



# THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University

Re-accredited by NAAC With B+ Grade



Fourth Cycle  
NAAC Accreditation 2024

## Criterion 5

### Student Support and Progression

#### DVV Clarifications

#### 5.3 Student Participation and Activities

Metric No. 5.3.2

5.3.2.1. Average number of sports and cultural programs in which students of the Institution participated during last five years (organised by the institution/other institutions)

List of events along with the list of participants proper date wise /year wise signed by the Principal

Submitted to



National Assessment and Accreditation Council



# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

## Contents

1 List of participants in Sports and Cultural Events Year 2023-24	2
2 List of participants in Sports And Cultural Events Year 2022-23	25
3 List of participants in Sports And Cultural Events Year 2021-22	38
4 List of participants in Sports And Cultural Events Year 2020-21	44
5 List of participants in Sports And Cultural Events Year 2019-20	48





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

## 1 List of participants in Sports and Cultural Events Year 2023-24

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
03/11/2023	Regional Language Week Celebration - Online Literature Quiz Competition - FIRST PRIZE	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	ATHULYA SHAJI
03/07/2023	POSTER DESIGNING COMPETITION	The Cochin College NSS Unit -51	ASHNA ALI, KOCHU THRESSYA TITUS, HANOC PATRIC, FANIA JAISON, NIYA SAMSON, ALAN ISSAV, RAHUL S, SRUTHY SEBASTIAN
22/08/2023	Inter Departmental Fest - PUBG Tournament	The Cochin College, Kochi-02	ASWINI, ARUNDHATHI, AFRIN VAISHNAV, ANJITHA, ABDUL RAHMAN, DEVADATHAN S, ADARSH, MELWIN
18/08/2023	INTER DEPARTMENTAL MEHANDI FEST	The Cochin College, Kochi-02	INSHA PRAVEEN





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
22/08/2023	The Cochin College HEISI Championship	The Cochin College, Kochi-02	ANJITHA MOHANDAS, ASWINI SURESH, AFRIN HANEEFA, ARUNDHATHI K M, ABDUL RAHMAN M.T, VAISHNAV D. NAIK
06/11/2023	MALAYALAM-ESSAY COMPETITION- FIRST PRIZE	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	ATHULYA SHAJI
10/11/2023	TONGUE TWISTER- MALAYALAM- FIRST PRIZE	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	ANCIYA PAUL
09/11/2023	Malayalabhasha Varaacharanam MALAYALAM RECITATION- FIRST PRIZE	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	ANASWARA RIDHIYA
11/08/2023- 12/08/2023	Inter Departmental Fest - PES Tournament	The Cochin College, Kochi-02	IZHAQ A.I, SHIFAS





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
07/11/2023	Regional Language Week Celebration - Malayalam ELOCUTION- FIRST PRIZE	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	NIHALA V.A
08/11/2023	Malayalam Week Celebration -PERSONALITY IDENTIFICATION- FIRST PRIZE	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	ATHULYA SHAJI
05/03/2024- 06/03/2024	KMEA Super Cup 2K24 Football Tournament	KMEA Engineering College Aluva	NIKHIL ANTONY, SAMUAL RAPHEL, ANAS K.S, MOHAMMED FARHAN, RUDRAKSH RAJ, MOHAMMED FARHAN A.H, AMITH IMMANUEEL, MUHAMMED KAIF K.A, ARSHANATH SIVADAS P.S, BEVAN XAVIOR, MUHAMMED RAIHAN





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
02/02/2024	PHOTO COLLAGE COMPETITION	DEPT OF BOTANY, BIOCHEMISTRY AND BIOTECHNOLOGY, THE COCHIN COLLEGE, KOCHI-02	FRANCIS SAVIO, MUHSINA MOHAMMED, NIRANJANA PV, HANNAN ASLAM, CHRISTA ROSE ELIZABETH, ARSHA PRAKASH, ARJUN S.
14-02-2024	ENIGMAS 2023-2024 POSTER DESIGN	Department Of Physics, The Cochin College, Kochi-02	RAHUL M, LIYA ELIZEBATH
14-02-2024	ENIGMAS 2023-2024 POEM WRITING COMPETITION	Department Of Physics, The Cochin College, Kochi-02	LANA LEANUS
12-02-2024	ENIGMAS 2023-2024 RIDDLE SOLVING	Department Of Physics, The Cochin College, Kochi-02	JUBINA, NAZEERA BEEVI
12-02-2024	ENIGMAS 2023-2024 PUZZLE	Department Of Physics, The Cochin College, Kochi-02	KEERTHANA MS, NIVEDYA RAJ





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
14/02/2024	CARTOON COMPETITION	Department of Physics, The Cochin College, Kochi-02	Lakshmi P H
12-02-2024	ENIGMAS 2023-2024 MOBILE PHOTOGRAPHY	Department Of Physics, The Cochin College, Kochi-02	DHANYA RAJ, SREELAKSHMI A.B
12-02-2024	ENIGMAS 2023-2024 LOGIC QUIZ	Department Of Physics, The Cochin College, Kochi-02	DHANYA RAJ, SHERIN P.S
14-02-2024	ENIGMAS 2023-2024 PROGRAMMING COMPETITION	Department Of Physics, The Cochin College, Kochi-02	SREELAKSHMI A.B, SHERIN P.S







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
15/02/2023- 16/02/2023	Kalanjali- College Youth Festival	The Cochin College	FASEELA A.H, SHANA PARVEEN, SHAHANA HARIS, SAJILA A, SIMNA SIYAD, NOURIN RAFEEQUE, FARSANA K.N, ASHNA PAVITHRAN, RISWANA K.A, AFIYA FATHIMA P.Y, Anagha S Nair, Sumi P N, Yashin Xavier, Athu E S, APARNA SATHEESH, NEHLA JENNAH, JALEEL, DEVANUNNI SASI, AKHIL RIZWIN, NIKHIL ANTONY NANDANA K.A







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
15/02/2024	PEPPER SAV VI -Food Fest	Department Of Commerce, The Cochin College, Kochi-02	ADHEENA N SHIBU, ARJUN K.S, HARINANDANA K.A, MANIKANDAN ANIL, MRIDULA P.M, FADIYA M.F, HANNA MARIA, CHANDRIKA R, FARHANA SUDHEER, MUNAS T.H, NOORA M.S, SIDHARTH UNNIKRISHNAN, ANJALI M, MOHAMMED IJAS P.E, VEDAVATHI S. MALLYA, SREERAM VINEETH KUMAR, B. MALLYA, SHAHANAS K.H, SWATHY PRADEEP
30/06/2023	Reading Week Celebration Track The Quotes - Malayalam & English Literature	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	SACHIN E.S, LANA LEANUS, ATHULYA SHAJI, NANDANA K.A, C.S PRABHA, MOHAMMED FARHAN, MEERA MENON





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
06/11/2023	Regional Language Week Celebration - Malayalam Essay Writing Competition	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	ATHULYA SHAJI
19/01/2024	TECZA Inter University Fest -Group Dance	Dept. Of B.C.A, The Cochin College - Kochi	NIKHIL ANTONY NANDANA K.A, Ayush Vijay, Brighly, Ashik, Bincy Manuel, Stiny
18/01/2024	TECZA Inter University Fest, Valorant Trumble -Shooter Game	The Cochin College, Kochi-02	Arjun P.V, Jyothika, Afras, Milna Shibu, Fathima Mizna, Aravind
19/01/2024	TECZA Inter University Fest- Mock Murder -Puzzle Solving Game	The Cochin College, Kochi-02	NISHA, PRIYA, RINU SANDRA, MARIYA, ALNA, ANJALY
18/01/2024	TECZA Inter University Fest Capture The Flag	The Cochin College, Kochi-02	SREELAKSHMAN, BEVIN BENET, STINY, NIHAL, BHARATH KRISHNA
14/02/2024	ISHQ- Valentines Day Celebration -Couple Treasure Hunt	The Cochin College, Kochi-02	SHAHABAS T.S, MUHASSINA MOIDU, KEVIN PETERS, MARIYA T.V
23/12/2023	CAROL COMPETITION	The Cochin College, Kochi-02	NIKHIL, NANDHANA, ATHULYA, KRISHNAPRIYA, PRAVEEN, JUNAID





