



# THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University

Re-accredited by NAAC With B+ Grade



Fourth Cycle  
NAAC Accreditation 2024

## Criterion 6 Governance, Leadership and Management

### DVV Clarifications

#### 6.3 - Faculty Empowerment Strategies

Metric No. 6.3.3

Total number of teaching and non-teaching staff participating in Faculty development Programmes (FDP), Management Development Programmes (MDPs) professional development /administrative training programs during the last five years

Annual Report 2021-22 (Highlighting the programs undertaken by the teaching faculty)

Submitted to



National Assessment and Accreditation Council



# THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: [www.thecochincollege.edu.in](http://www.thecochincollege.edu.in)

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## THE COCHIN COLLEGE, KOCHI-2

### ANNUAL REPORT 2021-22



The Cochin College, Koovapadam, Kochi-2

(Affiliated to Mahatma Gandhi University, Kottayam)

E mail : [thecochincollegekochi2@gmail.com](mailto:thecochincollegekochi2@gmail.com)

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Mrudula Menon V.  
Principal-in-Charge  
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## Motto: Lead Kindly Light

The motto "Lead Kindly Light" is a prayer for guidance in times of darkness and uncertainty. Originating from the hymn written by John Henry Newman, it symbolizes the aspiration for moral and spiritual enlightenment. It reflects the College's dedication to being a beacon of wisdom, virtue, and integrity, guiding its students through the challenges of life with compassion and understanding. The phrase also encapsulates the institution's commitment to fostering an environment where knowledge leads not only to personal success but also to the greater good of society. As students embark on their educational journey, the light of knowledge, integrity, and wisdom leads them towards a brighter and more meaningful future.

### College Management:

- **President:** Sri. Ulhas V. Saraf
- **Secretary:** Sri. Deepak Shetty
- **Manager:** Sri. Thomas J. Vayalat

### Board Members:

- Sri. M. L. Parekh
- Adv. P.P. Jacob
- Sri. Kishore Kumar Shamji
- Sri. Raj Kumar Gupta
- Sri. Bharat Khona
- Sri. Arun D. Mookken
- Adv. M. Anilkumar (Hon. Mayor, Corporation of Kochi)
- Smt. K.A. Ansiya (Deputy Mayor, Corporation of Kochi)
- Sri. Arun D. Mookken (President, Indian Chamber of Commerce & Industry)
- Sri. Joe V. Job (Vice President, Indian Chamber of Commerce & Industry)



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## 1 Members of College Council

Designation	Name
President(Principal)	Dr. M. Geetha
Elected Member	Ms. Neena Simon V
Elected Member	Mr. Unniraja P.S.
Elected Member	Dr. Manju Subramanian
HoD of English	Ms. Mrudula Menon V
HoD of Economics	Dr.Sindhu K
HoD of Botany	Dr. Suprabha G. Nair
HoD of Physics	Dr. Manjusha M
HoD of Chemistry	Dr. Zafna Rasheed
HoD of Commerce	Dr. Rekha P.G.
HoD of Zoology	Dr. Smitha N.R.
HoD of Hindi	Ms. Srividya K.S.
HoD of Malayalam	Dr. Reshimon P R.
HoD of French	Ms. Janu V Kumar
HoD of Electronics	Dr. Paulbert Thomas
HoD of History	Ms. Renjith S.
HoD of Mathematics	Mr. Dominic T. Joseph
HoD of Bio-technology	Dr. Jayesh Kuriakose
HoD of Biochemistry	Dr. Nayana Jose
Academic Head (SF)	Dr. Meera Menon
UGC Librarian	Ms. Jeena Jayan
Office Superintendent	Ms. Anitha Kumaari T.P.



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## 2 Members of Internal Quality Assurance Cell

Sl. No	Name	Designation
1	Dr. M. Geetha	Principal (Chairperson)
2	Dr. Sindhu K.	Associate Professor (IQAC Coordinator)
3	Mr. Thomas J Vayalat	Manager (Management Representative)
4	Ms. Srividya K. S.	Teacher Representative
5	Dr. Reshimon P. R.	Teacher Representative
6	Ms. Mrudula Menon V.	Teacher Representative
7	Dr. Manjusha M. V.	Teacher Representative
8	Dr. Rekha P. G.	Teacher Representative
9	Dr. Suprabha G. Nair	Teacher Representative
10	Dr. Zafna Rasheed	Teacher Representative
11	Mr. Febin George	Teacher Representative
12	Ms. Keerthana S.	Teacher Representative
13	Ms. Jeena Jayan	UGC Librarian
14	Ms. Anitha Kumari T. P.	Jr. Superintendent (Senior Admin Staff)
15	Adv. Priya P. A.	Division Councilor, Cochin Corporation
16	Ms. Hridika K. P.	Student Representative (M.Sc. Physics)
17	Ms. Rethika Sohini	Student Representative (M.Com)



