

THE COCHIN COLLEGE

Koovapadam, Kochi-2

Affiliated To Mahatma Gandhi University Re-accredited by NAAC With B+ Grade

Fourth Cycle NAAC Accreditation 2024



Criterion 3 Research, Innovations and Extension

3.3 - Research Publications and Awards

DVV Clarification: Metric No. 3.3.2

Number of books and chapters in edited volumes/books published and papers published in national/ international conference proceedings per teacher during last five years

Cover Pages

Submitted to



National Assessment and Accreditation Council



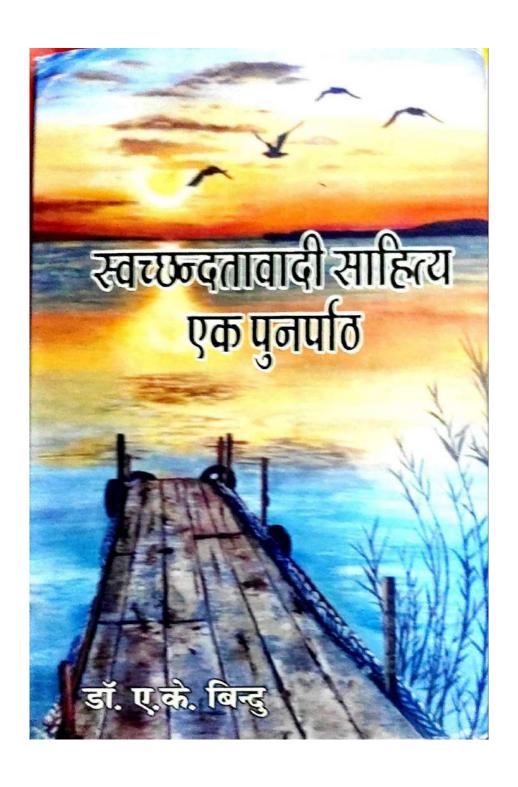
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ISBN 978-93-91335-08-3

पुस्तक

स्वच्छन्दतावादी साहित्य: एक पुनर्पाठ

संपादक

डॉ. ए.के. बिन्दु

प्रकाशक

विद्या प्रकाशन

सी-449, गुजैनी, कानपुर-22

दूरभाष : (0512) 2285003

मो॰ : 09415133173

Website: www.vidyaprakashankanpur.com

E-mail: vidyaprakashan.knp@gmail.com

संस्करण

प्रथम 2022

शब्द सज्जा

शिखा ग्राफिक्स, कानपुर

मुद्रक

अनिका डिजिटल, कानपुर

मुल्य

₹995/-

Swachchhandatawadi Sahitya: Ek Punarpath

Edit By : Dr. A.K. Bindhu

Price: Nine Hundred Ninety Five Only.





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

जयशंकर प्रसाद की कविताओं में अभिव्यक्त स्वच्छन्दतावादी विचार

- डॉ० कविता वी. राजन

हिन्दी काव्य की विविध प्रवृत्तियों में से स्वच्छन्दतावाद को देश-काल की दृष्टि से, परिनिष्ठित धरातल पर जो व्यापक लोकप्रियता और विशेष प्रशस्ति प्राप्त हो चुकी है, वह उसकी अन्तर्निहित शक्ति एवं महत्ता का प्रमाण है। "हिन्दी में स्वच्छन्दतावाद शब्द अंग्रेजी के रोमांटिसिजम से मिलती-जुलती प्रवृत्तियों को अभिव्यक्त' करने के लिए प्रयुक्त हुआ है।" एबर क्रांबी के अनुसार, "रोमांटिसिज़म बाह्य अनुभवों से आन्तरिक अनुभव तक का अनंत प्रयाण है । इसमें यथार्थ जीवन का लक्ष्य निहित है ।"2 डॉ. धीरेन्द्रवर्मा ने स्वच्छन्दतावाद को 'साहित्यिक उदारवाद' कहा है । उनके अनुसार, "प्राचीन क्लासिक परिपाटी के विरोध में उठ खड़ी होनेवाली विचार-धारा को रोमांटिसिज़म कहना उचित है। यह तो ठीक है कि स्वच्छन्दतावाद में प्रगतिशीलता है । परन्तु वह तत्कालीन राष्ट्रीय एवं देशभक्तिपरक विचारों को महत्व देनेवाला भी है ।" स्वच्छन्दतावादी कविता से आधुनिक हिन्दी कविता का जो बोध होता है, जिसमें छायावाद का भी समावेश है । देश-भक्ति, प्रकृति-प्रेम, मानवीकरण, एकांत प्रणय का गहरा रूप भी इसमें देखने को मिलते हैं। वैयक्तिकता, सौन्देर्य-चेतना, कल्पना, विषाद एवं करुणा और विस्मय एवं रहस्यानुभूति के तत्व इन कविताओं में निहित है । इतना ही नहीं, वैयक्तिक स्तर पर विद्रोह भी इन कविताओं में मुखरित हो जाते हैं । हिन्दी साहित्य में जयशंकर प्रसाद के काव्य में ये विशेषता पहली बार दृष्टव्य हो जाता है और उनका चरम विकास भी प्रसाद के ही काव्य में दिखाई पडता है।

प्रसाद के काव्य में एक साथ क्लिंसिकल गरिमा भी है और स्वच्छन्दतावादी प्रवृत्तियाँ भी । वे मुख्य रूप से प्रेम और सौन्दर्य के किव हैं। उन्होंने प्रेम की विभिन्न मनःस्थितियों का सुन्दरतम चित्रण किया है। विश्वम्भरनाथ तिवारी के अनुसार, "प्रेम उनके काव्य—शरीर में आत्मा की तरह व्याप्त है।" उनकी सभी कृतियों का यह प्रेम ही शक्ति और जीवनदाता





THE COCHIN COLLEGE

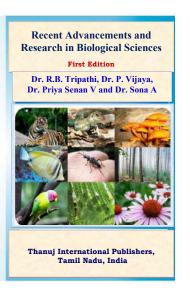
KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

> Recent Advancements and Research in Biological Sciences | 2021 ISBN: 978-81-952529-1-6

A Study on the effect of plant derived extracts on the Oviposition of Aedes aegypti.

 $\begin{array}{c} \text{Dr. Smitha N.R}^{1*}, \text{Dr. Manju V Subramanian}^2, \\ \text{Dr. Vineeth Kumar T V}^3 \text{ and Jayasree S}^4 \end{array}$

 1,2,3,4 Dept. Of Zoology, The Cochin College, Kochi-682005

*Corresponding author: Dr. Smitha N.R, E-mail: smithasreeji@gmail.com

Abstract

Mosquitoes are common in tropics and abundant in damp and marshy places. They act as vectors for many disease causing viruses and parasites. Viral diseases, such as yellow fever, dengue fever, and Chikungunya, Zika are transmitted by Aedes aegypti .Aedes aegypti is a container breeder and eggs are laid on damp surfaces such as in tree holes, containers, flower vases etc. Aedes thrive in urbanized areas i.e., in close contact with people making them a successful vector. In this study 14 ovitraps having different plant extracts such as $Setaria\ viridis$ (Grass), $Piper\ aduncum\ leaves$, pepper corns, $Murraya\ koenigii$ (Curry leaf) Azadiracta indica (Neem), Eucalyptus oil, Lemon grass oil etc. were evaluated for studying the Ovipository activity of Aedes aegypti. Ovitrap were provided with a paddle for laying the eggs. It was kept undisturbed and was observed regularly and the number of eggs was counted weekly. Studies have shown that the oviposition activity of Aedes aegypti was more in water blended with Pepper Corns (29%) followed by Setaria viridis (26%) and Murraya koenigii (10%).Ovipository activity of Aedes was less in lemon grass oil and Piper aduncum leaves (1%), Azadiracta indica, and eucalyptus oil (2%) respectively. In this study it was observed that Pepper corn and grass leaves worked as an attractant to the ovitrap whereas Eucalyptus oil, lemon grass oil and Piper aduncum leaves were found to be an effective repellent for oviposition of Aedes aegypti.

Key words: Aedes aegypti, Oviposition, plant extracts







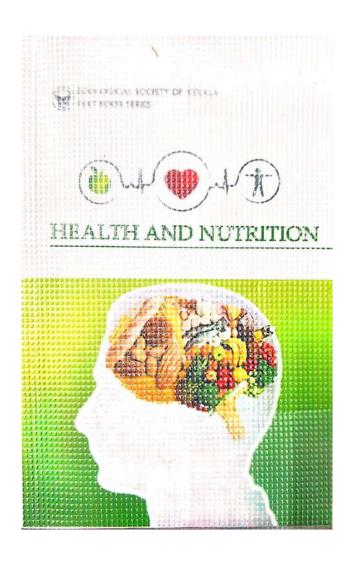
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

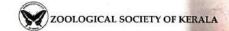
KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

HEALTH AND NUTRITION







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Health and Nutrition

Editor Dr. Soja Louis

Published and Distributed by Zoological Society of Kerala CMS College, Kottayam, Kerala

First Edition: June 2019 Copies: 1000

© Zoological Society of Kerala

Cover Photo: Cynthia Mathew Thaliath

Typesetting, Layout & printing Indu Offset, South Kalamassery Ph: 0484-2555499

Price: ₹150/-

ISBN: 978-81-939629-4-7





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

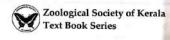
email: email@thecochincollege.edu.in

HEALTH AND NUTRITION

Editor

DR. SOJA LOUIS

Assistant Professor Department of Zoology St. Teresa's College (Autonomous), Ernakulam





email: email@thecochincollege.edu.in



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

Contributing Authors

Dr. ManjuV. Subramanian Assistant Professor, Cochin College, Kochi

Dr. Mini K.D.

Assistant Professor, SreeSankara College, Kalady

Ms. Jaya S.

Assistant Professor, Nirmala College, Moovattupuzha

Dr. Sunish K. S.

Assistant Professor, Maharaja's College, Ernakulam

Dr. Vineeth Kumar T.V.

Assistant Professor, Cochin College, Kochi

Dr. Smitha N.R.

Assistant Professor, Cochin College, Kochi





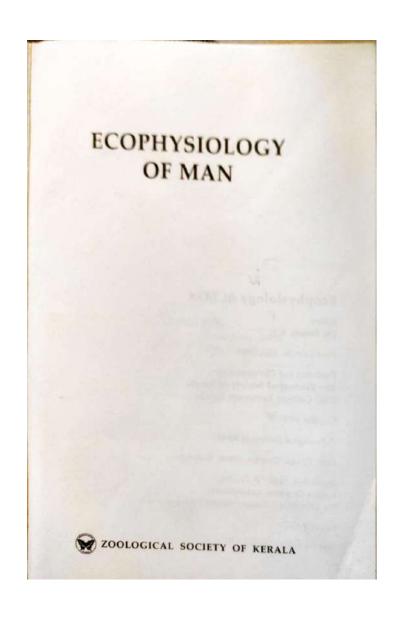
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







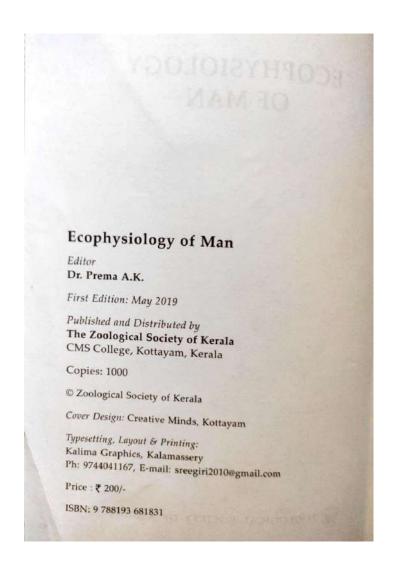
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







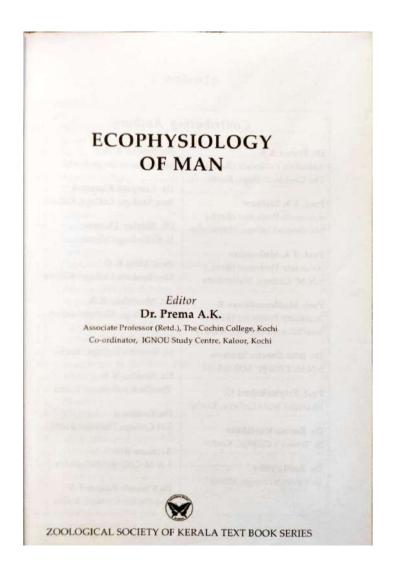
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







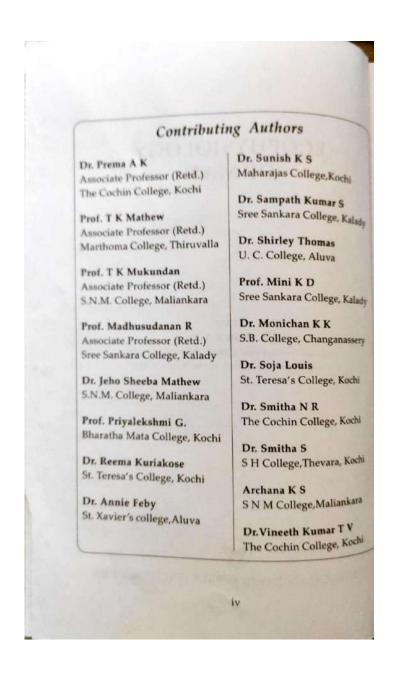
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







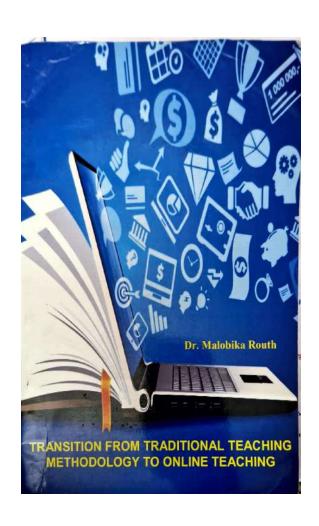
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Transition From Traditional Teaching Methodology To Online Teaching







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Dr. Malobika Routh

Transition From Traditional Teaching Methodology To Online Teaching

"EDUCATION 4.0"- A ROAD MAP TO TEACHING AND LEARNING WITH TECHNOLOGY

Ashitha A. B.

Research Scholar, Post Graduate and Research Department of Commerce, The Cochin College, Kochi, Kerala

Dr. Anu L.

Assistant Professor, Post Graduate and Research Department of Commerce, The Cochin College, Kochi, Kerala

ABSTRACT

Education 4.0 emerged as a response to industry 4.0, which is characterised by an increasing use of internet based technology and communication tools. Education 4.0 or technology interceded education has gained importance during COVID-19 lockdown. As a precaution to avoid the spread of this pandemic schools, colleges and universities around the world are closed, which resulted indisruption of teaching and learning. Education with the help of technology is the only option available to curb this situation. Education 4.0 gains importance in this scenario. The persons who are not willing to adapt the technology enabled education forced to use the same. This paper try to discuss the evolution of education 4.0, its characteristics and some tools and techniques for online teaching and learning. for online teaching and learning.

Keywords: Education 4.0, Technology, Teaching, Learning

INTRODUCTION

"If we teach today as we taught yesterday, we rob our children of tomorrow"- John

Change is inevitable in every sector. Education 4.0 is the word which gains importance among the educationalists. It came to comply with the requirements of fourth industrial revolution (IR 4.0). Due to IR 4.0 change is inevitable in every sector including the education sector. It is important to know about industrial revolution for a better understanding of education 4.0.

The first industrial revolution: The first industrial revolution started at the end of 18th century and it lasts till the beginning of 19th century. Agriculture based economy witnessed the formation of industries. Human and animal labour mechanism transformed into machine based mechanism. Steam engines were the main inventions at

The second industrial revolution: It started from the late 19th century and lasts till the beginning of 20th century. It is also known as technological revolution, Massive use of technologies for industrialisation and standardisation led to mass production during this period. Electricity, gas and oil were the major inventions.

The third industrial revolution: It started in the second half of $20^{\rm th}$ century. This period is characterised by high level automation. Electronics, telecommunication and computers were invented during this time.



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



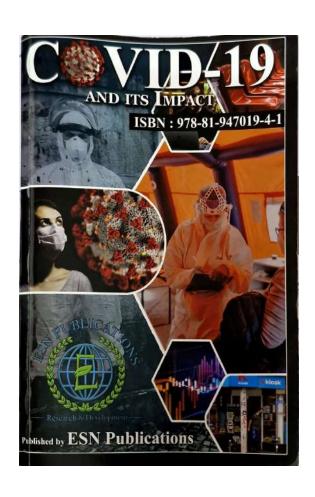
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

The responsibility for opinions expressed in articles, studies and other contributions in this publication rests solely with their authors, and this publication does not constitute an endorsement by ESN Publications of the opinions so expressed in them.

Covid -19 and its Impact Edited by J. Banuchandar

ISBN: 978-81-947019-4-1

Price: Rs. 500

Copyright @ 2021 ESN PUBLICATIONS. All rights are reserved.

Published By:

ESN PUBLICATIONS, 3/151-A, Muthuramalingapuram, Kalloorani Post, Aruppukottai Taluk, Virudhunagar District, Tamilnadu, India, Pincode - 626 105 Ph: +91-8838173189.







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Recent Trends on Multidisciplinary Research

ASHITHA A.B.
Research Schniar, Past Gradwate and Respurch Department of Commerce, The Cachin Codlege, Kachi, Kemia, India Email de abashsha 94 (8) gozal com

Key words: Covid 19, HR, Challenges, Way ahead

Introduction

Novel Coven vino declared by World Health Organization (WHO).

Novel Coven vino declared by World Health Organization (WHO)

so "COVID-19", as a pendomic affecting more than 215 countries
worldwide, is an infectious disease caused by a new virus. Here
appeared in What in Cliena. The UNO secretary General said is 'see the worst critics faced by marked sikese World Wer!!" Due to this
puncture incurs princip of the World population is now in faulty virus;
and other hand the powerty and unemployment adversely affecting





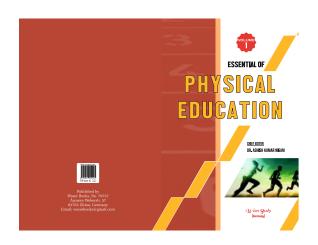
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ESSENTIAL OF

PHYSICAL EDUCATION

Volume -

Chief Editor

Dr. Ashish Kumar Nigam Sports Officer, JNKVV, Jabalpur, Madhya Pradesh, India

Weser Gooks





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Published By: Weser Books

Weser Books, No. 79737 Äussere Weberstr. 57 02763 Zittau, Germany Email: weserbooks@gmail.com

Chief Editor: Dr. Ashish Kumar Nigam

The author/publisher has attempted to trace and acknowledge the materials reproduced in this publication and apologize if permission and acknowledgements to publish in this form have not been given. If any material has not been acknowledged please write and let us know so that we may rectify it

The responsibility for facts stated, opinion expressed or conclusions reached and plagiarism, if any, in this book is entirely that of the author. So, the views and research findings provided in this publication are those of the author/s only. The Editor & Publishers are in no way responsible for its contents.

© Weser Books

Publication Year: 2023 ISBN: 978-3-96492-228-1

Pages: 88 Price: € 12





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Contents

Chapters		Page No.
1.	The Relationship between Selected Psychological Variables and Playing Ability among Women Football Players (Mary Varghese Kundukulam)	01-14
2.	Nutrition for Female Athletes (Sudeshna Pramanik and Falah Ismail)	15-37
3.	Ergogenic Aids for Optimum Exercise Performance (Sudeshna Pramanik, Ayushi Singh and Falah Ismail)	39-63
4.	Female Athlete Triad: A Comprehensive Report (Sudeshna Pramanik and Falah Ismail)	65-88





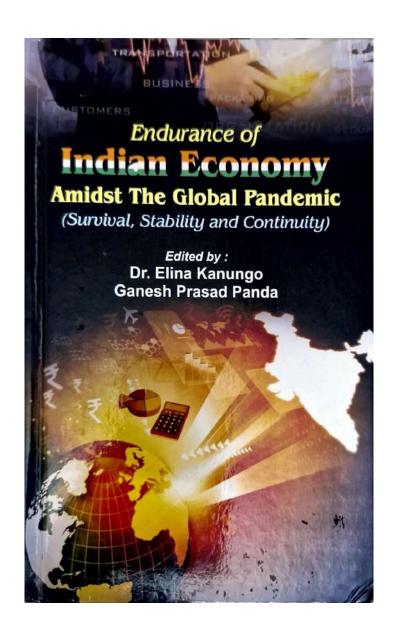
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ENDURANCE OF INDIAN ECONOMY AMIDST THE GLOBAL PANDEMIC

(Survival, Stability and Continuity)

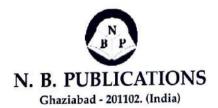
Edited by:-Dr. Elina Kanungo

Assistant Professor,
P.G Department of Commerce,
S.C.S (Autonomous) College, Puri, Odisha

Ganesh Prasad Panda

Lecturer,

Department of Commerce S.G. College, Kanikapada, Jajpur, Odisha







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



COVID-19: TIMELINE AND IMPACT ON INDIAN ECONOMY

Ashitha A.B. & Dr. Anu L.

Abstract:

The world is now going through one of the severe health calamities of the century. The Coronavirus started in Wuhan, China rapidly spreading all over the world and distressing millions of lives. Now India becomes the second country, with worst hit of COVID-19. The present chapter discusses and tracking the crucial moments of corona outbreak in India from January to October 2020 and its impact on Indian economy.

Keywords: COVID-19, Timeline, Impact, Indian economy INTRODUCTION:

We are living in a pandemic period. The World Health organization declared covid-19 as a pandemic. The COVID-19 stands for corona virus disease 2019. The covid-19 pandemic is caused by severe acute syndrome Coronavirus². Coronavirus is an infectious disease, which is spread from one person to another through droplets produced from the respiratory system of infected people. The wide spread of COVID-19 pandemic affected millions of people and distressed their lives. The different sectors of the economy also affected adversely.

The first COVID-19 case reported in India on January 30, 2020. Nearly 9 months since the first COVID-19 case was





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



PERSPECTIVES ON BUSINESS MANAGEMENT & ECONOMICS

Volume II • September 2020

Book Editors

VIJAYA KITTU MANDA

Lead Consultant Vijay Technologies, Visakhapatnam Andhra Pradesh, India

DR. NAVEENAN R.V.

Assistant Professor Koshys Institute of Management Studies (KIMS) Bengaluru, Karnataka, India

DR. RAJESH RENGASWAMY

Associate Professor & Head Department of Commerce (IT, Banking & Insurance) Hindusthan College of Arts & Science, Coimbatore Tamil Nadu, India

DR. HARMEET MATHARU

Assistant Professor
Department of Commerce (Finance & Marketing)
St. Claret College, Bengaluru
Karnataka, India



Published by

Archers & Elevators Publishing House

Bengaluru, Karnataka, India

ISBN: 978-81-947738-1-8 • Website: www.PBME.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



GREEN HUMAN RESOURCE MANAGEMENT: A PATHWAY TO SUSTAINABLE BUSINESS

ASHITHA AB
Research Scholar, Post Graduate and Research Department of Commerce
The Cochin College, Kochi, Kerala, India
ORCID: 0000-0002-2717-9765

DR. ANU L DR. Assistant Professor, Post Graduate and Research Department of Commerce The Cochin College, Kochi, Keral ORCID: 0000-0002-4359-6348

ARSTRACT

Green is the catchword today because it is the universal color that symbolizes the environment. Nowadays, the "Going Green" initiative is gaining importance because individuals and corporates understand that the consumption of resources is more than what is available. We are sharing the universe, so at any cost, the environment should not suffer. So it is our prime responsibility to save and preserve our mother nature from the natural and human-made disasters for the future generation. From this context, the sustainability and greening concepts come forth.

The corporate environment transmutes itself from the traditional profit motive business to a competitive business model that aims profit through Sustainability. Nowadays, the business community is giving more concern for integrating the 'environment management' with 'people management' which is possible by Green HRM. The concept of Green HRM mainly deals with promoting sustainable use of resources and engaging every employee to support sustainable and environmentally friendly practices. Green HRM helps the organization earn profit through sustainable environmental practices and enhance its goodwill within society. GHRM tries to create a green workforce that can understand and support the green culture in the organization.

It is in this backdrop the present chapter aims to discuss the concept of Green HRM, its provenance, growth, Benefits, and various GHRM practices followed by the corporate and challenges for its implementation.

KEYWORDS: Green HRM, sustainable business, environment-friendly practices, green initiatives

JEL CLASSIFICATION: A12, O13, O15, 044, Q01, Q56

Web: www.pbme.in

106





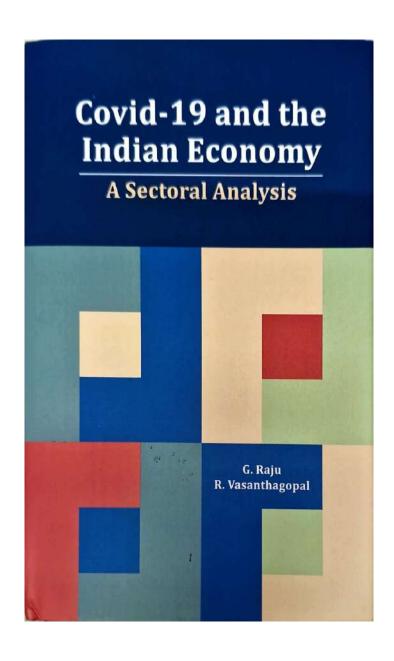
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

NEW CESTIFES PHRACAPIONS
4852 / 24 1st Floor
Americ Road, Daryagan).
New Delhi - 110 002 (India)

Tel. 011-4101 7798; 4358 7398; 98112 66355 E-mail: info@newcenturypublications.com

www.newcenturypublications.com

Editorial office: 4800 / 24 Bharat Ram Road, Ansari Road, Daryaganj, New Delhi – 110 002

Copyright © 2023 by the editors

All rights reserved. No part of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, mechanical, photocopying, recording, or otherwise without the prior written permission of the publisher.

First Published: 2023

ISBN: 978-81-7708-540-2

Published by New Century Publications and printed at Milan Enterprises, New Delhi.

Designs: Patch Creative Unit, New Delhi.

PRINTED IN INDIA





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



15

Covid-19: Shocks to the Education Sector and the Way Forward

Ashitha A.B. and Anu L

Introduction

The world has been through one of the severe health The world limes. The Covid-19 outbreak in Wuhan calamities of modern times. The World unsetting to calamities of modern calamitie (China) rapidly specifically in a grip of global recession. Initially, The world is declared as a public health emergency of covid-19 was concern by World Health Organisation (WHO) Later on, the alarming ramification of coronavirus resulted in WHO declaring it as a pandemic. Corona is an infectious disease spread from one person to another via droplets produced from the respiratory system of infected people often during coughing and sneezing. To break the spread of Covid-19, countries across the world took several measures like social distancing, quarantine, personal hygiene, travel restrictions, full lockdowns etc.

To further prevent the spread of this pandemic among young people and children, academic institutions were shut the world over. As per the UNICEF report, 188 countries imposed countrywide school closure affecting more than 1.5 billion children and youth (UNICEF, 2020). In India, as of second week of March 2020, all universities, colleges and schools were shut down. "Never before have we witnessed educational disruption on such a scale", said UNESCO Director-General Audrey Azoulay. Experts from the World Bank pointed out that even before the corona, the world was witnessing a 'learning crisis' and already out of the track to meet Sustainable Development Goal 4, whereby every nation has to





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

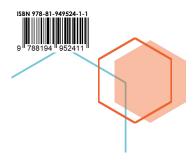
email: email@thecochincollege.edu.in



IMPACT OF COVID-19 ON THE BUSINESS SECTOR

Chief Editor Dr. M.Thiagarajan

IMPACT OF COVID-19 ON THE BUSINESS SECTOR (1st edition) (ISBN 13: 978-81-949524-1-1),
PUBLISHED BY Non-Olympic Times, New World Record Approved by NOBLE WORLD RECORDS
(Record No.NWR/2043/2021)









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

IMPACT OF COVID-19 ON THE BUSINESS SECTOR

A International Publication of Non-Olympic Times

Dr. M.Thiagarajan
Chief Editor
Assistant Professor & Head
Dept. of Business Administration
Alagappa Govt.Arts College
Karaikudi-630003



Editor Office: Alacrity Business Center, 10th floor, Levana Cyber Heights, Vibhuti Khand, Gomti Nagar, Lucknow-226010, (U.P.) INDIA Fax: +91-522-678-6304; Phone: +91-9965408000

Asian Office: 42C-Mettuthottam, Chinavedempatti, Coimbatore-641049; Tamilnadu, India. E-mail: nobleworldrecords.net@gmail.com, Website: www.notpress.org





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Published by:

Non Olympic Times
Publisher Office: 42C-Mettuthotan, Chinnavedampatti, Colmbatore-641049, Tamilnadu, India.
email: infomenodympictimes.org
Website: www.nonolympictimes.org

IMPACT OF COVID-19 ON THE BUSINESS SECTOR

© 2020 Records in the Noble World Records (NWR)

ISBN 978-81-949524-1-1



Printed in Publisher Office @ Tamilnadu, India. Phone: +91-9965408000

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without prior written permission of the Publisher or Editor.