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
23/08/2023	Onam celebration- Pookalam Malsaram	The Cochin College, Kochi-02	AZAR V.J, NASARUDDIN S, NAVOMI MANUAL, SURYA RAMDAS, MEENAKSHI M, AFRIN P.J, KALYANI M.R, AFREETH, MOHAMMED AMEEN, ADITHYA T.R, SAFA HAJIRA, MEGHNA P, ROSHAN K. RASHEED, AZHEEM B., VAISHNAVI, MANU MOHAN, RAHUL, SEBASTIAN MATHEW, ATHIRA





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
23/08/2023	Onam celebration - Vadam Vali	The Cochin College, Kochi-02	NAVANEETH MENON, IRFAN MALIK, MUHAMMED ALTHAF, SHAHABAS K.H, JABIR, JASIM MOHAMMED ARSHID, AIDEN BINOY, HARI KRISHNAN, HANOCH PATRIC, NAVEEN, MUHAMMED SAHIL, DEVADATHAN, BHARATH KRISHNA, NIHAL K.H, AADIL SALEEM
01/11/2023	Keraleeyam - Kerala Ganam	The Cochin College, Kochi-02	AZAR V.J, SURYA Ramdas, AFRIN P.J, ARAVINDH Shenoy, MEERA MENON, PRATHIBA M.N, FARHAN AKTHAR





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
14/10/2023	Inter Collegiate Inter Zone Football Tournament	MG University, Kottayam	NIKHIL ANTONY, MOHAMMED FARHAN M.H, AMITH IMMANUEL, SAMUEL RAPHEL, MUHAMMED KAIF K.A, ARSHANATH SIVADAS P.S, BEVAN XAVIER, CLIFORD V.F, ABDUL RAHMAN K.S, SIVASANKAR, SAFDHAR K.S, RUDRAKSH RAJ, NIKHIL GOPALAKRISHNAN, YASIR C.S, VIVEK
11/12/2023 - 13/12/2023	Inter Collegiate North Zone Cricket Tournament	MG University, Kottayam	Vignesh D.S, Devadathan S, Safwan P.A, Mohamed Alwariz, Sanjay K.S, Nihal K.H, Irfan Malik R, Abhijith T.A, Navaneeth Menon K.M, Vinayak R, Akhil Raj M.S, Shaham T.C, Samuel Roy, Salman K.S, Alan T. Anas





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
01/11/2023	Kerala Maran - Malayali Manka Competition	The Cochin College, Kochi-02	Devanunni Sasi, Jyothilakshmi P.R, ARJUN PATEL, THRISHNA
09/11/2023	Poetry Recitation Competition	Dept. Of Malayalam & Library, The Cochin College, Kochi-02	Anaswara Ridhiya
14/02/2024	Love Letter Writing Competition	The Cochin College, Kochi-02	APARNA SATHEESH, MOHAMMED IJAS, LAKSHMI SUBASH, ROSHAN R, SREELAKSHMI G, JYOTHILAKSHMI P.R
23/12/2023	Margamkali Competition	The Cochin College, Kochi-02	Mariya Cletus, Mary Aleena, Kochuthresiya T, Aparna Gopinath, Athira V, Gayathri Sudheer, Nandana M.V, Shehasadi, Shehanas N.V
14/08/2023	The Cochin College Football Fest 5s Tournament	The Cochin College, Kochi-02	GARRISON KEVIN, RUDRAKSH RAJ, ARJUN C.S, YASIR, JITHIN A





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
26/12/2023	7's Inter Collegiate Flood Light Football Tournament	The Cochin College, Kochi-02	ARUN RAVI, PREJITH M MENON, FRANCIS ADRASH, ANTONY RINE K.R, JELSON JOSEPH, JITHIN A, FAIREEZ P.M
24/10/2023	Cochin College Inter Department Penalty Shootout	The Cochin College, Kochi-02	NIYAS M.J, SIRAJUDHEEN, BIJITH KAVITHA, FRANCIS ADRASH, JITHIN, ASLAM T.K, AKIN BABU P.S
22/11/2023 - 26/11/2023	National Sub Junior & Junior Classic Powerlifting Championship 2024 (47kg) Fourth	Powerlifting India	NAILA NAJOOB
08/03/2024 - 10/03/2024	NATIONAL WOMEN'S CLASSIC BENCH PRESS CHAMPIONSHIP (W) 47kg Fourth	Powerlifting India	NAILA NAJOOB
08/03/2024- 10/03/2024	Kerala State Classic Jr. Powerlifting Championship (W) 47kg First	Kerala State Powerlifting Association	NAILA NAJOOB







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
16/10/2023- 17/10/2023	Kerala State Classic Sub Junior Bench Press Championship (W) 47kg First	Kerala State Powerlifting Association	NAILA NAJOOB
17/05/2024- 19/05/2024	Kerala State Classic Sub Jr. & Jr. Womens Equipped Powerlifting Championship (W) 47kg Second	Kerala State Powerlifting Association	NAILA NAJOOB
22/09/2023- 24/09/2023	Kerala State Classic Sub Jr. Powerlifting Championship (W) 47kg Second	Kerala State Powerlifting Association	NAILA NAJOOB
15/04/2024	Inter Collegiate Powerlifting Tournament (W) - Second	Kerala State Powerlifting Association	NAILA NAJOOB
15/04/2024	All India Inter University Best Physique (M)	School of Physical Education & Sports Science Mahatma Gandhi University Kottayam	ATHUL PRADEEP





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
15/04/2024	Inter Collegiate Best Physique (M) - 70kg - First	School of Physical Education & Sports Science Mahatma Gandhi University Kottayam	ATHUL PRADEEP
20/01/2024	5th K.A.P.A. Mr. Ernakulam BodyBuilding & Physique Championship 2024 (Junior 70Kg) - SECOND	Ernakulam Athlete Physique Alliance	ATHUL PRADEEP
2023-24	Asmitha- Khelo India Khelo (W) 71 kg	Kerala State Sports Council	AKHILA A
29/03/2024- 30/03/2024	Kerala State Weightlifting Championship (Jr) 71 kg Third	Kerala State Sports Council	AKHILA A
29/03/2024- 30/03/2024	Kerala State Weightlifting Championship (Sr) 71 kg Third	Kerala State Sports Council	AKHILA A





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
15/04/2024	Inter Collegiate (Inter-Zone) Weightlifting Tournament (W) 71kg - First	School of Physical Education & Sports Science Mahatma Gandhi University Kottayam	AKHILA A
15/04/2024	Member of Inter University Weightlifting Championship (W)	School of Physical Education & Sports Science Mahatma Gandhi University Kottayam	AKHILA A
28/06/2024 - 29/06/2024	1st South Indian Wrestling Championship (Under 23) Second	Tamilnadu Amateur Wrestling Association	MOHAMMED ARSHID A
13/11/2023- 15/11/2023	70th Kerala State Senior Men & 25th Senior Wrestling Championship - SECOND	Kerala State Wrestling Association	MOHAMMED ARSHID A
15/04/2024	Inter Collegiate (Inter-Zone) Weightlifting Championship (74kg) Third	School of Physical Education & Sports Science Mahatma Gandhi University Kottayam	MOHAMMED ARSHID A