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### 3 Members of the Parent Teacher Association

Designation	Name
President	Dr. M. Geetha (Principal)
Vice President	Ms. Rajeswari T.B.(Parent)
Secretary	Ms. Mrudula Menon (Associate Professor)
Treasurer	Dr. Jayesh Kuriakose (Assistant Professor)
Member	Dr.Kochuthresia Jose (Assistant Professor)
Member	Dr. Kavitha V. Rajan (Assistant Professor)
Member	Mr.V.B. Rajan (Parent)
Member	Mr. Afsal Naina (Parent)
Member	Mr. Shaheer K.E.(Parent)
Member	Mr. Jaiby K.K. (Parent)

### 4 Report of INIZIO 2021-22

The Deeksharambh 2021 program, named INIZIO 2021, was organized by The Cochin College following the guidelines framed by the University Grants Commission (UGC) for the Student Induction Programme. It was held from 8th to 12th November 2021, conducted in an online mode, with the aim of helping first-year undergraduate students adjust and feel comfortable in their new institution.

The program, organized by the IQAC and the Student Support Cell, included six online invited lectures, video presentations, and various engaging tasks for students. The inaugural session was addressed by Dr. M. Geetha, Principal of The Cochin College. The induction week covered a broad range of topics, including sessions on cloud-based technology, science of learning, orientation sessions for academic and non-academic aspects, yoga for health and wellness, and drug prevention awareness.

Experts such as Dr. Paulbert Thomas, Assistant Professor at The Cochin College, and Dr. Mary Matilda, Former Principal of Maharaja's College, Ernakulam, conducted the sessions. There were also interactive sessions by HR trainers and a psychologist to guide students on handling emotional and behavioral problems in adolescence.

Various creative tasks such as book reviews, short video challenges, and career portfolio creation were assigned to students, encouraging them to engage in the activities actively. The program was well received, with 400-500 students participating, and was streamed live on YouTube to allow a broader audience to join. Students uploaded their tasks in Google Classroom, and certificates were issued online.

INIZIO 2021 provided an excellent platform for students to familiarize themselves with their new academic environment while addressing their emotional, intellectual, and social needs. The entire program was thoughtfully planned and executed, offering a meaningful start to the students' academic journey at The Cochin College



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## 5 Research Publications by Faculty Members during 2021-22

Sl No	Year	Name of the Author	Title of Paper	Name of Journal	ISBN
1	2021	Dr. Rekha P.G	A Study on the Effectiveness in Service Delivery and Sustainability of Kerala Sustainable Urban Development Projects	Contemporary Commerce Review	2319-3638
2	2021	Vineethkumar, T.V	SSTP1, A Host Defense Peptide, Exploits the Immunomodulatory IL6 Pathway to Induce Apoptosis in Cancer Cells	Front. Immunol	1664-3224
3	2021	Vineeth Kumar, T.V	Synergistic Effect of Frog Skin Antimicrobial Peptides in Combination with Antibiotics Against Multi-host Gram-Negative Pathogens	International Journal of Peptide Research and Therapeutics	1573-3149
4	2021	Dr. Liance Mathew	Indian Commodity Futures Market and Volatility: An Empirical Analysis	Nile Journal of Business and Economics	2488-9571
5	2021	Sonymon P S & Dr. Reshimon P R	Colonial Adhunikathayude Prathirodha Paadangal Parangodi Parinayathil	Research Scholar	2249-6696
6	2021	Sonymon P S	C U Soon: Drishyabhaashayum Mishrayaadhaarthiyabodhavum	Journal of DBCT	2348-7984
7	2021	Sonymon P S	Pradeshikaswathvanirmithi Sudani From Nigeriyail	KKTM Cognizance	2456-4168
8	2021	Veena R Nair	Removal of Metal Ions Using Chitosan Based Electrospun Nanofibers: A Review	Nanosystems: Physics, Chemistry, Mathematics	2220-8054