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Dr. M.Thiagarajan

Message from the Chief Editor

The essential purpose of 'ISBN Book titled "Impact of covid 19 on the business sector" is to inform engage, inspire and diverse ridership including Academician, corportate, Research scholar and students by published an intimate, timely and honest. In the originality of its conception, in the excellence of its articles and its commitment to accuracy, health, discourse and article endeavors' to reflect the values and quality of the articles. By maintain the respect and interest of its author's, the book aspires ultimately to inform their opinion of the Non-Olympic Times and to strengthen their commitment to its academic fraternity.

While the ultimate purpose of the book is to engage and strengthen its author's. In the context, these editorial standards are set forth to give authors and contributors a clear idea of what they can and should expect from the book.

 \boldsymbol{I} wish all the Author's .contributors, Academician, corporate ,Research Scholars and students

With Regards,

Dr. M.Thiagarajan Chief Editor Assistant Professor & Head Dept. of Business Administration Alagappa Govt.Arts College Karaikudi-630003







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Chief Editor

Dr.M.Thiagarajan Head of the Department

Department of Business Administration

Alagappa Government Arts College, Karaikudi-630003

Editorial Board Review Members

Dr. S. RAJAMOHAN	Dr.R.Magesh,
Professor & Director I/C,	Professor & Head
Alagappa Institute of Management,	Department of Management Studies
Alagappa University,	Anna University, Guindy
Karaikudi-630003.	Chennai-600025
Dr.Ravichandran	Dr.Ranjith Pappachan
Head of the Deapartment	Utilization Review Tech
Department of Managmnet Studies	Prime Healthcare Services
Anna University	2143 E Convention centre way
Trichy	Ontario,CA 91764
	USA
Dr.K.A.Janardhanan	Dr.M.Janarthanan Pillai
Director	Professor & Head
Faculty of Management Studies	Faculty of Management Studies
Noorul Islam Centre for Higher Education	Noorul Islam Centre for Higher Education
Thuckaly, K.K.District	Thuckaly, K.K.District
Dr.B.Jayaprabha	Dr.A.Sureshkumar
Professor & HOD	Professor & Head
School of Management	Department of Management Sciences,
Vel tech Ranagarajan Dr.Saguntahala R7D	Veltech High Tech Dr.Ranagarajan Dr.Sakunthala
Institute of Science and Technology	Engineering College
Avadi, Chennai-62	Avadi,Chennai.
Dr.K.Selvi	Dr.K.Maran
Associate Professor	Director
Department of Commerce	Sri Sairam Institute of Management Studies
JBAS College for women,	Chennai.
Chennai	
Dr.N.Murugeswari	Dr.S.Vetrivel
Chair, School of social science	Deputy controller of Examination
Professor, Department of women studies	SANDIP University
Bharathidasan University	Nashik
Khajamalai Campus	Maharastra
Tiruchirappalli	
Dr.V.Bastin Jerome	Dr.R.Kumar Gandhi
Research Advisor	Deputy Manager
Assistant Professor of commerce	Tamil Nadu Civil Supplies Corporation (TNCSC)
St.Joseph's college	Govt.of Tamil Nadu
Tiruchirappalli	
Dr.V.Gajapathy	Dr.G.Yoganandan
Professor	Associate Professor,
Presidency University	Department of Management Studies,
Bengaluru	Periyar University, Salem, India.
South India	
Dr.N.Muthukumar	Dr.Thiyagu Nagaraj
Professor-MBA	Publishing Editor
Tecnia institute of advance studies	Non-Olympic Times
Rohini	Lucknow, India
Newdelhi	





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

IMPACT OF COVID-19 ON THE BUSINESS SECTOR

S.No.	Contents	Page N
1	ANALYSING THE EFFECTIVENESS ON EMPLOYEES RETENTION IN LEATHER INDUSTRIES AT CHENNAL, TAMIL NADU, INDIA $DR~V.~DHAMODHARAN~\&~DR.~V.~AGALYA$	1-11
2	THE IMPACT OF COVID-19 ON THE IT (INFORMATION TECHNOLOGY) SECTOR	12-15
3	S.KAVIYA AND S.KRITHIGA ACTIVITIES OF NGOS IN CSR DR. A. MORARIL DR.K.GANESAMURTHY & MRS. M.AYSAMARIAM	16-18
4	IMPACT OF COVID-19 IN INSURANCE INDUSTRY GREVATHI GREVATHI	19-2
5	HOW COVID-19 AFFECTED SCHOOL EDUCATION INDUSTRY IN INDIA? M.DOMINIC JAYAKUMAR & DR.B.AISWARYA	24-3
6	M.DIOMINIC JATAROMAR & DR.B.ALSWARIA COVID-19 AND ONLINE SMALL SCALE ARTISTIC ENDEAVOURS BY WOMEN A. JAYASREF & DR. N. MIRUGESWARI A. JAYASREF & DR. N. MIRUGESWARI	31-3
7	IMPACT OF COVID-19 ON SME'S IN INDIAN ECONOMY PROF. LAKSHMANA. E	36-4
8	COVID-19 IMPACT ON BUSINESS-AN OVERVIEW DR.R.SHARMILA, DR.R.DEVI, DR.J.JEBATHANGAM & DR.C.SHANTHI	42-4
9	COVID-19 AND ITS IMPACT ON THE INDIAN IT INDUSTRY **DR.M.CHARLES AROCKIARAJ**	47-5
10	IMPACT OF COVID-19 ON INDIAN INDUSTRY: CHALLENGES AND OPPORTUNITIES	53-5
	G.BHUVANESWARI & DR.A.ANVAR AHAMED	
11	A STUDY ON EMPLOYEE MOTIVATION DR. SAI KUMARI .V & MS. V. SUNITHA	57-6
12	IMPACT OF BANKING SECTOR ON INDIAN ECONOMY – WILL INDIAN BANKS REVIVE?	64-6
13	DR. M.SRINIVASA NARAYANA, DR.K.V.B.GANESH & DR. K SRINIVAS	
13	IMPACT OF COVID-19 ON THE BUSINESS SECTOR OF THE BAY ISLANDS $DR.\ N.\ RAJAVEL$	67-7
14	IMPACT OF COVID - 2019: A SCENARIO OF INDIAN MARKETS DR. V DHAMODHARAN & DR. RAJANI B BHAT	79-8
15	IMPACT OF COVID 19 ON TELECOMMUNICATION SECTOR IN INDIA DR. SUJITH A S	88-9
16	THE IMPACT OF COVID-19 ON THE INDIAN TRADE MR.PRAVEEN P.M 93-97	93-9

 $Readers\ may\ send\ popular\ articles\ of\ topical\ interest\ in\ English\ to\ the\ editor\ email\ address\ (nobleworldrecords.net @gmail.com, and address\ (nobleworldrecords.net) and address\ ($





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

IMPACT OF COVID-19 ON THE BUSINESS SECTOR

S.No.	Contents	Page No.
17	IMPACT OF COVID-19 ON TOURISM INDUSTRY IN INDIA $DR.\ M.\ MAHALAKSHMI$	98-102
18	IMPACT OF COVID-19 ON TEXTILE INDUSTRY DR.K.SIVAGAMA SHUNMUGA SUNDARI	103-107
19	THE EFFECTS OF COVID-19 AND ITS PSYCHOLOGICAL IMPACT ON PEOPLE FROM DIFFERENT GROUPS IN INDIA MRS.K.KALPANA & DR.S.ELANGO	108-112
20	AN ANALYSIS OF WOMEN EMPOWERMENT THROUGH KUDUMBHASHREE MICRO FINANCE UNIT IN THE COVID SCENARIO T.N.LEKHA & DR.M.THIAGARAJAN	113-119
21	AN ANALYSIS OF THE RELATIONSHIP BETWEEN COVID-19 AND INDIAN STOCK MARKET KIRTI DEVI	120-126
22	IMPACT OF COVID-19 ON REAL ESTATE INDUSTRY WITH REFERENCE TO INDIA S.MAHENDRAN & DR.A.ANVAR AHAMED	127-132
23	COVID-19 IMPACT ON MSME AND ITS ECONOMIC REVIVAL STRATEGY AMSA VENI.M	133-139
24	A STUDY ON HOW COVID - 19 PANDEMIC HAS CHANGED THE EDUCATION SYSTEM **N.FIVEROSE & M.A.SHAKILA BANU** **N.FIVEROSE & M.	140-145
25	EXPLORING SURGE IN THE NUMBER OF RETAIL INVESTORS IN INDIAN STOCK MARKET IN THE WAKE OF COVID-19 DR. VISHAL B. JAVIYA	146-151
26	SPORTS SECTOR – NO EXCEPTION TO THE IMPACT OF COVID19 MR.B. VINCENT RAJU & MISS. V.S.SASHA JESSICA	152-154
27	REBOOTING INDIAN ECONOMY? REASONS BEHIND THE INDIAN STOCK MARKET ARE BOOMING WHEN COVID 19 HIT INDIAN ECONOMY GOHIL PANKITA DILAVARSINH & DR. SANDIPKUMAR G. PRAJAPATI	155-158
28	STRESS MANAGEMENT OF EDUCATORS IN ARTS AND SCIENCE COLLEGE AT CHENNAI DR. K. SELVI & S. M. JASIMA PARVEEN	159-162
29	IMPACT OF COVID -19 ON HIGHER EDUCATION IN INDIA MRS.V.SUMATHI & DR.S.ELANGO	163-170
30	ECONOMIC IMPACT ON COVID-19 IN INDIA MRS.V.SUMATHI & DR.S.ELANGO	171-175
31	EFFECTIVENESS OF REMOTE LOGIN FACILITY DURING COVID-19 PANDEMIC DR. YAVANA RANI S & Dr.N.MUTHUKUMAR	176-181





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

IMPACT OF COVID-19 ON THE BUSINESS SECTOR

No.	Contents	Page No
22	DARA CT OF COMP ON DICEPLA TION OF BANKS IN DIDIA	
32	IMPACT OF COVID ON DIGITIZATION OF BANKS IN INDIA Y. AYSHA FATHIMA	182-186
	I. AISHA FAIHIMA	102-100
	UNLEASHED A REVOLUTION IN EDUCATION! AN EMPIRICAL STUDY WITH	
33	SPECIAL REFERENCE TOWARDS DRASTIC TURN FROM TRADITIONAL TO	187-194
	BLENDED LEARNING	
	DR.LEENA JENEFA, DR.M.S.R.MARIYAPPAN AND DR.K.LOGASAKTHI	





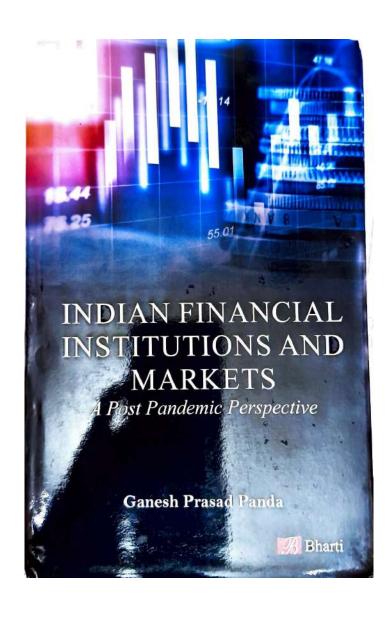
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Indian Financial Institutions and Markets

A Post Pandemic Perspective

Edited By

Ganesh Prasad Panda

Lecturer in Commerce, Sadhu Goureswar College Kanikapada, Jajpur, Odisha









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Banking in Times of COVID-19
Pandemic and Way Ahead

Ashitha A.B.

Post Graduate and Research Department of Commerce, The Cochin College, Kochi, Kerala.

Dr. Anu L

Assistant Professor, Post Graduate and Research Department of Commerce, The Cochin College, Kochi, Kerala.

Abstract

The world is now witnessing one of the severe health calamities of the century. The COVID-19 pandemic outbreak in Wuhan, China has been spreading all over the world, distressing millions of lives globally. Corona virus is an infectious disease, which spread from one person to another through droplets produced from the respiratory system of infected people. In order to prevent the spread of this pandemic, countries around the world adopted several measures like social distancing; compelling people to stay home through lock downs, restriction to cross boarder movements...etc. Banking sector is the backbone of every country and plays an important role in the lives of people by providing them with financial services. Being the life line of economy, they need to remain operational during the pandemic period also. Like any other sectors of the economy banking sector is also affected by COVID-19, and other sectors of the economy banking sector is also affected by COVID-19, and this back drop the present study concentrated on the impact of corona pandemic on the banking sector, the measures adopted by the central bank of country to tackle the challenges and way ahead for banking sector.

Keywords: COVID-19 Pandemic, Banking Sector, Impact, Reserve Bank of India, Way Ahead

Introduction

COVID-19 pandemic is one of the biggest health and economic crisis the world has ever seen. The disruptions brought by the pandemic have impacted all the sectors of the global economy. The world is battling against the novel corona virus outbreak. India is also affected





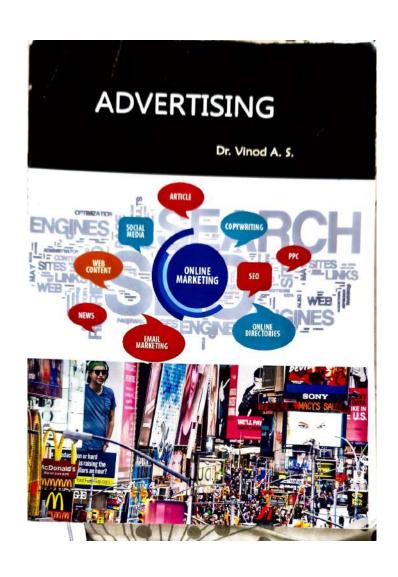
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ADVERTISING

Dr. VINOD A S

ASSISTANT PROFESSOR
POST GRADUATE AND RESEARCH DEPARTMENT OF COMMERCE
MAHATMAGANDHICOLLEGE THIRUVANANTHAPURAM, KERALA
AFFILIATED TO UNIVERSITY OF KERALA



Registered Office: 129/498, Vasant Vihar, Near Old Pune Naka, Solapur-413 001 (Maharashtra) India 09637335551, 07020828552 E-mail:wizcraftpublication@gmail.com





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Chief Editor

Dr Vinod A S
Assistant Professor
Post Graduate and Research Department Of Commerce
Mahatma Gandhi College Thiruvananthapuram,Kerala,India
Affiliated To University Of Kerala

ISBN Number: 978-93-89488-31-9

The views and opinions expressed in this book are author(S) own and the facts reported by him/her have been verified to the expert possible. The copy right owner /editors and the publishers are not in any way liable for the same.

All rights resaved with copyright owners and publisher, including the right translate or reproduce the book or parts or parts there of expert for brief quotations in critical article or reviews

Copyright© 2020 Editor
Edition: I August -2020
Volume: 1



WIZCRAFT
Publications & Distribution

Registered Office: 129498, Vasani Vinar, Near Old Pune Naka, Solapur- 413 001 (Maharashtra) India 09637335551,07020828552 E-mail:wizzraflipublication@gmail.com



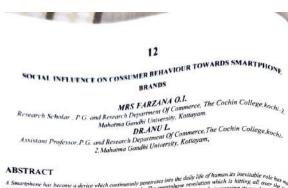


THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



A Smartphone has become a device which continuously generates into the daily life of human its inevitable role in to get a space in both personal and work life of people. The smartphone revolution which is hitting all one in to get a space in both personal and work life of people. The smartphone revolutions which saturally show and India holds second direct material of smartphones after Chair life is that it 65 % of share in the consumers a highest rist that it 65 % of share in the comparing the research of the ways oldersly the assential media research. The continuous growth in the consumption of smartphones precise the ways oldersly the assential which lead consumer to choose a particular brand, involved the space of the personal and psychological factors are the main characteristics which tigliue Philip Koller cultural, social, personal and psychological factors are the main characteristics which tigliue Philip Koller cultural social personal and psychological factors are the main characteristics which tigliue consumer behaviour. In this research the social factors that influence the buyer before purchasing a smartpi considered, So that the factors closely related with rocial environment is studied in detail.

Key words.

Key words - Smartphone , Consumer Buying Behaviour , Social Influence, Bras

INTRODUCTION

Smartphone industry is one of the promising industry in the economy. There shows a stea growth in the consumption of smartphones in the past few decades over the world which leads to the rapid development of telecommunication sector. Entry of low cost chineese handsets has made the industry difficult for the domestic manufacturers to withstand. According to International Data Corporation(IDC) India's smartphone market hiked into 152.5 million units in 2019 which depicts a increase of approximately 8% year over year. Foreign smartphone companies like Xiaomi , Samsung Apple, Honor, Vivoetc are dominating the Indian market and there exist a neck to neck competition with the domestic companies. SinceKerala is a consumer state there shows a fastest growth in the consumption of smartphones.

Consumer behaviour is a human behaviour associated with various deciding factor which a buyer come across at the time of choosing a product which satisfies the needs with their existing resource includes time, money and effort. Though there exist various factors like price, quality brand, technology, origin etc that influence the buyer to purchase a product, social influence toward consumer buying behaviour is explained in this study the social factors that influence buyer before purchase consist of reference groups, family, peers, media and also their role and status ISBN NUMBER 978-93-89488-31.9



Mendulo Muon Mrudula Menon V. Principal-in-Charge The Cochin College



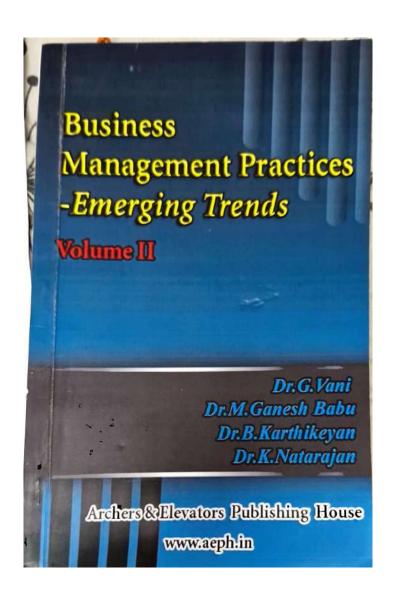
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ARCHERS & ELEVATORS PUBLISHING HOUSE
131 AGB Lay out, 6th Cross

Hesaraghatta Main Road

Bangalore-560090(INDIA)

Mob: + 91 9164362263

E-mail: archerselevators@gmail.com

Website: www.aeph.in

BUSINESS MANAGEMENT PRACTICES -EMERGING TRENDS

C Archers and Elevators Publishing House

First Edition 2020

ISBN: 978-93-88805-95-7

Price: Rs 800/-

All rights reserved. This book or parts therefore, may not be reproduced in any form or by any means, electronic or mechanical, including photocopying, recording or an information storage and retrieved system now known or to be invented, without written permission from copyright owners.

PRINTED IN INDIA

A& E printers, Bangalore-90.







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

EMERGING TRENDS IN FORENSIC ACCOUNTING - A FUTURISTIC PERSPECTIVE

Mrs. Femeena .P.A
Research scholar, PG and Research Department of Commerce, The Cochin College, Kochi-2. Dr. Anu L

Assistant Professor, PG and Research Department of Commerce, The Cochin College, Kochi-2.

ABSTRACT

Forensic accounting is one of the accounting methods to find out the financial manipulation by conducting detailed assessment and analysis of financial information. It is an analysis of financial data that can be used to defend a case in a court of law. Forensic audit ensures the accuracy and lawfulness of financial statement of business. With the increase in use of technology in accounting field increases the risk of white collar crimes. This paper attempts to describe the emerging trends in forensic accounting trends in forensic accounting.

Key words: Financial statement, forensic accounting, forensic audit, trends, white collar crimes

Wide range of investigative work done by professional accountants is known as forensic accounting. Investigation may be conducted to discover the existence of fraud, to find out the persons who are involved in the fraud, to measure the financial loss suffered and ultimately present findings to the client or to the court as the case may be. Forensic accounting is generally used for detection of fraud and embezzlement in business. Forensic accounting diverges from the traditional accounting which mainly focuses on recording, classifying, summarizing, reporting and interpreting the transactions and events in the nature of finance. It is popularly known that forensic accounting is a thrill of hunt. It is a blend of accounting and forensic science. The words forensic auditing and forensic accounting are used interchangeably. interchangeably.

Historical background of forensic accounting in India:

The birth of forensic accounting is credited to Frank John Wilson who in 1930s, working as a Certified Public Accountant (CPA) in USA was placed to investigate the secret dealings of the AI Capone, infamous Chicago gangster. He was indicted for tax evasion and sentenced for imprisonment for the illegal activities done by him. However, Maurice Peloubet, a New York Certified Public Accountant, coined the term Forensic Accounting in 1946. In India, history of forensic accounting goes back to the ancient times of Mauryan time; Kautilya was the first person to mention in his famous book Kautilya Arthashastra the famous forty ways of misappropriation. In India, investigative tasks of forensic auditing are done by Chartered Accountants.

Forensic accounting is defined as "the application of investigative and analytical skills for the purpose of resolving financial issues in a manner that meets standards required by court of law. Forensic accountants apply special skills in accounting, auditing, finance, qualitative methods, certain areas of law, research and investigative skills to collect, analyze and evaluate evidential matter and to interpret and communicate findings."

According to AICPA (1993): "Forensic accounting is the application of accounting principles, theories and discipline to facts or hypothesis at issues in a legal dispute and encompasses every branch of accounting knowledge."



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in











THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Micro-and Nanoscale **Technologies in Drug Delivery**

ABOUT THE EDITORS









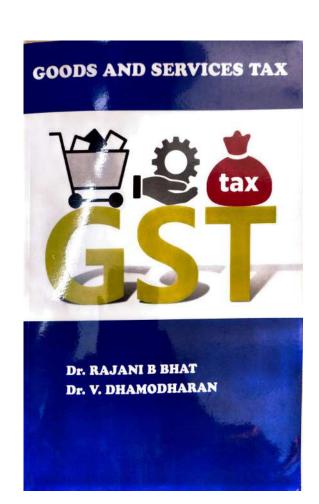
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

GOODS AND SERVICES TAX

(For Under Graduate students as per the Choice Based Credit and Semester System Syllabus of M G University, Kannur University, Calicut University and Kerala University)

Dr. RAJANI B BHAT

Assistant Professor P G and Research Department of Commerce The Cochin College, Kochi 682002, Kerala

Dr. V. DHAMODHARAN

Assistant Professor and Head Department of Business Administration Government Arts College for Men, Nandanam, Chennai 600 035, Tamil Nadu







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







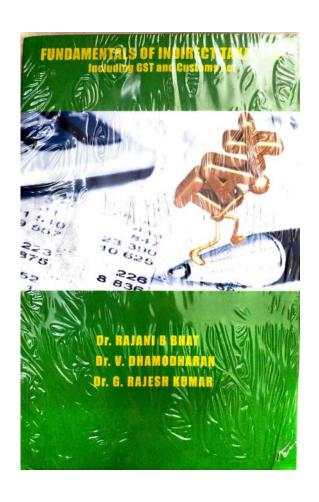
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

FUNDAMENTALS OF INDIRECT TAXATION-

Including GST and Customs Act

(For Under Graduate Students of all the Universities in Tamil Nadu)

Dr. RAJANI B BHAT

Assistant Professor P G and Research Department of Commerce The Cochin College, Kochi 682002, Kerala

Dr. V. DHAMODHARAN

Assistant Professor and Head Department of Business Administration Government Arts College for Men Nandanam, Chennai 600 035, Tamil Nadu

Dr. G. RAJESH KUMAR

Assistant Professor Department of Business Administration Government Arts College for Men, Nandanam, Chennai 600 035, Tamil Nadu.



T.R. PUBLICATIONS





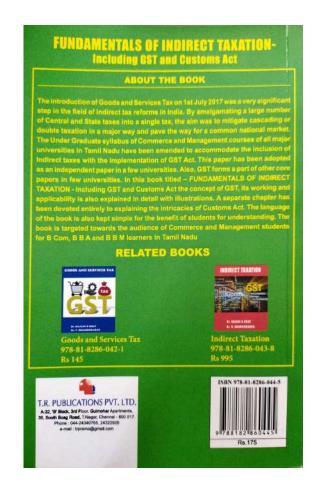
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







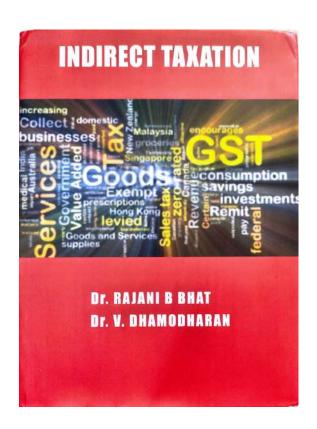
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

INDIRECT TAXATION

(For Post Graduate Students of all Universities in India)

Dr. RAJANI B BHAT

Assistant Professor
P G and Research Department of Commerce
The Cochin College, Kochi 682002, Kerala

Dr. V. DHAMODHARAN

Assistant Professor and Head Department of Business Administration Government Arts College for Men, Nandanam, Chennai 600 035, Tamil Nadu







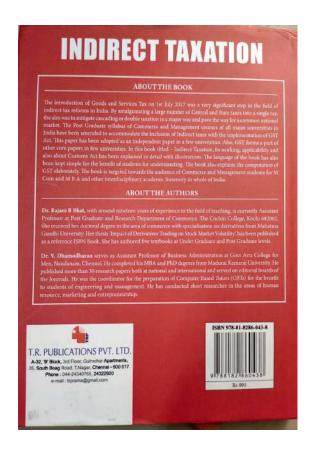
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







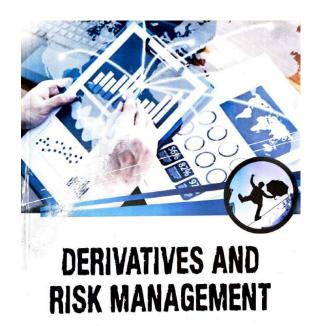
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Rajani B Bhat Suresh V N

KALYANI





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

DERIVATIVES AND RISK MANAGEMENT

(For Post Graduate Students of all Universities in Kerala)

DR. RAJANI B BHAT DR. SURESH V N Assistant Professor, Associate Professor and Head, P.G. and Research Department of Commerce, P.G. and Research Department of Commerce, The Cochin College, Kochi 682002 Maharaja's College, Ernakulam



KALYANI PUBLISHERS

LUDHIANA – NEW DELHI – NOIDA (U.P.) – HYDERABAD – CHENNAI KOLKATA – CUTTACK – GUWAHATI – KOCHI – BENGALURU





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







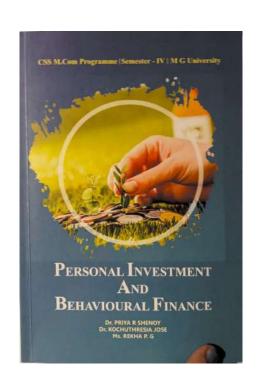
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







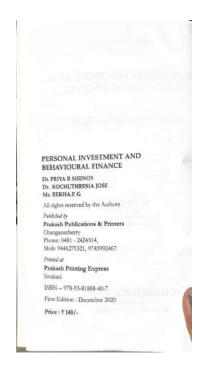
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







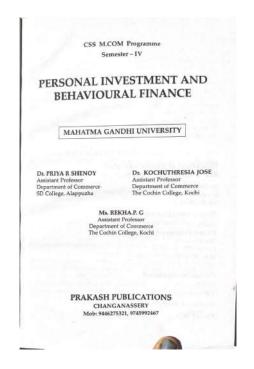
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



SMART MOVES JOURNAL IJELLH

Travel Brochures as Constructs and Commodities

Dr. Milon Franz

Aluva, Kerala, India

St. Xaviers College for Women

Aluva, Kerala, India

The paper is an attempt to analyse the photographs in the travel brochures. The brochures created by the Kerala Government are considered as sample for analysis. The photographs used in creating the brochures are to attract the targeted travellers from other countries, so it will be shown as the best representation of a place. The photoshopped images of Kathakali, rain forests and backwaters are not the real pictures of the place which becomes the prominent pictures on the Travel Brochures every year. Some latest photos are of Theyyam and the traditional Hindu art forms. The pictures are the representation of perspectives, it focuses on what we need to see and show. Photography is a deliberate attempt to show the unreal conditions and building a "reality" out of gaze. The earlier postcolonial representations





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

SMART MOVES JOURNAL IJELLH ISSN: 2582-3574 Vol. 7, Issue 11, November 2019 119

of human beings are shifted to the exotic representation of nature and art forms which are

https://doi.org/10.24113/ijellh.v7i11.10100

Keywords: Travel Brochures, Photographs, Gaze, Exotic Cultural Representation.