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
04/01/2023- 06/01/2023	Inter Collegiate (Inter-Zone) Weightlifting Championship (Under 67kg) - Third	School of Physical Education & Sports Science Mahatma Gandhi University Kottayam	MOHAMMED ARSHID A
04/11/2023- 06/11/2024	22nd Kerala State Senior Baseball Championship 2023-24 - Runner Up	Ernakulam District Baseball Association	SREYA SOLAMAN
23/10/2023- 24/10/2023	22nd Kerala State Junior Baseball Championship 2023-24 (Participation)	Kozhikode District Baseball Association	SREYA SOLAMAN
03/09/2023	28th Kerala State Junior Softball Championship For Boys & Girls 2023-24 (Participation)	Thrissur District Baseball Association	SREYA SOLAMAN
12/11/2023	27th Ernakulam District Junior Softball Championship - First	Ernakulam District Softball Association	SREYA SOLAMAN
12/09/2023	28th Ernakulam District Senior Softball Championship - Third	Ernakulam District Softball Association	SREYA SOLAMAN
22/11/2023	10th Ernakulam District Senior Throwball Championship 2023-24 - Second Runner Up	Thrissur District Baseball Association	SREYA SOLAMAN





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
19/08/2023- 20/11/2023	PRO15 - Karnataka State Under 75 Junior Squat, Benchpress and Deadlift CHAMPIONSHIP - FIRST	Professional PRO RAW Organization	AANSAL K.ANTONY
19/08/2023- 20/11/2023	PRO15 - Karnataka State Under 75 Junior Bench Press CHAMPIONSHIP - FIRST	Professional PRO RAW Organization	AANSAL K.ANTONY
19/08/2023- 20/11/2023	PRO15 - Karnataka State Under 75 Junior Deadlift CHAMPIONSHIP - SECOND	Professional PRO RAW Organization	AANSAL K.ANTONY
19/08/2023- 20/11/2023	PRO15 - Karnataka State Under 75 Junior Benchpress and Deadlift CHAMPIONSHIP - FIRST	Professional PRO RAW Organization	AANSAL K.ANTONY
19/08/2023- 20/11/2023	PRO15 - Karnataka State Under 75 Junior Squat CHAMPIONSHIP - FIRST	Professional PRO RAW Organization	AANSAL K.ANTONY
05/01/2024	46th MR. ERNAKULAM BODYBUILDING CHAMPIONSHIP (Under 75 Jr) THIRD	Body Building Association of Ernakulam District	ARUN E.A





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
17/09/2023	Ernakulam District Powerlifting Championship (Jr) 59kg - First	Ernakulam District Powerlifting Association	NIHAS N.S
23/09/2023	U.23 State Wrestling Championship - THIRD	Kerala State Wrestling Association	SANDHYA SHYAM
5th Ernakulam District U.23 Wrestling Championship - FIRST	Ernakulam District Wrestling Association	SANDHYA SHYAM	
25/02/2023	Ernakulam District Physique Alliance Sub Junior - Under 55kg - THIRD	Ernakulam District Physique Alliance	AJAY A.S
20/01/2024	5th K.A.P.A Mr. Ernakulam Bodybuilding & Physique Championship - FIFTH	Ernakulam Athlete Physique Alliance	AJAY A.S
20/01/2024	Mr. Ernakulam Bodybuilding & Physique Championship Sub Junior - Under 60kg - SECOND	Ernakulam Athlete Physique Alliance	AJAY A.S





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
02/08/2024- 04/08/2024	16th South Zone Senior Throwball Championship	Suvarna Karnataka Throwball Association, affiliated with the Throwball Federation of India	SUHAIL SHAHEER
26/02/2024- 03/03/2024	University Youth Festival Mappilapattu - First	Mahatma Gandhi University Kottayam	FARIS FAIZAL
26/02/2024- 03/03/2024	M G University Youth Festival Classical Music - A Grade	Mahatma Gandhi University Kottayam	VEDAVATHI S.MALLYA
26/02/2024- 03/03/2024	M G University Youth Festival Duffmuttu - First	Mahatma Gandhi University Kottayam	SAFDHAR K.S, AJOHN FERNANDEZ, IRFAN IBRAHIM, MUHAMMED RAMSHAD, MUHAMMED KAIF K.A, MUHAMMED YASIN, ADHIL TANVEER, AZHAR JAMAN C.S, ABDUL RAHMAN K.S, AMRITESH N.G







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
26/02/2024- 03/03/2024	M G University Youth Festival Kolkali - A Grade	Mahatma Gandhi University Kottayam	MOHAMMED RAMZI, SHAHABAS K.H, SAAD SANSEEN ABDULSALAM, FAYAS FAIZAL, MUHAMMED SAFWAN C.R, MOHAMMED IJAS P.E, GAUTHAM DAS T, AZHAR ZAMEEN, MUHAMMED ALTHAF V.S, NIHAD S.H, ZAMEEL C.A
26/02/2024- 03/03/2024	M G University Youth Festival Thiruvathira - A Grade	Mahatma Gandhi University Kottayam	Anjali M, Devika Krishna, Kalyani V.Menon, Ganga Sudheer V, Gayathri Sudheer V, Kochuthressya Titus, Adithya K, Avani K.S, Sreelakshmi G, Krishnapriya P, Akshara S.M





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
26/02/2024- 03/03/2024	M G University Youth Festival Oppana - A Grade	Mahatma Gandhi University Kottayam	AMALA K.N, ASHNA PAVITHRAN, FATHIMA NASRIN, SAJILA A, ROSHNA K.J, SHAHANA HARIS, GAYATHRY PRASANTH, NAJIHA JOOBI, ALFIYA MAJEED, RIDHA T.M, FIDHA FATHIMA, ROSNA ROY, ASNA P.S, SIMNA SIYAD
26/02/2024- 03/03/2024	M G University Youth Festival Skit - A Grade	Mahatma Gandhi University Kottayam	APARNA SATHEESH, NEHLA JENNAH JALEEL, DEVANUNNI SASI, AKHIL RIZWIN, NIKHIL ANTONY NANDANA K.A
26/02/2024- 03/03/2024	M G University Youth Festival One Act Play - A Grade	Mahatma Gandhi University Kottayam	NIKHIL ANTONY NANDANA K.A, AKHIL RISWIN, DEVADATHAN, APARNA SATHEESH, HUSAIN P.N, NEHLA JENNAH JALEEL, DEVANUNNI SASI





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
12/05/2023 - 14/05/2023	33rd Junior Throwball Championship	Coimbatore, Tamil Nadu	Suhail Shaheer





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

## 2 List of participants in Sports And Cultural Events Year 2022-23

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
20/08/2022	Sports Week Celebration Futsal (Football Tournament)	The Cochin College, Kochi-02	NIKHIL ANTONY, SAMUAL RAPHEL, ANAS K.S, MOHAMMED FARHAN, RUDRAKSH RAJ, MOHAMMED FARHAN A.H, AMITH IMMANUEEL, MUHAMMED KAIF K.A, ARSHANATH SIVADAS P.S, BEVAN XAVIOR, MUHAMMED RAIHAN
06/12/2022	The Cochin College Fiesta Football Tournament	The Cochin College, Kochi-02	ARJUN, AMAL RAVI, SHAFEEK, VISWANATH, PREJITH, HEMAL P. VINCENT, SANJEEV, MUHAMMED RIZWAN, FRANCIS, NOUFAL, ROBIN RETEL, ROBIN, ASLAM TK
10/09/2022	Intercollegiate Kabaddi Tournament	M.G University,Kottayam	AMEER A.S, DHINA T, SAHAL ABDULKALAM, ADARSH V.S, SREEMUTHU S, GIREESH S, SHIFAS K.S, AARSHANATH B, ARJUN B.PATEL, SREERAM VINEETH KUMAR, PRAYAG, SREEKANTH, SOORAJ, JAMES, ADRASH P.R