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Sl No	Year	Name of the Author	Title of the Paper	Name of the Journal	ISBN
9	2021	Veena R Nair	Applications of Chitosan Based Schiff Bases and Its Complexes - A Review	International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)	2581-9429
10	2021	Dr. Anu L	Emerging Trends and Development in Corporate Social Responsibility in India: A Descriptive Study	Contemporary Commerce Review	2319-3638
11	2021	Dr. Anu L	Investors' Attitude Towards Post Office Savings Schemes in Ernakulam District	Contemporary Commerce Review	2319-3638
12	2021	Anu L	Body Shaming: A Violation of Human Rights	Battling the Prejudice	978-93-90981-29-8
13	2021	Dr. Anu L	Covid-19 Pandemic Shocks to the Education Sector and Way Forward	Aalochan	2455-4219
14	2021	Dr. Anu L	Socio-Economic Impact of Covid-19 in the Smartphone Industry	Akshar Wangmay	2229-4929
15	2021	Dr. Anupama R	Modelling the Relationship Between Customer Satisfaction and Customer Loyalty During the Pandemic Period in BSNL Kerala Circle	Management Innovator	0974-6749
16	2021	M. Geetha	Association Between Food Advertisements and Consumption of Junk Foods Among Children: A Study From the Perspective of Mothers	Wesleyan Journal of Research	0975-1386
17	2021	Dr. M. Geetha	NBFC- Special Borrowing Window: Borrower's Perspective	Akshar Wangmay	2229-4929



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Sl No	Year	Name of the Author	Title of the Paper	Name of the Journal	ISBN
18	2021	Dr. Rajani B Bhat	Impact of COVID-19 on Indian Stock Market	ComFin Research	2582-6190
19	2021	Meenu Raju	A Study on Butterfly Diversity in West Kochi, Kerala	Discourse, Xaverian Research Journal	2321-0214

## 6 Achievements by students during 2021-2022

During the academic year 2021-2022, The Cochin College witnessed outstanding participation and accomplishments in the field of sports, particularly in national and state-level competitions. Anjaly Rose Varghese, a talented athlete from the college, made remarkable achievements in Wushu and other national sports events. She participated in the IRST-Khelo India Women's South League Championship (Under 60kg), showcasing her strength and skill. In the Senior Wushu Championship 2021 and Senior Wushu Championship 2022, she demonstrated her consistency and dedication by participating at the national level. Anjaly's most notable achievement was securing first place in the Wushu Senior (Men and Women) Championship (Under 60kg) at the university level, highlighting her exceptional performance in this demanding sport.

In addition to Anjaly's achievements, Aiden Benoy, another remarkable athlete, displayed exceptional talent in powerlifting. He secured fourth place in the Kerala State Classic Bench Press Championship (Under 74kg) and excelled in the Power Lifting Sub-Junior Championship (Under 74kg), where he earned second place at the university level.

Year	Name of the award/medal	Team/ Individual	Level of competition (University/ State/National/ International)	Nature of competition (Sports/ Cultural)	Name of the student(s)
2021-2022	FIRST - KHELO INDIA Women's South League Championship(Under 60kg)	Individual	National	Sports	ANJALY ROSE VARGHESE
2021-2022	PARTICIPATION - Senior Wushu Championship 2021	Individual	National	Sports	ANJALY ROSE VARGHESE



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Year	Name of the award/medal	Team/Individual	Level of competition (University/State/National/International)	Nature of competition (Sports/Cultural)	Name of the student(s)
2021-2022	PARTICIPATION - Senior Wushu Championship 2022 (participation)	Individual	National	Sports	ANJALY ROSE VARGHESE
2021-2022	FIRST - Wushu Senior (men and Women) Championship(Under 60kg)	Individual	University	Sports	ANJALY ROSE VARGHESE
2021-2022	FOURTH - Kerala State Classic Bench Press Championship Under 74 kg	Individual	State	Sports	AIDEN BENOY
2021-2022	SECOND - Power Lifting Championship Sub-Junior Under 74 kg	Individual	University	Sports	AIDEN BENOY
2021-2022	SEVENTH - Classic Powerlifting Championship (76 KG Jr)	Individual	State	Sports	NAYANA SANTHOSH
2021-2022	PARTICIPATION - Wrestling Men Championship	Individual	National	Sports	SHAHID E.B
2021-2022	SECOND - Senior Men Wrestling Championship (under 82 kg)	Individual	State	Sports	SHAHID E.B