Advertisements in Tourism industry are intended to introduce a place to a target customer, who wants to take a break from the stressful life. To achieve the purpose, the should make the person feel that he will miss something really valuable if he doesn't visit that place. Travel brochures include the details of the location, topography, historic sites and landmarks. They also represent of outdoor activities like park, sports, water, entertainment, climate and overall weather conditions. These brochures carry the symbols of arts and culture like the image of Kathakali, Ayurveda, yoga etc. They detail the transportation facilities available, languages, dialects used and the cuisine for which the area is known for, added

The brochures turn out to be the historiography of the tourist places. The brochures found in the official website of Kerala Tourism unveil the socio cultural spaces of Kerala. "Pictures are social constructs that denoted an everyday situation, but through their tourism promotional materials like brochures, advertisements, post cards etc. creates a discourse of the place and represents the rich cultural source of popular places and people

Kerala, a state in the southern tip of India is named as one of the ten paradises of the world by National Geographic Traveller. The place is famous for hill stations, back waters





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

SMART MOVES JOURNAL IJELLH ISSN: 2582-3574 Vol. 7, Issue 11, November 2019 120

and beaches coloured with a unique culture and tradition. The representation of places in the photographs concurs with its logo- God's own Country decked with the lush greenery and

Photographs are experiences captured that furnish evidence. Though having the qualities of paintings, photography is closer to reality. Photographs are useful tools of surveillance. "A photograph passes for incontrovertible proof that a given thing happened The picture may distort; but there is always a presumption that something exists, or did exist, which is like what's in the picture" (Sontag 4). Though photographs give evidence, the visual justice of the photographs can be questioned. Photograph marginalizes or ignores certain things what is not to be conceded. The frame of a camera disqualifies some images nearby. Photographs are reduced, blown up, cropped, retouched, doctored and tricked out.

later. Photographs are ways of certifying experience, offering indisputable evidence. Capturing the experience via photographs rejects the experience, by enclosing that experience

Travel becomes a strategy for accumulating photographs. The very activity of taking pictures is soothing, and assuages general feelings of disorientation that are likely to be exacerbated by travel. Most tourists feel compelled to put the camera between Photographs are essential to tourism. Photos have the voveuristic tendency, it peeps into the

world of objects which are not supposed to be seen. A tourist also wants to see the unknown and the photos of places in brochures should excite his curiosity

The photograph is a thin slice of space as well as time. In a world ruled by photographic images, all borders seem arbitrary. Anything can be separated, can be



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

SMART MOVES JOURNAL IJELLH ISSN: 2582-3574 Vol. 7, Issue 11, November 2019 121

differently. Photography reinforces a nominalist view of social reality as consisting of small units of an apparently infinite number. (Sontag 22)

The gaze of the photographer, who takes the pictures for brochures, should also be scrutinized. A photographer captures images that appeals to him and actualizes the subjective reflection of his vision. The difference between a usual photographer and a professional photographer is - professional photographer cannot take photos which excites him. He has to photographs should cater the choice and need of the customer or the company where he where he will be ready to purchase the package for the fulfillment of his dream. The

The close reading of these pictures reveals the predicaments of the photographer. For example: while focusing the pictures in the brochures of Kerala Tourism page, especially those of Backwaters, it is revealed that the human figures are minimalized and focus is shifted to the landscape. But if there is a foreigner in the boat, then his image is brought closer. The photograph draws up the target customer how the trip can be exciting and

The gaze of the photographer has an agenda, to satisfy the employer, to satisfy the customer and to create a cultural impact. Travel brochures represent a place, its culture and tradition which is not real, but the exotic world which the tourism department wishes to sell. The photo here becomes a tool for advertisement and it is commoditized. Commoditized products have only a single purpose which is to sell the product. "The tourist gaze is elaborated as a particular way of seeing the world that is enforced on tourists and essentially





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

SMART MOVES JOURNAL IJELLH ISSN: 2582-3574 Vol. 7, Issue 11, November 2019 122 https://doi.org/10.24113/ijellh.v7i11.10100

fundamental motivation of tourists travelling to such destinations, then, is to gaze on the panoramas, landscapes, buildings, people and other manifestations of place....."(Garrod 2)

Kerala, a noted place for tourism, tags herself as the Gods' Own Country. The brochures of Kerala include the hues of nature. The lush green high range, blue backwaters and bright sea shores are the highlights of the bright and beautiful landscape. Some photographs manifests the high cultural representations of Kathakali with green face, women in traditional attire and pictures based on Ayurveda treatment. If we consider the Kathakali forms in pictures, the green face, which represents the upper caste gods are presented. There are several other traditional art forms in Kerala, but the landmark image is of the "pachcha" which camouflages with the idea of "Gods" own Country. The women presented in the representations of Kerala in tourism brochures are images of the upper caste culture. The indigenous folk culture and its manifestations are always missing in them. Even in the pictures of art forms like Theyyam, the lower caste performer is eclipsed in the upper caste

The images of ayurvedic treatment in brochures are having a green and brown base which creates an ambience of lush green of woods. Often the images are those of women The female figures satisfy the male gazes. Ayurveda provides the ethnic treatment available in the market. The female figures inflate both national and international market. Thus Ayurveda becomes a tempting elixir which will be available only if the traveller reaches Kerala (which is a strategy to attract the potential traveller). These images are constructed expressions of the cultural, political and social identities of the place which exclude the real





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

ISSN: 2582-3574 Vol. 7, Issue 11, November 2019 123

product of deception for gain. They present a hyper reality, "which is no longer a question of imitation, nor duplication, nor even parody. It is a question of substituting the signs of the real for the real" (Baudrillard 1). Thus the world of photos in travel brochures cooks up a world of reality to achieve the monetary target by attracting travellers from various places.

Images are created within a myth, the myth of real and unreal. In a post truth era the objective facts are less influential in shaping public opinion. The concept of "Truth" has been tried to recast truth as a phenomenological quest based on experience rather than on a priori concepts. The images created in the photographs are copying or recopying the original. The copied images are "really real" than the original. These images distance the beholder from on travel brochures create travel consciousness which develops as a myth. In the neo liberal world the facts and truths have become irrelevant but commoditization is important.





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

SMART MOVES JOURNAL IJELLH ISSN: 2582-3574 Vol. 7, Issue 11, November 2019 124

https://doi.org/10.24113/ijellh.v7i11.10100

Keralatourism.org. E Brochures. Thiruvananthapuram, 2008.https://keralatourism.org/.

Baudrillard, Jean. Simulacra and Simulation. University of Michigan Press,1994.

Domsic, Lana. "Touristic Photography and the construction of place identity: Visual Image of

Croatia." Advances in Environment, Ecosystems and Sustainable tourism, pp.277-

282.www.wseas.us>STEAD-45.pdf

Garrod, Brian. "Understanding the Relationship Between TourismDestination Imagery and

Tourist Photography." Journal of Travel Research Online, 2008.,pp.1-

13.//DOI:10.1177/0047287508322785.

Sontag, Susan. On Photography. Penguin Books,2008.





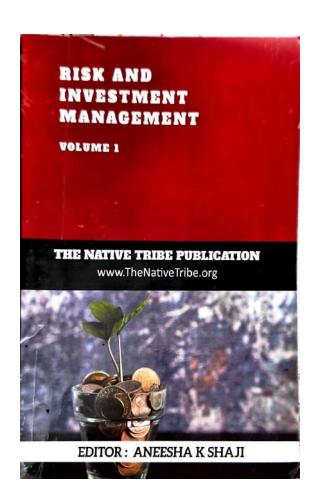
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Risk and Investment Management

Volume 1

Editor

Aneesha K Shaji
Asst. Professor
Dept. of Commerce
Kristu Jayanti College (Autonomous)
K Narayanapura, Kothanur Post
Bengaluru, Karnataka, India.

ORCID iD 0000-0002-0581-755X



email: email@thecochincollege.edu.in

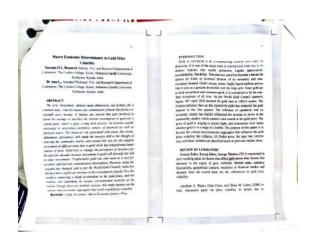


THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Physics and Mechanics of New Materials

Synthesis, Processing, and **Emerging Applications**

Editors: Devrim Balkose, PhD

Desciousor Chemical Engineering, Izmir Institute of Technology, Izmir,

Ana Cristina Faria Ribeiro, PhD

Researcher, Department of Chemistry, University of Colmbra, Portugal D Nandakumar Kalarikkal, PhD Senior Professor, School of Pure and Applied Physics, Mahatra Gandhi University and School of Wannesdence and Nanotechno Gandhi University, and School of Wannesdence and Nanotechnology, Mahatma Gandhi University, India

Ann Rose Abraham, PhD
Assistant Professor, Sacred Heart College (Autonomous),

This new volume covers new advances in materials science and engineering technology, focusing on practical rather than theoretical aspects that are useful for the design, fabrication, testing, and industrial application of advanced materials and structures.

structures.

The first section of this book delivers a comprehensive overview of modern ferrites with special attention to their overview of modern ferrites with special attention to their survey on ferrite materials with discussions of selected applications of modern ferrite materials in emerging technologies. In the second section, the impact of technologies thange upon the application of selected materials and energy resources are presented in detail. This includes discussions on 2D nanomaterials, bismuth ferrite, and barium titanate and how these can be put to practical use the morphysics and applied mechanics for engineering technology are presented that provide an examination of the various physical, chemical, and material properties of a range of modern materials.



Preface
SECTION: MODERN FERRITES: EMERGING TECHNOLOGIES
AND APPLICATIONS
1. Synthesis and Mechanism of Functionalized Ferrite Nanoparticles
for Water Splitting Applications
Merin Mary Sebstain, Fadedea Chundekatt Ummer, and
Nandakumar Kalaritkal
2. Biomedical Applications of Magnetic Nanomaterials/Ferrites
Mridulo Sreedinaru, Jupothish Kumar J. S., Ariplil G.,
Nebu G. Thomas, Shilps Jon, Nandakumar Kalaritkal, and
Suba Thomas
3. Study on Magnetic and Magnetoelectric Properties of BiFeO3
Mutilierois Systems
Mutherois Systems
Magnetic and Magnetoelectric Properties of BiFeO3
Mutilierois Systems
Magnetic and Magnetoelectric Properties of BiFeO3
Mutilierois Systems
Machania L. S., Sushank S., Jisty Ann Jiji, and Nandakumar
Kalaritkal.
Ferrities: Physics and Applications

Kalarikkal.

«Herrites: Physics and Applications.

Jincenno Cyrice, Samuy Matheu, Tina Sebastian, Sqij Augustine,
Annal Ajith Cheria, I. R. Srivimanbandru, and
Nandakumar Kalarikkal

5. A Radimentary Analysis of Room Temperature Multiferroic:
Biamuth Ferrite

Velluga Shem, Kauya Rawindran, Navya S. L., and Pius Augustine

Velluga Shem, Kauya Rawindran, Navya S. L., and Pius Augustine SECTION 2: ENERGY MATERIALS: FUNDAMENTAL PHYSICS AND LATEST ADVANCES IN RELEVANT TECHNOLOGY

TECHNOLOGY

6. Bektrochemical Energy Storage in aD Nanomaterials: Present Satus and Puture Challenges
Gogol Sanugla, Rank Rumer Trivedi, and
Gogol Sanugla, Rank Rumer Trivedi, and
Trivedi, and Gogol Sanugla, Rank Rumer Trivedi, and
Trivedi, and Composite A Newer Paralign for Energy Application
Nikhi Sharma, Neetu Talroja, Disya Chauhan, and
Mohammad Aship Mohammad Mohammad Sharman, Rent Talroja, Disya Chauhan, and









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Physics and Mechanics of New Materials

PART 3: CASE STUDIES IN THERMOPHYSICS AND APPLIED MECHANICS FOR ENGINEERING TECHNOLOGY

TECHNOLOGY

J. Investigating the Adhesion Problem of a Double-Sided Tap and Car Bumper Packing Materials

Describ Bollions Ciemet Channorin, Semu Kriköse,

Common Common

62 b/w illustrations. Approx. 343 pages with index. ISBN hard: 978-1-77491-573-8. ISBN ebook: to come \$200.00 US | £150.00 hardback. January 2024

ABOUT THE EDITORS

Order your copy of Physics and Mechanics of New Materials tod Save 15% when you order online and enter promo code APP12. FREE standard shipping when you order online only. TO ORDER ONLINE: Go to http://www.appleacademicpress.com,

In the United Kingdom: Tel: +44 (0) 1235 400524 Fax: +44 (0) 1235 400525 E-mail: book.orders@tandf.co.uk

APPLE ACADEMIC PRESS

CRC Press
Taylor & Francis Group







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

SHODHAK

A Journal of Historical Research (ISSN: 0302-9832)

Vol. 52, Issue-2 (July-September) (Special Issue) 2023

Editor: Dr. Ram Pande





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Shodhak (शॉधक)

(ISSN: 0302-9832)

SEARCHING THE SELF IN SPIRITUAL JOURNEY: AN ANALYSIS OF M. D. SURESH BABU'S KAILASATHILEKUM, PINNE AVANAVANILEKKUM

Recthi P.

Assistant Professor, Department of English, The Cochin College

Abstract:

Travel Writings are explorations into external knowledge, It can be a journey in reverse to the self. The paper is an attempt to analyse Kailasathilekum, Pinne Avanavantlekkum by M.D. Suresh Ilahu as a journey of self. The paper looks into the subjective element in the travel writings, in the sacred region of Mount Kailas and Manasarovar. Identification of the individual and the self reflects the subjective element which reflects the culture. The work analysed Kailasathilekum, Pinne Avanavantlekkum is a travel literature in which the author travels from southern state of India, Kerala to the Northern end of the Himalayas. Though Mount Kailas is in China occupied Tibet, the region is part of the India mindscape without any borders to limit the beliefs of several religions in India. The region is not only a sacred place but is also a place of lots of mysteries. Many travel writers mentioned that reaching the place and the vision of Mount Kailas brings an exhilarating experience, where they could feel the united of nature and man. Visiting the place makes the traveller to look within oneself and shed off his/heres.

Keywords: Self, Identity, Culture, Travel Sub-theme: Travel

In present society travel is considered as a commercial act where the economy is having suggestive growth. Travelling for pleasure leads to tourism which is considered as a source of revenue by many countries. Increased transportation facilities and consequent global mobility have widened the platform of tourism. Earlier, travels were limited among the rich people, but now it has become popular among the power classes. The increase in travel increased the production of travel narratives too. The travellers documented whatever they saw, experienced and cherished during their journey. Thus, travel literature became a handbook to many and it helped to understand the social, cultural and economic hackground of the places visited by the travellers. Literature is considered to be socially and culturally affiliated and there is a direct link between literature and travel, as travel is socially and culturally responsible for the transformation of an individual.

Travel is the journey or movement of a person in single or in group to other places. Traveller can move within his country or can cross the borders. Other than these two types of travel, a person travels to the world of imagination within oneself. It is also possible to look within oneself by doing yogs and meditation. Journey or travel is not necessarily physical displacement, it can be a journey within the mind leading to the transformation of self. Reading is an example where we make a journey within ourselves. The physical travel cannot be restricted to the gaze of the traveller on different places, people and society but also the travels that can lead us to look into ourselves. It transforms the self, specially pilgrimages which offers us an escape from the sins and material passions that each one of us have. These transformations or journey to the self can be seen in many travel natratives.

Val 52, Issue-2 (July-September) (Special Issue) 2023 UGC Care Group 1 Journal 213



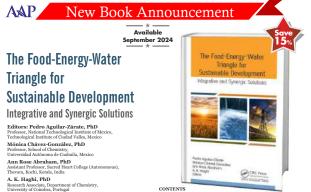


THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Solutions to the food shortage, demand for clean water, and the need for energy for a current world population of 7 billion are the greatest challenges that require technological innovation and changes in public policy. The water-energy-food triangle is necessary to sustain life on this planet. This new book provides a broad overview of both the nexus of water-food-energy and climate and sustainable development, which will have huge impacts on water and food availability.

food availability.

The Food-Energy-Water Triangle for Sustainable Development: Integrative and Synergie Solutions presents case studies for the nanagement of water, energy, agricultural growth, and food security using empirical analyses and technological interventions. It explores innovations in sustainable food production; energy solutions wing biofuels, solar energy, and magnetic energy; and water conservation management. This volume provides practical information for scholars and researchers interested in the area of nexus studies, focusing on sustainable solutions for conserving, preserving, and producing food, water, and energy.



Preface

I. The Sestainable Use of Cactaceae as Functional Foods: The
Hypoglycemic Effect
Hypoglycemic Effect
Alpogla Respec, Christian Sümcher, Brenda Alvarado, Ariel Vazquez,
and Feela Aguillar-Zarate
Under Schale Statistianable Food Biogroducts:
Insights into Sümcherged Fermentation
Iran Nielley Cordero-Soto, Maria Goretty Contreves-Hernández,
Süttu Mariat Goretty Sütturi Sütturi Goretty
Olga Miran Ratitage-Quilinose

Sützer Sützer Gründen Foods and

Olga Mirám Ratinga-Quilmons

Jemans from Den Fillis as a Source of Functional Foods and Extracts with Nutraceutical Potential

Extracts with Nutraceutical Potential

Sation-Ramira, Carlos Alonso, Gonzalez-Laredo, Rubén Francisco, Rocha-Garmán, Nuria Elizabeth, Gallegos-Infante, José Alberto, Hornard Fords, Anna Sandard, Sational Service, Anna Service, Anna Sational Service, Anna S

Silida Marina Ganulder-Herrero S. Gurrent Perspectives on Sastianiable Food Product Formulation by Microslage Cultivation Maria Goreig Contrevar-Hernández, Cordero-Soto Itza Nailely, Alfreds Dr. Jesús Martines-Voldin. Maria Gareig Contrevar-Hernández, Cordero-Soto Itza Nailely, Alfreds Dr. Jesús Martines-Voldin. Maria Gareiga Contrevar-Maria Contrevar-Maria Contrevar-Sentin Maria Contrevar-Maria Contrevar-

Microorganisms Stephany Nefertari Chávez-García, Dora Elisa Cruz-Casas, Erik De León-Juárez, Álvaro Javier Pastrana Pastrana, Steffanny Sánchez Portillo, and Adriana Carolina Flores-Gallego:



Contents continued on side 2





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Biofuels as Potential Candidates for Sustainable

Development
Smhol Saru Yurghese, Vaisadh, P. H., Eapen Philip,
Tresis al Alias Princy Paulose, Akhina H.
8. Capper Tin Sulphide: Potential Candidate for Solar Energy
Conversion
Gerthu R. and Santhosh M. V.
9. New Perspectives on Micro Algal Fuel Cells: An Approach
Towards Capper Towards

iew Perspectives on Micro Algal Fuel Cells: An A rards Green Energy sen Samuel M., Bincy Varghese, Bivitha, and oy T. Thomas

athi Jayasankar, Satheesh Kumar K. V., and

ABOUT THE EDITORS

Order your copy of The Food-Energy-Water Triangle for Sustainable Development today. Save 15% when you order online and enter prome code APP15. REE standard shipping when you order online only. TO ORDER ONLINE: Go to http://www.appleacademicpress.com/itile.php?id=978177491

AAPPLE ACADEMIC PRESS

To pay in Indian rupees, send your inquiry with the promo code APP15 for discount of 15% off list price via email to: marketing@tandfindia.com or inquiry@tandfindia.c

CRC Press
Taylor & Francis Groun









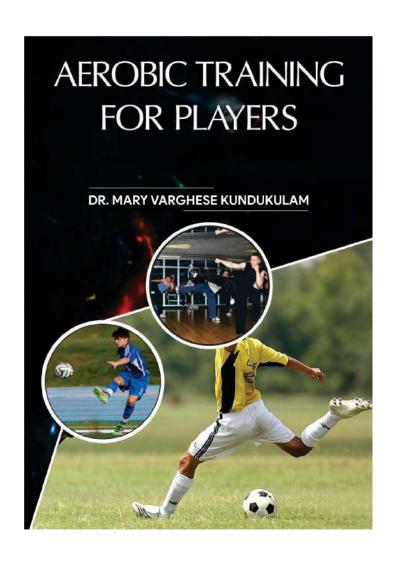
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Published by: Manojvm Publishing House, India

Website: www.manojvm.com

E-mail: manojvmind@gmail.com

ISBN: 978-93-94521-01-8

Price: ₹ 249.00 Edition: 1St Year: 2022

Author: Dr. Mary Varghese Kundukulam

© All Rights including Copyrights reserved with the Author.

All rights reserved. No part of this book may be reproduced or utilized in any form or by any electronic, mechanical or means, now known or hereafter invented, including photocopying and recording, or in any information storage and retrieval system without permission in writing from the publisher or author.







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



AUTHOR PROFILE

Dr. Mary Varghese Kundukulam is currently a Lecturer in the Dept. of Physical Education at St. Joseph College of Teacher Education For Women, Kerala, India. She earned a doctorate from Department of Physical Education, Annamalai University, Tamil Nadu. Additionally, she earned a MPhil from Department of Physical Education, Tamil Nadu Physical Education & Sports University, Tamil Nadu, India. She also obtained her Master degree from St Joseph's College of Physical Education, Kottayam, Kerala, India. She received her Bachelor degree from Christ College, Irinjalakuda, Kerala, India. She has presented over twenty academic and researchbased papers at national and international conferences, including the Physical activity and dietary habits for healthy living, 2015 - St. Joseph's College, Irinjalakuda, Kerala, India; International Congress on Renaissance in Sports Strategies Challenges and Choices, 2017 - National College, Tiruchirappali, Tamil Nadu, India; National Seminar on The Role of Women Participation in Sports for Women Empowerment, 2017 - Sri Padmavathi Mahila Visvavidyalayam, Women's University, Andhra Pradesh, India; National Seminar on Road Map to 2020 Olympics, 2017 - Sri RamaKrishna Mission Vidalaya Maruthi College of Physical Education, Tamil Nadu, India. She has over seven articles published in international journals and the UGC-





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



DERIVATIVES AND RISK MANAGEMENT

Rajani B Bhat Suresh V N

KALYANI





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

DERIVATIVES AND RISK MANAGEMENT

(For Post Graduate Students of all Universities in Kerala)

DR. RAJANI B BHAT DR. SURESH V N

Assistant Professor, Associate Professor and Head, P.G. and Research Department of Commerce, P.G. and Research Department of Commerce, The Cochin College, Kochi 682002 Maharaja's College, Ernakulam



LUDHIANA - NEW DELHI - NOIDA (U.P.) - HYDERABAD - CHENNAI KOLKATA – CUTTACK – GUWAHATI – KOCHI – BENGALURU





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







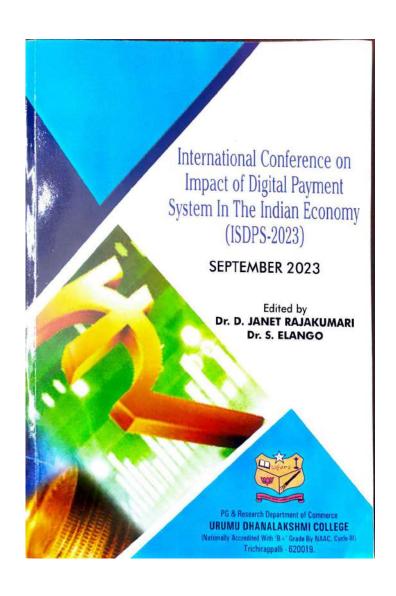
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

First Impression - 2023

PG & Research Department of Commerce, URUMU DHANALAKSHMI COLLEGE, (Nationally Accredited with 'B+' Grade by NAAC, CYCLE-III)

Trichirappalli-620 019, Tamil Nadu, India.

Copyright@2023,Urumu Dhanalakshmi College, Trichy: All right reserved



No part of the publication may be permitted in any form of by any means, electronic, mechanical, including photocopy, recording or any information storage and retrieval system, without permission in writing from the copyright owners.

Disclaimer

The authors are solely responsible for the contents of the papers compiled in this volume. The publishers or editors should not take any responsibility for the same in any manner. Errors if any are purely unintentional and readers are requested to communicate such errors to the editors or publishers to avoid discrepancies in future.

Published by

CHAULATHA PUBLICATIONS

38/7, Rukmani Street, West Mambalam, Chennai-600 033. Mobile:98404 28577 Email: charulathapublication@yahoo.com FOR ONLINE PURCHASE web: www.charulathapublication.com

Printed by

Jayabal Binding and Printing Works 7/18, Maligai Street, Trichi-620 02. Moble:9788063775





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

LIST OF PAPERS PRESENTED						
S. No.	Name of the Author	Title	Page No.			
1	Dr. S.Christuraja	Modern Digital Payment System And Its Impacts On Indian Economy	1			
2	Dr. Rajani B Bhat Dr. V.Dhamodharan	Transforming India Into Cashless Economy Through Digital Payments	4			
3	Dr. K.J.Sunmista S.Thazhai Pushpam	Digitalization On Public Distribution System – An Overview	7			
4	Dr. N.Rajathilagam R.Suriya Devi	A Study On User Perception Towards Digital Wallet Payment System In India	10			
5	Dr. B.Menaka Kavali Rangaiah	A Study On The Digital Payment Services In India	13			
6	Dr. B.Menaka C.Renuga Devi	Impact And Importance Of Digital Payment In India	15			
7	Dr. B.Menaka C.Ashitha Ashok	Impact Of Digital Payment System On Consumers Buying Decision With Special Reference To Kottayam District	18			
8	Dr. G.Kanagavalli V.Aishwarya	The Impact Of Covid-19 On E-Wallet's Payments In Indian Economy	20			
9	Dr. S.Sundararajan Dr. N.Ramar	Automated Clearing House And Indian Payments System	22			
10	Dr. S.Pandi Abinash B & Shakeel Ahamed Khan M	Impact Of Digital Payments In India	25			
11	Dr. S.Balraj	Problems And Challenges Of Digital Payments In Rural Perambalur District	28			
12	Dr. S.Thamilarasan	A Study On The Impact Of Digital Payment In Indian Economy With Special Reference To Covid-19	32			
13	Dr. C.Selvarani	Impact And Importance Of Digital Payment In India With Special Reference To Covid-19	35			
14	Dr. S.Vijayalakshmi	Impact And Importance Of Digital Payment In India	38			
15	Ms. Gayathri	Digital Payment System In India	41			
16	Dr. M.Chandrasekaran Joshua Benaiah. S	In Prospective View Of Digital Payments In India	44			
17	Dr. S.Vennila Fathima Rani Sindhuja K	Mobile Wallet Marketing: A Powerful Strategy For Customer Engagement	47			
18	Dr. S.Yoganathan	Marketing Strategies Adopted By SBI Life Insurance Company's	50			
19	Dr. C.Chinnaraja	Seeding - Its Significance And Safety	53			
20	Dr. L.Leo Franklin Dr. V.Jancy Rani	Public Perception On Cashless Transaction With Special Reference To Pudukkottai District, Tamilnadu – A Study	55			
21	Ms. N.Saraswathi	Digital Payments	57			
22	Dr. Francis Mary K.Radha	Impact Of Digital Payment On Indian Economy	60			
23	Dr. D.Vijayalakshmi	Determinants Of Customer Perception In Digital Payment System	62			





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

TRANSFORMING INDIA INTO CASHLESS ECONOMY THROUGH DIGITAL PAYMENTS

Dr. RAJANI B BHAT Assistant Professor & Research Guide
P G & Research Department of Commerce
The Cochin College,
Kochi 682002

Dr. V.DHAMODHARAN Associate Professor and Head Dept. of Business Administration Govt. Arts College for Men (Autonomous) Nandanam, Chennai 600035 Kochi 682002

Nandanam. Chennai 600035

Abstract:

India's digital payments system -has evolved rapidly over the last few years. This has been encouraged by various developments in information and communication technology and by forward looking Regulatory and Government policies. The trinity of near universal account penetration, increasing smartphones penetration and low cost payments rails has led to a never-before boom in digital transactions. India has become a model for digital payments adoption for countries across the globe. Digital payments are one of the most important pillars of a financially inclusive country and helps in bringing people together under an organised financial system. There is a growth in the use of digital payments with over 40% of individuals in middle-income nations (excluding China) making in-store or online payments using a card, phone, or internet banking for the first time. More than one third of individuals in all low and middle income nations paid their power bills from a formal account. Globally, two-thirds of individuals make or receive digital payments, with developing economies increasing their participation from 35% in 2014 to 57% by 2021. Globally, FY 2023 has also seen economic, political and geographical issues which have affected the financial industry. The present article intends to highlight the growth of digital payments in India over the last few years, there by transforming Indian economy cashless economy in the global scenario. The study also aims make a comparison of Indian digital cashless economy in the global scenario. The study also aims make a comparison of Indian digital payments with the world wide economies. Introduction:

The growth of digital ecosystem in India has been driven by a number of factors, including the ment's push towards digitalization, an increase in internet and smartphone penetration, and the rise of e-commerce. The Indian government has been actively promoting the use of digital technologies through various initiatives such as Digital India, Make in India, and Startup India. These initiatives aim to increase the use of digital technologies in various sectors such as healthcare, education, and agriculture, and also to create a conducive environment for start-ups to flourish. The increase in internet and smartphone penetration in India has also played a major role in the growth of the digital ecosystem. According to a report by the Internet and Mobile Association of India, the number of internet users in India is expected to reach 800 million by 2023. This increase in internet users has also led to an increase in the number of mobile wallet users in India, which is expected to reach 900 million by 2025(Report NIC, 2023)

With government's mission to target Rs 2,500 crore digital transactions in 2017-18 Union Budget through UPI, USSD, Aadhar Pay, IMPS and debit cards for promoting digital payment transactions in the country, this has been a significant step towards the government's goal of increasing the use of digital payments and reducing the dependence on cash transactions. Digital payments have become increasingly important in India in recent years, as the country has seen a rapid increase in the adoption of smartphones and internet access. This has led to a significant increase in the use of digital payment methods, such as mobile wallets, UPI, and card payments. However, there is still a large proportion of the population that relies on cash transactions, and the government is looking to change this by promoting the use of digital payments. This will be used for a variety of initiatives to promote digital payments. One of the key initiatives will be to provide incentives for merchants to adopt digital payment methods. This may include subsidies for merchants to purchase point-of-sale terminals, as well as tax incentives for businesses that adopt digital payment methods.