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
04/12/2022	The Cochin College Winter Cup Football Tournament	The Cochin College, Kochi-02	HISHAM NA, SHOWN AS, ARJUN A.S, ABDUL MASOOD, FAIZ FARZAM, ATHUL BABU, ALESH ALDHIN, AMEN K.N, SAFWAN, VIVEK, AMAL MOHAN, ABHINAV
23/08/2024- 24/08/2024	5's - A Side Inter Department Futsal Tournament	The Cochin College, Kochi-02	RANJITH, IRFAN A, HAFIZ, SHIYAZ, MUHAMMED AMEEN, ROHITH JUDE
13/06/2022	International Yoga Day Celebration	Indian Coast Guard	AKHILA A, MOHAMMED ARSHID A, VINAYA K, ADHITHYAN K.S, NAYANA SANTHOSH, PRIYANKA P.M, MARIYA JOSE, REMYA ROSHINI, SAHAL P.A, JIBIN ISSAC, JAMES CRIS K.J
16/08/2023- 17/08/2023	Inter Departmental Penalty Shootout	The Cochin College, Kochi-02	Vijay, Muhammed Anas, Rasheed, Ammal K.R, Ummer Rashid, Ravi Kumar





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
20/10/2022	M G University Intercollegiate KHO KHO Tournament	MG UNIVERSITY, KOTTAYAM	MRIDULA P.M, SWATHI SANJEEV, APARNA ANILKUMAR, MARIYA MEHANA, KOCHURANI ALEENA K.J, PRIYANKA P.M, KRISHNA PRIYA C.S, TRESA SANIYA, TREESA RIYONA M.J, MARYKUTTY JOSEPH, SANGEETHA T.J, THEJASWINI T, ASHNA PAVITHRAN
18/09/2022- 20/09/2022	M G University Intercollegiate Football Tournament	MG UNIVERSITY, KOTTAYAM	IBIN ISSAC, SAHAL P.A, AMAL MOHAN, RAJKIRAN K, KEVIN GEORGE, JOSEPH WDWIN, AVINASH PETER, KRISHNAN, AMITH, JYOTHISH, SABURTH, RAIHAN, CLIFFORD, NIKHIL ANTONY
09/11/2022	Malayalam Dictation Competition	Department of Malayalam and Library, The Cochin College, Kochi-02	Parvathy D
29/07/2022	Inter Collegiate Digi-Poster Making Competition	Department of Zoology, The Cochin College, Kochi-02	Asna KH, Rekha V.R, Athulya Shaji, Athulya Rajesh, Aleena Mary P.P, Aarcha Soman





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
11/08/2022 and Poster Making Competition	Department of English	Helpage India	Aparna Satheesh, Athulya Shaji, Prathyush M.V, Hussain Hassan, Rekha V.R
11/08/2022	Elocution Competition	English and Malayalam Literary and Debating Club, The Cochin College	Ms. Athira, Ms. Poornima Umesh, Mr. Krishna Prasad S. Pai, Ms. Divya Shijumon, Ms. Mohammed Sabith, Mr. Nithin Babu, Mr. Dheeraj Mithran
10/08/2022	Essay Writing Competition - English, Malayalam and Hindi	Literary and Debating Club, The Cochin College	Annapoorna V.G, Krishnaprasad S. Pai, Aparna Rajesh, Ms. Shifa A.S, Ms. Josna Joshy, Ms. Fayas V.A
10/08/2022	Poetry Writing Competition - English and Malayalam	Literary and Debating Club, The Cochin College	Ms. Annapoorna V.G, Ms. Amanda Lawrence, Ms. Akshara P.A, Ms. Maria Felna P.J, Mr. Nithin Babu
07/11/2022	Kavitha Parayanam	Department of Malayalam and Library, The Cochin College, Kochi-02	Aparna Satheesh
11/11/2022	Online Malayalam Literary Quiz	Department of Malayalam and Library, The Cochin College, Kochi-02	Manu Mohan, Aiswarya Rajeev, Ruksana Bai, Devika Devanath, Mathew Lawrence, Krishnaprasad S. Pai, Pavithra Sanjeev, Haseena Muneer







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
10/11/2022	Poetry Recitation Competition	Department of Malayalam and Library, The Cochin College, Kochi-02	Ms. Aleena Anish
20/10/2022	Miss Cochin College Contest	The Cochin College, Kochi-02	Ms. Aparna Satheesh, Ms. Rishipriya, Ms. Swetha S. Kamath
28/01/2022	Mobile Photography Competition	Department of Zoology, The Cochin College, Antrix Corporation Ltd and Kerala Bioblitz	Ms. Divya John, Mr. Nithin Paul, Mr. Adith Syam
11/10/2022	Drugs Awareness Quiz Competition	NSS, The Cochin College Unit 51	Ms. Anusree, Mr. Akshay T.S, Ms. Ardra
12/01/2023	Poster Designing Competition	NSS, The Cochin College Unit 51	Ms. Aishwarya Riya E.J, Ms. Aleena Mary P.P, Ms. Rekha V.R
12/08/2022	Placard Making Competition	NSS, The Cochin College Unit 51	Ms. Malavika K. Binu, Ms. Aldriya Nixon, Mr. Manu Mohan, Mr. Francis Savio, Ms. Afeefa P.R
08/07/2022	Poster Painting Competition	Department of Zoology, The Cochin College	Ms. Sharon Carmel, Ms. Aishwarya Elizabeth, Ms. Athira P.S





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
22/06/2022	Reading Competition - Malayalam and English	Department of Malayalam and Library, The Cochin College, Kochi-02	Ms. Vidhya M.V, Ms. Nandana T.R
05/06/2022	Poster Designing Competition	Department of Botany, The Cochin College	Ms. Aleena Rajesh, Ms. Heena Simon, Ms. Misriya T.Z
23/08/2022	Onam Celebration - AATTAM 2022-POOKKALA MALSARAM, THIRUVATHIRAKALI MALSARAM	The Cochin College, Kochi-02	Sneha S, Sunitha K, Adithya MS, Aswin A.S, Jayakrishnan P.A, Athira A, Shattin Siomon, Jasmine, Shiya Thomas, Anju Sunny, Mariya Sandwana, Vinu T.K, Akash T.V
15/08/2022	Patriotic Song Writing Competition - English, Malayalam and Hindi	Department of Botany and Bhoomitra Sena Club, The Cochin College	Ms. Athulya Shaji, Ms. Aarcha Soman, Ms. Aleena Rajesh, Ms. Ruksana M.L
21/03/2023	PowerPoint Making Competition	Department of Botany, The Cochin College	Ms. Athulya Shaji, Ms. Aarcha Soman
13/06/2022	Painting Competition	Indian Coast Guard	Ms. Rekha V.R
12/05/2023	Online Poster Making Competition	NSS, The Cochin College Unit 51	Ms. Arya Jayan, Mr. Arun G Rao, Ms. Ganga Sudheer, Ms. Gayathri Sudheer, Ms. Ruksana M.L