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Year	Name of the award/medal	Team/Individual	Level of competition (University/State/National/International)	Nature of competition (Sports/Cultural)	Name of the student(s)
2021-2022	THIRD - Judo Men Championship-(Under 90 kg)	Individual	University	Sports	SHAHID E.B
2021-2022	FIRST - Wrestling Men Championship	Individual	University	Sports	SHAHID E.B
2021-2022	PARTICIPATION - Junior Men Wrestling Championship (under 65kg)	Individual	State	Sports	MOHAMMED ARSHID A
2021-2022	Wrestling Men Championship-(70 kg) Second	Individual	University	Sports	MOHAMMED ARSHID A
2021-2022	SECOND - Olympic Games (67 Category)	Individual	University	Sports	MOHAMMED ARSHID A
2021-2022	THIRD - M G University Youth Festival Duffmuttu	Team	University	Cultural	SAMEER KN, MOHAMMED KAIF K.A, IRFAN IBRAHIM, ASHBIN K.A, NOUFAL K.N, NASEEB N, AJMAL KHAN
2021-2022	A GRADE - M G University Youth Festival Classical Music (F)	Individual	University	Cultural	MANJULA S.BHAT



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Year	Name of the award/medal	Team/Individual	Nature of competition (University/State/National/International)	Nature of competition (Sports/Cultural)	Name of the student(s)
2021-2022	A GRADE - M G University Youth Festival Stringed Instrument Western Style	Individual	University	Cultural	RADHIKA RANI
2021-2022	A GRADE - M G University Youth Festival -Light Music (M)	Individual	University	Cultural	ASWIN P.PANIKKAR
2021-2022	A GRADE - M G University Youth Festival - Other Forms of Classical Dance	Individual	University	Cultural	ADHEENA N.SHIBU

## 7 Report on the Faculty Development Programme (FDP) Conducted by The Cochin College in Collaboration with IIT Madras

The Cochin College, Kochi, in collaboration with the Teaching Learning Centre (TLC) of Indian Institute of Technology Madras (IITM), successfully conducted a 5-day Online Faculty Development Programme (FDP) from 26th July to 30th July 2021. The FDP, titled "How Teachers Can Make a Difference", was an interactive and activity-oriented program aimed at equipping faculty members with innovative teaching strategies and methodologies to improve the teaching-learning process.

The program, organized under the aegis of the Internal Quality Assurance Cell (IQAC) of The Cochin College, was open to teachers from all streams and was considered for Career Advancement Scheme (CAS) promotions. Participants were introduced to various teaching-learning methodologies that are research-based and widely adopted in higher education institutions globally.

The FDP covered a wide range of topics, including learning outcomes, active cooperative learning, MOOCs, Learning Management Systems, and effective teaching techniques.

The program was facilitated by eminent faculty members from IIT Madras, including Prof. Shreepad Karmalkar, Prof. Edamana Prasad, and Dr. Nandini A. P, among others. The sessions were designed to be highly interactive, with activities such as group discussions and problem-solving exercises. Participants were also required to take handwritten notes, provide session feedback,



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and engage in video participation to ensure their active involvement.

A total of 36 participants from various institutions attended the FDP, and they received certificates issued by the Teaching Learning Centre (TLC), IIT Madras, upon successful completion of the program. The program was well-received, and participants expressed their appreciation for the practical insights and innovative approaches shared during the sessions.

The organizing committee, led by Dr. Manjusha M V (Assistant Professor, Department of Physics, The Cochin College), along with Dr. Rekha P G (Department of Commerce), Ms. Reethi P (Department of English), and Dr. Vineeth Kumar T V (Department of Zoology), ensured the smooth conduct of the FDP. The initiative reflects The Cochin College's commitment to enhancing the quality of teaching and learning by empowering its faculty members with the latest pedagogical tools and practices.

This FDP marks another milestone in The Cochin College's journey toward academic excellence and innovation in higher education, in line with the National Education Policy (NEP) 2020. The institution looks forward to organizing more such programs that contribute to the professional development of educators and the betterment of the educational ecosystem.