The government's contribution for digital payment transactions is a significant step towards achieving the goal of a cashless society. This allocation will help to increase the number of people who use digital payment methods, which will in turn help to reduce the dependence on cash transactions.

Additionally, the government's initiatives to provide incentives for merchants and to build infrastructure to support digital payments will help to create a more conducive environment for digital payments to





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Impact of Digital Payment System in the Indian Economy-(ISDPS) September 2023 ISBN 13: 978-93-5577-890-1

thrive. This move will also help to increase the overall financial inclusion in the country and will bring more people under the ambit of formal banking and financial services. With the increasing adoption of martphones and internet access, digital payments are becoming more accessible to more people. This allocation will help to further increase the use of digital payments and reduce the dependence on cash transactions, which will help to create a more efficient and secure financial system for all Indians. Journey of Digital Payments so far..

Journey of Digital Payments so far...

The decade of 2010-20 can be termed as the decade of payments in India. There have been many defining moments that transformed the payments ecosystem of the country and attracted international recognition. During the decade, the country has witnessed the introduction of innovative payment systems, entry of non-bank players, and a gradual shift in the customer behaviour from eash to digital payments. In India, there is an unique secure and interoperable Unified Payments Interface (UPI) for retail payments, biometric based as well as the QR code-based payments. Throughout this journey, the Reserve Bank has played the role of a catalyst and facilitator, regulator and supervisor, as the occasion demanded, towards achieving its public policy objective of developing and promotting a safe, secure, sound and efficient payment system. Servee Bank has always fostered innovation and growth of payment and settlement systems without deviating or losing its focus towards constant improvement in safety, security, soundness, efficiency and effectiveness. All these efforts have resulted in availability of a wide choice of anytime and anywhere interoperable payment systems for the common man at reasonable rates.

The need for payments and settlements is as old as the need for goods and services. The earliest known Payment and Settlement System (PSS) was the barter system facilitating exchange through goods and/or services. With the concept of money, people progressed to settling their economic transactions using currency notes and coins. The evolution of the banking system and advent of bank accounts led to an easy and safe method for making payments by transfer of money through bank accounts. This transaction required a payment instrument, and cheque emerged as the primary instrument for payment transactions. Thus, started the tale of payment systems.

An efficient payment system promotes marke efficiency and reduces the cost of exchanging goods and services. By the same token, its failure can result in loss of confidence in the financial system and in the very use of money. In India, the oversight of the payment systems is entrusted to the Reserve Bank of India (RBI) where the Board for Regulation and Supervision of Payment and Settlement Systems (BPSS), chaired by the Governor, RBI, spearheads this responsibility. The creation of a new department viz., Department of Payment and Settlement Systems (DPSS) by RBI in the year 2005 to focus exclusively on payment and settlement systems, and subsequent legislation of the Payment and Settlement Systems and subsequent legislation of the Payment and Settlement Systems act, 2007 (PSS Act) set the stage for a new era in the history of payment systems in

the country. Analysis and Findings

Analysis and Findings

Overall digital payments market

Although there has been a preference for cash transactions in India, UPI has gained popularity
and is encouraging a culture of digital payments. The share of digital transactions has increased from
11.26% in FY16 to 80.49%22 in FY22. The rise of digital payment options has contributed to this shift in
consumer behaviour. Customers can make payments at any time and from any location using a variety of payment options, including net banking, UPI payments, credit cards, debit cards, and e-wallets. The shift can also be attributed to the growing acceptance of digital payments by retailers.

Transaction Volume of UPI

UPI is expected to remain the nation's fastest growing payment mode and a key contributor towards digital payment adoption in the country. Payments have become more straightforward and practical for end users owing to the ease of use of UPI QR codes and the interoperability of payment services providers (PSPs) which contributes to the rise of the choice is total digital payment. service providers (PSPs) which contributes to the rise of its share in total digital payments. Transaction value of UPI

Payments made using credit and debit cards continue to increase across the country due to the growing awareness about the use of cards among customers. Some of the elements driving this rise include the introduction of new companies with a focus on digital experiences and a rising customer base





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Impact of Digital Payment System in the Indian Economy (ISDFS) September, 2023, ISBN 13-978-93-5577-890-4

in tier 3 and tier 4 cities. With features like tokenization and EMI it has become safer and more onvenient to use for transactions

Growth of UPI in India

The digital payments ecosystem in India has also grown significantly in recent years, driven by a combination of government initiatives, an increase in internet and smartphone usage, and the rise of e commerce. One of the key initiatives is the launch of the Unified Payments Interface (UPI), which allow for real-time inter-bank transactions, and the Bharat Interface for Money (BHIM) app, which simplifies process of making digital transactions.

the process of making digital transactions.

Worldwide Ranking based on UPI transactions

The global digital payment market size was valued at USD 81.03 billion in 2022 and is expected to expand at a compound annual growth rate (CAGR) of 20.8% from 2023 to 2030. The global digital payments transactions were valued at over USD 8 trillion in 2022. The worldwide increase in customer preference for real-time payments is one of the major factors driving the market growth. According to statistics provided by McKinsey & Company, India registered 25.6 billion real-time transactions in 2020, witnessing a 70% increase from 2019.

Table 1 - Worldwide Bowleing in UPI Transactions

Table 1 - Worldwide Ranking in UPI Transactions

Transactions Value in Millions
89.5
29.2
17.6
16.5
8

Source: www.mygovindia.com

Conclusion

India's digital payments growth journey in the last six to eight years has been phenomenal and is considered as a case study globally. This growth has helped the country to move forward from being cash dependent to a less cash economy, focusing on digital-first transactions in metros, tier 1-4 cities and rural dependent to a less cash economy, focusing on digital-first transactions in metros, tier 1–4 cities and rural areas. In the coming years, it is expected that digital payments will further penetrate the Indian economy across all customer demographics, covering newer use cases and deepening existing businesses. Transaction volumes in retail digital payments covering various instruments is expected to grow by four times by FY 2026–27. UPI is the flagbearer of the digital payments revolution, constituting over 75% of the overall transactional volume in retail digital payments in India. With addition of new features and use cases, UPI is expected to cross I billion transactions per day by FY 2026–27. UPI 123PAY and UPI Lite are expected to increase the adoption of digital payments in rural areas. UPI for foreign tourists, UPI linkage to credit accounts and the-ups with real-time payments systems of other countries will further liness as the foreign invariant emisters.

inicase the foreign inward are mittance.

Lastly, India has moved ahead of the stage where incentives, cashbacks and rewards acted as a catalyst to encourage users to transact digitally. We have observed that Indian customers are now habituated and more comfortable with digital transactions. This trend is expected to continue and grow in the future. This has been made possible due to the dedicated focus of the Government and regulator and the efforts of all operators and stakeholders in the payments ecosystem, who have enabled a safe, convenient and easy-to-use experience for customers.

- 1. Cashless Society- Digital Payments, Demonetisation, etc. (n. d.). Retrieved from
- Cashless Society Digital Payments, Demonetisation, etc. (n. d.). Retrieved from http://www.civisladily.com/story/ cashless-society
 Hasan, I., De Renzis, T., and Schmiedel, H., (2012). Retail Payments and Economic Growth. Bank of Finland Research Discussion Paper No. 19/2012
 India's Digital Payments To Grow Three-Fold In 2017: MeitY. (2017, April 20). Retrieved from http://googleweblight.com/i?u=http://www.bgr.in/news/indias-digital-payments-to-grow-three-fold-in-2017- meity/&hl=en-IN&tg=802&tl=shAgXHyn4TKs16h6
 Jubair, T., and Yakoob, C., (2017). Acceptance of Digital Wallets in Kerala: An Empirical Study. International Journal of Business and General Management, Vol.6(3), pp.31-38







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



TURKEY, NIGERIA, PAKISTAN, INDIA, NORTH MACEDONIA, BANGLADESH, GREECE, INDONESIA, CAMEROON, AZERBAIJAN, PHILIPPINES, CHINA, ALGERIA, LAOS, CANADA, UZBEKISTAN, UNITED STATES, TUNISIA, FRANCE, VIETNAM, GAMBIA, PORTUGAL, SPAIN, POLAND, KOSOVO, AUSTRIA, LITHUANIA.

6TH INTERNATIONAL CONGRESS ON LIFE, SOCIAL, AND HEALTH SCIENCES IN A CHANGING WORLD PROCEEDINGS BOOK

ISBN: 978-605-71461-9-9

EDITORS ASST. PROF. DR. K. THAMIZHMARAN DR. MUHAMMAD SAFDAR BHATTI PHD. (C) BAHA AHMET YILMAZ





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

6TH INTERNATIONAL CONGRESS ON LIFE, SOCIAL, AND HEALTH SCIENCES IN A CHANGING WORLD

JULY 2-3, 2022 ONLINE & FACE-TO-FACE PARTICIPATION

CONGRESS PROCEEDINGS BOOK

EDITORS

DR. MUHAMMAD SAFDAR BHATTI K. THAMIZHMARAN BAHA AHMET YILMAZ

> BZT AKADEMİ YAYINEVİ® TURKEY, GERMANY TR: +90543 671 0123 GR: +491774586777 changingworldcongress@gmail.com https://www.changingworldcongress.com/

All rights reserved

BZT AKADEMΠYAYINEVή

BZT ACADEMY PUBLISHING HOUSE 2021©

Publishing Date: 18.07 2022

ISBN: 978-605-71461-9-9







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



EFFECTS OF YOGA ON MENTAL AND PHYSICAL **HEALTH: SUMMARY**

Dr. Mary Varghese Kundukulam

Lecturer, Department of Physical Education, St Joseph College of Teacher Education for Women, Affiliated to Mahatma Gandhi University, Kerala, India

ABSTRACT

The current research on yoga's benefits for both physical and mental health. Collectively, these reviews The current research on yoga's senentics for non physical and mental neatin. Collectively, these reviews imply that yoga may be beneficial in a variety of areas, although almost all of them require additional research to confirm these benefits. Nonetheless, there are a few meta-analyses that demonstrate the positive effects of yoga therapies, as well as a number of randomized clinical trials of relatively good quality that demonstrate the positive effects of yoga on pain-related disability and mental health. Yoga may be beneficial as a supporting supplement to alleviate certain medical issues, but it is not yet a proven cure-all. Yoga may have the potential to be implemented as a beneficial supportive/adjunctive treatment that is relatively cost-effective, can be practiced at least in part as a self-care behavioral treatment provides a lifelong behavioral skill, increases self-efficacy and self-confidence, and is frequently associated with additional positive side effects.

Keywords: yoga, mental, physical health.

INTRODUCTION

INTRODUCTION

The international day of yoga has been celebrated yearly on June 21 throughout the world since 2015. Yoga is a physical, mental, and spiritual discipline with ancient Indian origins. The application of yoga as a therapeutic intervention, which originated in the early twentieth century, exploits the diverse psychophysiological effects of the component practices. The physical exercises may strengthen the patient's physical flexibility, coordination, and strength, while the breathing exercises and meditation may quiet and focus the mind in order to raise awareness and reduce anxiety, resulting in a superior quality of life. Other potential benefits include a decrease in anxiety, blood pressure, and enhancements in resiliency, mood, and metabolic balance. Yoga practice has numerous physical and mental advantages, including enhanced circulation, flexibility, respiration, and energy, among others. Although all exercise has physical benefits, yoga is exceptional. Not only does it provide mental and physical preventative benefits, but it also teaches pranayama and a range of breathing techniques to help you maintain vitality, strength, and reduce stress. Experts have long touted the benefits of yoga for the mind and body, and there are numerous reasons why yoga has become so popular for preserving physical and mental health.

Yoga has created techniques for experiencing the various levels of consciousness and encompasses the concept of the super-conscious mind. Beyond the sense consciousness, we experience on a daily basis, consciousness may function independently of or through the sense organs. One is able to see without expert to think without a brain, to hear without ears, and to feel without any sort of sensory medium-ship. This is possible if, via yogic practices, the barriers between different levels of consciousness can be broken







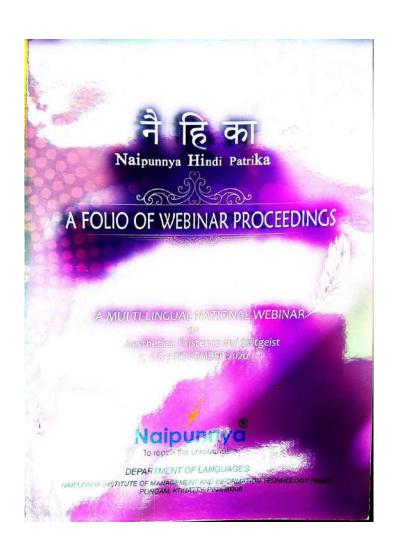
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

बहुभाषीय देशीय वेबिनार कला , साहित्य और संस्कृति

5, 6 और 7 नवंबर 2020



भाषा विभाग नैपुण्या इंस्टिट्यूट ऑफ़ मैनेजमेंट एंड इन्फॉर्मेशन टेक्नोलॉजी (NIMIT)

10 V60 P





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

भाषा : हिन्दी

ग्रन्थकार

भाषा विभाग

नैपुण्या इंस्टिट्यूट ऑफ़ मैनेजमेंट एंड इन्फॉर्मेशन टेक्नोलॉजी , पोनाम

पहला संस्करण : मार्च 2021

कुल पृष्ठ : 162

ISBN: 978-938-994217-0

प्रकाशक

प्रोज़ो पब्लिशिंग

उत्तर प्रदेश - 201301

मुद्रक

एस एम बुक सेन्टर

एस एम कॉम्प्लेक्स

अंगमाली





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

अनुक्रमणिका

	1.0271.001	
1	. डॉ.चित्रा.पी	पृ.सं
	साहित्य का सीँ-दर्यफास्त्र:रामविलास शर्मा की अवधारणाएँ	8
2	ुडॉ प्रिया ए	
	कला , साहित्य और संस्कृति का अद्वभुत सामंजस्य कोणार्क '	11
3,	. डॉ. लिबी चेरियान	
	कही ईसुरी फाग में संस्कृति की झाँक	18
4.	विपिन कुमार ती	
	भारतीयता एवं संस्कृति का प्रतीक : 'पद्मावत'	22
5.	जयदेवी. वि.ए	
	भारतीय संस्कृति और हिन्दी साहित्य	26
6.	ठॉ .सुर्पैबोस	
	डॉ .रविशर्मा मधुप की 'बूँद –बूँद बनती सरिता' नामक लघु कविता संग्रह में मूल्य व	ी खोज 40
7.	ठाँ. विपिन कुमार ची	
	आधुनिक समाज और मीडिया विमर्श के आयाम	45
8.	डॉ. कविता बी. राजन	0.00
	अस्मितामुलक विमर्श और समकालीन हिंदी दलित कविता	48
9.	डॉ. रंजित एम्	
	अरुण कमल की रचनाओं में भारतीयता की तालाश	55
10	. वर्णा एस	
	अपवित्र आख्यान आधुनिक राष्ट्र और राजनीति का सही आख्यान	60
11	. अनिता री किनी	
	अधेर नगरी: - हास्य-नाटक की कथा-वस्तु, राजनीतिक संदर्भ, भाषा-प्रयोग	65
12.	. डॉ. सोनिया.एस	
	अरोय के यात्रावृत्तान्त के परिप्रेक्ष्य में भारतीय संस्कृति: एक झलक	7:
13.	डॉ. सीमा एस	-
	राठी मासूम रजा के उपन्यास में बेरोजगारी और यधार्थ	70
14.	डॉ. प्रसीजा एन.एम	
	मेहरुत्रिसा परवेज के उपन्यासों में चित्रित सांस्कृतिक पक्ष	-
15	डॉ गापत्री के	75
100		





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ते हि का

अस्मितामुलक विमर्श और समकालीन हिंदी दलित कविता

डॉ. कविता वी. राजन सहायक प्राध्यापिका दी कोचीन कॉलेज कोच्चि -02

ग्ररूप: दतित साहित्य दतित चेतना की उपल हे और दतित चेतना पुग्मे - युगो से अपनी बुनियादी वरूरतों एवं तनवीय अधिकारों से विच्त जनसमूह की लामृति की उपल है | आत: दतित साहित्य दतिते की आत्मा पहचान और आत्मा स्वयाता का शाहित्य है | दतित साहित्य में समाव के उपीक्षत वर्गों की विसंगति पूर्ण जीवन का अंकन तब नहीं है ; बल्कि उसमें अपने श्रोषण के प्रति जगरूक जनता के आक्रोश, विद्रोह एवं प्रतिरोध भी मुखरित हुए | समाव के उपेक्षितओं के प्रति प्रतिबद्धता होने के कारण दतित साहित्य उनको मनुष्य का दर्जा तथा सामाजिक हरवरी दिलाने में जोर देते हैं |

वीज शब्दः दिलेत. विमर्श, समाज, साहिला, कविता, वेदना, घोषण, अन्याय, अस्मिता, जातीपता, जागरूकता, विरोध, विद्रोह, आदि

दलित -विसार्श्व जाति-आधारित अस्मिता-मूलक विमार्थ है | दलित खाहित्य से तात्यर्थ दलित जीवन और इसकी समस्याओं को साहित्य के केंद्र में रखकर की गई साहित्यक आंटोलन से हैं | दलित संबोधन से समाज के यद दलित, अधिकार विहीन, और सामाजिक- धार्मिक उपेक्षा के शिकार असवार्ध का बोध होता है | दलितों को हिंदू समाज व्यवस्था में सबसे निचले पायदान पर होने के कारज न्याय, शिक्षा, सामान, स्वतंत्रता, आदि सभी मानव आंक्षारों से विवेद रखा गया था | उन्हें अछूत, या अस्पृष्टम माना गया था | इस दिखत -वर्ग के सामाजिक-धवनीति उत्थान, समानता व सम्मान के लिए तथा उनके संखार्थ को सबर देने के लिए कई साहित्यकारों ने अपनी संबनी चलाई | दिलित साहित्य को लेकर रमाणिका गुस्ता जी का कथन काफी उल्लेखनीय है, "दिल साहित्य एक मीनवद साहित्य है जो मनीरेजन या स्वांत सुखाय नहीं तिखा जाकर अपने समाज को जागरूक करने, चेतना का क्वार कर उसे परिवर्तन के लिए प्रीरत और संकत्यित करने तथा गैर दिलितों और दिलतों दोनों की मानिसकता क्वार कर उसे परिवर्तन के लिए प्रीरत और संकत्यित करने तथा गैर दिलतों और दिलतों दोनों की प्रानिक्ष आत्म क्वार कर स्वांत के साथ जातकर अपनी बाहित का एइसास करवाने की कुचैत भी रखता है | वह विद्रोह की क्षमता रखता और यदलाव के लिए मार मिटाने की संकर्प भी लेता है। "

देलित साहित्य की चेतना काफी पुरानी हैं | सितंबर 1914 में 'सरस्वती' पिंबला में हीरा होम की कविता अहुत की यिकापत' प्रकाशित हुई | इसे पहली देलित माना जाता है | लेकिन एक समाबत काव्य-धारा के रूप ों कियों में दलित लेखन बीसवीं जताब्दी के देन है | वर्तमान संदर्भ में दलित साहित्य का अपना एक अलग एवं वर्तक अस्तित्त है | साहित्य की अन्य विधाओं की तरह हिंदी कविता में भी दलितों के बहुआमामी जीवन संदर्भ को वास्तिबेक एवं राधक्त रचनात्मक अभिव्यक्ति देखने को मिलते हैं | सामती व्यवस्था के बंगुल से पूर्णतः मुक्त

4





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Published by



AKHAND PUBLISHING HOUSE

Publisher, Distributor, Exporter having an Online Bookstore

Head Office: L-9A, First Floor, Street No. 42, Sadatpur Extension, Delhi-110094 (INDIA) Phone No.: 9968628081, 9555149955 & 9013387535 E-mail: akhandpublishinghouse@gmail.com, akhandpublishing@yahoo.com Website: www.akhandbooks.com

IN-BETWEEN SPACES

Culture and Territoriality in Literature, Art and Cinema

© Dr. Rekha Karim, Dr. Rekha E. First Edition 2021 ISBN: 978-93-90870-25-7

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, transmitted or utilized in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the copyright owner Author/Editors. Application for such permission should be addressed to the Publisher and Author/Editors. Please do not participate in or do not encourage piracy of copyrighted materials in violation of the author's rights. Purchase only authorized editions.

The responsibility for facts stated, opinion expressed or conclusions reached and plagiarism, if any, in this book is entirely that of the author. Neither the publishers nor the editors will be responsible for them whatsoever.

Printed in India

Published by Jhapsu Yadav for Akhand Publishing House. Cover Designed and Laser Typesetting at VM Graphic and Printed at Aarna Enterprises, Delhi.







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

13

Nation, Border and Othered: An Analysis of Travel Narratives to Sino - Indian Border

Reethi P.

Nation exists as a concept of shared imaginations, values and culture. Nation can be defined in relation with the Other-the enemy, the outsider; just like the self is defined by the Other. The existence of Nation is defined by its borders. "Borders refer to external boundary of states which have legal significance and require knowledge of history and appreciation of context to understand". (Bartlett and Mackay 594). Borders are significant in legal terms because they are the legal demarcations which define sovereign jurisdictions. People travel within the territories and also across the boundaries. These travels cross the boundaries of states and even countries.

Boundaries are spaces that separate one place from other; it also joins the spaces too. Crossing the border suggests the historicity and cultural specificity of the geographical borders. Crossing the border reflects different cultural spaces; it is in this context the travel narratives to Himalayas are important. Recently,

158/212





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

	(01)	
7.	Smooth and Striated Spaces: A Deleuzean Reading of <i>Nomadland</i> —Dr. Rekha Karim and Nayab Naseer	102
8.	Border in Partition Narratives: Constructing 'The Other Side' —Simi Hyder Ali	114
9.	Transcending Boundaries of Hegemonic Discourses: A Postcolonial Perspective on the Malayalam Film Nandanam —Dr. V.K. Karthika	122
10.	Reading <i>Jasmine</i> as a Narrative on Diasporic Discourse —Parvathy Nair	133
11.	Identity at Borderlines: Dilemma of Confused Existence in Nadia Hashimi's When the Moon is Low —Kochurani Joseph	141
12.	The Space in between: A Socio-political Mapping of Kerala Coastal Border in the Medieval Period —Minu Elizabeth George	150
13.	Nation, Border and Othered: An Analysis of Travel Narratives to Sino-Indian Border —Reethi P.	158
14.	On Reclaiming Fragmented Her-stories: Interrogating the Machismo Cult in	166

-Dr. Rekha Karim and Ameena Siraj





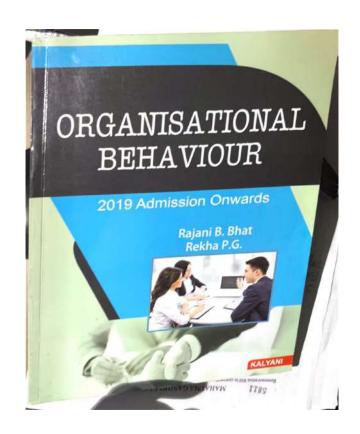
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







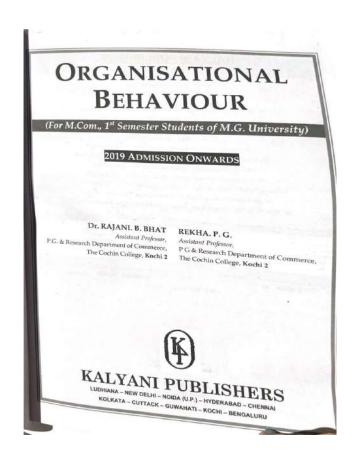
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







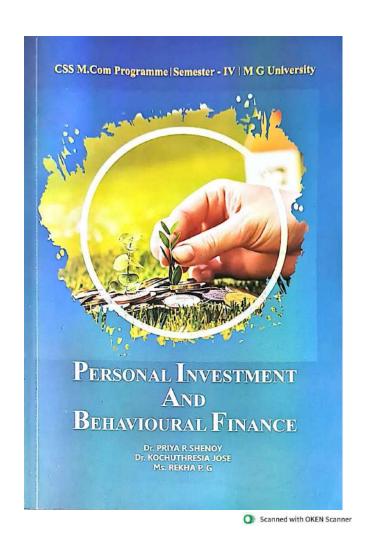
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

CSS M.COM Programme Semester – IV

PERSONAL INVESTMENT AND BEHAVIOURAL FINANCE

MAHATMA GANDHI UNIVERSITY

Dr. PRIYA R SHENOY Assistant Professor Department of Commerce SD College, Alappuzha Dr. KOCHUTHRESIA JOSE Assistant Professor Department of Commerce The Cochin College, Kochi

Ms. REKHA.P. G Assistant Professor Department of Commerce The Cochin College, Kochi

PRAKASH PUBLICATIONS CHANGANASSERY Mob: 9446275321, 9745992467

O Scanned with OKEN Scanner





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

PERSONAL INVESTMENT AND BEHAVIOURAL FINANCE

Dr. PRIYA R SHENOY Dr. KOCHUTHRESIA JOSE Ms. REKHA.P. G

All rights reserved by the Authors

Published by

Prakash Publications & Printers

Changanacherry Phone: 0481 - 2424514,

Mob: 9446275321, 9745992467

Printed at

Prakash Printing Express Sivakasi

ISBN - 978-93-81888-40-7

First Edition : December 2020

Price : ₹ 140/-

O Scanned with OKEN Scanner





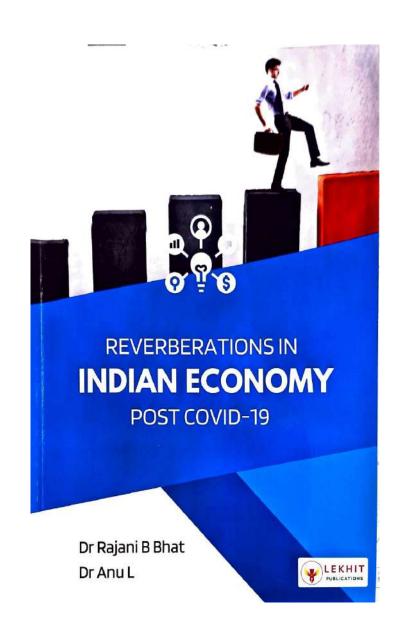
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Reverberations in Indian Economy Post COVID-19

Dr Rajani B Bhat Dr Anu L

LEKHIT PUBLICATIONS KOTTAYAM, KERALA - 686574





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



REVERBERATIONS IN INDIAN ECONOMY POST COVID-19

Copyright @ To the Authors

All rights reserved including those of translation into other languages. In accordance with the Copyright (Amendment) Act, 2012, no part of this publication may be reproduced, stored in a retrieval system. or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise. Any such act or scanning, uploading, and or electronic sharing of any part of this book without the permission of the publisher constitutes unlawful piracy and theft of the copyright holder's intellectual property. If you would like to use material from the book (other than for review purposes), prior written permission must be obtained from the publishers.