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
07/02/2023	Pepper Sav	Department of Commerce, The Cochin College, Kochi-02	MUHAMMED ASLAM K.S, SIVAPRASAD P.P, NIVEDITHA M, ATHUL MICHAEL, JYOTHILEKSHMI V.R, NIDHA FATHIMA, SALMA K.A, ALKA JUSTIN, SABIRA K.H, AFIMOL P.K, SANA T.S, ALI NAZEER MEHABOOB, ARJUN K. MADHU, REVATHY K.K, MARY ALFIYA JUDE
20-03-2023 - 22-03-2023	HALLA BOL - College Youth Festival	The Cochin College, Kochi-02	AMAL VENU, ABHIJITH A.S, AKSHITH S. BHAT, Meghna Tharakan, AMALA K.N, ASHNA PAVITHRAN, FATHIMA NASRIN, SAJILA A, ROSHNA K.J, SHAHANA HARIS, GAYATHRY PRASANTH, NAJIHA JOOBI, ALFIYA MAJEED, RIDHA T.M, FIDHA FATHIMA, ROSNA ROY, ASNA P.S, SIMNA SIYAD





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
19-12-2022 TO 20-12-2022	Nadaka Kalari	The Cochin College, Kochi-02	NIKHIL ANTONY NANDANA K.A, DEVADATHAN, APARNA SATHEESH, ANJNA K.A, NIDHUNA RAJESH, FIROZ BABU, HUSAIN P.N, NEHLA JENNAH JALEEL
01/11/2022	KERALA SRIMAN - MALAYALI MANKA COMPETITION	The Cochin College, Kochi-02	Arjun B.Patel, Swathy Krishna
22-12-2022	Christmas Celebrations and Carol Competition	The Cochin College, Kochi-02	ANANDU P.P, SHIFANA N.S, KONJITHA P, MIZRIYA T.Z, ALAN ANTONY, SRIPRIYA, INDRAJITH RAMESHAN, SONA MARIYA, POORNIMA SHENOY, SACHIN SURENDRAN, SALMAN
08-02-2023 to 12-02-2023	M G University Youth Festival Aneka Oppana - First	Mahatma Gandhi University Kottayam	FASEELA AH, SHANA PARVEEN, SHAHANA HARIS, SAJILA A, SIMNA SIYAD, NOURIN RAFEEQUE, FARSANA K.N, ASHNA PAVITHRAN, RISWANA K.A, AFIYA FATHIMA P.Y





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
19-01-2023	Exploria - An Inter College Tech Fest Treasure Hunt	Department of BCA, The Cochin College, Kochi-02	Anila Rathan, Vaani S. Bhatt, Arshith, Anandhu, Abhishek, Abhinav, Abhirami, Kalyani S, Lakshmi T.S, Gokul S, Rahul, Yazeer Mohammed, Muhsin Shah, Rathin Thamb, Nihal, Faraz, Farhani
19-01-2023	Exploria - An Inter College Tech Fest Best Management Team	Department of BCA, The Cochin College, Kochi-02	Rekha K.R, Binsha T, Asheeka Muneer, Nigitha Jammer, Athul S, Aryananda P.R, Asma A.Y, Fathima K.A, Adnan Sameer, Fariz P.H, Fazeela A.S, Adithya N.S, Vivek K.S
19-01-2023	Exploria - An Inter College Tech Fest Web Designing	Department of BCA, The Cochin College, Kochi-02	Abhinav, Abhirami, Kalyani S, Lakshmi T.S, Gokul S, Rahul, Yazeer Mohammed, Asma A.Y, Fathima K.A, Adnan Sameer, Fariz P.H, Fazeela A.S, Adithya N.S, Vivek K.S
19-01-2023	Exploria - An Inter College Tech Fest Music and Dance Competition	Department of BCA, The Cochin College, Kochi-02	Rekha K.R, Binsha T, Asheeka Muneer, Nigitha Jammer, Athul S, Aryananda P.R, Asma A.Y, Fathima K.A, Anila Rathan, Vaani S. Bhatt, Arshith, Anandhu, Abhishek





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
29/07/2022 - 31/07/2022	Kerala State Women's Classic Powerlifting Championship (84 kg Junior) - Third	Kerala State Powerlifting Association	NAYANA SANTHOSH
10/11/2022 - 11/12/2022	Kerala State Men's Classic Bench Press Championship (Jr) - 66 kg - THIRD	Kerala State Powerlifting Association	NIHAS N.S
12/11/2022	Ernakulam District Bench Press Championship (Jr) - SECOND	Ernakulam District Powerlifting Association	NIHAS N.S
12/04/2023	Inter Collegiate (Inter-Zone) Wrestling (M) 92 kg - FIRST	School of Physical Education & Sports Science Mahatma Gandhi University Kottayam	ALAN ANTONY
04/02/2023	44th Kerala State Jr. Men Wrestling Championship (under 20) - FIRST	Kerala State Wrestling Association	MOHAMMED ARSHID A





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
26/11/2022 - 27/11/2022	69th Kerala State Senior Men Wrestling Championship - SECOND	Kerala State Wrestling Association	MOHAMMED ARSHID A
15/10/2022 - 17/10/2022	58th Kerala State Senior Indian Style Men Wrestling Championship (under 65 kg) - THIRD	Kerala State Indian Style Wrestling Association	MOHAMMED ARSHID A
09/08/2022 - 10/08/2022	4th Kerala State under 23 Men Wrestling Championship - SECOND	Kerala State Wrestling Association	MOHAMMED ARSHID A
12/04/2023	Inter Collegiate (Inter-Zone) Wrestling Championship (65 kg) - FIRST	School of Physical Education and Sports Science Mahatma Gandhi University Kottayam	MOHAMMED ARSHID A
28/07/2022	Ernakulam District Wrestling Championship (Under 23 Category) - FIRST	Ernakulam District Wrestling Association	MOHAMMED ARSHID A
30/10/2022	Ernakulam District Sr. Wrestling Championship (67 kg) - FIRST	Ernakulam District Wrestling Association	MOHAMMED ARSHID A







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
11/02/2023	Ernakulam District Wrestling Championship (Under 20 Category) - FIRST	Ernakulam District Wrestling Association	MOHAMMED ARSHID A
10/12/2023	Mr. Alleppey Bodybuilding and Physique Championship (Sub Junior)	District Body Building and Best Physique Championship	HARIKRISHNAN M.B
01/10/2022	31st Ernakulam District Senior (Men and Women) Wushu Championship	Wushu Association of Kerala	ANJALY ROSE VARGHESE
08-02-2023 to 12-02-2023	M G University Youth Festival Aneka Mohiniyattam - A Grade	Mahatma Gandhi University Kottayam	MEGHANA P.V
08-02-2023 to 12-02-2023	M G University Youth Festival Bharatanatyam - A Grade	Mahatma Gandhi University Kottayam	ARYA RAJAN
08-02-2023 to 12-02-2023	M G University Youth Festival Aneka Classical Music - A Grade	Mahatma Gandhi University Kottayam	VEDAVATHI S, MALLYA
30-04-2023	Ernakulam District Classic Powerlifting Championship	Ernakulam District Classic Powerlifting Association	Ansar K. Antony





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
16/08/2022	Azadi Ka Amrit Mahotsav-CPatriotic Song Competition	Cultural Club Cochin college	MARIYA SANTWANA, LEVIN IMMANUEL, ANJANA A, AMRITHA DAS, PARVATHY P, GOP[IKA N.R, SWETHA S, ANJU SUNNY, ANIRUDH M.S





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

## 3 List of participants in Sports And Cultural Events Year 2021-22

DATE OF THE EVENT/ ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
20/08/2022	Inter Collegiate Cricket tournament	MG University, Kottayam	JIBIN ISSAC, SAHAL PA, AMAL MOHAN, RAJKIRAN K, KEVIN GEORGE, JOSEPH WDWIN, AVINASH PETER
29/07/2021	Intercollegiate Elocution and slogan writing competition	Department of Zoology, The Cochin College	A,S Ibrahim Hussain, Nandana Madhusoodanan, Sharon Karmal, Athira P.S, Anna Sebastian, Pavithra P, Vinayak R
06/11/2021	Online Inter Collegiate Essay competition	Department of Malayalam and Library, The Cochin College	Ms. Shiya Thomas
21/02/2022	Extempore Speech Competition	Department of Malayalam and Library, The Cochin College	Mr. Eashwar S. Aiyar
10/07/2021	Inter Collegiate Essay Writing Competition	Department of Malayalam and Library, The Cochin College	Ms. Anakha N.S.
04/11/2021	Online Speech Competition	Department of Malayalam and Library, The Cochin College	Ms. Nandana T.R.