## 8 FDP attended by Faculty Members during 2021-2022

Sl. No	Name of the participant	Title of the FDP /MDP/ professional development / administrative training program	Dates (from-to) (DD-MM-YYYY)
1	Dr. Kavitha V. Rajan	SCOPE OF RESEARCH IN HINDI: VARIED FIELDS	14-06-2021 to 18-06-2021
2	Dr Rajani B Bhat	Redesigning Business Education Gen Z	14-06-2021 to 18-06-2021
3	Dr. Nayana Jose C	Edu.Tech Hands-on Online workshop	23-06-2021 to 28-06-2021
4	Dr. Anu.L	Commerce and Management	25-06-2021 to 08-07-2021
5	Amal Pavithran	The Art of Doing Research	12-07-2021 to 22-07-2021
6	Dr. Lakshmisree R	Research Methodology and Statistical Applications (SPSS) for Social Science	19-07-2021 to 31-07-2021
7	Dr. Liance Mathew	TWO - WEEK INTERDISCIPLINARY REFRESHER COURSE/FACULTY DEVELOPMENT PROGRAMME on "Research Methodology"	20-07-2021 to 03-08-2021
8	Vineeth Kumar T V	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
9	Manjusha M V	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
10	Jayesh Kuriakose	How can Teachers make a Difference?	26-07-2021 to 30-07-2021
11	Soney Bhageeradhan	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021



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Sl. No	Name of the participant	Title of the FDP /MDP/ professional development / administrative training program	Dates (from-to) (DD-MM-YYYY)
12	Dr. UMA S	How teachers can make a difference	26-07-2021 to 30-07-2021
13	Dr. Paulbert Thomas	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
14	Navya Chandran	FDP in Research and Publication in English Literature	08-08-2021 to 05-09-2021
15	Dr. Reshimon P R	Advanced Research Methodology	20-08-2021 to 03-09-2021
16	Dr. Anupama R	Refresher Course in Commerce and Management	24-09-2021 to 07-10-2021
17	Jose Mathew	Induction program	19-10-2021 to 18-11-2021
18	Dr. Poornima C.C.	Orientation program FDP	19-10-2021 to 18-11-2021
19	Dr. Rekha.P.G	Faculty Development Programme Project Guidance: A Practical Approach	30-10-2021 to 26-03-2022
20	Dr. Kochuthresia Jose	Project Guidance- A practical Approach	30-10-2021 to 26-03-2022
21	SATHYA NARAYANAN K	UGC SPONSORED INDUCTION PROGRAM	22-11-2021 to 21-12-2021
22	Dr. Manju V Subramanian	30 days International Online Workshop on Academic Writing and Communication Skills, Research Methodology, Reference Management, and Academic Publishing	23-11-2021 to 31-12-2021
23	C S Prabha	International Workshop "Reconnaissance of Ecoliterature: Redeeming Ecology Through Literature"	29-11-2021 to 04-12-2021
24	Dr. Smitha N R	Two week Refresher Programme in Zoology	15-12-2021 to 29-12-2021
25	Janu V Kumar	Research Methodology	20-02-2022 to 06-03-2022
26	Priya M	Two week refresher course in Research Methodology	20-02-2022 to 06-03-2022
27	Dr. Zafna Rasheed	Research Methodology	20-02-2022 to 06-03-2022
28	Amrutha S Kumar	Orientation for "Faculty in Universities/Colleges/Institutes of Higher Education"	21-03-2022 to 19-04-2022
29	Neena Simon	The Best Practices for Online Teaching: Classrooms, Courseware and Tools	19-04-2022 to 25-04-2022



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Sl. No	Name of the participant	Title of the FDP /MDP/ professional development / administrative training program	Dates (from-to) (DD-MM-YYYY)
30	Sarah Santhosh	Induction/Orientation Programme	20-04-2022 to 19-05-2022
31	Shushupna S S	Four weeks Induction/Orientation programme	20-04-2022 to 19-05-2022
32	Renjith S	Education 4.0	27-04-2022 to 03-05-2022
33	Dr. Remya M.L	Interdisciplinary Refresher Course	22-05-2022 to 05-06-2022
34	Dr. Suprabha G Nair	Innovation Ambassador (IA) training 'Foundation Level'	27-09-2022 to 12-10-2022
35	Annieta Philip K	Digital Tools for Office Administration	09-05-2022 to 13-05-2022
36	Mrudula Menon V	Digital Tools for Office Administration	09-05-2022 to 13-05-2022
37	Srividya K S	Digital Tools for Office Administration	09-05-2022 to 13-05-2022
38	Biju P Thampi	Digital Tools for Office Administration	09-05-2022 to 13-05-2022
39	Saumya Jos	Digital Tools for Office Administration	09-05-2022 to 13-05-2022
40	Nalinam M	Digital Tools for Office Administration	09-05-2022 to 13-05-2022
41	Febin George	Digital Tools for Office Administration	09-05-2022 to 13-05-2022
42	Mrudula Menon V	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
43	Dr Biju P Thampi	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
44	Dr Mini Mathai	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
45	Ms Srividhya K S	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
46	Dr Meera Menon	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
47	Tom Pious	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
48	Dr Haripriya	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
49	Dr Sindhu K	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021
50	Dr. Annieta Phillip K	How Teachers Can Make a Difference	26-07-2021 to 30-07-2021