ISBN: 978-81-954429-1-1

First paperback edition June 2022

Editors: Dr. Rajani B. Bhat, Dr. Anu L.

Printed at:

SUJILEE COLOUR PRINTERS Chathannoor, Kollam 691572, Kerala

Published by:

LEKHIT PUBLICATIONS
An Imprint of Lore & Ed Research Associates Pvt. Ltd.
Building No. 9/437, Edanadu
Kottayam 686574, Kerala
www.loreanded.com
books@loreanded.com





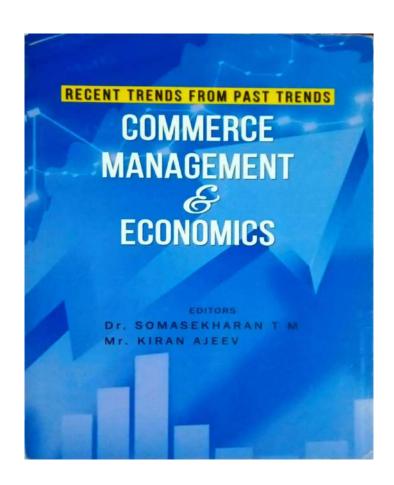
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

REGULATORY FRAMEWORK OF ETHICAL ADVERTISING: AN INDIAN VIEW

Renuka K K, Research Scholar, The Cochin College, Kochi 2, Email:renukarajesh7@gmail.com, Mob: 9961139992.

Dr. M. Geetha, Research Supervisor and Principal, The Cochin College, Kochi 2, Email:geethakem@gmail.com, Mob: 9447459909.

Abstract
Advertisement as a strong weapon can influence the attitude of consumers and can frame the buying behavior according to the needs and wishes of marketers. The big threat in today's way of advertising is how far it follows the truthfulness and honesty in the way of its communication. At times when it goes beyond the ethical standards giving detrimental results among the vulnerable sections of the society like children and youth. Like any other real life situation where we have to decide upon right or wrong, choosing a product or service is also a matter of decision making determined by various internal and external factors. It is extremely the priority of this time to restore the ethical aspects of advertisements and in turn provide healthy information to the society. Marketers should be aware about the laws supporting ethical advertising and the definition of various terms to make sure it's presence or absence in its communication process. There are various regulations in India to monitor the quality of advertisements make sure it's presence or absence in its communication process. There are various regulations in India to monitor the quality of advertisements which in turn suggest the need of a self regulatory system that complement the legal framework. This article talks about statutory prohibition and the purpose of self regulation to tackle the problem of unethical advertisements.

Keywords: Advertisement, Ethics, Self regulation, Ethical Advertising.

Introduction
Advertising is a paid form of communication and the process of dissemination of information between seller and consumer. It influences different target groups of consumers in a higher level in their purchase decision making. For that advertisers use various tactics and strategies according to the nature of products and taste and preference of consumers. Comparing to traditional ways modern means of children and youth are more involved in to the modern ways of communication, its honesty and truthfulness are of extreme prominence. Advertising helps in building the brand in the market and ensuring the success of the brand. It is an important tool for the long



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



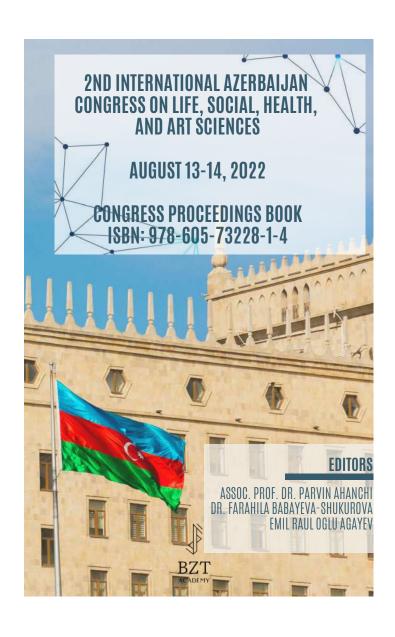
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







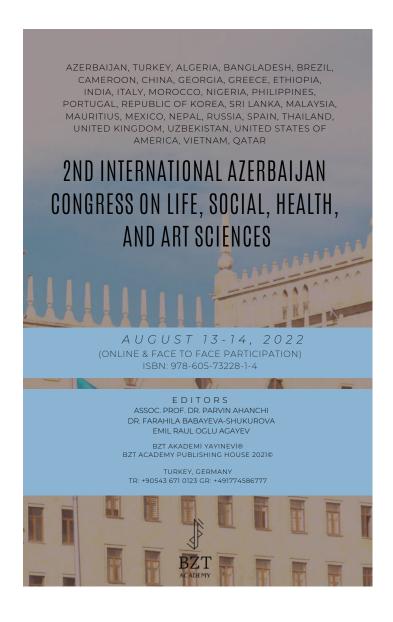
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



A STUDY ON HEALTH AND WELLNESS: PHYSICAL EDUCATION

Dr. Mary Varghese Kundukulam

Lecturer, Department of Physical Education, Mahatma Gandhi University, Kerala, India.

ABSTRACT

Physical education, health and wellness intend to enhance the school community's well-being by fostering a culture that integrates and balances the six elements of wellness: social/environmental, physical, intellectual, career/occupational, emotional, and spiritual. The department strives to promote an active, healthy lifestyle, positive decision-making, and student-centeredness to give each student a diverse education in a safe, supportive atmosphere. This objective is intended to inspire self-responsibility, motivation, academic performance, and a lifelong dedication to wellbeing. The study reveals that exercise is extremely important to staying healthy, both in body and mind. Being active can help a person continue to do things they enjoy and be independent as they age. Long-term physical activity increases the benefits of long-term health.

Keywords: health, wellness, physical education

INTRODUCTION

11

Health is a state of complete mental, physical, and social well-being, not just the absence of disease or infirmity. Fitness is the ability to deal with what the world throws at you. Sport is a great way to get in do stress. Among the mental benefits is a boost in confidence. Students learn in Health and Physical Education that following good health and safety rules can help them live healthier lives for the rest of their lives, which makes them more productive, active, and successful. Physical and health education is about both learning about and doing physical activities to learn. Both dimensions help students come up with ways to learn skills that are taught in different subjects. Physical and health education courses must involve students in physical education activities for a minimum of fifty percent of the entire time allotted to the subject group.

The health and physical education standards and grade-level outcomes specify the knowledge and skills that students should possess. They develop the concepts and skills necessary for safe and healthy living, and subsequently for academic success. The purpose of Health Education and Physical Education programs is to provide students with educational opportunities that promote physically healthy, long-term lifestyle choices. Together, parents, schools, and the government are making a significant difference in students' health and well-being.

Physical wellbeing entails areas of life that are essential for maintaining peak physical condition. The combination of positive physical activity/exercise and healthy food habits produces optimal physical health. Physical health fundamentals include developing muscular strength and endurance, and flexibility.









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Better yet, take your brisk walk in nature

Trees and other plants are regularly turning our carbon dioxide into rich oxygen we can breathe. Getting rich, oxygenated air help kill bacteria and viruses, improves breathing, and may even help prevent cancer.

Brilliantly-colored fruit is packed with disease-fighting phytonutrients like proanthocyanins that protect against brain diseases and quercetin which helps alleviate allergies and breathing problems

Meditate

Just taking some time out to clear your thoughts and unplugging from technology and people can help you feel more balanced and peaceful.

- 5. Deep breathe for at least 5 minutes
- 6. Snack between meals

Drink a freshly made juice

Stop and smell the flowers

Write down at least 10 things for which you are grateful

Eliminate at least one item from your life that contains toxic chemicals

Do something nice for someone

Dry skin brush

Soak in a warm bath with epsom salts

CONCLUSION

Exercise is critical to maintaining physical and mental health. Being active can help a person age in place and continue to do things they enjoy. Long-term physical activity increases the long-term health benefits. This is why many health experts advise people to be as active as possible and to schedule at least three days a week for some type of activity that keeps the heart beating at a steady rate. Physical activity has numerous mental advantages. A person diagnosed with depression or anxiety, for example, is frequently asked to engage in some form of physical activity in addition to taking medication. This is due to the fact that the body creates endorphins, which increase mood and relieve stress. Improving mood can help with depression, while reducing stress can help with anxiety. With their hectic lifestyles and schedules, few people take the time to care for themselves. Taking care of noseslf, on the other hand, is the best method to ensure you live a long and healthy life, not only physically but also mentally.

REFERENCES

www.antiessays.com/free-essays/Wellness-Program-516572.html

https://www.bestessays.com/research paper on health.php

www.humankinetics.com/excerpts/excerpts/the-importance-of-health

https://www.episd.org/departments/health/wellness

907



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



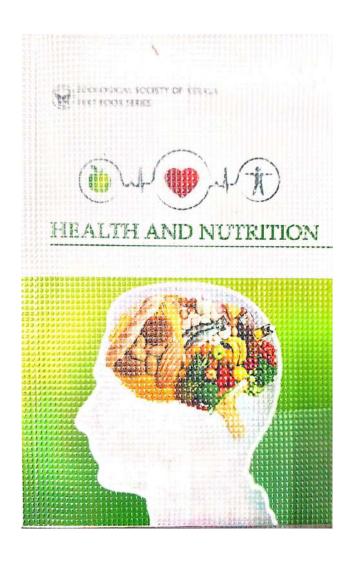
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

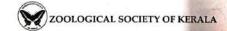
KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

HEALTH AND NUTRITION







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Health and Nutrition

Editor Dr. Soja Louis

Published and Distributed by Zoological Society of Kerala CMS College, Kottayam, Kerala

First Edition: June 2019 Copies: 1000

© Zoological Society of Kerala

Cover Photo: Cynthia Mathew Thaliath

Typesetting, Layout & printing Indu Offset, South Kalamassery Ph: 0484-2555499

Price: ₹ 150/-

ISBN: 978-81-939629-4-7





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

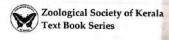
email: email@thecochincollege.edu.in

HEALTH AND NUTRITION

Editor

DR. SOJA LOUIS

Assistant Professor Department of Zoology St. Teresa's College (Autonomous), Ernakulam







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

· Contributing Authors

Dr. ManjuV. Subramanian Assistant Professor, Cochin College, Kochi

Dr. Mini K.D.

Assistant Professor, SreeSankara College, Kalady

Ms. Jaya S.

Assistant Professor, Nirmala College, Moovattupuzha

Dr. Sunish K. S.

Assistant Professor, Maharaja's College, Ernakulam

Dr. Vineeth Kumar T.V.

Assistant Professor, Cochin College, Kochi

Dr. Smitha N.R.

Assistant Professor, Cochin College, Kochi





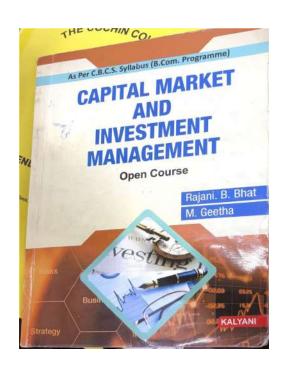
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







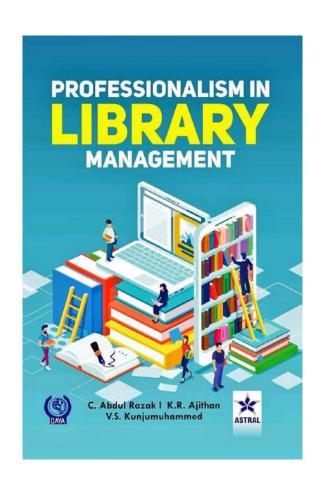
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







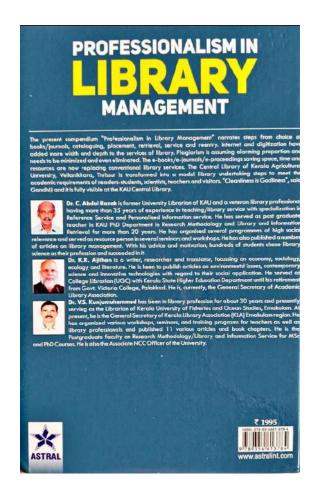
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

	Contents	
	Foreword	ix
	Preface	xi
	Dr. A.T. Francis: A Biographical Sketch C. Abdul Razak and Dr. V.S. Swapna	xvii
1.	Academic Library: Futuristics Dr. K.V. Peter	1
2.	Measuring the Research Impact of Articles and Individuals Dr. C. George Thomas	3
3.	Let the Library Dialogue Continue Excerpts from an Interview with Dr. A.T. Francis	15
	K.P. Sathian and Dr. K.R. Ajithan	
4.	Impact of RFID in Library Management: A Case Study of KUFOS Central Library	27
	V.S. Kunjumuhammed and Dr. A.T. Francis	
5.	in Kerala Agricultural University	39
	Sowmya C. Rajan, C. Abdul Razak and M.C. Lalitha	
	th	
6.		51
	Dr. T.A. Abdul Azeez	
7.	Assessing the Bibliotherapeutic Values of Indian Folktales: Through the Vision of a Librarian Dhanya S.	61
8.		79

Jeena Jayan





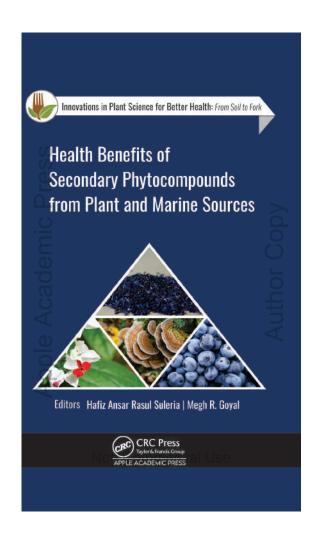
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Innovations in Plant Science for Better Health: From Soil to Fork

(HEALTH BENEFITS OF SECONDARY Apple Academic Pres PHYTOCOMPOUNDS FROM PLANT AND MARINE SOURCES

Edited by Hafiz Ansar Rasul Suleria, PhD Megh R. Goyal, PhD, PE

APPLE ACADEMIC PRESS

Non Commercial Use







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Non Commercial Use





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

CHAPTER 2

SECONDARY METABOLITES FROM CLERODENDRUM INFORTUNATUM
L.: THEIR BIOACTIVITIES AND HEALTH
BENEFITS

R. L. HELEN, K. JAYESH, S. SYAMA, and M. S. LATHA

ABSTRACT

Tribal communities use various parts of Clerodendrum infortunatum (Hill glory bower) to treat colic, scorpion sting, snake bite, tumor, and certain skin diseases. The leaves of the plant are used orally for curing fever and bowel complaints. Roots are used as a cure for diarrhea. The plant has been used in the traditional Indian medicinal systems like Ayurveda, Siddha, Unani, and Homeopathy. Besides the medicinal properties, the plant has been used as fumigants and to control louse. The presence of flavonoids, steroids, saponins, phenols, and fixed oils has been reported in this plant. Different parts of Cleroendrum infortunatum possess antioxidant, anti-inflammatory, antidiabetic, anticonvulsant, antimicrobial, anthelmintic, analgesic, and hepatoprotective activities. Therefore, Clerodendrum infortunatum is a plant with immense medicinal potential. This chapter discusses the medicinal properties of Clerodendrum infortunatum L.

2.1 INTRODUCTION

Plants have been used as medicines since the beginning of civilization. The earliest record on the use of plants as medicine appeared in Rigveda, which has been written between 1600–3500 BC. The scholastic works of Charaka and Susrutha contain knowledge about the use of preventive and curative medicines [23]. Ancient people depended on nature for their day to day

Non Commercial Use





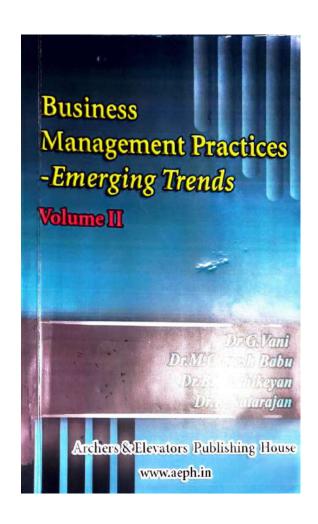
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ARCHERS & ELEVATORS PUBLISHING HOUSE

131 AGB Lay out, 6th Cross

Hesaraghatta Main Road

Bangalore-560090(INDIA)

Mob: + 91 9164362263

E-mail: archerselevators@gmail.com

Website: www.aeph.in

BUSINESS MANAGEMENT PRACTICES -EMERGING TRENDS

Archers and Elevators Publishing House

First Edition 2020

ISBN: 978-93-88805-95-7

Brice: 365 800/-

All rights reserved. This book or parts therefore, may not be reproduced in a means, electronic or mechanical, including photocopying, recording or an inl and retrieved system now known or to be invented, without written permiss copyright owners.

PRINTED IN INDIA

A& E printers, Bangalore-90.





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

The control regions to respicate accountries, a retributive respiration and whole presents of control. The Casha Casha Eagle E





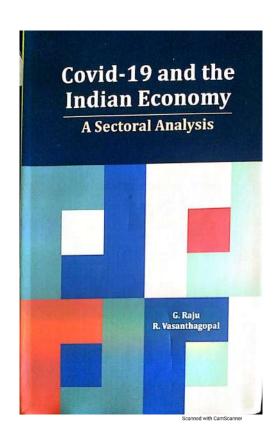
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

Covid-19 and the **Indian Economy**

A Sectoral Analysis

G. Raju Head, Department of Commerce, School of Business Management and Legal Studies, University of Kerala, Thiruvananthapuram, Kerala

R. Vasanthagopal Director, School of Distance Education, University of Kerala, Thiruvananthapuram, Kerala

New Century Publications New Delhi, India

Scanned with CamScanner





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

New Century Publications 4852 / 24, 1st Floor, Ansari Road, Daryaganj, New Delhi – 110 002 (India)

Tel.: 011-4101 7798; 4358 7398; 98112 66355 • E-mail: info@newcenturypublications.com

www.newcenturypublications.com

Editorial office: 4800 / 24, Bharat Ram Road, Ansari Road, Daryaganj, New Delhi – 110 002

Copyright © 2023 by the editors

All rights reserved. No part of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, mechanical, photocopying, recording, or otherwise without the prior written permission of the publisher.

First Published: 2023

ISBN: 978-81-7708-540-2

Published by New Century Publications and printed at Milan Enterprises, New Delhi.

Designs: Patch Creative Unit, New Delhi.

PRINTED IN INDIA

Scanned with CamScanne





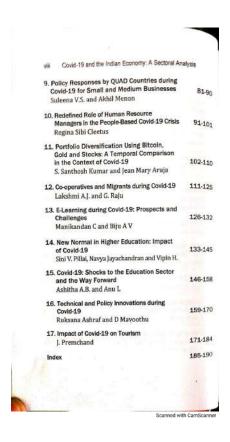
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

15

Covid-19: Shocks to the Education Sector and the Way Forward

Ashitha A.B. and Anu L

Introduction

The world has been through one of the sense has calamities of modern times. The Covid-19 outsite with a Valence Coxid-19 outsite has a republic world is coursefully in a grip of global receivable to the Covid-19 was declared as a public health. Organization of international concern by World Health Organization (Val. Later on, the alaeming ramification of concern's male; WHO declaring it as a pandemic. Corrosa is an infection time, system of first control perspective of the proposition of concern's male; world took system of impleted people often during outsits at successing. To break the spread of Covid-19, counties area world took several measures like social distancing paratic personal by giene, travel restrictions, full lockdowns at.

To further prevent the spread of this pandemic may young people and children, academic institutions were attraveled over. As per the UNICEF report, 188 counties inssiccountrywide school closure affecting more than 15 his children and youth (UNICEF, 2020). In India, as of sool week of March 2020, all universities, colleges and soft were shut down. "Never before have we winnessed chain disruption on such a scale", said UNESCO Discouncer Audrey Azoulay. Experts from the World Basi gained that even before the corona, the world was winnessed that the very before the corona, the world was winnessed that the coronal present control of the male to a Sustainable Development Goal 4, whereby every minimals.



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



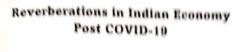
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Dr Rajani B Bhat Dr Anu L

LEKHIT PUBLICATIONS KOTTAYAM, KKRALA - 686874

Scanned with CamScanner



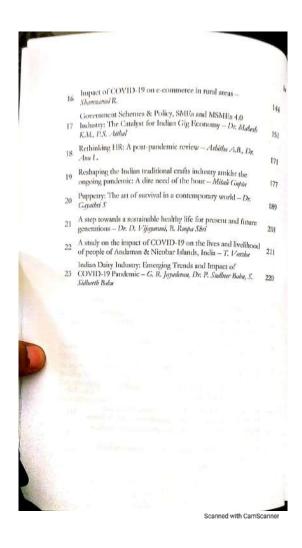


THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Rethinking HR: A post-pandemic review

Ashitha A.B.25, Dr. Anu L.26

The coronavirus has become a major challenge the world is facing now. It has The comments are the control of the been ossertating rapidly worldwide. The coronavirus has affected almost all countries, spirans, a slowdown in the economy due to lockdowns by the nations. The pandemic affected every sector of the economy and millions of people. Many page lost their jobs, and companies held on new appointments to cut down their costs. Reduction in the salary package is an issue faced by the existing employees. The pandemic has pushed organizations across different industries to change their work. The success of an organization, whether public, private, service, or educational institution, depends largely on the efficiency and effectiveness of HR. Most organizations adopted work-from-home facilities to ensure social distancing and reduce the spread of the coronavirus. Against this backdrop, this chapter discusses how the HR divisions tackle the challenges and use them as an opportunity to grow.

Keywords: COVID-19, HR, Post-pandemic, Rethink

Introduction

Novel Corona Virus declared by World Health Organization (WHO) as "COVID-19", a pandemic affecting more than 215 countries worldwide, is an infectious disease caused by a new virus that first appeared in Wuhan, China. The UN secretary General said it was 'the worst crisis faced by mankind since World War II'. This pandemic puts most of the world's population in danger. On the one hand, people are at high risk of getting infected by this deadly virus, while poverty and unemployment adversely affect common people. The COVID-19 poardemic spread at an alarming speed, affecting the world economic system. India has also been affected by this pandemic since January 2020, and in March, the government of India declared a nationwide lockdown.

23 Research Scholar, Portgraduate and Research Department of Conunerce, The Cochin College, Kochi, Kerala. Email: shashidua/4@gmnil.com Kochi, Kerala. Email: shashidua/4@gmnil.com 24 Aastratar Professor, Postgraduate and Research Department of Conunerce, The Cochin College, Krechi, Kerala. Email: anuhchal/@gmnil.com

Scanned with CamScanner



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



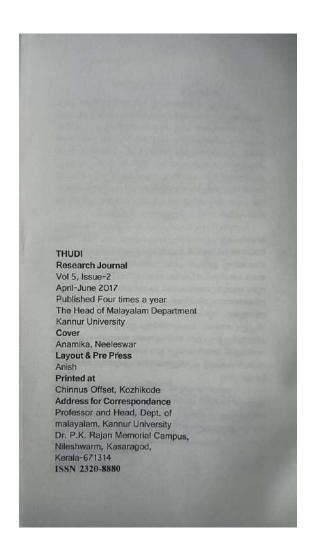
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

മയ്യഴിയിലെ ഫ്രഞ്ച് അടയാളങ്ങൾ

പൂർണ്ണിമ സി.സി

യഥാർത്ഥ്യത്തിനപ്പുറം ഒരു മാന്ത്രികപരിവേഷം പലപ്പോഴും സാധാരണ ഒരു ജനിപ്പിച്ച ഒരു പ്രദേശമാണ് മയ്യഴി. ഴൊലിപൊത്തീത്ത് വിദ് (ഭംഗീയ ചെറുനഗരാ)എന്നാണ് ഫ്രഞ്ചുകാർ മയ്യഴിയെ വിശേഷിപ്പിച്ചത്. കവിയം ത്തുകാരനും പത്രപ്രവർത്തകനുമൊക്കെയായ മംഗലാട്ട് മാഘവൻ മന്നേ മായ കുഞ്ഞിപ്പട്ടണം. എന്ന് കേൾക്കാൻ ഇമ്പമുള്ള മൊഴിമാറ്റവും നടത്തി ശവാഴുന്നവരും തണ്ടപ്പെള്ളിക്കുറുപ്പൻമാരും, ഫ്രഞ്ചുകാരും, ഇംഗ്ലീഷ്യമാ മാറി മാറി ഒരിച്ചിരുന്ന പ്രദേശമാണ് മയ്യഴി. വിമോചന സമരത്തിന് ശേഷം

അധിനിവേശാത്താടുള്ള ചെറുത്തു നില്പ് എന്ന നിലയിലാണ് സാധാ പരിത്രം വീണ്ടെടുക്കപ്പെടാറുള്ളതെങ്കിലും മയ്യഴിയെ സംബന്ധിച്ചിടത്തോ പരിത്രത്തിൽ ഒരു അസ്തിത്വമുണ്ടാക്കുന്നതു തന്നെ അധിനിവേശമാണ് ിനാൽ മയ്യഴിയുടെ സ്വത്വനിർമ്മിതിയിൽ ഫ്രഞ്ച് അധിനിവേശത്തിന് നിർ തകമായ സ്ഥാനമുണ്ട്. തൊട്ടടുത്ത പ്രദേശങ്ങളായ അഴിയൂരും തലയുര പ്രാം ബ്രിട്ടീഷ് കോളനിയായിരുന്നപ്പോഴും ഫ്രഞ്ച് കോളനിയായിരുന്ന താണ് മയ്യഴിയെ ഇതദേശങ്ങളിൽ നിന്ന് വ്യതിരിക്തമാക്കുന്ന ഏറ്റവും നഘടകം. മാത്രമല്ല മയ്യഴിക്ക് അതുവരെയുണ്ടായിരുന്ന കേരളീയ പെത്ത ത്തിൽ നിന്ന് കാതലായ പരിവർത്തനം സംഭവിക്കാൻ തുടങ്ങുന്നതും വുകാരുടെ വരവോടെയാണ്. അതിനാൽ മയ്യഴിയുടെ ചരിത്രവും വർത്ത പുകാരുടെ വരവോടെയാണ്. അതിനാൽ മയ്യഴിയുടെ ചരിത്രവും വർത്ത

മ്പ് ഭാഷ

ഹോളണ്ടുകാരൻ ലന്തയും പോർച്ചുഗീസുകാരൻ പറങ്കിയും ഇംഗ്ലീഷ് ഉള്ളിക്കിയെസ്റ്റുമായി മലയാളത്തിൽ രംഗപ്രവേശം ചെയ്തപ്പോൾ ഫ്രജ് പരത്രീസ്സുകാരനായിട്ടാണ് വന്നത്. ഫ്രാൻസെ(Francis)എന്ന ഫ്രജ് മിൽ നിന്നാകാം പരന്ത്രീസ് എന്നതിന്റെ ഉത്ഭവം. പരന്ത്രിസിൽ തുടങ്ങ ധി ഫ്രഞ്ചുവാക്കുകൾ മലയാളികൾ പ്രത്യേകിച്ച് മയ്യഴിക്കാർ ഉപയോഗ നു. കപ്പിത്താൻ എന്ന് മലയാളികൾ ഉപയോഗിക്കുന്ന വാക്കിന്റെ ശ്ര^{ഞ്ജ} കപ്പിത്തേന്(Capitaine)എന്നാണ്. ഇംഗ്ലീഷിലെ ക്യാപ്റ്റർ എന്ന വാക്ക





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ISSN 2319 - 3638

CONTEMPORARY

	In This Issue
Articles	
•	Perception of Finance Professionals on IFRS Convergence
•	Involvement of Children in Digital Marketplace - A Study Focusing Junk Food Industry
	An Empirical Study on CSR Initiatives Undertaken by Select Indian Companies
•	Buying Behaviour of Youth Towards Branded Fashion Apparels in Ernakulam City
	Accessing Microcredit in Kerala is Cumbersome?
	Customer Perception towards Online Food Ordering Services: A study with special reference to Edathala Panchayath.
	The Efficiency of Recruitment in Sick Public Sector Units Under the Department of Industries in Kerala State
Abstract of Ph D Thesis	
	IT and ITES Industry - A Comparative Study of Kerala And Kamataka
	Total Quality Management of Professional Educational Institutions with special reference to B-Schools in Kerala
•	Performance Management Practices of Public and Private Sector Companies in Kerala
	Post Graduate and Research Department of Commerce The Cochin College, Kochi, Kerala, India
9	Double Blind Peer Reviewed Annual Journal September 202

Scanned by TapScanner





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Scanned by TapScanner





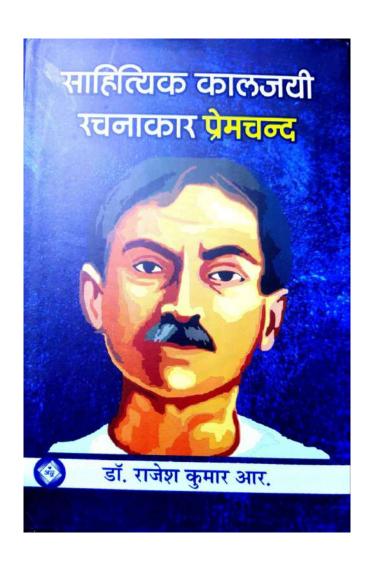
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

इस पुस्तक के सर्वाधिकार सुरक्षित हैं। संधावक एवं प्रकाशक की लिखित अनुभति के विना इसके किसी भी अंश को फोटोकापी एवं रिकॉर्डिंग सहित इनेक्ट्रॉनिक अथवा पशीनी, किसी भी मध्यप से अथवा ज्ञान के संग्रहण एवं पुन: प्रयोग की प्रणाली द्वारा, किसी भी कप में, पुनकत्यादित अखवा संचारित-प्रसारित नहीं किया जा सकता।

ISBN: 978-93-90265

ः साहित्यिक कालजयी रचनाकार प्रेमचन्द सम्पादक

ः डॉ. राजेश कुमार आर. प्रकाशक ः अमन प्रकाशन

104A/80C, रामबाग, कानपुर - 208012 (उ.प्र.)