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY(DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
05/09/2021	Poster Making Competition	Library, The Cochin College	Ms. Mohammed Faraz
12-07-2021	ESSAY COMPETITION: POPULATION IN INDIA	The Cochin College - Kochi-02	ANAGHA N S, ABHIRAM P R, VRINDHA R PAI, SISIRA VENUGOPAL, SHAHANAS P N, ANANDHU K P, MOHAMMED SHAH
01-09-2022	Onam celebration- ADI SAKKE 2021- POKALAMALSARAM	The Cochin College - Kochi-02	ADARSH, ANJANA, ANAKHA, ANJALY, REKHA, MALAVIKA, ANU JOSE, TREASA, JOYAL, NOYAL, RAHUL, SALMAN, SANUJ, FARHAN, FATHIMA, FASEELA
26-03-2022	Tetralingual Quiz	Departments of Languages and Library The Cochin College	Amrith, Fazia, Shahanas P, Fathima, Dalmiya, Sreevidhya
6/06/2021	Inter University Inter Collegiate Photo Competition	Bharat Matha College -Thrikkakara	Devika Devanath





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY(DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
5-01-2022	Cochin College Talent Fest- YUVA SANGAMAM 2021- Classical Dance Competition	Cultural Club Cochin College	Adheena N Shibu, Arya Rajan, Ambily C S, Neethu R, REVATHY, Lakshmi J, ANAKHA, ANJALY, RAHUL, RUTHIK, NIKHIL, ANAMIN, PRAVEEN, SANJAY, MIRSHEEN, SHAHUL, GANESH, JOYAL, RADHIKA RANI, MANJULA S BHATT, ASWIN PANIKAR, REKHA RAJ, RAHUL K P, REVATHI, ANEETA JJI, ASHNA P S, RAKHI RAJ
27/11/2022 to 30/11/2022	FIRST - KHELO INDIA Women's South League Championship (Under 60kg)	KHELO INDIA Women's South League South Zone	ANJALY ROSE VARGHESE
28/10/2022 to 02/11/2022	31st Senior Wushu Championship, Participation	Wushu Association of INDIA	ANJALY ROSE VARGHESE
01/10/2022	PARTICIPATION - 31st Ernakulam District Senior (men and Women) Championship (Under 60kg)	Ernakulam Wushu Association	ANJALY ROSE VARGHESE





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY(DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
03/10/2022	FIRST - 31st Kerala State Senior (men and Women) Championship (Under 60kg)	Kerala State Senior (men and Women) Wushu Championship	ANJALY ROSE VARGHESE
01/11/2021 to 03/11/2021	FOURTH - Kerala State Classic Bench Press Championship Under 74 kg	Kerala State Powerlifting Association	AIDEN BENOY
17/10/2021	SECOND - Power Lifting Championship Sub-Junior Under 74 kg	Ernakulam District Powerlifting Association	AIDEN BENOY
11/03/2022 to 13/03/2022	SEVENTH - Classic Powerlifting Championship (76 KG Jr)	Kerala State Powerlifting Association	NAYANA SANTHOSH
18/04/2022	PARTICIPATION - All India Inter University Wrestling Men Championship	School of Physical Education and Sports Science Mahatma Gandhi University Kottayam	SHAHID E.B
05/10/2021 to 07/10/2021	SECOND - 68th Kerala State Senior Men and 23rd senior women Wrestling Championship (under 82 kg)	Kerala State Wrestling Association	SHAHID E.B





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY(DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
18/04/2022	THIRD - Judo Men Championship (Under 90 kg)	School of Physical Education and Sports Science Mahatma Gandhi University Kottayam	SHAHID E.B
07/01/2022 to 09/01/2022	PARTICIPATION - 43rd Kerala State Junior Men and 24th Junior Women Wrestling Championship (under 65kg)	Kerala State Wrestling Association	MOHAMMED ARSHID A
18/04/2022	Wrestling Men Championship (70 kg) Second	School of Physical Education and Sports Science Mahatma Gandhi University Kottayam	MOHAMMED ARSHID A
16/01/2022	SECOND - Olympic Games (67 Category)	1st Ernakulam District Olympic Games -2022	MOHAMMED ARSHID A
01/05/2022 to 05/05/2022	THIRD - M G University Youth Festival- THE WAKE UP CALL 2022 Duffmuttu	M G UNIVERSITY, KOTTAYAM	SAMEER KN, MOHAMMED KAIF K.A, IRFAN IBRAHIM, ASHBIN K.A, NOUFAL K.N, NASEEB N, AJMAL KHAN





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY(DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
01/05/2022 to 05/05/2022	A GRADE - M G University Youth Festival- THE WAKE UP CALL 2022 Classical Music (F)	M G UNIVERSITY, KOTTAYAM	MANJULA S.BHAT
01/05/2022 to 05/05/2022	A GRADE - M G University Youth Festival- THE WAKE UP CALL 2022 Stringed Instrument Western Style	M G UNIVERSITY, KOTTAYAM	RADHIKA RANI
01/05/2022 to 05/05/2022	A GRADE - M G University Youth Festival -THE WAKE UP CALL 2022 Light Music (M)	M G UNIVERSITY, KOTTAYAM	ASWIN P.PANIKKAR
01/05/2022 to 05/05/2022	A GRADE - M G University Youth Festival - THE WAKE UP CALL 2022 Other Forms of Classical Dance	M G UNIVERSITY, KOTTAYAM	ADHEENA N.SHIBU







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

## 4 List of participants in Sports And Cultural Events Year 2020-21

DATE OF THE EVENT/ ACTIVITY	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
22/11/2020	Limca and Asian Book Of Records (DOT ART)	Indian Book Of Records	ALEENA MARY P.P
11/01/2021	Pixography Competition	Cochin College Union	Aman Sherif, Shan, Aziya
06/11/2020	Online Literary Malayalam Quiz	Department of Malayalam and Library, The Cochin College	Ms. Shyamili Rajendran
05/11/2020	Malayalam Story Telling Competition	Department of Malayalam and Library, The Cochin College	Ms. Daniya Antonhy
07/11/2020	Photography Competition	Department of Malayalam and Library, The Cochin College	Ms.Haritha Santhosh
28/11/2020	Canvas Painting Competition	Women's Guidance Cell, The Cochin College, Kochi	Ms, Aiswarya N.B
07/05/2021	Geethanjaly Online Painting Competition and Art Exhibition	Department of Physics, Film Club and Website Committee, The Cochin College	Ms. Megha Sagar, Mr. Shon Francis, Mr. Prathyush M.V, Ms. Fousiya P.N, Mr. Kyaron Joy, Ms. Daleesha Raphael, Ms. Anjana Ashok





