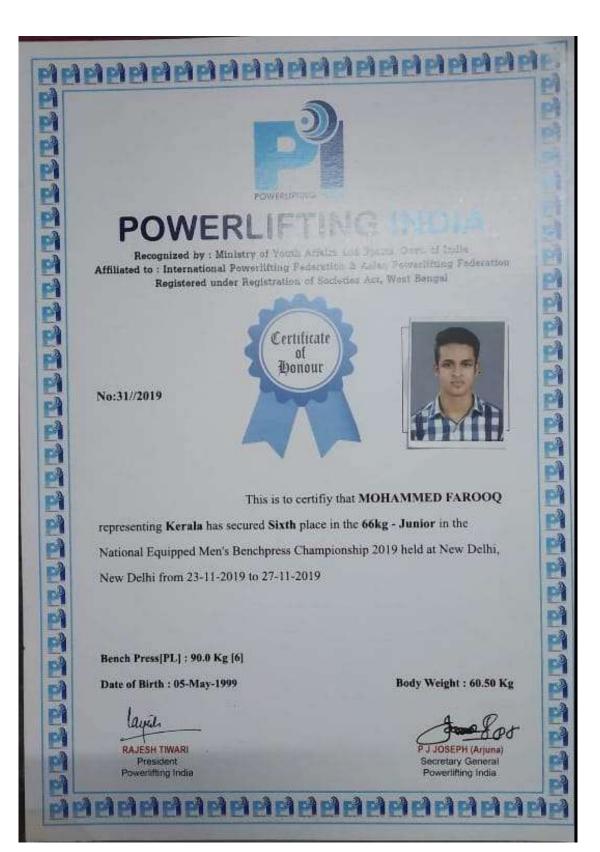


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No. 647		
KERALA		EIGHTLIFTING ASSOCIATIO
	Cer	tificate of Merit
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For Kerala State 15th		Championship 2019-20
		Championship 2019-20
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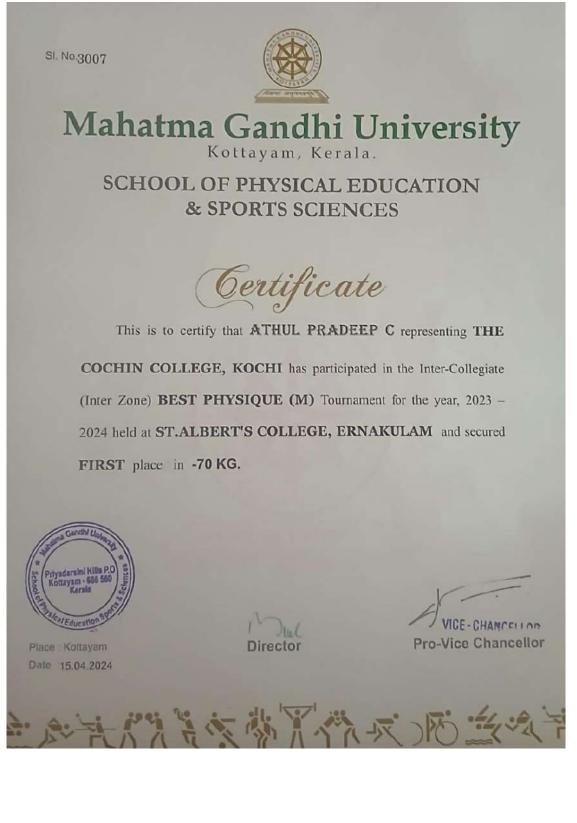


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Mahatma Gandhi University	1
Kottayam, Kerala. SCHOOL OF PHYSICAL EDUCATION & SPORTS SCIENCES	
Book No. 52 SI. No. 2527 Certificate	
This is to certify that	
a member of Mahatma Gandhi University	
Championship for the year 2019 2020 held at Hinduston University, Chennai	
Place : Kottayam Date : 26 FEB 2020 Director of Physical Education Pro-Vice-Chancellor	



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Mrudula Menon V. Principal-in-Charge The Cochin College