Mob.- 9044344050, 08960421760

Ph: 0512-3590496 प्रथम संस्करण, 2021

0 ः सम्पादकाधीन मृत्य : ₹ 275.00 मात्र

शब्द सञ्जा : राज ग्राफिक्स, नौबस्ता, कानपुर

: आर. बी. ऑफसेट, नौबस्ता, कानपुर

Sahityik Kaaljayi Rachnakar Premchand

Edited by Dr. Rajesh Kumar R.

Price : Rs. Two Hundred Seventy Five Only



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

प्रेमचंद की कहानियों में अभिव्यक्त दलित—चेतना - डॉ. कविता वी. राजन

वर्तमान समय में दिलत शब्द का एक विस्तृत दायरा है। दरअसल दिलत शब्द समाज के सबसे निचली श्रेणी के तबके की ओर संकेत करता है। दलित साहित्य देश के उन करोड़ों लोगों का साहित्य है जो भारतीय संविधान में अनुसूचित जाति और जनजाति के रूप में सूचीबद्ध किए गए हैं। यह हजारों सालों से दिमत, पीड़ित, कुचला हुआ वर्ग है। ओमप्रकाश वाल्मीकि दलितों के लिए व्यापक अर्थ-तलों को खोज कर बताते हैं कि, "दलित शब्द का अर्थ है जिसका दलन और दमन किया गया हो, दबाया गया हो, उत्पीड़ित, शोषित, सताया हुआ, गिराया हुआ, उपेक्षित, घृणित, रौंदा हुआ, मसला हुआ, विनिष्ट, मर्दित पस्त-हिम्मत, हतोत्साहित, विचित आदि" वे अस्पृश्यता तथा जातीय ऊंच-नीच के भेदभाव को झेलने के लिए अभिशप्त समाज है, अशिक्षा के अंधकार में फंसे हुए होने के कारण अपनी हैसियत से वे बुरी तरह अनभिज्ञ थे। असल में दलित-चेतना भारतीय जाति-व्यवस्था की उपज है। 'दलित चेतना' एक ओर वर्ण व्यवस्था तथा जाति-व्यवस्था के समर्थकों को व्यक्त करती है तो दूसरी ओर वर्ण-व्यवस्था और जाति-व्यवस्था के खिलाफ संघर्षरत शक्तियों को बल प्रदान करती है। यह सदियों से सताए हए, हाशिएकत लोगों की पीड़ा की अभिव्यक्ति है। किंतु इसमें शोषण व दमन की अभिव्यक्ति मात्र न होकर व्यवस्था के खिलाफ विद्रोह, प्रतिरोध और संघर्ष का स्वर भी मुखरित होता

हिंदी का दलित साहित्य देश—व्यापी दलित चेतना की उपज है। बुद्ध, कबीर, महात्मा फुले और बाबा साहब अंबेडकर आदि इनकी प्रेरणा के स्रोत हैं। खास तौर पर अंबेडकर ने दलितों को उनकी गुलामी का एहसास कराया, उन्हें प्रेरणा दी और उन्हें वाणी दी। उनकी प्रेरणा तथा मराठी के दिलत साहित्य के प्रभाव के कारण हिंदी में जो दलित लेखन हुआ है, उसने दबी—कुचली, आवाज—विहीन दिलत ले जिंदगी को उजागर करने का प्रयास किया है। इसे परंपरागत काव्य—प्रतिमाओं के आधारों पर परखने की जरूरत नहीं है, दलित साहित्य सच्चे अर्थ में एक नए सौंदर्य बोध के साथ अवतरित हुआ है। इसमें एक जाति समूह के अनुभवों की प्रामाणिकता

साहित्यिक कालजयी रचनाकार प्रेमचन्द : 39





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

IMPACT OF DERIVATIVES ON PRICE VOLATILITY IN INDIAN STOCK MARKET

Dr. Rajani B. Bhat

Assistant Professor, Post Graduate & Research, Department of Commerce The Cochin College, Kochi - 2, Kerala. Email: rajanispai@gmail.com Dr. Suresh V.N.

Associate Professor,
Post Graduate Department of Commerce
Maharaja's College, Ernakulam.
Email: snvichattu@gmail.com



Himalaya Publishing House
ISO 9001:2015 CERTIFIED





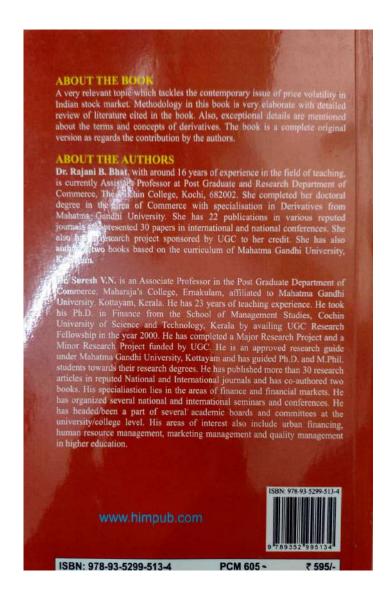
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







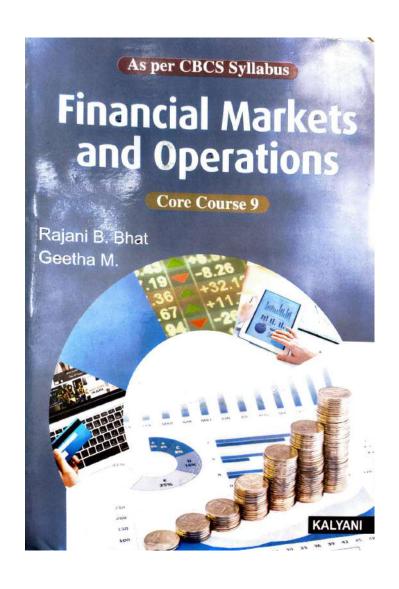
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

FINANCIAL MARKETS AND OPERATIONS

(For B.Com. 3rd Semester Students of M.G. University, Kottayam, Kerala and also Useful for Allied Courses of other Universities)

Core Course 9

Dr. RAJANI B. BHAT

Assistant Professor

PG & Research Department of Commerce The Cochin College, Kochi 2 Dr. GEETHA M.

Associate Professor PG & Research Department of Commerce The Cochin College, Kochi 2



KALYANI PUBLISHERS

LUDHIANA – NEW DELHI – NOIDA (U.P.) – HYDERABAD – CHENNAI KOLKATA – CUTTACK – GUWAHATI – KOCHI – BENGALURU





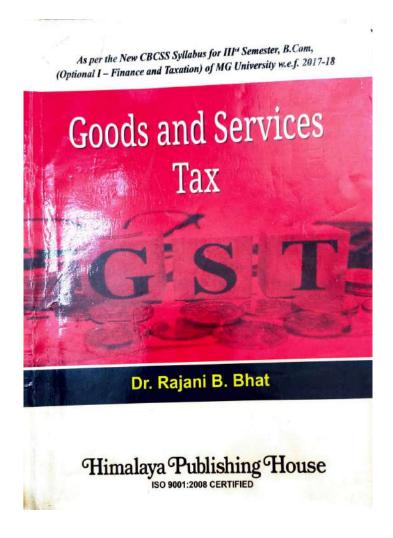
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

K. SIVADASAN Himalaya Publishing House Pvt. Ltd. Mobile : 09387122121 E-mail: hphenskulam@yahoo.com

Dr. RAJANI B. BHAT

Assistant Professor, PG & Research Department of Commerce, The Cochin College, Kochi - 2.









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

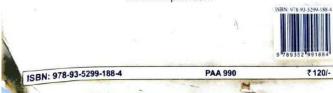
About the Author

Dr. Rajani B. Bhat, with around sixteen years of experience in the field of teaching, is currently Assistant Professor at Post Graduate and Research Department of Commerce, The Cochin College, Kochi – 682002. She completed her doctoral degree in the area of commerce with specialisation on derivatives from Mahatma Gandhi University. She has twenty two publications in various reputed journals and presented thirty papers in international and national conferences. She also has a research project sponsored by UGC to her credit.

About the Book

Secretary included in the syllabus of CBCSS Third Semester B.Com. (Model 1) Degree students inner Mahatma Gandhi University, Goods and Service Tax, is a specialisation paper for B.Com. Model I Finance and Taxation Students. Since, it is recently included, there are very few books which explain the nuances of taxation under GST. Hence, there is a need for a simple and explanatory textbook which the students can fall back on. In this book, the concept of GST and its working and applicability will be explained in detail with illustrations. The language of the book will also be kept simple for the benefit of students for understanding.

www.himpub.com







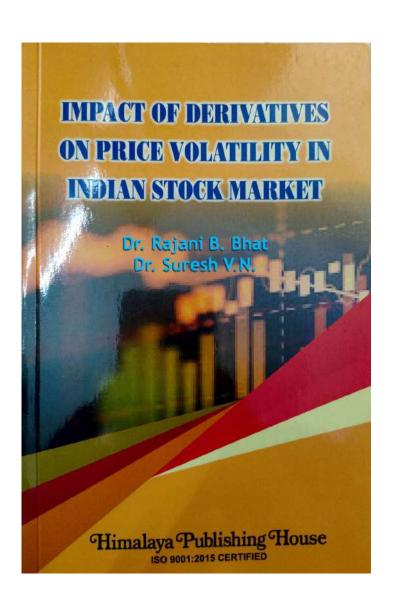
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







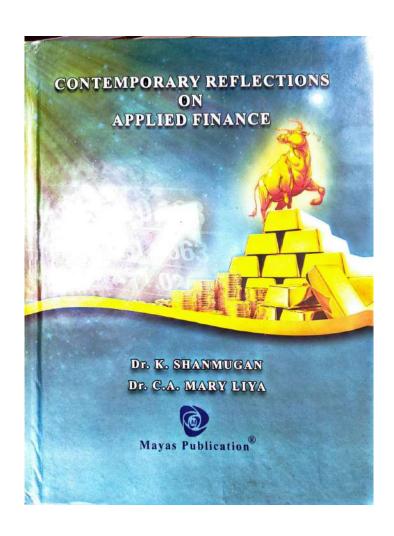
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Book Name : CONT

: CONTEMPORARY REFLECTIONS ON APPLIED FINANC

Editors

: Dr. K. SHANMUGAN, Dr. C. A. MARY LIYA

Copy Right

: MAYAS PUBLICATION

First Edition

: October- 2018

Pages

: 1-273

All rights reserved. No part of this publication can be reproduced in any form means without the prior written permission from the publisher. All the content information, views opinions, charts tables, figures, graphs etc. that are published in the are the sole responsibility of the authors. Neither the publishers nor the editor in any responsible for the same.

ISBN: 978-93-87756-51-9



Published by Mayas Publication®

Tamil Nadu | Kerala | Karnataka | New Delhi Web: www.eijfmr.com mayaspublication@gmail.com | editoreijfmr@gmail.com Mobile: 9944387367





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

A Case Study of State Bank Cocaps TAPAS KUMAR SETHY An Empirical Study on Impact of Deri Market/Volutility RALAMI B. BHAT & SURESH Y. Y. RALAMI B. BHAT & SURESH Y. Y. RALAMI B. CHAT & SURESH Y. Y. RALAMI B. W. & TRUPURA SURIN Value Added Trade and Pro-Poor Gra Case Study of India and ASELIN VANDITA MISHRA & MANUAN VANDITA MISHRA & MANUAN VANDITA MISHRA & MANUAN NAN F SHAH, MALABIKADEO, & ANJAMA K The Stock Martin Index and the Fro- India in the Post-Liberalised Era BAJ MADHAV & KARTIK NAI Volatility Spillower to Select Asian Volatility Spillower to Select Asian Volatility Spillower to Select Asian Volatility Spillower to Select Asian
An Empirical Study on Impact of Derivative Trading on Spot MetherVolatility RALANI B. BHAT & SURESH V. N. Financial Inclusion and Gender Cap YUNNA KHAN & UMAIR ASHFAQUE The Cannal Lichage of Spot and Flame returns and their Volatility in the Commodity Mether: An Econometric Approach ANJANA K. V. & THEPURA SUNDARI. C.L. Value Added Trade and Pro-Proc Growth in Agriculture Sector – A Case Study of India and ASSLAN VARDITA, MISHRA, & MAHUABHATTACHARJEE Multi-scale Reat Estimation through Wavefort AASIF SHAH, MALLRIKADEO, QAISER FAROOQ & ANJANA K The Stock Market Index and the Foreign Exchange Fater A Study of India in the Proc. Described For India in the Proc. Described For RAJ MADHAV & KARTIK MAR Volatility Spillower to Select Asian Stock Markets SAIF SIDDIQUI, NEHA SERTH & ARUSHII GAIR SAIF SIDDIQUI, NEHA SERTH & ARUSHII GAIR Financial Inclusions and Technological change Financial Inclusions and Technological change Financial Inclusions and Technological change
Financial Inclusion and Genete Cipp VVMNA, KIHAN & UNAIR ASHRAQUE The Camal Linkage Glogot and Finer returns in the Commodity Market: An Econometric Appro ANAIAN, KEV & TREPURA SUDDARL CUI Value Added Tanka and Pro-Fore Growth in Ay Case Study of India and ASEAN VANDITA, MISIRA & MARHABHATIAN Mahi-scale Bera Estimation through Wavelet AASIF SHAH, MALABHKADDO QAISER & ANAINA K The Stock Market Index and the Foreign Earth India in the Park-Levelined fire RAJ MADHAY & KARTIK NAIR Valutility Spillower to Select Alam Stock Min SAIF SIDDIQUI, NEAR SETH IA & ARUSIS Financial Indiation and Technological dimeg Financial Indiation and Technological dimeg
The Canad Linkage of Spot and r fure remain the Commodity Market: the Economical Parket: the Teconomical Parket: the Teconomical Parket: the Teconomical Parket: the Teconomical Parket: the Value Added Tande and Fro-Fore Growth in Au Case Study of India and ASEAN VAMOITA AMERICA & MAIUABHANTAN VAMOITA AMERICA & MAIUABHANTAN VALUE BANANAN K BANANAN K BANANAN K The Stock Market index and the Foretiph Earth India in the Post-Libertilised Ern RAJ MADHAV & KAPITK NAIR Volatility Spillower to Select Asian Stock Market Sapit Supplique In Real Self-18 d ARRISH Supplication and Technological change Franceic In Celebrotogical change Franceic In Celebrotogical change Franceic In Celebrotogical change Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celebrotogical Celeb
Value Added Tracks and Pro-Proc Growth in Ag Case Study of India and ASEAN VANDITA MISIRAE & MAUUSHIAITIAN Multi-scale Beta Estimation through Wavelets AASIF SHAH, MALABIKADEO, QAISER, & AMALANA K The Stock Market index and the Foreign Exch India in the Post-Liberalised Era India in the Post-Liberalised Era India in Spillwert to Speck Asim Shock Mit Veilatility Spillwert to Select Asim Shock Mit SAIP SIDDIQUI, NEH A SETH & ARUSH Financial Inclusion and Technological change Financial Inclusion and Technological change
Multi-scale Beat Estimation through Weeklet AASIF SHAH, MALABIKADFO, QASSER & ANLAN K The Stock Mirket Index and the Foreign Exist India in the Post-Liberationd Era RAJ MADHAV & KARTIK NAIR Volatifity Spillower to Select Asian Stock Mirk SAIF SIDDIQUI, NEBA SETH & ARUSH SAIF SIDDIQUI, NEBA SETH & ARUSH SAIF SIDDIQUI, NEBA SETH & ARUSH SAIF SIDDIQUI, NEBA SETH & ARUSH SAIF SIDDIQUI, NEBA SETH & ARUSH SAIF SIDDIQUI, NEBA SETH & SAIFS SAIF SIDDIQUI, NEBA SETH & SAIFS SAIF SIDDIQUI, NEBA SETH & SAIFS SAIF SIDDIQUI, NEBA SETH & SAIFS SAIF SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDDIQUI, NEBA SETH & SAIFS SAIFS SIDIL SAIFS SAIFS SIDIL SAIFS SAIFS SIDIL SAIFS SAIFS SIDIL SAIFS SAIFS SIDIL SAIFS SAIFS SIDIL SAIFS SAIFS SIDIL SAIFS SAIF
The Stock Market index and the Foreign Exon India in the Post-Liberalised Err RAJ MADHAV & KARTIK NAIR Volutility Spiliover to Sciect Asian Stock Man SAIF SIDDIQUI, NEHA SETH & ARUSH SAIF Siddle indusion and Technological change
Volatility Spillover to Select Asian Sozas Francisco Republication of Select Asian Service SAIF SIDDIQUI, NEHA SETH & ARUSH SAIF SIDDIQUI, NEHA SETH & ARUSH SIMON OF SELECTION OF SELECTION OF SELECTION OF SELECTION OF SE
AND TAKKALI





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

sarkable changes in terms of instruments introduced. The introduction of singles thisy in the underlying eash market. The study takes into occur stock futures is an attempt to study an input responsible for placing the NSE in the topic these equity derivatives have under

INTRODUCTION

The inception of index futures

allows traders to deal in large volumes at a le

Key Words: Derivatives, Futures Market, Single Stock Futures, Spot Market etc

titures market still remains unsaved on both the theoretical and the empirical front S ransaction costs relative to the spot market. The result of increase in the volume it

AN EMPIRICAL STUDY ON IMPACT OF DERIVATIVE TRADING $_{\mathrm{I}}$ SPOT MARKET VOLATILITY RAJANI B BHAT & SURESH V. N



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

இளநிலை வணிகவியல்

முன்றாம் வருடம் ஐந்தாம் பகுவம்

BCOS - 52

வருமான வரிக் கோட்பாடு, சட்டம் மற்றும்

நடைமுறைகள்



மேலாள்கமையியல் புலம்

தமிழ்நாடு திறத்தநிலைப் பல்கலைக்கழகம்

577, அண்ணாசாலை, சைநாப்பேட்டை, சென்னை - 600 015

www.tnou.ac.in





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



ament, regal d'ut.

palis Guyerifluit,

பிழ்நாடு திறத்த திலைப் பல் நகைத் தசரண்டன் தேவி நகிப் பேரசரிரியர்,

க அவிப் போரள்ளேக் மேன்னாளைவியல் புலம் , தமிழ்நாடு திறத்த நிலைப் பல்கலைக்கழகம், சென்னை -600015 தாணைப் போரிசியல் த அமைப், தனைப் போரிசியல் த அமைபர், வளித் நிலா கவியல் துறை, அரசியர் ஆட் வர் களல் கல்லூரி, நந்தனம், சென்னை -600035.

y : windowt, 2023 : 978-93-5753-683-7

)) III (B. TNOU, 2023, "mygurur anlá Garčuný), rčicá ujýgná p áryánogu - gylp uděny 40 authylphir dý dimohádstyny (rtadju

really accommons org/ficens as My-no-s s/4.0/

ஆணாத்து உசியலக்கும் பதிவு செய்யப்பட்டுள்ளது. தமிழ்தாடு திறந்ததியைப் பல்களைக்கழகத்தின் எழுத்து வழியாக முன் அதுகுகியின் இந்தப் பாடநூலியை முழுகையாக போ. அதியக்கியோ, அறுபிகுதியில் இருக்கிய காடத்திய வரும் அருக்கு அருக்கு அருக்கு வருக்கும் வெளியிட்டுக்கு அல்லது வேறும் படைக்கிய வருக்கும் அருக்கும் இடம்மெற்றுள்ள படைப்பொருளிற்கு வாடந்திரியில் முன்றும் விளைக்கும் அதின் படத்திட்டங்கள் தொடங்கள் வேறும் விளைக்கும் தரித்து இருக்கும் அருக்கிய வருக்கும் அருக்கும் படத்திருக்கும் தெருக்கு அருக்கும் அ



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



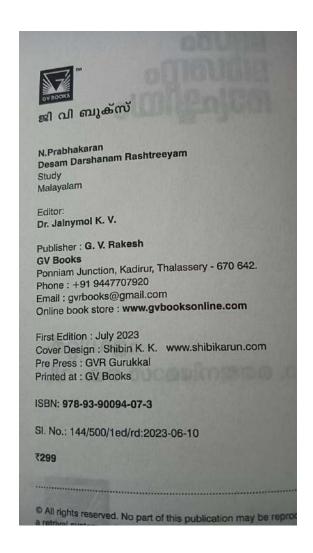
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

ഏഴിനം മീതെ : ദേശം മിത്ത് ഭാവന

ഡോ. പൂർണ്ണിമ സി.സി

ദ്ദേശം ഒരു പ്രധാന ഘടകമായി മലയാളത്തിലെ പല നോവം ളിലും പ്രതൃഷ്ഷപ്പെട്ടിട്ടുണ്ട്. "ഒരു ദേശത്തിന്റെ കഥ്, 'തുക്കോട്ടർ പെര 'മയ്യഴിപ്പുഴയുടെ തീരങ്ങളിൽ', 'ഖസാക്കിന്റെ ഇതിഹാസം' തുടങ്ങ നോവലുകൾ ഉദാഹരണം. ഇവയൊക്കെ പ്രതൃഷ്ടആപത്തിൽ ദേ വെളിവാകുന്നവയാണെങ്കിൽ പ്രച്ഛുന്ന രൂപത്തിൽ ദേശം പ്രതൃഷ്ട കുന്ന നോവലുകളും ഉണ്ട്. എന്നാൽ ഒരു പ്രത്യേക ദേശത്തെ സ ശേഷമായ പുരാവൃത്തത്തെ അവലംബമാക്കി പുതിയൊരു നോവ മെനയുക എന്ന ആഖ്യാനതന്ത്രമാണ് "ഏഴിനും മീതെയിലൂടെ എപ്രാകരൻ ചെയ്തിരിക്കുന്നത്. ഈ പുരാവൃത്തമാകട്ടെ ഏവർക്കും പചിതമാണ് എന്നത്രകൊണ്ട് നോവലിസ്റ്റ് നേരിടുന്ന വെല്ലുവിളി ചെതല്ല. എന്നാൽ ഈ വെല്ലുവിളിയെ സമർത്ഥമായി അതിജിവിക്കാര കഴിഞ്ഞു എന്നിടത്താണ് നോവലിസ്റ്റിന്റെ വീജയം.

"ഏഴിനും മീതെ' എന്ന വാക്കിന്റെ അർത്ഥം 'മലസ്വദേശം' എന്ന ണ്. ഇവിടെ ദേശങ്ങൾ രണ്ടാണ് - മാങ്ങാട്ടം കടകനാട്ടം. ഈ രണ് ദേശങ്ങളിലുമായി ജീവിച്ച മന്ദപ്പൻ ഒരു സാധാരണ മനുഷ്യനാണ് സാധാരണ മനുഷ്യൻ കതിവന്തർ വീരനായി മാറുന്നതാണ് കഥ എന്നാൽ കതിവന്തർ വീരൻ എന്ന തെയ്യത്തിന്റെ തോട്ടത്തെ ഗദ്യമ്യ പത്തിൽ അവതരിപ്പിക്കുകയല്ല നോവലിൽ ചെയ്യിരിക്കുന്നത്. "വ വത്തിൽ അവതരിപ്പിക്കുകയല്ല നോവലിൽ ചെയ്യിരിക്കുന്നത്. "വ ഉംപാട്ടിലെ ഇതിവത്തത്തോടോ, അതിന്റെ ആന്തരിക ംലടനയോ ടോ നീതി പുലർത്തുക എന്റെ ലക്ഷ്യമായിരുന്നില്ല." എന്ന് നോവലി ഒടു നുന്നുയൻ നോവലിസ്റ്റ് തന്നെ സാക്ഷ്യപ്പെട്ടത്തുന്നുട്ടേ നോവ ന്റെ മുന്നുയൻ നോവലിസ്റ്റ് തന്നെ സാക്ഷ്യപ്പെട്ടത്തുന്നുട്ടെ നോവ ലിസ്റ്റിന്റെ ഭാവനയ്യന്നേരിച്ച്, മന്ദപ്പൻ എന്ന കഥാപായത്തെ രൂപ

പെട്ടുത്തുകയാണ് ചെയ്യിരിക്കുന്നത്. പ്യെട്ടത്തുകയാണ് ചെയ്യിരിക്കുന്നത്. 'കഥയായി കഥയൊന്നും പാഴാകന്നില്ല. മന്ദപ്പന്റെ കഥയും പഴാ സില്ല എന്നു പറഞ്ഞാണ് നോവൽ ആരംഭിക്കുന്നത്. ഒരു കഥയും പഴാ





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

National Press Associates

New Horizons in Commerce, IT & Social Sciences

Volume-1



EDITORS

Dr. Kirandeep Kaur Dr. 18.B Singla Dr. Priyaka Khanna





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

New Horizons in Commerce, IT & Social Sciences

EDITORS

Dr. Kirandeep Kaur, Principal, MTS Memorial College for Women, Ludhiana (PB)

Dr. Kirandeep Kaur, Principal, MTS Memorial College for Women, Ludhiana (PB) Dr. B.B Singla, Associate Professor, Khalsa College for Women, Ludhiana (PB)
Dr. Priyaka Khanna, Associate Professor, Khalsa College for Women, Ludhiana (PB)

© 2020 Selection & Editorial Matter, Editors & Authors.