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
25/06/2020	Essay Writing Competition	St. Joseph's College for Women, Alappuzha	Revathy D.R
19/08/2020	Mobile Photography Contest	Marthoma College for Women, Perumbavoor	Aiswarya N B
29/06/2020	Book review competition	Dept of Malayalam and Library	ANAGHA BABU
25/11/2020 to 27/11/2020	The Cochin College Fest KALAYAVANIKA	The Cochin College Union	ATHIRA K V, AASIYA FIROZ, GOWRI MAHESWARI, BINIL VINCENT, EVELIN ELIZABETH, ANITA MALCOM GOMEZ, DEVIK HARIKUMAR, AKSA M S, SACHIN SURENDRAN, SANAAL MAJEED, SOUPARNIKA S, MUHAMMED SABIT H, HARITHA SANTHOSH, ANJANA N V, SACHIN SURENDRAN





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
05/01/2021	Inter Collegiate Cricket Tournament	Rajagiri College of Social Science	AMEER KN, MOHAMMED KAIF, K.A, IRFAN IBRAHIM, ASHBIN K.A, NOUFAL, K.N, NASEEB N, AJMAL KHAN, AJMAL K R, Muhammed Rayis, Abdul Kareem, Vivel k p, Sooraj k p, Muhammed Fahad, Imran k m
25/02/2021 - 26/02/2021	Extempore and Poetry Recitation Competition	The literary and debating club, The Cochin College	FAYAS V.A, MEHANAZ SHAMSUDEEN, NAYANA RAJESH, ASEEFA M A, LAKSHMIPRIYA, ANJALI M., NANDHANA SUGESH.P.S
02/03/2021- 03/03/2021	19th Kerala State Sub Junior Trowball Championship	Kerala Throwball association	A.S. AL AMEEN, RIZWAN K R, ARFAS SAVAD, FARDHEEN K. M
29/06/2020	Inter Collegiate Essay Writing Competition	Department of Malayalam and Library, The Cochin College	Mr. Kannan M, Ms. Divya S. Shajahan





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ ACTIVITY	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
29/03/2021	SECOND - Indian Style Men Wrestling Championship (under 84 kg Senior)	Kerala State Indian Style Wrestling Association	SHAHID E.B
31/08/2021	SECOND - Wrestling Men Championship-(Under 79 kg)	School of Physical Education and Sports Science, Mahatma Gandhi University, Kottayam	SHAHID E.B





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

## 5 List of participants in Sports And Cultural Events Year 2019-20

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
7/02/2019	The Cochin college Neymer Cup Football Tournament	The Cochin College-Kochi-02	HAKEEM K.A,FIJAS P S,FARAZ ABDUL KHADER K AUwais Muhammed,ADHANAN JASEEM AH, SAHAL PA, AMAL MOHAN, RAJKIRAN K,ABIJITH N S, Javeed K K, Muhammed Riyas, Irfan P, Devanunni K, Juwiad E
12/12/2019- 18/12/2019	Sports Week-Inter collegiate football tournament	The Cochin College-Kochi-02	JIBIN ISSAC,ADHANAN JASEEM AH, SAHAL PA, AMAL MOHAN, RAJKIRAN K,ABIJITH N S, KEVIN GEORGE,AADARSH B., AKELESH JAYAKUMAR,FAHADH SIYAD,JOSEPH WDWIN, AVINASH PETER





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
23/01/2019	CC Cup Football Tournament	The Cochin College-Kochi-02	JOEL EUGINE, JUNAID M N, Joseph Jose, Abraham, Joswin Mathew, MANUSH M S, MOHAMMED YASIR. S, PRAVEEN.M, SAFVAN K Y, VIVEK V S, Amar Muhammed
13/02/2020	Inter department cricket tournament	The Cochin College-Kochi-02	AVANEETH MENON, IRFAN MALIK, MUHAMMED ALTHAF, SHAHABAS K.H, JABIR, JASIM MOHAMMED ARSHID, AIDEN BINOY, HARI KRISHNAN, HANOCH PATRIC, NAVEEN, MUHAMMED SAHIL
18/02/2020	The Cochin College Inter department futsal football tournament	The Cochin College-Kochi-02	Hormese Jose, Muhammed Uwais, Issa Bbay, Santhosh K, Premjith T, Binoy K K, Ismail J, Rasheed P, Muhammed Irfan, Juwaid S, Aboobakar, Imran S





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
15/08/2019	Inter Collegiate Flashmob competition	Southern Railway	Rashid Rasheed, Flagin Xavier, Abhirami Shenoy, Konjitha P, SOURAV K. DIMITROV, APARNA SANILKUMAR, NEHA SHAJI, CHRIS LONAPPAN, AASHIL AMBUJAKSHAN, SWETHA S, AKSHAY T S, AKSHAY BIJU, FATHIMA N N, THAZLEENA K A, SANDRA SANTOSH





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
10/11/2019- 11/10/2019	Sports week -Athletics Competition	The Cochin College- Kochi -02	Riswan, Jamal P P, VAISHNAVI, Kevin, Abraham, Midhun, Varun, Shankar, TERRIN JOSEPH, SNEHA M. R, MAZROOR AHAMMED. K., AISWARYA D, AJAL MATHEW, ANEETTA A.P, ARUN SANTOSH, ANJANA K R, MUNAS T H, SREELAKSHMY V S, Geethu Vijyan, Steffy Jose, IBABINDH MOHAMED SHARIF, MEENAKSHI M.R, DILRUPA K S, Pr, NIHARA PRAMOD, ithvi Rajan, Abijith R, Rohini Jayan, ABHIJITH P A, AISHWARYA K M Aloushy P P
25/10/2019	Elocution & Debating Competition	DLD Club, The Cochin College - Kochi	Mr. Mathew Paul, Joseph Amal, Avania Vincent







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
20/11/2019- 24/11/2019	KALA VIPANCHIKA -College Arts Festival	The Cochin College Union	Konjitha P, SOURAV K. DIMITROV, APARNA SANILKUMAR, NEHA SHAJI, Rashid Rasheed, Flagin Xavior, Abhirami Shenoy, AKSHAY BIJU, FATHIMA N N, THAZLEENA K A, SANDRA SANTOSH, JASIM MOHAMMED ARSHID, AIDEN BINOY, HARI KRISHNAN, HANOCH PATRIC, NAVEEN, MUHAMMED SAHIL, METILDA SANTIYA KV, ABHIRAMI P T, ANASWARA ROYAL, MALAVIKA N SHAJI, MUHSINA N, VAISHAKHY PRADEEP, HANNA MARIA, KRISHNAPRIYA NANDAKUMAR, STANIYA ANN N A, ARUN G RAO, FATHIMA P F, SREELAKSHMI R S, SHAHANA HARIS, SANDRA SUKUMARAN, MARYAM MEHANA KADUTHUSE ASHISH C PRADEEP, SALVA





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
13-01-2020	MEHANDI FEST	The Cochin College Union	HAZLEENA, RAHANA, SHAHANAS, MRIDULA, JYOTHY, KRISHNA, APARNA, ANUPAMA, VRINDA, MANJU, RESHMITHA, ANJALY, MUHAMMED NISSAN
18/09/2019	Kite Competition	The Cochin College-Kochi -02	Abdul Samad, Safna Muhammed, Imran S, RENJITH KUMAR S, ABIJITH, Hormese, Sahad, Luke Varghese
20/10/2019	PubG Competition	The Cochin College-Kochi -02	Jyousha, Issra Jose, Hiba Peter, Abraham, Joshuva, Rohith P P, Aboobakar, Remya Rose, Steffy, Kshtera P E, Juvail, Devan Uni, Adrash, Uwais Muhammed
26-06-2019	LITERARY COMPETITION-I IDENTIFYING THE AUTHOR-	Cochin College Library and Departments of language	Parvathy A Nair, Vishnujith D V