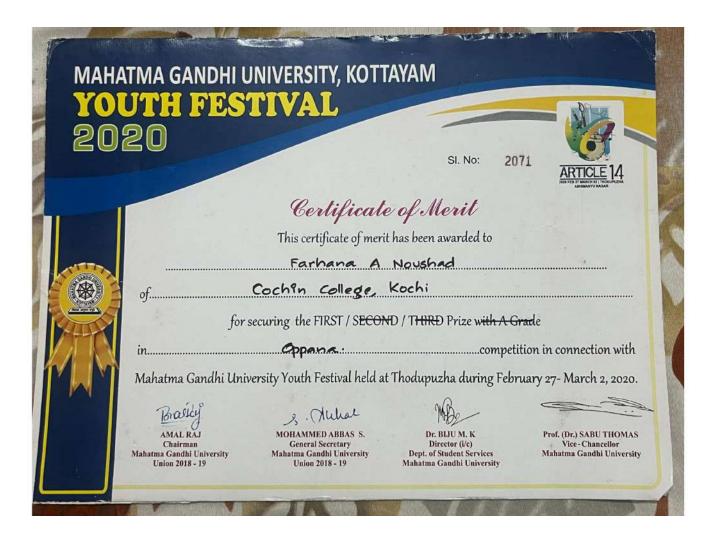


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MA GANDHI UNIVERSITY, KOTTAYAM TH FESTIVAL 20 Si. No: 1003
Certificate of Merit This certificate of merit has been awarded to <u>SABARINATH</u> U.S. of <u>The Cochin College Cochin</u> for securing the FIRST / SECOND / THIRD Prize with A Grade <u>Skit</u> competition in connection with
Mahatma Gandhi University Youth Festival held at Thodupuzha during February 27-March 2, 2020. Broeky AMAL RAJ Chairman Mahatma Gandhi University Union 2018 - 19 Mahatma Gandhi University Chairman Mahatma Gandhi University Union 2018 - 19



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MAHAT YOU	NA GANDHI UNIVERSITY, KOTTAYAM	
202		
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	AMAL RAJ Chairman Mahatma Gandhi University Union 2018 - 19	MOHAMMED ABBAS S. General Secretary Mahatma Gandhi University Union 2018 - 19	Dr. BIJU M. K Director (i/c) Dept. of Student Services Mahatma Gandhi University	Prof. (Dr.) SABU THOMAS Vice-Chancellor Mahatma Gandhi University



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ATMA GANDHI UNIVERSITY, KOTTAYAM UTH FESTIVAL 20 Si. No: 2000
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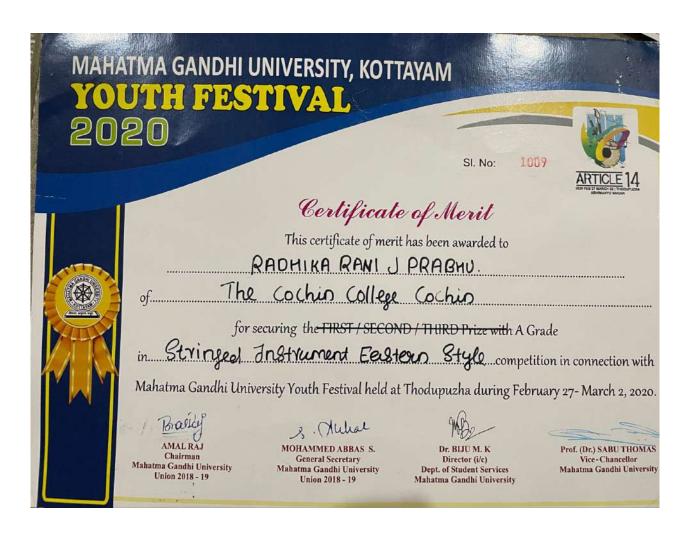


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	Ibrastly AMAL RAI	3. Allal MOHAMMED ABBAS S.	Dr. BLJU M. K	Prof. (Dr.) SABU THOMAS		
	Chairman Mahatma Gandhi University	General Secretary Mahatma Gandhi University	Director (l/c) Dept. of Student Services	Vice-Chancellor Mahatma Gandhi University		



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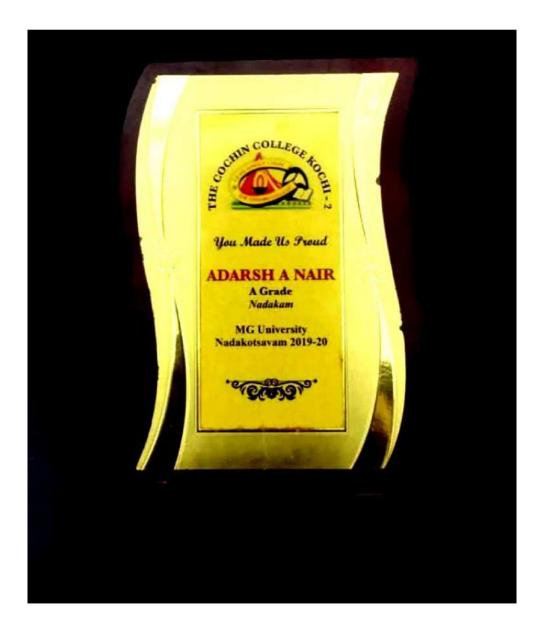


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