All rights reserved. No part of this book may be reproduced or transmitted in any form or by any means All rights reserved. No part of this book may be reproduced or transmitted in any form or by any me of electronic or mechanical including photocopy, recording or any information stored in a retrieval system, without the prior written permission of the author and publisher.

The responsibility for the facts or opinions expressed in the book is entirely of the authors. Neither the Editors or publisher is responsible for the same.

ISBN No: 978-81-944303-5-3

Price: 900/-

Printed in India

National Press Associates

Admin Office: C-24, Ground Floor, Panchsheel Vihar, Malviya Nagar, New Delhi-110017, India Regional Office: #79, Guru Angad Dev Nagar, Flower Enclave, Ludhiana (PB), India Branch Office: C-104, Anuroop Soceity, Vartak Nagar, Thane (West)-400606, Maharashtra, India Email: npapublishing@gmail.com | www.npapublishing.in





Mendulo Menon Mrudula Menon V. Principal-in-Charge **The Cochin College**

email: email@thecochincollege.edu.in



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

THE ROLE OF INTERPOLE IN COMBATING INTERNATIONAL CRIMINAL ABSORD ROLES.

THE ROLE OF INTERPOLE IN COMBATING INTERNATIONAL CRIMINAL ABSORD ROLES.

INNOLADING BITCOIN: A SAFE FINANCIAL HEAVEN (memodep have present into the reyolationary enterpresental amender).

RESIGNAL TOTO THE REVOLATIONARY ENTREPRENEURIAL MIND: RENOVATIONAL REBELLIQUENESS.

Amende Exp.

TOWARD PSYCHOLOGY OF SATYAGRAHA.
Amende Upadhyop

REGIONAL CONNECTIVITY (IDAN) SCHEME OF INDIA Amende Upadhyop

REGIONAL CONNECTIVITY (IDAN) SCHEME OF INDIA Amende Upadhyop

REGIONAL CONNECTIVITY (IDAN) SCHEME OF INDIA Amende Upadhyop

REGIONAL CONNECTIVITY (IDAN) SCHEME OF INDIA Amende Upadhyop

REGIONAL CONNECTIVITY (IDAN) SCHEME OF INDIA Amende Markotal Amende Upadhyop

REGIONAL CONNECTIVITY (IDAN) SCHEME OF INDIA Amende Markotal INDIAN MARKET Physical Education

BIFLIENCE OF SOCIAL MEDIA ON CONSUMER PURCHASE REHAVIOUR FORMER ECONOMY: PATH TOWARDS LONG TERM DEVELOPMENT GORFOOT Laws

STRESS MANAGEMENT

STRESS MANAGEMENT

STRESS MANAGEMENT

GREEN HUMAN RESOURCE MANAGEMENT: A BENEFACTOR OF Marmor & Amende Markotal INCLUSION: DISRUTTIVE DIGITALIZATION

REMOVED & MANAGEMENT

GREEN HUMAN RESOURCE MANAGEMENT: A BENEFACTOR OF Marmor & Amende Markotal INCLUSION: DISRUTTIVE DIGITALIZATION





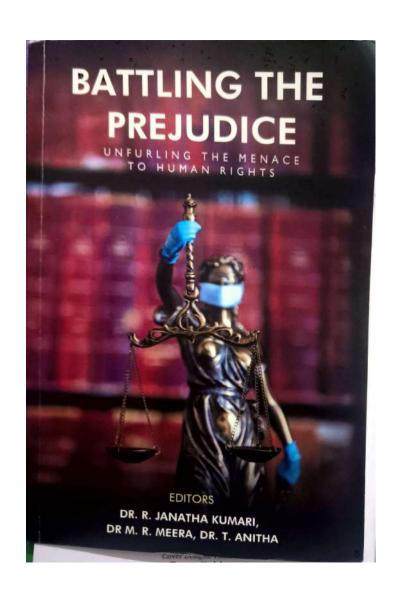
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Contents

o	reword Dr Shashi Tharoor	vii
'n	eface	xv
M	isings of the Heart Dr. Girish Kesava Pillai	xxv
1.	Body Shaming: A Violation of Human Rights Dr. Lakshmisree R. and Dr. Anu L.	1
2.	Human Trafficking: Modern Day Slavery in Context of Human Rights Raj Dave	13
3.	Condition of Destitute Children in Kerala: Study from a Human Rights Perspective Dr. Priyesh C.U.	
4.	Human Rights and Environment Protection: A Critical Examination of E Jurisprudence in India Dr. Monica Narang and Sonam Prasher	39
5.	Human Rights for Redilent India in Pandemic. L. M. Abgadr and R. P. Kage	53
6.	Human Rights and Criminal Justice System: An Overview Bhagyashri Dhumale	61
7.	Parental Knowledge and Attitude towards Girl Child's Rights- A Perspective Study in Thiruvananthapuram. Dr. N. Ptudeep Kumar	81







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

BODY SHAMING: A VIOLATION OF HUMAN RIGHTS

■ Dr. Lakshmisree' R. & Dr.Anu L."

Introduction

Body shaming is a new term recently coined and much talked about in the society. But in practice, it has existed for a very long time. People, generally have a definite standards of beauty which defines skin colour, body dimensions, hair length and the kind of clothes one should or should not wear. Body shamers do not spare anyone- be it normal people or celebrities or be it men or women. But body shaming has a deeper impact on women when compared to men as men starts feeling more confident with their age. It is a threat to the mental health of the person being shamed. Why body shamers do this is because of the problem with their outlook and perspective which indirectly shows a mental disorder for them too. The person being shamed believes in their remarks about their body and it results in destroying their confidence.

Body shaming can lead to mental as well as physical health issues and can lead to eating disorders also. It may also



Assistant Professor, PG and Research Department of Commerce, The Cochin

College, Kochi, Kerala 682 002 Email: lakmenon80@gmail.com
Assistant Professor, PG and Research Department of Commerce, The Cochin College, Kochi, Kerala 682 002 Email: anukchal@gmail.com



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in









THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

1319

Infinitely degenerate exact Ricci-flat solutions in f(R) gravity

Semin Xavier

 $\begin{array}{l} Department\ of\ Physics,\ Indian\ Institute\ of\ Technology,\ Mumbai,\ Maharashtra\ 400076\\ E-mail:\ seminxavier@iitb.ac.in \end{array}$

Jose Mathew

Department of Physics, The Cochin College, Kochi, Kerala, India E-mail: josecherukara@gmail.com

Department of Physics, Indian Institute of Technology, Mumbai, Maharashtra 400076 E-mail: shanki@phy.iitb.ac.in

The evidence is mounting that the universe is currently undergoing a phase of accelerated expansion. One possible alternative is the modification in gravity in the largest possible scales. This leads to the many questions related to black-holes: violation of Birkhoff theorem and no-hair theorem. To confirm/infirm, we need to obtain exact black-hole solutions in these modified gravity theories. In this talk, we focus on the exact spherically symmetric solutions in f(R) theories of gravity. We explicitly show that some f(R) models contain an infinite number of exact static, Ricci-flat spherically symmetric vacuum solutions and, hence, violate Birkhoff's theorem in f(R) theories. We analytically derive two exact vacuum black-hole solutions for the same class of f(R) theories. The two black-hole solutions have the event-horizon at the same point; however, their asymptotic features are different. Our results suggest that the no-hair theorem may not hold for generic modified gravity theories. We discuss the implications to distinguish modified gravity theories from general relativity.

Keywords: f(R) theory, no-hair theorem, based on the work¹

1. Introduction

General Relativity (GR) is a successful description of gravity and is in excellent agreement with experiments and observations. However, paradoxically, the very success of GR suggests that GR might have classical and quantum corrections in the strong gravity regime.²⁻⁶ Recently, strong gravity diagnostic parameters have the strong gravity regime." - Recently, strong gravity diagnosus parameters have been proposed to distinguish GR and modified gravity theories.⁷ In GR, static black-hole solutions are the final stage of gravitationally collapsed

objects. As a consequence of the no-hair theorem, 8 GR predicts that the Kerr metric represents the most general astrophysical black holes. 9 In the case of spherical symmetry, Birkhoff's theorem ensures that the most general spherically symmetric, electrovac solution of the Einstein-Maxwell equations is the static Reissner-Nordstrom solution. $^{10,\,11}$ The absence of spin-0 modes in the linearized field equations leads to this result. However, there is no Birkhoff theorem for the Kerr metric. Outside



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College

The Sixteenth Marcel Grossmann Meeting Downloaded from www.worldscientific.com by GERMAN ELECTRON SYNCHROTRON ® HAMBURG on 01/30/23. Re-use and distribution is strictly not permitted.



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

> INTERNATIONAL CONFERENCE ON RECENT **ADVANCES IN PHYSICAL SCIENCE (ICRAPS-2023)**

> > Editor in Chief Dr. Johnson K M

> > Editor Dr. Shibi Thomas



BHARATA MATA COLLEGE (AUTONOMOUS) THRIKAKKARA, KOCHI-22 NAAC with A+ Grade, ISO-9001-2015 Certified





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

INTERNATIONAL CONFERENCE ON RECENT ADVANCES IN PHYSICAL SCIENCE (ICRAPS-2023)

© Publisher

ISBN: 978-81-973274-8-3

Disclaime

The authors are solely responsible for the contents of the papers compiled in this volume. The publishers or editors do not take any responsibility for the same in any manner. Errors, if any, are purely unintentional and readers are requested to communicate such errors to the editors or publishers to avoid discrepancies in future.

Published by



Bharata Mata College (Autonomous) Thrikkakara P.O Seaport Airport Road Cochin-682021

Printed by

Indu Photos, Cochin University Road, S. Kalamassery E-mail: print@induoffset.com

Year of Publication: 2024





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

INTERNATIONAL CONFERENCE ON RECENT ADVANCES IN PHYSICAL SCIENCE (ICRAPS-2023)

EDITORIAL BOARD

Rev. Fr. Dr. Abraham Oliapurath Manager, Bharata Mata College

Chairman

Dr. Johnson K M

.

Principal, Bharata Mata College

Chief Editor

Editor

Dr. Shibi Thomas

iate Editors

Dr. Neson Varghese

Dr. Lini Devassy





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

International Conference on Recent Advances in Physical Science (ICRAPS-2023)

Contents

1	Synthesis and structural characterization of pure and Fe doped Barium Titanate nanoparticles and their potential application in antibacterial activity	. 01
2	Synthesis of Magnesium Ferrite Nanoparticles Via Carica Papaya Leaf Extract Assisted Sol Gel Autocombustion Method	. 09
3	Synthesis and Characterization of Undoped and Ag Doped Zinc Oxide Nanoparticles J Jassi, Deepa S, Mariyam B Tharian, Nida Ashraf, Anakha S Anil	. 14
4	An Insight into the Structural and Photoluminescence Analysis of Sr ₂ Ca _{1-x} WO ₆ :xPr ³⁺ Phosphors	. 27
5	Facile synthesis of MgCo ₂ O ₄ for Photocatalytic dye degradation of Methylene blue	. 40
6	Synthesis and characterization of SrFe0.8Mo0.2O3 Perovskite for Electrode Applications Bonia Aleyas, Neson Varghese, Anu Philip	. 49
7	Green synthesis of ZnS nanoparticle with Excellent Color Retendering Index for Light Emitting Diodes application	. 58
8	Clustering of high-z galaxies: Environmental dependence Emy Mons and Charles Jose	.72
9	Nuclear shape transitions of ¹⁴⁵ Pm isotope at fission Limits	. 80

ISBN: 978-81-973274-8-3





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

_{നവമാ}ധ്യമങ്ങൾ - പ്രതികരണങ്ങളും പ്രത്യാഘാതങ്ങളും ഡോ. പൂർണ്ണിമ.സി.സി. 2 നുഷ്യവംശം പല കാലങ്ങളിൽ പല രൂപത്തിൽ വിവരങ്ങ കൈമാറിയിരുന്നു. ഗുഹാചിത്രങ്ങളിൽ തുടങ്ങി ലി കളുടെ ആവിർഭാവത്തിലൂടെ എഴുത്ത് രൂപത്തിൽ, പിന്നീടങ്ങ കത്തുകൾ, പാട്ടുകൾ, കഥകൾ തുടങ്ങിയവയൊക്കെ ആൾ വിനിമയോപാധി തന്നെയായിരുന്നു. അച്ചടിയുടെ കണ്ടുപ ത്തവും തുടർന്ന് സാങ്കേതിക രംഗത്തുണ്ടായ വളർച്ചയും വി കൈമാറ്റത്തിന് പുതിയ തലങ്ങൾ നൽകി. പത്രം, റേഡിയ ടെലിവിഷൻ തുടങ്ങിയവയുടെയൊക്കെ വരവും വികാസറ 2നുഷ്യനെ അറിവിന്റെ വിവിധ് ഇടങ്ങളിലെത്തിച്ചു. പിന്നീടിങ്ങേ വിവരസാങ്കേതിക വിദ്യയുടെ മുന്നേറ്റമായിരുന്നു. കമ്പ്യൂട്ടറിന്റെ ഇന്റർനെറ്റിന്റെയും കടന്നു വരവ് സമൂഹത്തെ തന്നെ മാ മറിക്കുന്നതായിരുന്നു. ഡിജിറ്റൽ യുഗത്തിൽ ഏറ്റവും കൂടുത വിവരങ്ങൾ കൈമാറ്റം ചെയ്യപ്പെടുന്നത് ഇന്റർനെറ്റിന്റെ സഹാ ത്തോടെയാണ്. സ്മാർട്ട് ഫോണിന്റെ വരവ് കൂടിയാപ്പോ വിവരങ്ങൾ കൈപ്പിടിയിലൊതുങ്ങി എന്നതാണ് യാഥാർത്ഥ്യം രാവിലെ ചായയോടൊപ്പം പത്രം എന്നതായിരുന്നു ആ കാല മലയാളിയുടെ ശീലം. ബീഡിക്കമ്പനിയിലെ തൊഴിലിനി യിലെ പത്രവായന മലയാളിയുടെ സാംസ്കാരിക തലരെ പരുവപ്പെടുത്തിയ ഒന്നാണ്. അതുപോലെ തന്നെ ചായപ്പീടികയിർ റേഡിയോവാർത്ത കേട്ട് നടന്ന ചർച്ചകളും-ആളുകൾ തമ്മിലുള്ള സ്നേഹം, സാഹോദര്യം എന്നിവ വളർത്തുന്നതോടൊപ്പം ആശം പരമായ ആദാനപ്രദാനങ്ങളും നടക്കുന്നതിന് കാരണമായി





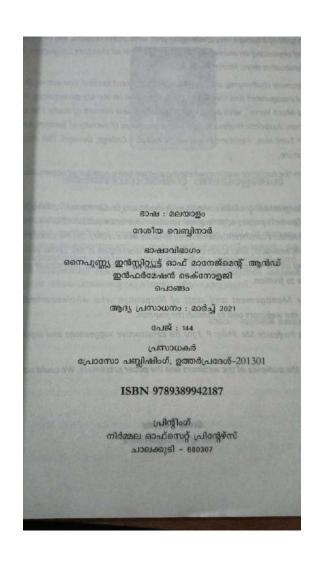
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in





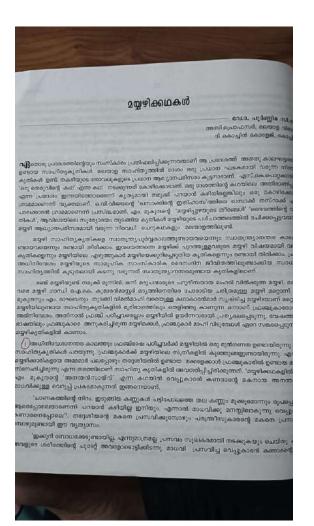


THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in







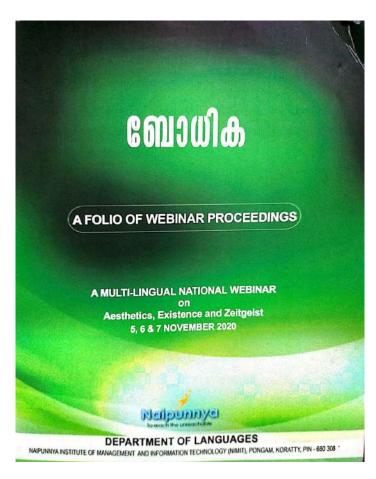
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Sconned with Cornicon





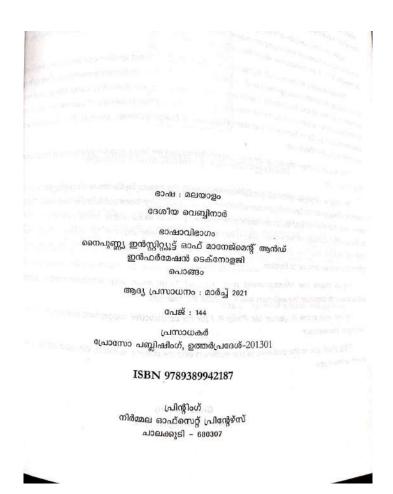
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

മയ്യഴിക്കഥകൾ

ഭഡാ. പൂർണ്ണിര സി.സി അസിഡോഫസർ, മലയാള വിദാഗം ദി മകാപ്പിൻ കോളേജ്, കൊച്ചി 2

പ്പിതാരു പ്രദേശത്തില്ലെ സംസ്കാരം പ്രതിവാദിപ്പിക്കുന്നവലാണ് ആ പ്രദേശത്ത് അതാതു കാലഘട്യത്തില്ല. ഉലായ സംപിയുകുതികൾ ലൈയു സാഹിതുത്തിൽ ദേശം ഒരു പ്രധാന ഘടക്ഷായി വാദ്യന്ന നിവേദ്യ കുതികൾ ഉൻ കെൻയുടെ നോലലുകളാല പ്രധാന ആദ്യാന്ധാർന്നാം കുട്ടനാടാണ്. എസ്.കെ.പെറ്റക്കാർല്ലെ കുതികൾ ഉൻ കെൻയുടെ നോലലുകളാല പ്രധാന ആദ്യാന്ധാർന്നാം കുട്ടനാടാണ്. എസ്.കെ.പെറ്റക്കാർല്ലെ അത്രാപത്തെ ഇന്നയിടത്താലാണന് കുത്യമായി നമുകൾ പനയാൻ കഴിയില്ലെയും ഒരു കോൾക്കൊടർ പ്രധാരത്തെന്ന് വ്യക്തമാൽ ഒവിക്കാണ് എം. മുക്യന്നാൻ "തുരിച്ചെ വന്നാക്ക് അസ്വാകർ എന്ന തികൾ അവിതാതിലെ സ്വത്യമായം തുടങ്ങിയ കുതികൾ മയ്യൻയുടെ പൾ പാത്തലെത്തിൽ രചിക്കാപ്പെട്ടവയാണ്. ആർ ആദ്യതപരിസത്തായി വരുന്ന തിരവൾ പെടുകഥകളും മലയാളത്തിലുണ്ട്.

മുഴി സാപ്റിത്യക്യതികളെ സാത്യത്വപ്പർവ്വകാലത്തുണ്ടായവയെന്നും സ്വാത്യത്ത്വാനന്തർ കാലത്തു അതാരത്ത്യം രണ്ടായി തിരിക്കാം ഇവയെത്തന്നെ കൂഴിക്ക് പുറത്തുള്ളവയുടെ കുഴിം വിഷയമായി വരുന്ന കൃതികളെന്നും മുഴിയിലെ എലുത്തുകാർ മുഴിയെക്കുനിപ്പെഴുതിയ കൃതികളെന്നും രണ്ടായി തിരിക്കാരം ഗ്രമ്മെ അതിന്നുപം മുഴിയുടെ സാരൂഹിക സാംസ്കാരിക രാനത്തിന ജീവിതത്തിലുണ്ടാക്കിയ സ്വാധീതം സംപ്രത്യത്തിൽ കുടുത്തായി കണു വരുന്തര് സ്വാത്യത്താന്തരമുണ്ടായ കൃതികളിലാണ്.

രണ്ട് ഒളുട്ടെണ്ട് നമുക് മുന്നിൽ ഒന്ന് മദ്യപയാരുടെ പറുവീസയായ ലെഹരി വിൽക്കുന്ന മയ്യല്. മരണം ചെയ്യത് ഗാന്ധി ഒരുകെ കുമാത്മാസ്റ്റർ മദ്യത്തിനെതിരെ പോരായിയ ചാർത്രമുള്ള മയ്യല് മമറ്റാണ് ഏരം മുംബ്രം പ്രം യാലാന്യം തുടങ്ങി വിതര്മാഹി വരയുള്ള കഥാകാരൻമാർ സുപിടിച്ച മയ്യല്യയാണ് മാറ്റാണ് ഇഴ്സ്വാണായ സംവിത്യപ്രത്രിക്കിൽ ഭൂർഭാഗത്തിലും തെളിമത്തു കാണുന്ന ഒന്നാണ് പ്രഞ്ജപ്പേകാരോടുത്തു അത്രതാലം അതിനായ് പ്രത്യേ പഠിച്ചവരെല്ലാം മയ്യലിയിൽ ഉയർന്നാമായ് പ്രത്യക്ഷപ്പെടുന്നു. വേഷത്തിലും അത്രിലും പരയുകയെ അതുകരിച്ചിരുന്ന മയ്യല്മക്കർ, പ്രത്യുകൾ മാഹി വിടുന്നോൾ എന്നെ സങ്കരപ്പെടുന്നത്തും ഒഴുട്പെടുത്തുള്ള കരുത്തും

emsishmang ട്രം സ്ത്യായത് യയാലേക്ക് പാര് പ്രത്യായർ ഭയരാ (സ്ഥവ്യയിനോടിം സ്വാവ്യപ്യയിയായ് അവ (സ്ഥവ്യം) അലേക്കാരമായവരു സാമാര്യ യുറ്റത്ത് ഇടുതിം എന്നാള നെന്നുത്യ ഡേന്റിലായ്ക്ക് വേശിലായ് സ്വാര്യ പ്രവര്ത്തില് പാര് ഇടിയുന്ന സ്ത്രീട്ടെ പ്രവര്ശന്ത്രം അവര്യത്ത് പ്രവര്ശ്ശേഷ് വര്

washer ingeres chere and secretaries in the femiliar shape page of the page of the page of the femiliar shape processes the secretaries processes the secretaries when the secretaries when the secretaries are secretaries and secretaries and secretaries and secretaries are secretaries and secretaries and secretaries and secretaries are secretaries and secretaries and secretaries are secretaries.

Sconned with Corniconn





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







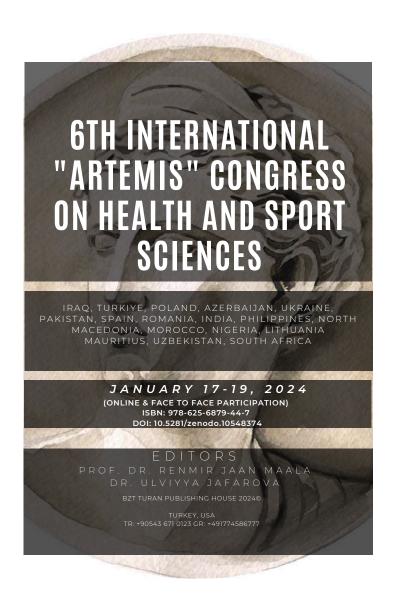
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

HINTERNATIONAL ARTEMIC CONCRECE ON HEALTH AND CRORT COENCES

001:10.5281/zenodo.10548374

ISBN: 978-625-6879-44-7

RELATIONSHIP OF ANGER TO PLAYING ABILITY AMONG NATIONAL LEVEL WOMEN KARATE PLAYERS

Dr. Mary Varghese Kundukulam

Nirmala College, Lecturer, Department of Physical Education, Muvattupuzha, Kerala, India, Affiliated to Mahatma Gandhi University, Kottayam

ABSTRACT

The purpose of the study was to examine the correlation between anger and the playing ability of national level karate players. Thirty national level karate players from Kerala (n = 30) were chosen as subjects to achieve the goal, and their ages ranged between 18 to 25 years. The study focused solely on the psychological variable of anger. Within this study, playing ability was defined by karate skills such as straight punch, front lunge punch, front kick, round house kick, side stance, back stance, front stance, down block, and commitment to the game. Karate playing ability was defermined by three experts' subjective ratings of the girls and used as a psychological variable. To establish the relationship between anger as a psychological variable and the playing ability of national level karate players in Kerala, the Pearson product-moment correlation was melphoyed at a significance level Ook. The prediction equation was determined using the multiple regression method's backward selection. The findings indicated a significant relationship between karate players' playing ability and the psychological variable of anger. The multiple regression analysis confirmed that karate players' playing ability could be reliably associated with the chosen psychological variables.

Keywords: Anger, playing ability, national level karate players

INTRODUCTION

Games and sports have been a part of human life almost from the beginning. However, it is necessary for his survival, such as hunting for food, shelter, and safety from wild animals or other enemies, or as a recreational activity. Games and sports have become indispensable to humanity and have become an integral part of his culture. People used sports as a great unifying force and as a tremendous effect on national and international integration. Today's life is largely dependent on science and technology. In such cases, people require more exercise to keep their bodies and minds in shape so that they can carry out the activity efficiently. Sport is the way we use our physical abilities to have fun. Sports and his body are inextricably linked. Sports allow you to let go of tension, forget about your problems for a while, and go out and have a good time regardless of other pressures in your life. Sports are individual activities that are related to and revitalising in nature, and they are intended to provide opportunities for the individual to make two times the amount of money (1). The adaptation of the human body to physical exercise through various sports activities can improve internal system health and the efficiency of







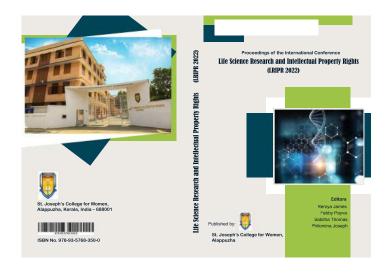
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

International Conference

Life Science Research and Intellectual Property Rights (LRIPR 2022)

19 & 20, September 2022

PROCEEDINGS

Editors

Febby Payva Remya James Assistant Professor Department of Zoology Assistant Professor Department of Zoology St. Joseph's College for Women St. Joseph's College for Women Alappuzha, Kerala, India – 688001 Alappuzha, Kerala, India – 688001

Dr. Sabitha Thomas Dr. Philomina Joseph Assistant Professor Assistant Professo Department of Zoology Department of Zoology St. Joseph's College for Women Alappuzha, Kerala, India – 688001 St. Joseph's College for Women Alappuzha, Kerala, India - 688001

Copy right © 2022 St. Joseph's College for Women

Published by:

St. Joseph's College for Women, Alappuzha, Kerala, India – 688001



ISBN 978-93-5768-350-0

Edition I

Cover Design Anand S

Printed at Lovely Press, Ernakulam Phone no: 9387091119



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Proceedings of the International Conference

Life Science Research and Intellectual Property Rights











Organized by

IQAC & Department of Zoology

ST. JOSEPH'S COLLEGE FOR WOMEN

ALAPPUZHA, KERALA, INDIA – 688001

Affiliated to University of Kerala, College with Remaind for Excellence, OST-FIST Supported College, Re-accredited with

9445 (and by 9/ARC

Contact: 0477-2244622 (office), e-mail: stjosephicalipy@yalnox.co.in

In Collaboration with

Inter University Centre for IPR Studies, CUSAT $_{\rm KOCHI,\; KERALA,\; INDIA}$ &

Jayaraj Annapackiam College for Women

(Autonomous)
PERIYAKULAM, THENI, TAMIL NADU
Accredited with A+ Grade in 4th cycle by NAAC, DST-FIST Supported College, Affiliated to Mother Teresa
Women's University, Kodaikanal.





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Organizing and Advisory Committee

Rt. Rev. Dr. James Raphael Anaparambil, SJCW

Rev.Sr.Dr.S.Jesurani, Principal, J.A.College

Rev.Sr.Dr.B.J.Queensly Jeyanthi, Secretary, J.A.College

Conveners: Ms. Remya James, Assistant Professor and Head, Department of Zoology, SJCW

Dr.V.Jemima Florence Borgia, Assistant Professor, Department of Zoology,

Dr. Asha R, Research Officer, Inter University Centre for IPR Studies, CUSAT

Coordinators: Ms. Febby Payva, Assistant Professor, Department of Zoology, SJCW

Dr. Sabitha Thomas, Assistant Professor, Department of Zoology, SJCW Dr. Philomina Joseph, Assistant Professor, Department of Zoology, SJCW

Advisors: Rev. Sr. Philomena Puthenpura, Manager, SJCW

Dr. Rita Latha D'Couto, Principal, SJCW Dr. Anju M Neeliyara, IQAC Coordinator, SJCW

Dr. Bhagya D, Research and Development Cell Coordinator, SJCW





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



Tel : Office : 0477 - 2244622 Res : 0477 - 2244642

ST. JOSEPH'S COLLEGE FOR WOMEN

Ref. No.....