*Mrudula Menon V.*  
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 Principal-in-Charge  
 The Cochin College



# THE COCHIN COLLEGE

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## 9 Extension and Outreach Activities conducted during 2021-22

The Cochin College has been actively engaging in various programs and initiatives aimed at promoting environmental awareness, health education, and social responsibility. These activities, led by different departments and the NSS unit, have significantly contributed to the holistic development of students and the community.

The Environment Day Celebration was held on 5 June 2023 under the leadership of the NSS unit, emphasizing the importance of environmental conservation. Another noteworthy event was the Commemoration of Ponkunnam Varkey and a talk on 'Academic Libraries' on 30 June 2021, organized by the College Library, followed by a session on Career Prospects in Library Science on 8 April 2022.

Health awareness programs were also a focus, including an Awareness Class on Menstrual Health Practices held by the Department of Malayalam on 18 October 2022. Additionally, the NSS organized a Seven-Day Online Camp "Unarvu" from January 23-29, 2021, which included a series of activities such as a Yoga Session (25 January 2021), Covid-19 Prevention Measures (26 January 2021), and classes on Innovative Farming Methods (27 January 2021).

The NSS also contributed to public health by distributing Hand Sanitizers and Masks in January 2021, alongside sessions on Personal Hygiene and Immunity Improvement. As part of community service, the NSS organized House and Surroundings Cleaning Activities, as well as awareness sessions on Wildlife Protection and Drug Abuse Prevention in the same month.

These activities highlight The Cochin College's commitment to fostering a socially responsible and environmentally conscious student body, while also focusing on personal and community well-being through various health and educational programs.

Sl. No.	Title of the Program	Date	Organizing Dept/Cell/Club
1	Environment Day Celebration	5 June 2023	NSS
124	'Commemoration of Ponkunnam Varkey' and Talk on 'Academic Libraries'	30 June 2021	College Library
125	"Career Prospects in Library Science"	08 April 2022. I	College Library
126	Awareness class on menstrual health practices	18 October 2022. I	Department of Malayalam
127	Online Seven-Day NSS Camp: "Unarvu"	January 23-29, 2021	NSS
128	Yoga session	25 January 2021	NSS
129	Covid 19 prevention measures	26 January, 2021	NSS
130	Classes on Innovative Farming Methods	27 January 2021	NSS



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Sl. No.	Title of the Program	Date	Organizing Dept/Cell/Club
131	Distribution of Hand Sanitizers and Masks	January 2021	NSS
132	Personal Hygiene and Immunity Improvement Session	January 2021	NSS
133	House and Surroundings Cleaning Activities	January 2021	NSS
134	Wildlife Protection Session	January 2021	NSS
135	Drug Abuse Prevention Session	January 2021	NSS

The academic year 2021-22 has been a period of growth, innovation, and resilience for The Cochin College. Despite the challenges posed by the global pandemic, the institution has continued to uphold its commitment to excellence in education, research, and community engagement. The college has successfully navigated through these unprecedented times by adapting to new teaching methodologies, embracing digital tools, and ensuring that the learning process remained uninterrupted.

Through initiatives such as the Deeksharambh Program (INIZIO 2021), the Faculty Development Programme in collaboration with IIT Madras, and various academic and extracurricular activities, The Cochin College has fostered a culture of continuous learning and development for both students and faculty. The college has also actively engaged in community service and social responsibility projects, reinforcing its role as a catalyst for positive change in society.

As we conclude the year, we celebrate the achievements of our students, faculty, and staff who have demonstrated exceptional dedication and adaptability. The institution remains steadfast in its mission to nurture responsible citizens and future leaders. Moving forward, The Cochin College is well-positioned to continue its legacy of academic excellence and contribute meaningfully to the development of society and the nation.

We look forward to embracing new opportunities and challenges in the coming years, confident in the strength and unity of our college community.



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