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
26-06-2019	LITERARY COMPETITION - Book Review	Cochin College Library and Departments of language	Parvathy A Nair, Namitha, Lakshmi Subhash, Gayatri S
27-06-2019	LITERARY COMPETITION - Reading Competition - Hindi	Cochin College Library and Departments of language	Brinda Shah
27-06-2019	LITERARY COMPETITION - Reading Competition - French	Cochin College Library and Departments of language	Amrutha J
28-06-2019	LITERARY COMPETITION - Reading Competition - Malayalam	Cochin College Library and Departments of language	Eveline Elizebeth, Rahana A A
28-06-2019	LITERARY COMPETITION - Reading Competition - English	Cochin College Library and Departments of language	Athira T, Aneeta Malcom





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
01-07-2019	LITERARY COMPETITION- Quiz	Cochin College Library and Departments of language	Eveline Elizabeth, Krishna C S, Sunaina N, Lakshmi K K
05-07-2019	Basheer Anusmaranam - Speech Competition	Cochin College Library and Department of Malayalam	Fouziya P N, Sreelakhmi A S
05-09-2019	Onam Celebrations - UPPERI 2019 - Pookalam Malsaram, Uri Adi and Kasera kali	College Union, Cochin College	Anamika B. Rajesh, Farhana B. Noushad
01-07-2019	Powerpoint presentation competition	Library and department of Malayalam	Ms. Sahadiya A. Y





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

email: [email@thecochincollege.edu.in](mailto:email@thecochincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
30-01-2020	Peppersav-V	ED club and department of Commerce	ANN MARIA O. L, DEVIKA V. SANJOJ, ANN MARIA O. L, FARZEENA V. S, BLESY BENNY, ATHULYA A, RASNY T. S, MUHAMMED SUHAIL N N, SWAROOP C. SIJI, VINAYAK R, Sreelakshmi A. Pai, Libin George, Fathimath Safa A. S, PRATHYURAJ P. P, SALMA K. A, ATHIRA A S, RETHIKA SOHINI,,ANANDHU KRISHNA,GAYALI M. S,FARZANA . P . H,MOHAMMED NAZARUD-HEEN.A.N,SHIBINA. T. B,ANDRIYA D'COUTHO,DEEPTHISHA S,HUSNIYA BASHEER,NANDHANA SUGESH.P.S,MRUTHU. K.P,ARJUN S,DEEPTHISHA S





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
23-01-2020 TO 24-01-2020	M G UNIVERSITY NADAKOLSAVAM- KUDIYIRACKAL	M G UNIVERSITY	RAHUL VARGHESE, ADARSH A. NAIR, MUHAMMAD MUSSAMMIL, FIROZ, MODI ASWATHY LEVEN, MOL
05/01/2020	Inter Collegiate Cricket Tournament 2020	M G University, Kottayam	MOHAMMED NAZARUDHEEN.A.N,VISHAL M.P.,SIVAPRASAD S. PAI,AJAY JOLLY PAWATHIL,HUSSAN M S,MUBEENA K M,MOHAMED SAHIL P N,SANJAY SANTOSH
26/02/2020	FIRST - Weightlifting (W) Championship-(Under 71 kg) First	M G University Kottayam, School of Physical Education & Sports Sciences	REMYA ROSHNI
19/10/2020- 20/10/2020	SIXTH - Bodybuilding and Fitness Championship	National Amateur BodyBuilders Association & World Fitness Federation Of India	ANANTHU P. P





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
26/02/2020	Inter Collegiate (Inter Zone) Best Physique Championship(60 kg) Third	M G University Kottayam, School of Physical Education & Sports Sciences	ANANTHU P. P
23/11/2019-27/11/2019	National Equipped Mens Bench Press Championship (Under-66kg), Sixth	Kerala State Power Lifting Of India	MOHAMMED FAROOQ
02/11/2019-03/11/2019	FIRST - Kerala State Equipped Junior Men Bench press championship(Under-66kg)	Kerala State Power Lifting Of India	MOHAMMED FAROOQ
02/11/2019-03/11/2019	Kerala State Unequipped Junior Men Bench Press Championship, (Under-66kg), Third	Kerala State Power Lifting Of India	MOHAMMED FAROOQ





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
26/02/2020	SECOND - Inter Collegiate (Inter Zone) Powerlifting (under -66kg)	M G University Kottayam, School of Physical Education & Sports Sciences	MOHAMMED FAROOQ
07/09/2019	15th Kerala State youth boys and girls Weightlifting Championship (Under-81kg), Third	15th Kerala State youth boys and girls Weightlifting Championship	MOHAMMED YASEEN
02/11/2019	SECOND - Unequipped Sub Junior Men Bench Press Championship, (Under-66kg), Second	Kerala State Power Lifting Of India	ATHUL PRADEEP
26/02/2020	South Zone Inter University Table Tennis (M)Member( participation)	M G University Kottayam, School of Physical Education & Sports Sciences	RAIJU K. J







# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
04/05/2019- 05/05/2019	TENTH - Classic Jr. Men Powerlifting Championship Under 74 kg	Kerala State Power Lifting Of India	AIDEN BENOY
27-02-2020 to 02-03-2020	M G University Youth Festival Duffimuttu-First	Mahatma Gandhi University Kottayam	MOHAMMED ANEES T. N
27-02-2020 to 02-03-2020	FIRST - M G University Youth Festival Kolkali	Mahatma Gandhi University Kottayam	BASIM JAMAL, ALBERT LOUIS
27-02-2020 to 02-03-2020	FIRST - M G University Youth Festival Oppana	Mahatma Gandhi University Kottayam	Anamika B. Rajesh, Farhana B. Noushad
27-02-2020 to 02-03-2020	SECOND - M G University Youth Festival Mime	Mahatma Gandhi University Kottayam	MERLIN LAWRENCE, MEENAKSHI K. B, MOHAMMED DILFAR
27-02-2020 to 02-03-2020	SECOND - M G University Youth Festival Skit	Mahatma Gandhi University Kottayam	VISHNUJITH D. V, SABARINATH U. S, HARITHA SANTHOSH, AMISHA T. V





# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochoincollege.edu.in](http://www.thecochoincollege.edu.in)

email: [email@thecochoincollege.edu.in](mailto:email@thecochoincollege.edu.in)

DATE OF THE EVENT/ACTIVITY (DD/MM/YYYY)	NAME OF THE ACTIVITY	NAME OF THE ORGANISING INSTITUTION	NAME OF THE STUDENT PARTICIPATED
27-02-2020 to 02-03-2020	THIRD - M G University Youth Festival Hindi Short Story Writing	Mahatma Gandhi University Kottayam	FOUZIYA P. N
27-02-2020 to 02-03-2020	THIRD - M G University Youth Festival Hindi Recitation	Mahatma Gandhi University Kottayam	MEHANAZ SHAMSUDEEN
27-02-2020 to 02-03-2020	THIRD - M G University Youth Festival English Recitation	Mahatma Gandhi University Kottayam	MEHANAZ SHAMSUDEEN
27-02-2020 to 02-03-2020	A GRADE M G University Youth Festival eastern Percussion	Mahatma Gandhi University Kottayam	SABARINATH U. S
27-02-2020 to 02-03-2020	A GRADE M G University Youth Festival Eastern Stringed Instrument Style	Mahatma Gandhi University Kottayam	RADHIKA RANI
27-02-2020 to 02-03-2020	A GRADE M G University Youth Festival Bharatanatyam A-Grade	Mahatma Gandhi University Kottayam	ASWATHY LEVEN