Date 35/11/2022

FOREWORD

St. Joseph's College for Women strives to bridge together the professionals in scientific research, academicians, researchers and students through different platforms for scientific deliberations. The IQAC and the Department of Zoology of St. Joseph's College for Women constantly aims at fulfilling the educational and scientific needs and aspirations of students through various interactive sessions, industrial exposure and by providing quality education. The institution strives to actualize theresearch posential of the academic community - both teacher and learner - to the fullest through different platforms. In this scenario, it is a matter of great pride and deep satisfaction for me to write this foreward to the book entitled 'The proceedings of international Conference on Life Science Research and Intellectual Property Rights', which is a compilation of about 24 research articles presented during the two-day international E-conference conducted on 19th and 20th September 2022 by the IQAC and Department of Zoology, St. Joseph's College for Women, Alappuzha collaboration with Inter University Centre for IPR studies, CUSAT, Kochi, Kerala &Jayaraf/Annapackiam College for Women (Autonomous), Periyakulam, Theni, Tamil Nadu. I warmly congratulate the IQAC and Department of Zoology for taking the proactive initiative to organize this conference on a theme of contemporary significance in the research arena.

The theme aptly reflects the need of the present times as the world is goingthrough an environmental crisis, where it is imperative that we deliberate on the need to assess, validate and conserve our valuable natural ecosystems from biodiversity loss for our future generations so as to save our planet. The book contains full-length research articles in the emerging fields of Life sciences and I am sure that it will serve as an excellent reference book for students and researchers to bring forth solutions for emerging orisis in biology through the scientific thoughts, innovative ideas and techniques which are vividity expressed therein. It highlights the necessity of promoting Cutting-edge innovations in Life science research for a sustainable ecosystem without compromising on the ethical aspects of Intellectual Property Rights. I strongly believe that this book will be an impetus for further research in the field of Life Sciences.

I take this opportunity to appreciate the editing faculty team of LRIPR, Department of Zoology for the meaningful and effective conduct of the International Conference and also for taking effort to publish the proceedings which will be of great help for future researchers. St. Joseph's College- for Women, Alappuzha, always supports and encourages attempts for knowledge dissemination which is the keystone for betterment of society. It is my earnest wish that this book will be a great learning experience and will also play a catalytic role in nurturing a sustainable ecosystem through innovative techniques.

ALAFFUZHA S

or. RITA LATHA D'COUTG Principel St Jeseph's Cellege for Women Alanguzha





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

9

EFFECT OF DISINFECTANTS ON SELECTED SPECIES OF HALOPHILIC PATHOGENIC VIBRIOS

Smitha N.R.

 $Assistant\ Professor,\ Department\ of\ Zoology,\ The\ Cochin\ College\ Kochi-2$ $Email: \underline{smithanr@thecochincollege.edu.in}$

Introduction

Marine occurring vibrios in addition to *V. cholerae* have emerged as significant human pathogen in recent years and 11 species have been documented to cause disease by consumption of raw or improperly cooked seafood or via. wounds acquired in the marine environment (Janda et al., 1988). Presence of Halophilic pathogenic Vibrios (HPVs) in seafood meant for export caused concern during the past two decades. Recently few consignments of frozen fish exported from this country suffered rejection due to the presence of HPVs.

Halophilic vibrios are one of the major groups of bacteria found in marine and estuarine environment. It is therefore to be expected that freshly harvested finfish and shellfish from these environments might be harboring some of the pathogenic halophilic Vibrio spp. Vibrios may cause a variety of diseases including gastroenteritis, wound infections, ear infection and septicemia. A number of halophilic Vibrio spp. viz. V. afginofyticus, V. cincinnatiensis, V. damsefa, V. fluviafis, V. furnissii, V. hoffisae, V. metschnikovii, V. parahaemolyticus and V. vulnificus are recognized as human pathogens (Dalsgaard, 1998). This study was undertaken to minimize the incidence halophilic pathogenic vibrios in fish and fish products by using disinfectants like Chlorine and chlorine dioxide in the process water samples.

Analysis

Organisms used:

V.cincinnatiensis, V.fluvialis, V.furnissi and V.Parahaemolyticus.

Substratum used for inoculation and its preparation

500 ml each of distilled water (DW), Normal saline(NS) and 3 % NaCI solution was prepared in glassstopper bottles and sterilized at 121° C for 15 min. One bottle of 500 ml 3 % NaCI solution was maintained as control.

Inoculation of the organisms:

 $1\,ml\,cell\,suspension\,was\,transferred\,to\,each\,bottlewith\,500\,ml\,sterile\,DW, NS\,and\,3\,\%\,\,NaCI\,solution\,and\,control.$

Life Science Research and Intellectual Property Rights - LRIPR 2022 - Proceedings





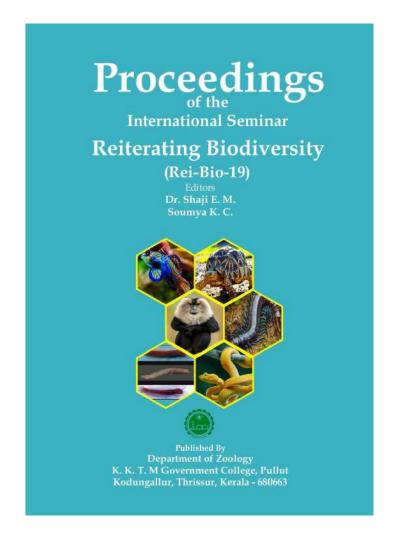
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Reiterating Biodiversity Proceedings of the International Seminar

Organized by
Department of Zoology
K. K.T. M Government College
Pullut, Kodungallur, Thrissur
Kerala, India, 680663
&
Funded By
Directorate of Collegiate Education
Government of Kerala

Published By K. K. T. M Government College Pullut, Kodungallur, Thrissur, Kerala India - 680663

Distributors Sooryagatha Publishers Kochi, Kerala, India

ISBN: 978 81 7255130 8

Typeset and Design Touchstone Publishing

First Edition 2020

© Shaji E, M and Soumya K C 2020





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

Contents

1) Diversity of Jumping Spiders (Araneae: Salticidae) of Calicut Universit Campus, Kerala, India
Athira Jose, Sudhin P.P., Pushpalatha E. & Sudhikumar A.V
2) Sustainable Management of Insect Pest Population - New Perspective Usin Social Spiders
Drisya Molsm O. M. & Sudhikunur A. V
3) Preliminary Study on Sand Dune Spiders of India Kashmura N. A. and Sudbikunar A. V
4) DNA Barcoding Using Mitochondrial COI Gene of Selected Termite Specie Edwin Jospeh, V. Pushpanni & Johin Mathew
5) A Study on the Diversity of Spiders of Family Salticidae in Dwaraka beach Chavakkad, Thrissur District, Kerala
Fathima P. A. & Sudhikumar A. V. 4
6) Diversity and Community Structure of Dung Beetles Attracted to Cattle an Goat Dung in the Coastal Region
Nithya Sathundran & Anjana
7) Effect of Dietary Phytase Supplementation on the Growth Performance of Carla carla
Savitha Nandanan & Monisha K. M
8) Diversity and Guild Structure of Spiders in Sankukulangara Sacred Grov Kodungallur, Kerala, India
Njarokkattil Vasu Sumesh & Sudhikumar A. V
9) Zooplankton Diversity of Trissur Kole Wetlands, Kerala, India Fathilisi K., Ancesti E. M. & Sudinkumur A.V
10) Assessment of Bio-Control Potential of Selected Spiders Prusal N. K. Shibabudeen A. S. & Sudhikamer A. V
11) A Comparative Study of Spider Diversity Associated with Chittur Puzh (Sokanashini River) Chittur, Kerala, India Before and After the Deluge of Augus 2018
Stilhaltudeen A. S, Prasad N. K & Sudhikumar A.V
12) A Comparative Study on Butterfly Diversity in Malabar Regions of Keral







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

A Comparative Study on Butterfly Divesity in Malabar Regions of Kerala

Arathi T.P., Menon Meera Raman Meenu Raju Post Graduate Dept. of Zoology, The Cochin College, Kerala-682002, India tparath/9 gmall.com, dr. meerusen.om/gmail.com, meerusen.bm@gmail.com

Abstract

Abstract

Butterflies are good biological indicators of habitat quality as well as general environmental health, therefore the conservation of butterfly species is important for maintaining stability of the ecosystem. The present paper deals with the comparative study of butterfly diversity in three Malabar region of Kerala (Wayanad, Kozhikode and Kannur). It is a six month study conducted during December 2018-May 2019. A Total 69 species of butterflies belonging to 06 families, namely, Nymphalidae, Papillonidae, Lycaenidae, Pieridae, Hespertidae, and Riodinidae were recorded. Of these 69 species 7 are protected under the schedule 1 and 11 of Wildlife (Protection) Act 1972 and Papillo buddina, Papillo demoleus and Papillo polymnestor of the family Papillonidae are endemic to Western Chats Among the six families Nymphalidae family dominated with 29 species followed by Papillonidae and lycaenidae 13 species, Elesperidae 8 species Pieridae 5 species, and Riodinidae family being least abundant with a single species. Maximum butterfly species can be observed in the month of January and least in May.

Diversity index calculated from the obtained data reveals that comparatively less Evenness index of 10 yeas obtained from Wayanad region (0.78905). Kozhikode (0.88) and Kannur (0.82) districts show almost similar values of evenness index which shows the higher species evenness in these regions. The values of Margalef diversity index were between 0.65 at Kozhikode and 0.82 at Kannur, Shannon index of the three region is almost similar ranging from 1.43-1.46 indicating the higher species richness and evenness of these areas. Thesimpson index value is comparatively highest in a Wayanad region (0.28) showing a higher species distribution as compared to Kannur (0.25) and Kozhiode (0.27). The conservation of butterfly species is important for maintaining the diverse vegetation of these areas as they contribute to the genetic variation of plant species by pollination along long distances.

Key words: Butterfly diversity, Malab

Key words: Butterfly diversity, Malabar regions, Kerala, Diversity index





Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



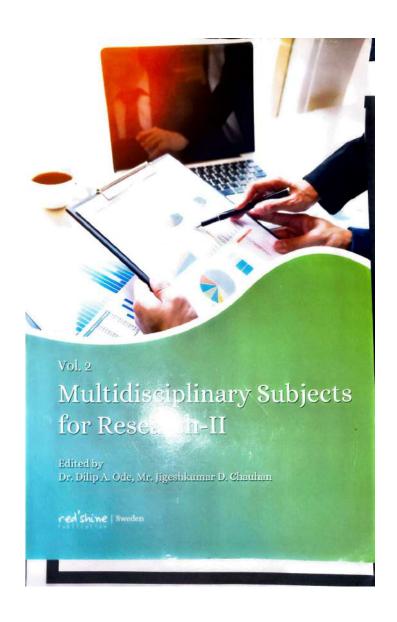
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

MULTIDISCIPLINARY SUBJECTS FOR RESEARCH-II, VOLUME-2

Edited by: Dr. Dilipkumar A. Ode & Mr.Jigeshkumar D. Chauhan

RED'SHINE PUBLICATION INC.

62/5834 Harplingegränd 110, LGH 1103. Älvsjö, 12573 Stockholm, Sweden

Call: +46 761508180

Email: info.redshine@swedenmail.com

In Association with...

Headquarters (India): 88, Patel Street, Navamuvada,

Lunawada, India-389 230

Contact: +91 76988 26988

Registration no. GJ31D0000034

Book Text @ Authors (Including in the book), 2020 Cover page @RED'SHINE Studios, Inc, 2020

All right reserved. No part of this publication may be reproduced or used in any form ϵ any means- photographic, electronic or mechanical, including photocopying, recon taping, or information storage and retrieval systems- without the prior written permissic

The views expressed by the authors in their articles, reviews etc. in this book are their o The Editor, Publisher and owner are not responsible for them. All disputes concerning publication shall be settled in the court at Stockholm or Lunawada.

ISBN: 978-1-71650-380-1

DIP: 18.01/71650380 Price: \$ 22 USD

October, 2020 (First Edition)

www.redshine.co.in | www.redshine.co.se| info.redmac@gmail.com

Title ID: 7165038001



Mendulo Menon Mrudula Menon V. Principal-in-Charge The Cochin College



THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



8.	Online Learning in The Context OF COVID-19 -DR. T.V. THULASIDHARA Nanotechnological Approach To Improve Water Treatment Pro-
19.	NARTHIKA P -DR. T.V. THULASIDHARA Nanotechnological Approach To Improve Water Treatment Processing And Chesting Control of Control o
20.	India. -DR. BHASWATI CHAKRABORTTY
21.	Online Pedagogical Strategies For Reading Skills
22.	-MS. K. MADHURI -DR. DEVIDUTTA DA A Study on The Efficiency of Selected Life Insurance Companies india -DR. JAYEETA PAUL
23.	Information Technology in Education -MRS,VIJETHA BHAT
24.	Quality Concern in Teacher Education -MR.UTPAL BORAH
25.	Rabindranath Tagore's Philosophy of Religion -MISS ARCHANA BORUAH
26.	Jurisprudential Approach To The Obedience of Law Positivism OR Naturalism? -MONIKA D. BRAHMBHATT
27.	-MONIKA D. BRAHMBHATT An Analysis of Video Content Marketing in Social Media Marketing With Special Reference To The Effect of COVID-19 Anademic. -MR. PRASMANNAMMR. PRASMANNAM.
28.	-MR. AYUSH G.KMR. PRASHANTH KUMAR A Alzheimer - Brain Without Memory -RICHA SAINI
29.	Dietary Approach To Cancer Treatment -DR. MAYURI DHOLARIA
30.	Consumers' Awareness About Goods and Services Tax -DR. M. CHITHIRAI SELVAN -MS. R. KEERTHAN/
31.	E-Content All Weather Virtual Tool For Effective Teaching and Learning: A Preliminary Qualitative Study
32.	Growing of A Culture Along The River Bharali: The Land and People of Bhojkhowa and Makua Chapari of Tezpur, Assam -HEENA KHAN
33.	Theories of Venture Capital -SAPTARSI GANGULY
34.	Analysing The Satisfaction of Pilgrims Towards Hospitality in Temple Town- A Study with Reference to Kumbakonam in Tanjore District
35.	Corporate Social Responsibility Spending in Times of COVID-19 -MRS. FEMEENA .P.A
36.	Education is Most The Dynamic Side Philosophy





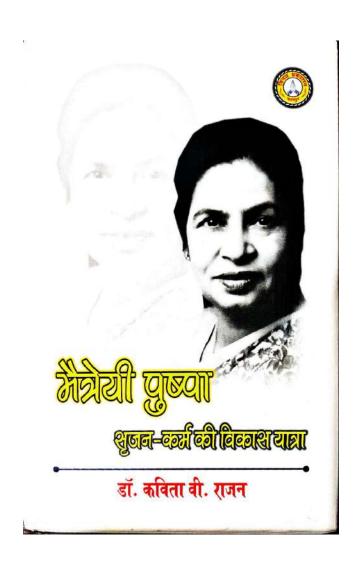
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

मैत्रेयी पुष्पा सृजन-कर्म की विकास यात्रा

> लेखिका डॉ. कविता वी. राजन



D Pito - ZIENSS -





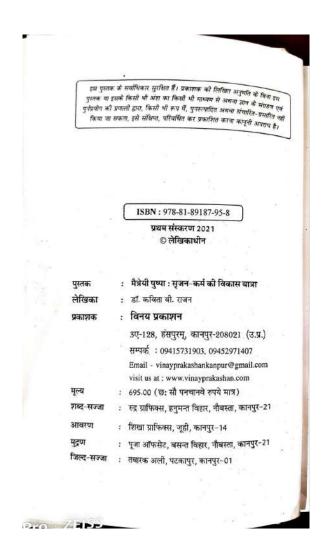
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







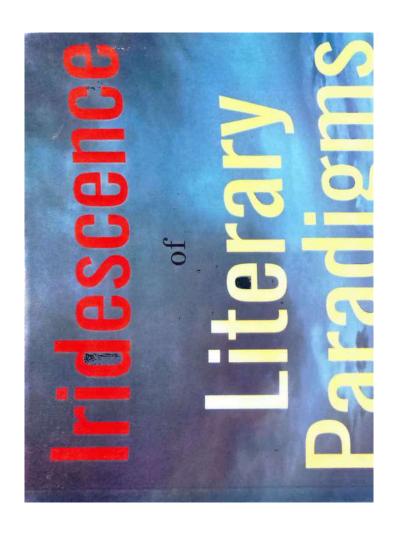
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







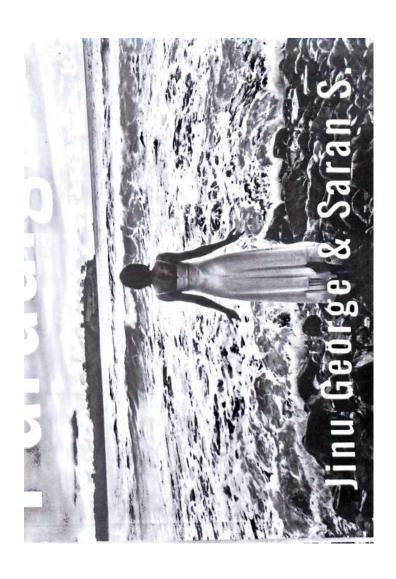
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in





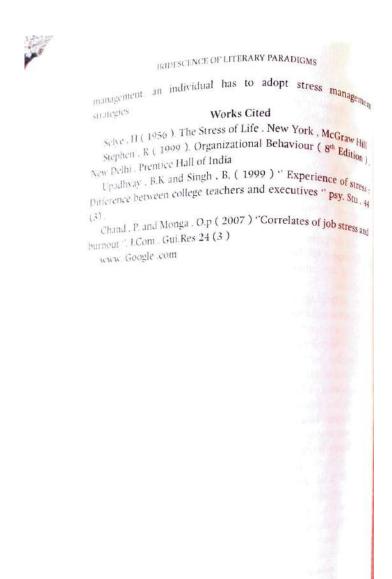


THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



82





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in



NATURE AND CULTURE; A JOURNEY INTO THE WILD IN SEAN PENN'S FILM INTO THE WILD

Ms. Sarah Santhosh

Assistant Professor, Department of English The Cochin College, Kochi, Kerala.

ABSTRACT

Nature is not always seen with eyes but felt with the heart. It is like a living poem that has got infinite and often controversial interpretations. However, humanity's attempt to define nature has consistently resulted in nature's tendency to slip away and evade definition, a reality that has led Raymond Williams to claim that nature "is perhaps the most complex word in the language". There arise numerous questions once we try to define nature, and recently movies also started addressing humanity's relationship with nature. The way and authenticity of representation of the environment in movies is a vital concern of environmentalists. This paper attempts to explore how the nature-culture dichotomy is represented in Sean Penn's Into the Wild. It also attempts to bring out the existential crisis experienced by the hero Chris pursuant to his rejection of the modern American dream and his attempts to find his true identity in the wilderness as he feels nature is the right place to experience life in all its true essence.

Keywords: nature-culture Dichotomy, Wilderness Representation

Sean Penn's Into the Wild portrays the 'true story of Chris McCandless, a young American adult hiker who set out for Alaska in the early 1990s. He was a twenty-four-year-old college graduate turned vagabond, went alone into the backcountry of Alaska in April 1992 and died there 113 days later. Into the Wild (2007) is

83





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







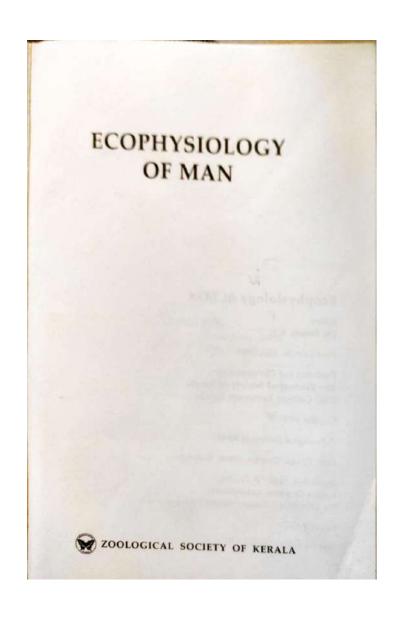
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







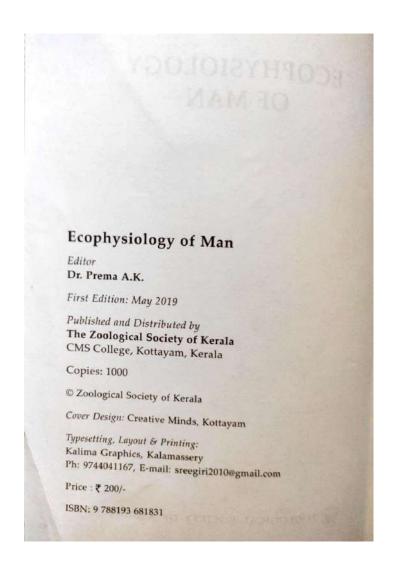
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







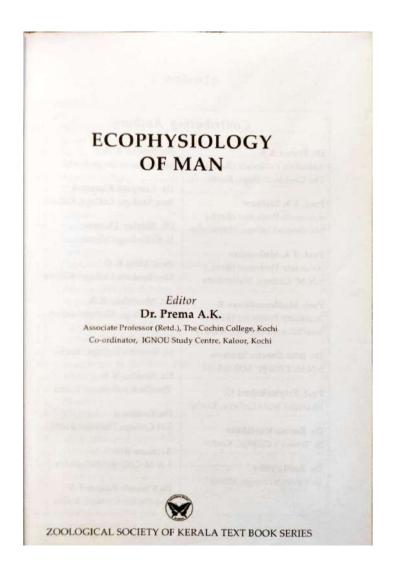
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







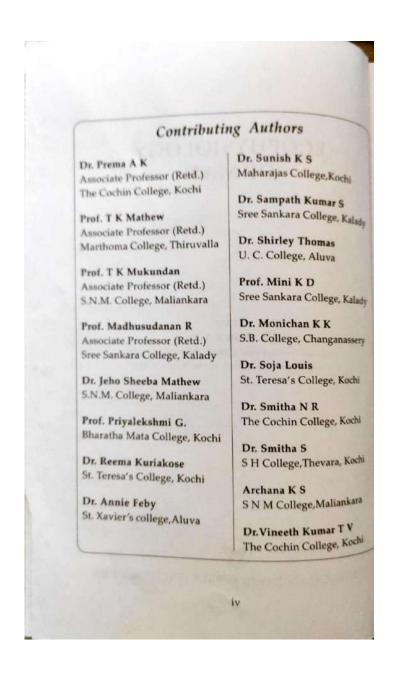
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







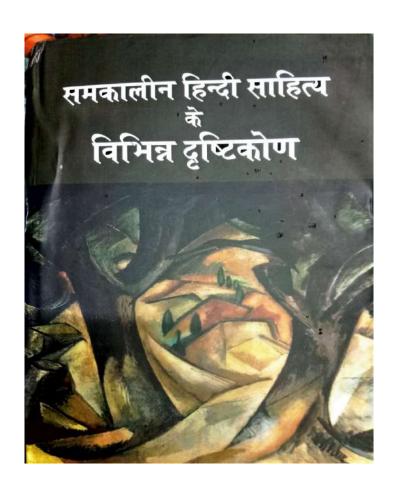
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in

पुस्तक : समकालीन हिन्दी साहित्य के विभिन्न

दृष्टिकोण

संपादिका : डॉ. अम्बिली. वी. एस.

प्रकाशक : रोली प्रकाशन

सी-449, गुजैनी, कानपुर -22 दूरभाष: (0512) 2285003 मो.: 09415133173

संस्करण : प्रथम 2018

शब्द सज्जा: शिखा ग्राफिक्स, जूही, कानपुर मुद्रक: श्री पूजा आफसेट, नौबस्ता, कानपुर

मूल्य : 350/-

ISBN: 978-93-84478-69-8

Samkaleen Hindi Sahitya Ke Vibhinn Drushtikone

Edited by: Dr. Ambili. V. S. Price: Three Hundred Fifty Only.







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in

10. 'कठगुलाब' में नारी विमश	46
्र इंजी कोशी	
11. आलोक धन्वा की कविताओं में काल संसक्ति	52
- डॉ. अंबिली.वी.एस	
12. निर्मला पुतुल की कविताओं में आदिवासी जीवन संघर्ष	55
- डॉ. एस.टी. जयश्री	
 'स्रजमुखी अँधेरे के' का मनोवैज्ञानिक पक्ष 	58
-डॉ. लेखा. एम.	
14. संजीव के उपन्यास 'धार' में पारिस्थितिक-स्त्रीवाद	65
- डॉ. अंजली. एन.	
15. अद्यतन कविताओं में अभिव्यक्त मूल्यबोध	69
-डॉ. उषा कुमारी जे.बी.	
16. निर्मला पुतुल की कविताओं में आदिवासी स्त्री	74
- डॉ. श्रीलता.पी.वी.	
17. नारी सशक्तीकरण का महाख्यान 'शेषयात्रा'	80
-डॉ. कविता वी. राजन	
18. मीराकांत का नाट्य लेखन : एक दृष्टिक्षेप	85
-डॉ. आशा लता जे.	
19. समकालीन हिन्दी कविता में नारी के स्वर	91
-अन्सा .ए	
20. लोकतंत्र विमर्श के संदर्भ में रघुवीर सहाय की कविता	99
- शरत.एस.	
21. धर्मनिरपेक्षता एवं क्रुँवर नारायण की कविताएँ	103
- अर्चना एस नायर	
22. सामाजिक सम्बन्धों को पुनर्गठित करती सूचना प्रौद्योगिकी	
का समकालीन कविता पाठ	107
- महेष. एस.	





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







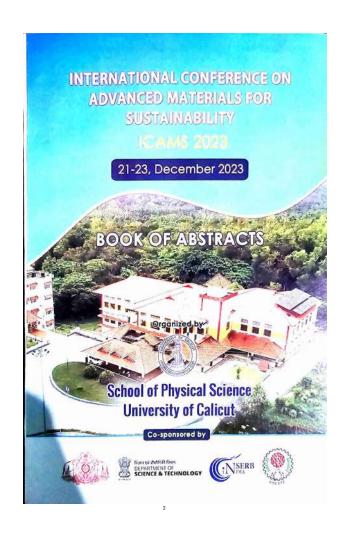
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in email: email@thecochincollege.edu.in







THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







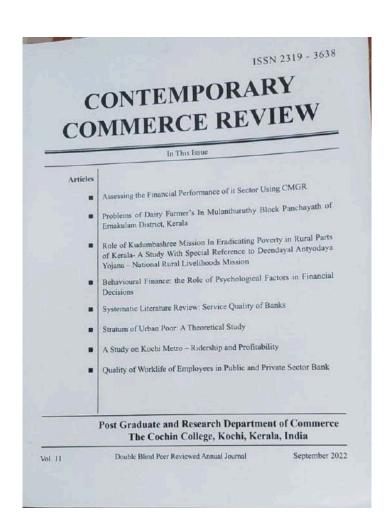
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in







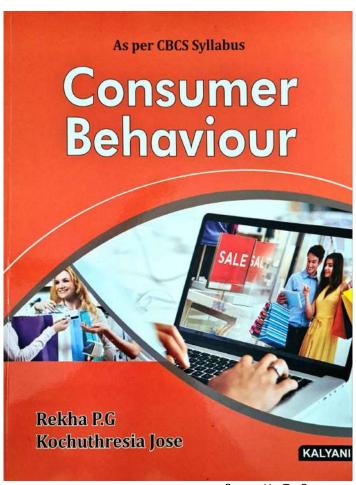
THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Scanned by TapScanner





THE COCHIN COLLEGE

KOCHI - 682 002

(Affiliated to Mahatma Gandhi University and Accredited by NAAC)

Website: www.thecochincollege.edu.in

email: email@thecochincollege.edu.in



Scanned by TapScanner

